

School Health Advisory Council Meeting Minutes March 20, 2025

Members in Attendance

Community Members:

- Teri Tidmore
- Monica Dean
- Brian O'Rear
- Elysia Ross
- Wendy Cowen
- Wendy Johnson
- Rob Paiva
- Carolyn Gonzalez
- Angelica Gilbert-Williams

Guests:

- Paulina Avila-Martinez
- Ronald Patton
- Liana Ford
- Elizabeth Bosquez, M.D.

District Committee Members:

- Emmy Durand
- Suzy Hunter
- Darin Crawford
- Deborah Bartholomew
- Elaine Waier
- Celia Weaver
- Scott Hudson
- Melinda Hood
- Sarah Hoglund
- Chris Hecker
- Angela Rhymes

Facilitator:

- Christina Cole

Call to Order

Christina Cole called the meeting to order at 9:33AM.

Reminder

- The 5/22/2025 has been cancelled, as the SHAC has met the 4 meetings per year requirement.

Review and Approval of Minutes

- Motion to approve: Rob Pavia
- Second: Wendy Johnson
- All in favor

CFISD Athletics Program

Presented by Ronald Patton, Associate Athletic Director
Ronald Patton provided an overview of the CFISD athletic program, which involves over 750 coaches across the district. These coaches serve 12 high schools and 20 middle schools.

Key Growth Targets:

- Athlete Performance: Each program on every campus aims to improve participant performance by 1% annually.
- Academic Success: The goal is to reduce the academic failure rate by 1% each year.
- Honor Roll Goal: Strive for 51% or more of athletes to qualify for the A/B honor roll.
- Academic Retention: The aim is to keep participant loss due to academic failure at 6% or less.

Integrated Coaching Model:

Focuses on supporting both individual athletes and overall program development, beginning at the 6th grade level.

Intentional Development:

The growth of CALI (Coaching and Athletic Leadership Initiative) and SALT (Student Athletic Leadership Team) programs is key. These initiatives promote consistent development for both coaches and student-athletes.

Community Service:

The goal is to impact at least one community event per year, with projects involving collaboration between high schools and middle schools, as well as high school-to-high school projects.

BEAResource was mentioned as a resource for community service involvement.

CFISD Facilities:

The presentation concluded with an overview of CFISD's nationally recognized athletic facilities, highlighting their contribution to the program's success.

Health Services Update

Presented by Melinda Hood, Director of Health Services

Melinda Hood delivered an overview of the Health Services department. The staff currently consists of 97 Registered Nurses (RNs) – one licensed RN per campus, 4 Licensed Vocational Nurses (LVNs), and 52 Clinical Assistants (CAs).

Key Responsibilities:

Health Services staff are responsible for managing chronic health conditions affecting CFISD students, including:

7,657 students with asthma

933 students with seizure disorders

232 students with Type 1 diabetes

The department handled 346,963 clinic visits and dispensed 76,751 medication doses.

The department led district-wide health screenings, which included:

100,000+ vision and hearing screenings

13,000+ spinal checks

35,000+ acanthosis nigricans screenings

Annual "See to Succeed" Event: The Health Services team partnered with the Houston Health Department to provide free eye exams and glasses to students in need.

Immunization Records: The department has verified nearly 18,000 immunization records for the 2024-2025 school year.

Melinda addressed a question about the district's immunization compliance rate, stating that nearly 98% of CFISD students are compliant with immunization requirements.

Nurse Precepting Program: CFISD participated in nurse precepting, hosting 25 nursing students in the fall and anticipating 40 students during the spring semester. Nursing students come from various Texas colleges and universities, including Baylor University, Lone Star College, Prairie View A&M, Texas Woman's University, and the University of Texas, as well as the University of Arkansas.

Nutrition Services Update

Presented by Suzy Hunter, Director of Nutrition Services
Suzy provided an update on Nutrition Services, covering key programs, initiatives, and challenges. The department oversees several meal programs, including the National School Breakfast & Lunch Programs, CACFP, Supper & At-Risk Snack Programs, and the Seamless Summer Option.

Breakfast participation has grown from 27.05% in 22-23 to 35% currently, surpassing the initial goal of 30%. The updated goal is 40% participation. Strategies include Grab & Go Breakfast, free coffee for high school students, and increased breakfast menu options.

Funding remains self-supported through cash sales, federal reimbursements, and USDA assistance. The Community Eligibility Provision (CEP) allows 47 campuses to provide free breakfast and lunch.

Staffing remains a focus, with new pay rates, job fairs, and campus recruitment strategies helping to address hiring needs.

The USDA Local Food for Schools grant has ended, but efforts to work with local vendors continue. Current partnerships include Brahman Country Beef, Fredericksburg Peach Co., and True Harvest Farms.

The Food Production Center has improved efficiency, reducing costs and ensuring food safety. Warehouse operations handle over 3,300 cases per day, with 62 delivery vehicles supporting 18 distribution routes.

Efforts to enhance meal service include larger entrée portions for middle and high school students, unlimited fruit and vegetable access, and the Sharing Table Initiative to reduce waste.



Community engagement remains strong with nutrition education programs, the Garden-to-Cafeteria initiative, and an annual Food Show. Nutrition Services is also active on social media (Facebook, Twitter, Instagram, TikTok) to increase awareness and receive feedback.

Suzy emphasized the department's commitment to improving meal quality, increasing participation, and addressing misconceptions about school meals. Feedback is encouraged to continue refining the program.

Wellness Subcommittee Update

Emmy Durand, Assistant Director of Customer Engagement, provided an update on the Wellness Subcommittee. Over the summer, the Wellness Policy Implementation Plan will be posted on the district website, along with updates on progress toward current goals. Any new goals developed based on feedback will also be shared to ensure transparency and continued improvement.

Physical Activity & Fitness Planning Subcommittee

Elaine invited members to stay after the meeting's close to participate in the subcommittee meeting. They need additional participants.

Closing Remarks

Final remarks were given by Christina Cole. This was the final meeting of the term. Committee members in their first year are invited to continue serving, while those in their second year will need to sit out for one year before being eligible to return. There will be an opening for the secretary position next term. Essence will continue in the co-chair role for one more year.

The meeting concluded with a group photo.