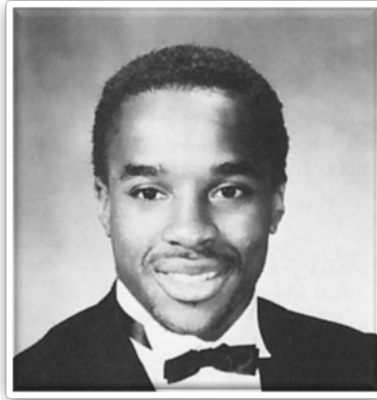


Troy Conquest
Bellport High School Class Of 1983



Troy Conquest, a 1983 graduate of Bellport High School, was an outstanding three sport athlete playing basketball, track and football. Troy had the privilege of being coached by his father, John Conquest, Assistant Principal of Bellport High School and Long Island Sports Hall of Fame inductee. Troy was awarded a full football scholarship to attend the University of Maine, and then went on to be Bellport's first pro football player with the Hamburg Silver Eagles while serving as a Marine Security Guard in the United States Consulate in Hamburg, Germany.

Troy has overcome a very physically challenging illness that has changed his life, in his own words, "for the better". After leaving a New England rehabilitation center he used his will to compete to participate in powerlifting competitions and bench press championships. Having been selected to attend a paralympic academy at a navy base in Rhode Island, Troy trained and played ping pong, rowing, floor volleyball, shot put and disc, javelin and archery.