

Period 1	7:45 – 8:35
Period 2	8:40 - 9:30
Break	9:30 - 9:40
Period 3	9:45 - 10:35
Period 4	10:40 - 11:30
Lunch	11:30 - 12:00
Period 5	12:05 - 12:55
Period 6	1:00 - 1:50
Period 7	1:55 – 2:45

Friday, March 28<sup>th</sup>, 2025

**Today is our Cougar Pride Spirit Day!** If you are showing your spirit by wearing LOTS of RED or Carmel gear, head over to the spirit table by the theater during lunch for a Cougar Buck and to be entered into a drawing for your chance to win awesome spirit gear. It is also your chance to earn Cougar Bucks! Grab a partner and head to the main quad for our Fun Friday Activity and for your chance to earn Cougar Bucks. If you save up FOUR Cougar Bucks, head over to the student store to purchase a delicious frozen treat. Each participant receives one Cougar Buck, and the winners receive two!

**Today's Women's History Month quote** comes from *Actress* Jane Fonda, when she said, "Feminism is not just about women; it's about letting all people lead fuller lives."

**CMS Drama Department Presents...** Once Upon A Mattress! This hilarious comedy musical that was adapted from "The Princess and the Pea," and is sure to leave the audience in stiches. The show opens tonight at 7pm in the theater and runs through the weekend with a 7pm showtime tomorrow night, and a Sunday matinee at 2pm. All seats are \$5 cash at the door for each show. Come support our students as they take to the stage in what is sure to be a memorable performance! We hope to see you at one of the shows!

Good Luck to our CMS Sports Teams who are competing this weekend:

🯃 Track and Field has a meet today at home. Come on down to the track and cheer for our team!

**Tomorrow**, our Wrestling Team has a tournament at home in our gym beginning at 9:00a.m. **Go Cougars!** 

After a long off-season, the 8th Grade Wiffle Ball Tournament of Donuts is finally underway. Opening day starts on Monday and will feature the *Mathford Pickles* vs *Gru and the Mighty Minions*. Come out, bring your lunch, and cheer on your favorite team!

## **Other Lunch Time Activities:**

**The 2nd annual CMS Connect 4 Tournament** continue today in C6

**Study Ghibli Fans**- Come watch *Howl's Moving Castle* today at lunch in D7.

If you have volunteered this past year, that's April 2024 through March 31st, 2025, for 50 hours or more then apply for the Presidential Service Award! You'll receive an award, and hours will accrue into high school and can qualify you for a Lifetime Service Award. Come by the office to pick up an application today! All apps are due by Friday, April 11<sup>th</sup>.

**The Lost and Found** is overflowing with hoodies, water bottles, and other valuable items. Please stop by the shelf located in between the office and cafeteria to claim your forgotten items before they are all donated to charity over Spring Break in a couple of weeks.

We need our Loaner Chromebooks back! If you have borrowed a loaner Chromebook, please return them to the library by the end of the school day.

**Today's Menus:** Breakfast: A Breakfast Burrito, Pancake Bites, and Reduced Sugar Cinnamon Toast Crunch Lunch: Domino's Pizza, Chicken Sandwich, Bean & Cheese Burrito, or a Spicy Chicken Wrap.

🖶 Happy Birthday to everyone who are celebrating over the weekend: