# Avalon Menu

# April 2025



ITEMS OF THE MONTH:

BLUEBERRIES & STRAWBERRIES

### Key



House-Made



Vegan Entrees

All fruits, fresh vegetables, & cereals are vegan.

Contains Pork

All grains are whole-grain rich

Except cinnamon roll

NEW New Item

\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE



Scan QR code for more menu information.





# BREAKFAST Muffin Egg & Cheese Bites LUNCH Kung Pao Chicken w/Rice Breaded Ravioli w/Marinara

7 BREAKFAST
Breakfast Bites

Egg, Cheese, & Sausage
Croissant Sandwich (1974)
or Manager's Special
LUNCH
Buffalo BBQ Chicken Sand

Pancakes & Sausage

Buffalo BBQ Chicken Sandwich Hot Dog
Bean & Cheese Pupusa or Manager's Special
Chocolate Pudding

BREAKFAST
House-Baked Cinnamon Roll?
Mini Maple Pancakes?
or Manager's Special

15

**BREAKFAST** 

Pizza Stick 🐃

LUNCH

Bowl 🥨

Quesadilla

Beef Tacos

House-Baked Cinnamon Roll

Chicken & Mashed Potato

LUNCH
Thai Sweet Chili Chicken
w/Rice
Chickpea Butter & Jelly (CB&J)
Sandwich
Meatball Sub Sandwich
or Manager's Special
Farm to School Blueberries

BREAKFAST

16

**BREAKFAST** 

LUNCH

Corn Doa

Cinnamon Crumb Cake

Bagel w/ Cream Cheese

Farm to School Blueberries

Chicken & Veggie Chow Mein 🥨

Strawberry Yogurt Parfait 💚 🦰

Pan Dulce Concha PB&J Sandwich Voor Manager's Special LUNCH

Cheeseburger/Hamburger Cheesy Garlic Bread w/Marinara ( ) BBQ Turkey Mac & Cheese ( ) or Manager's Special FRI

BREAKFAST

House-Baked Cinnamon Roll Bacon, Egg, & Cheese Biscuit

LUNCH

10

Snack Box<sup>™</sup> Chili Cheese Nachos<sup>™</sup> Teriyaki Meatballs w/Rice <sup>™</sup>

11

Admission Day - No School

SPRING RECESS

#### BREAKFAST

Cinnamon Waffle

Beef & Bean Burrito

BBQ Turkey Sliders

or Manager's Special

or Manager's Special

Orange Chicken w/Rice

Pizza Baael 🥎

LUNCH

French Toast Sticks w/Fruit Dip (2017)\* Chicken Biscuit Sandwich(2017)

LUNCH

Chicken Tamale Boneless Wings w/Cornbread Grilled Cheese Sandwich BREAKFAST

Muffin C Egg & Cheese Bites

LUNCH

Chicken w/Biscuit
Peach Yogurt Parfait
Pancakes & Sausage
Grades 6-12 only:
Chicken Pozole

2. BREAKFAST

House-Baked Cinnamon Roll

LUNCH

Kung Pao Chicken w/Rice (2)
Quesadilla (3)
Beef Tacos (2)

BREAKFAST

Cinnamon Crumb Cake (2) ? Egg, Cheese, & Turkey Sausage Breakfast Burrito

LUNCH

Buffalo Chicken
Mac & Cheese 
Chicken & Veggie Chow Mein
Corn Dog
Farm to School Strawberries

BREAKFAST

House-Baked Cinnamon Roll

LUNCH

Bean & Cheese Burrito >
Spaghetti w/Meatballs @
Chili Cheese Nachos @

#### BREAKFAST

Blueberry Waffle ? Pizza Bagel ?

#### LUNCH

Buffalo BBQ Chicken Sliders 
Orange Chicken w/Rice 
Bean Burrito

#### BREAKFAST

Breakfast Bites Egg, Cheese & Sausage Croissant Sandwich

#### LUNCH

PB & J Sandwich ♥
Chicken & Cheese Taquitos
w/Guacamole
Hot Dog
Chocolate Chip Cookie

#### BREAKFAST

House-Baked Cinnamon Roll > Mini Maple Pancakes >

#### LUNCH

Meatball Sub Sandwich Macaroni & Cheese Chicken Tenders

## OFFERED DAILY

#### BREAKFAST:

- Fruit
- Whole Grain Cereals
- Yogurt with Granola
- String Cheese100% Fruit Juice
- Low-Fat White MilkNonfat Chocolate Milk

## **OFFERED DAILY**

#### LUNCH:

- Yogurt with Granola
- Low-Fat White MilkNonfat Chocolate Milk
- Fruits & Vegetables
  Grades 6-12 only:
- 100% Fruit Juice