## United Patterson Profile - Juan Delgado

Son of Mr. and Mrs. Juan and Maria Delgado, Juan Delgado's journey is a testament to the power of passion, perseverance, and the support of those who believe in you. As a proud graduate of Patterson High School, class of 2011, Juan's love for sports and dedication to excellence were evident early on. He excelled in soccer, helping his team win the 2009 WAC Championship, and was actively involved in organizations like the Mexican American Student Association (MASA) and the Hispanic Youth Leadership Club (HYLC). His participation in AP classes and involvement in AVID set the foundation for his academic success.

Juan's hard work paid off when he entered UC Davis in 2011, majoring in Exercise Biology. Inspired by mentors like Mr. Betten-

court, Mr. Escobar, Mr. Mendoza, and Mrs. Brandt, he strived to reach new heights. After earning his degree in 2016, Juan sought new horizons in Southern Spain, where he pursued a Master's in Sports Performance at UCAM Spanish Sports University. There, he gained invaluable experience working with Alejandro Valverde's Cycling Team and prestigious UCAM Basketball and Football Academies.

Returning to the United States, Juan joined UC Davis Athletics as a Sports Performance Coach. His expertise guided teams such as American Football, Women's Soccer, Lacrosse, Equestrian, and Tennis, with memorable moments like traveling to New Zealand with the women's Lacrosse team and a conference championship with the Equestrian team. Along the way, Juan earned certifications from the National Strength and Conditioning Association, Barcelona Innovation Hub, and recently became a Certified Massage Therapist.

Today, as the Head Soccer Performance Coach for Albion Merced Soccer Club, Juan has helped lead his teams to multiple championships and titles. His mission is clear: to empower athletes of all levels to unlock their full potential, enhance their recovery, and sustain long-term health. Through his service company, Eskinny Athletics, Juan is now extending his passion for recovery and performance to the Patterson community, helping others achieve greatness both on and off the field.

Do you know a Patterson High graduate who is doing great things and represents the spirit of United Patterson? Contact Johnny Padilla at: jpadilla@patterson.k12.ca.us