


**GF APRIL 2025  
LAMS 6-8**

**Meal Prices**

**Breakfast: No Charge**      **Reduced: No Charge**  
**Lunch: \$3.00**                      **Reduced: No Charge**  
**Hudson Valley Fresh Milk: \$0.60**

<b>BREAKFAST:</b> <i>Four Components Served Daily. Protein 1 oz Grain 1 oz. Fruit 1 cup Low Fat Milk 8 oz. Calories 400-550</i>	Monday	Tuesday	Wednesday	Thursday	Friday	<b>DID YOU KNOW?</b> <a href="http://MySchoolBucks.com">MySchoolBucks.com</a> makes meal payment convenient and simple! Scan the code below to go to the website:    You can manage your student's account and make payments online.
	<b>*CHOOSE A MEAL* BREAKFAST</b>					
<b>SANDWICH SHOP</b> <u>DAILY SELECTIONS</u>  HAM/CHEESE TURKEY/CHEESE PEANUT BUTTER/JELLY	<b>LUNCH MENU</b>					
<b>SALADS GALORE</b>  <u>MONDAY</u> GRILLED CHICKEN  <u>TUESDAY</u> TURKEY  <u>WEDNESDAY</u> CHOPPED HAM/CHEESE  <u>THURSDAY</u> CHEF SALAD  <u>FRIDAY</u> CHICKEN CAESAR	1 All Buns Gluten Free Available. GFA All Pasta Salad are Gluten Free GF Sliced Bread Available on Sandwich Bar	2 GF NY Slate Beef Cheeseburger w/Bun (GFA) Lettuce/Tomato Salad Bar, Baked Beans Diced Pears HVF Milk	3 GF Ham Steak Quinoa Salad Salad Bar Green Beans Strawberry Cup HVF Milk	4 GF Roast Chicken Seasoned Rice Salad Bar Butternut Squash Applesauce HVF Milk	5 GF GF Cheese Pizza Salad Bar Buttered Broccoli Fresh NY Apple HVF Milk	
	7 GF NY Beef Meatball Marinara w/Bun (GFA) Salad Bar NY Butternut Squash Diced Peaches, HVF Milk	8 GF All Beef Naco Tuesday, Corn Chips Cheddar Cheese Salad Bar, Refried Beans, Salsa Diced Pears HVF Milk	9 GF Mediterranean Pasta Salad Salad Bar Red Beets Fruit Cocktail HVF Milk	10 GF All Beef NY Hot Dog w/Bun (GFA) Salad Bar Baked Beans Diced Peaches, HVF Milk	11 Spring Recess	
	14 Spring Recess	15 Spring Recess	16 Spring Recess	17 Spring Recess	18 Spring Recess	<b>Allergy Alerts!</b> Call for details. Some menu items may contain tree nuts and or seeds.
<b>QUESTIONS/COMMENTS?</b> Please call Larry Anthony, FSD 845.758.2241 ext. 38100	21 Spring Recess	22 GF Baked Potato Bar Quinoa Salad Cheddar Cheese Salad Bar Applesauce HVF Milk	23 GF Breakfast for Lunch Egg /Ham/Cheese Patty Cherrios Salad Bar Hash Brown Potato Pineapple Chunks HVF Milk	24 GF Roast Chicken and Rice Salad Bar Steamed Corn Fruit Cocktail HVF Milk	25 GF GF Cheese Pizza Salad Bar Buttered Broccoli Fresh NY Apple HVF Milk	<b>WE ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER!</b> Employment Opportunities Available!!! Free and Reduced Lunch Applications are available in your school office and on the school web page.
	28 GF Quinoa Salad w/Ham Steak Salad Bar Steamed NY Peas Diced Peaches HVF Milk	29 GF All Beef Twin Taco Tuesday Corn Taco Shell Cheddar Cheese Salad Bar Refried Beans, Salsa Diced Pears HVF Milk	30 GF NY Roast Turkey Steamed Rice Roasted Potatoes Salad Bar NY Apple HVF Milk	<b>Served Daily:</b> Protein 1 oz. Whole Grains 1 oz. Vegetables 3/4 cup Fruit 1/2 cup Milk 8 oz. Calories 600-700	Everyday Vegetarian Option: Peanut Butter/Jelly Or American Cheese Sandwich	

\*\*Salads include a whole grain.