

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/01/2025																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	15	137.63	6.88	0.00	0.00	86.02	355.55	2.29	0.00	0.00	0.00	17.20	0.41	0.00	0.00	0.00	0.00	240.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	1000.00	0.00	0.00	0.00	0.00
Turkey Taco Meat - TR1644 (4 oz.)	50	176.04	8.00	2.40	0.00	88.02	512.12	3.20	0.00	0.00	0.00	24.01	1.73	32.01	160.04	0.00	0.00	0.00	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	65	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Charro Beans - TR1094 (1/2 c.)	25	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	25	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	50	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	30	70.00	0.00	0.00	0.00	0.00	5.00	19.00	1.00	15.00	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	20	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/01/2025	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Beef Tamales - TR1903 (2 ea.)	0.00
Turkey Taco Meat - TR1644 (4 oz.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/01/2025																			
Fiesta Salad - TR1101 (1/2 c.)	20	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Western Style Guacamole - TR1969 (1/4 c.)	40	216.00	20.16	3.60	0.00	0.00	518.39	8.64	5.76	1.44	0.00	1.44	1.04	0.00	144.00	8.64	0.00	590.16	0.00
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	20	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/02/2025																			
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	20	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00
Premium Chicken Eggrolls - TR2007 (2 ea.)	15	373.26	9.95	2.49	0.00	87.09	497.68	49.77	4.98	2.49	2.49	24.88	3.58	0.00	0.00	0.00	0.00	970.73	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	10	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Chow Mein Noodles - TR1936 (1 c.)	80	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.7 5	2.29	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

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Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/01/2025	
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Western Style Guacamole - TR1969 (1/4 c.)	0.00
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/02/2025	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	0.00
Premium Chicken Eggrolls - TR2007 (2 ea.)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/02/2025																			
Steamed Broccoli - TR1112 (1/2 c.)	35	35.35	1.12	0.24	0.00	0.00	156.40	4.90	2.75	1.35	0.00(M)	2.85	0.54	30.00	932.98	36.90	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/03/2025																			
Cheese Cubes - TR1980 (8 cubes)	29	137.50	11.25	7.50	0.00	31.25	225.00	0.00	0.00	0.00	0.00	8.75	0.00	250.00	0.00	0.00	0.00	25.00	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	30	201.00	10.00	6.00	0.00	61.00	707.00	2.00	0.00	0.00	0.00	25.00	0.18	210.00	0.00	0.00	0.00	520.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Diced Turkey Breast - TR1187 (4 oz.)	30	182.00	2.00	0.00	0.00	72.00	1053.98	4.00	0.00	0.00	0.00	36.00	0.36	20.00	0.00	0.00	0.00	999.98	0.00
Garlic Breadstick - TR1622 (1 ea.)	75	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Fresh Broccoli - TR1196 (1/4 c.)	50	7.75	0.00	0.00	0.00	0.00	7.50	1.50	0.50	0.38	(M)	0.63	0.17	10.75	141.75	20.25	(M)	(M)	(M)
Shredded Carrots - TR1194 (1/4 c.)	50	12.50	0.00	0.00	0.00	0.00	27.50	3.00	1.00	1.50	(M)	0.00	0.36	10.00	4750.00	1.20	(M)	(M)	(M)
Cucumber - TR1190 (1/4 c.)	35	4.00	0.00	0.00	0.00	0.00	0.50	1.00	0.25	0.50	(M)	0.17	0.07	4.00	27.50	0.75	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/02/2025	
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/03/2025	
Cheese Cubes - TR1980 (8 cubes)	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Diced Turkey Breast - TR1187 (4 oz.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Fresh Broccoli - TR1196 (1/4 c.)	(M)
Shredded Carrots - TR1194 (1/4 c.)	(M)
Cucumber - TR1190 (1/4 c.)	(M)

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2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/03/2025																			
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	15	65.00	1.00	0.00	0.00	0.00	70.00	10.00	3.00	0.50	(M)	3.50	0.90	20.00	0.00	0.60	(M)	(M)	0.00
Lettuce Mix - TR1189 (3 c.)	90	45.00	0.00	0.00	0.00	0.00	30.00	9.00	3.00	6.00	(M)	3.00	1.08	60.00	7500.00	14.40	(M)	(M)	(M)
Fresh Spinach - TR1195 (1 c.)	35	7.00	0.00	0.00	0.00	0.00	24.00	1.00	1.00	0.00	(M)	1.00	0.90	30.00	0.00	0.00	(M)	(M)	(M)
Grape Tomatoes - TR1191 (3 ea.)	20	10.20	0.00	0.00	0.00	0.00	3.40	3.40	0.68	1.36	(M)	0.34	0.00	5.78	482.80	7.48	(M)	(M)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	40	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Buttermilk Ranch Dressing 100/1.5oz (do not sell) - TR1639 (1 pkg.)	40	180.00	19.00	3.00	0.00	0.00	330.00	2.00	0.00	1.00	0.00	1.00	0.00	30.00	0.00	0.00	0.00	0.00	0.00
Croutons - TR1981 (2 tablespoon)	15	303.75	10.13	0.00	0.00	0.00	860.61	50.62	0.00	0.00	0.00	10.13	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Balsamic Vinaigrette - TR1978 (1 Pouch)	5	157.33	14.68	2.62	0.00	0.00	346.13	6.29	0.00	6.29	5.24	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Italian Dressing - TR1979 (1 Pouch)	40	160.14	17.02	2.50	0.00	0.00	390.34	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/04/2025																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.09	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	15	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	10	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/03/2025	
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	0.00
Lettuce Mix - TR1189 (3 c.)	(M)
Fresh Spinach - TR1195 (1 c.)	(M)
Grape Tomatoes - TR1191 (3 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Buttermilk Ranch Dressing 100/1.5oz (do not sell) - TR1639 (1 pkg.)	0.00
Croutons - TR1981 (2 tablespoon)	0.00
Balsamic Vinaigrette - TR1978 (1 Pouch)	0.00
Italian Dressing - TR1979 (1 Pouch)	0.00
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/04/2025	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/04/2025																			
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	35	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Mashed Potatoes - TR1083 (1/2 c.)	65	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75 (M)
Granny Smith Apple - TR1054 (1 ea.)	40	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	30	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)
Country Gravy - TR1074 (4 tbsp.)	30	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/04/2025	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Monday pasta bowl ravioli - ServingDate: 04/07/2025																			
Chicken Fajita - TR1122 (3 1/2 oz.)	40	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Cheese Ravioli - TR2033 (7 ea.)	45	231.32	3.02	1.51	0.00	5.03	241.38	34.20	3.02	4.02	0.00	16.09	1.71	150.86	0.00	0.00	0.00	190.97	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00
Marinara Sauce - TR1124 (1/2 c.)	45	57.78	1.44	0.00	0.00	0.00	130.00	9.63	0.00	5.78	0.96	1.93	1.04	57.78	0.00	0.00	0.00	0.00	0.00
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)
Penne Pasta - TR1423 (1 c.)	85	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40 (M)
California Blend Vegetables - TR1662 (1/2 c.)	25	36.28	1.12	0.24	0.00	0.00	178.42	5.34	2.13	2.13	0.00(M)	2.13	0.38	21.35	8.00	0.00	0.00(M)	1173.79 (M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	25	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	35	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	45	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Monday pasta bowl ravioli - ServingDate: 04/07/2025	
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Cheese Ravioli - TR2033 (7 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	0.00
Garlic Toast - TR1004 (1 ea.)	(M)
Penne Pasta - TR1423 (1 c.)	0.53(M)
California Blend Vegetables - TR1662 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/08/2025																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	15	137.63	6.88	0.00	0.00	86.02	355.55	2.29	0.00	0.00	0.00	17.20	0.41	0.00	0.00	0.00	0.00	240.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	1000.00	0.00	0.00	0.00	0.00
Turkey Taco Meat - TR1644 (4 oz.)	50	176.04	8.00	2.40	0.00	88.02	512.12	3.20	0.00	0.00	0.00	24.01	1.73	32.01	160.04	0.00	0.00	0.00	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	65	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Charro Beans - TR1094 (1/2 c.)	25	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	25	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	50	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	30	70.00	0.00	0.00	0.00	0.00	5.00	19.00	1.00	15.00	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	20	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/08/2025	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Beef Tamales - TR1903 (2 ea.)	0.00
Turkey Taco Meat - TR1644 (4 oz.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/08/2025																			
Fiesta Salad - TR1101 (1/2 c.)	20	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Western Style Guacamole - TR1969 (1/4 c.)	40	216.00	20.16	3.60	0.00	0.00	518.39	8.64	5.76	1.44	0.00	1.44	1.04	0.00	144.00	8.64	0.00	590.16	0.00
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	20	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/09/2025																			
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	20	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00
Premium Chicken Eggrolls - TR2007 (2 ea.)	15	373.26	9.95	2.49	0.00	87.09	497.68	49.77	4.98	2.49	2.49	24.88	3.58	0.00	0.00	0.00	0.00	970.73	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	10	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Chow Mein Noodles - TR1936 (1 c.)	80	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/08/2025	
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Western Style Guacamole - TR1969 (1/4 c.)	0.00
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/09/2025	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	0.00
Premium Chicken Eggrolls - TR2007 (2 ea.)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/09/2025																			
Steamed Broccoli - TR1112 (1/2 c.)	35	35.35	1.12	0.24	0.00	0.00	156.40	4.90	2.75	1.35	0.00(M)	2.85	0.54	30.00	932.98	36.90	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/10/2025																			
Cheese Cubes - TR1980 (8 cubes)	29	137.50	11.25	7.50	0.00	31.25	225.00	0.00	0.00	0.00	0.00	8.75	0.00	250.00	0.00	0.00	0.00	25.00	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	30	201.00	10.00	6.00	0.00	61.00	707.00	2.00	0.00	0.00	0.00	25.00	0.18	210.00	0.00	0.00	0.00	520.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Diced Turkey Breast - TR1187 (4 oz.)	30	182.00	2.00	0.00	0.00	72.00	1053.98	4.00	0.00	0.00	0.00	36.00	0.36	20.00	0.00	0.00	0.00	999.98	0.00
Garlic Breadstick - TR1622 (1 ea.)	75	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Fresh Broccoli - TR1196 (1/4 c.)	50	7.75	0.00	0.00	0.00	0.00	7.50	1.50	0.50	0.38	(M)	0.63	0.17	10.75	141.75	20.25	(M)	(M)	(M)
Shredded Carrots - TR1194 (1/4 c.)	50	12.50	0.00	0.00	0.00	0.00	27.50	3.00	1.00	1.50	(M)	0.00	0.36	10.00	4750.00	1.20	(M)	(M)	(M)
Cucumber - TR1190 (1/4 c.)	35	4.00	0.00	0.00	0.00	0.00	0.50	1.00	0.25	0.50	(M)	0.17	0.07	4.00	27.50	0.75	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/09/2025	
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/10/2025	
Cheese Cubes - TR1980 (8 cubes)	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Diced Turkey Breast - TR1187 (4 oz.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Fresh Broccoli - TR1196 (1/4 c.)	(M)
Shredded Carrots - TR1194 (1/4 c.)	(M)
Cucumber - TR1190 (1/4 c.)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/10/2025																			
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	15	65.00	1.00	0.00	0.00	0.00	70.00	10.00	3.00	0.50	(M)	3.50	0.90	20.00	0.00	0.60	(M)	(M)	0.00
Lettuce Mix - TR1189 (3 c.)	90	45.00	0.00	0.00	0.00	0.00	30.00	9.00	3.00	6.00	(M)	3.00	1.08	60.00	7500.00	14.40	(M)	(M)	(M)
Fresh Spinach - TR1195 (1 c.)	35	7.00	0.00	0.00	0.00	0.00	24.00	1.00	1.00	0.00	(M)	1.00	0.90	30.00	0.00	0.00	(M)	(M)	(M)
Grape Tomatoes - TR1191 (3 ea.)	20	10.20	0.00	0.00	0.00	0.00	3.40	3.40	0.68	1.36	(M)	0.34	0.00	5.78	482.80	7.48	(M)	(M)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	40	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Buttermilk Ranch Dressing 100/1.5oz (do not sell) - TR1639 (1 pkg.)	40	180.00	19.00	3.00	0.00	0.00	330.00	2.00	0.00	1.00	0.00	1.00	0.00	30.00	0.00	0.00	0.00	0.00	0.00
Croutons - TR1981 (2 tablespoon)	15	303.75	10.13	0.00	0.00	0.00	860.61	50.62	0.00	0.00	0.00	10.13	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Balsamic Vinaigrette - TR1978 (1 Pouch)	5	157.33	14.68	2.62	0.00	0.00	346.13	6.29	0.00	6.29	5.24	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Italian Dressing - TR1979 (1 Pouch)	40	160.14	17.02	2.50	0.00	0.00	390.34	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/11/2025																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.09	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	15	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	10	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/10/2025	
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	0.00
Lettuce Mix - TR1189 (3 c.)	(M)
Fresh Spinach - TR1195 (1 c.)	(M)
Grape Tomatoes - TR1191 (3 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Buttermilk Ranch Dressing 100/1.5oz (do not sell) - TR1639 (1 pkg.)	0.00
Croutons - TR1981 (2 tablespoon)	0.00
Balsamic Vinaigrette - TR1978 (1 Pouch)	0.00
Italian Dressing - TR1979 (1 Pouch)	0.00
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/11/2025	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/11/2025																			
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	35	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Mashed Potatoes - TR1083 (1/2 c.)	65	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75 (M)
Granny Smith Apple - TR1054 (1 ea.)	40	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	30	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)
Country Gravy - TR1074 (4 tbsp.)	30	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/11/2025	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Monday pasta bowl ravioli - ServingDate: 04/14/2025																			
Chicken Fajita - TR1122 (3 1/2 oz.)	40	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Cheese Ravioli - TR2033 (7 ea.)	45	231.32	3.02	1.51	0.00	5.03	241.38	34.20	3.02	4.02	0.00	16.09	1.71	150.86	0.00	0.00	0.00	190.97	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00
Marinara Sauce - TR1124 (1/2 c.)	45	57.78	1.44	0.00	0.00	0.00	130.00	9.63	0.00	5.78	0.96	1.93	1.04	57.78	0.00	0.00	0.00	0.00	0.00
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)
Penne Pasta - TR1423 (1 c.)	85	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40 (M)
California Blend Vegetables - TR1662 (1/2 c.)	25	36.28	1.12	0.24	0.00	0.00	178.42	5.34	2.13	2.13	0.00(M)	2.13	0.38	21.35	8.00	0.00	0.00(M)	1173.79 (M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	25	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	35	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	45	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Monday pasta bowl ravioli - ServingDate: 04/14/2025	
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Cheese Ravioli - TR2033 (7 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	0.00
Garlic Toast - TR1004 (1 ea.)	(M)
Penne Pasta - TR1423 (1 c.)	0.53(M)
California Blend Vegetables - TR1662 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/15/2025																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	15	137.63	6.88	0.00	0.00	86.02	355.55	2.29	0.00	0.00	0.00	17.20	0.41	0.00	0.00	0.00	0.00	240.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	1000.00	0.00	0.00	0.00	0.00
Turkey Taco Meat - TR1644 (4 oz.)	50	176.04	8.00	2.40	0.00	88.02	512.12	3.20	0.00	0.00	0.00	24.01	1.73	32.01	160.04	0.00	0.00	0.00	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	65	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Charro Beans - TR1094 (1/2 c.)	25	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	25	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	50	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	30	70.00	0.00	0.00	0.00	0.00	5.00	19.00	1.00	15.00	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	20	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/15/2025	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Beef Tamales - TR1903 (2 ea.)	0.00
Turkey Taco Meat - TR1644 (4 oz.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/15/2025																			
Fiesta Salad - TR1101 (1/2 c.)	20	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Western Style Guacamole - TR1969 (1/4 c.)	40	216.00	20.16	3.60	0.00	0.00	518.39	8.64	5.76	1.44	0.00	1.44	1.04	0.00	144.00	8.64	0.00	590.16	0.00
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	20	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/16/2025																			
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	20	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00
Premium Chicken Eggrolls - TR2007 (2 ea.)	15	373.26	9.95	2.49	0.00	87.09	497.68	49.77	4.98	2.49	2.49	24.88	3.58	0.00	0.00	0.00	0.00	970.73	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	10	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Chow Mein Noodles - TR1936 (1 c.)	80	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.7 5	2.29	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/15/2025	
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Western Style Guacamole - TR1969 (1/4 c.)	0.00
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/16/2025	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	0.00
Premium Chicken Eggrolls - TR2007 (2 ea.)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/16/2025																			
Steamed Broccoli - TR1112 (1/2 c.)	35	35.35	1.12	0.24	0.00	0.00	156.40	4.90	2.75	1.35	0.00(M)	2.85	0.54	30.00	932.98	36.90	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/17/2025																			
Cheese Cubes - TR1980 (8 cubes)	29	137.50	11.25	7.50	0.00	31.25	225.00	0.00	0.00	0.00	0.00	8.75	0.00	250.00	0.00	0.00	0.00	25.00	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	30	201.00	10.00	6.00	0.00	61.00	707.00	2.00	0.00	0.00	0.00	25.00	0.18	210.00	0.00	0.00	0.00	520.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Diced Turkey Breast - TR1187 (4 oz.)	30	182.00	2.00	0.00	0.00	72.00	1053.98	4.00	0.00	0.00	0.00	36.00	0.36	20.00	0.00	0.00	0.00	999.98	0.00
Garlic Breadstick - TR1622 (1 ea.)	75	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Fresh Broccoli - TR1196 (1/4 c.)	50	7.75	0.00	0.00	0.00	0.00	7.50	1.50	0.50	0.38	(M)	0.63	0.17	10.75	141.75	20.25	(M)	(M)	(M)
Shredded Carrots - TR1194 (1/4 c.)	50	12.50	0.00	0.00	0.00	0.00	27.50	3.00	1.00	1.50	(M)	0.00	0.36	10.00	4750.00	1.20	(M)	(M)	(M)
Cucumber - TR1190 (1/4 c.)	35	4.00	0.00	0.00	0.00	0.00	0.50	1.00	0.25	0.50	(M)	0.17	0.07	4.00	27.50	0.75	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/16/2025	
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/17/2025	
Cheese Cubes - TR1980 (8 cubes)	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Diced Turkey Breast - TR1187 (4 oz.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Fresh Broccoli - TR1196 (1/4 c.)	(M)
Shredded Carrots - TR1194 (1/4 c.)	(M)
Cucumber - TR1190 (1/4 c.)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/17/2025																			
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	15	65.00	1.00	0.00	0.00	0.00	70.00	10.00	3.00	0.50	(M)	3.50	0.90	20.00	0.00	0.60	(M)	(M)	0.00
Lettuce Mix - TR1189 (3 c.)	90	45.00	0.00	0.00	0.00	0.00	30.00	9.00	3.00	6.00	(M)	3.00	1.08	60.00	7500.00	14.40	(M)	(M)	(M)
Fresh Spinach - TR1195 (1 c.)	35	7.00	0.00	0.00	0.00	0.00	24.00	1.00	1.00	0.00	(M)	1.00	0.90	30.00	0.00	0.00	(M)	(M)	(M)
Grape Tomatoes - TR1191 (3 ea.)	20	10.20	0.00	0.00	0.00	0.00	3.40	3.40	0.68	1.36	(M)	0.34	0.00	5.78	482.80	7.48	(M)	(M)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	40	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Buttermilk Ranch Dressing 100/1.5oz (do not sell) - TR1639 (1 pkg.)	40	180.00	19.00	3.00	0.00	0.00	330.00	2.00	0.00	1.00	0.00	1.00	0.00	30.00	0.00	0.00	0.00	0.00	0.00
Croutons - TR1981 (2 tablespoon)	15	303.75	10.13	0.00	0.00	0.00	860.61	50.62	0.00	0.00	0.00	10.13	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Balsamic Vinaigrette - TR1978 (1 Pouch)	5	157.33	14.68	2.62	0.00	0.00	346.13	6.29	0.00	6.29	5.24	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Italian Dressing - TR1979 (1 Pouch)	40	160.14	17.02	2.50	0.00	0.00	390.34	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2024 FALL Lunch HS Monday pasta bowl ravioli - ServingDate: 04/21/2025																			
Chicken Fajita - TR1122 (3 1/2 oz.)	40	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/17/2025	
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	0.00
Lettuce Mix - TR1189 (3 c.)	(M)
Fresh Spinach - TR1195 (1 c.)	(M)
Grape Tomatoes - TR1191 (3 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Buttermilk Ranch Dressing 100/1.5oz (do not sell) - TR1639 (1 pkg.)	0.00
Croutons - TR1981 (2 tablespoon)	0.00
Balsamic Vinaigrette - TR1978 (1 Pouch)	0.00
Italian Dressing - TR1979 (1 Pouch)	0.00
2024 FALL Lunch HS Monday pasta bowl ravioli - ServingDate: 04/21/2025	
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Monday pasta bowl ravioli - ServingDate: 04/21/2025																			
Cheese Ravioli - TR2033 (7 ea.)	45	231.32	3.02	1.51	0.00	5.03	241.38	34.20	3.02	4.02	0.00	16.09	1.71	150.86	0.00	0.00	0.00	190.97	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00
Marinara Sauce - TR1124 (1/2 c.)	45	57.78	1.44	0.00	0.00	0.00	130.00	9.63	0.00	5.78	0.96	1.93	1.04	57.78	0.00	0.00	0.00	0.00	0.00
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)
Penne Pasta - TR1423 (1 c.)	85	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40 (M)
California Blend Vegetables - TR1662 (1/2 c.)	25	36.28	1.12	0.24	0.00	0.00	178.42	5.34	2.13	2.13	0.00(M)	2.13	0.38	21.35	8.00	0.00	0.00(M)	1173.79 (M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	25	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	35	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	45	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/22/2025																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Monday pasta bowl ravioli - ServingDate: 04/21/2025	
Cheese Ravioli - TR2033 (7 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	0.00
Garlic Toast - TR1004 (1 ea.)	(M)
Penne Pasta - TR1423 (1 c.)	0.53(M)
California Blend Vegetables - TR1662 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/22/2025	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/22/2025																			
Chicken Fajitas - TR2016 (3 oz.)	15	137.63	6.88	0.00	0.00	86.02	355.55	2.29	0.00	0.00	0.00	17.20	0.41	0.00	0.00	0.00	0.00	240.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	1000.00	0.00	0.00	0.00	0.00
Turkey Taco Meat - TR1644 (4 oz.)	50	176.04	8.00	2.40	0.00	88.02	512.12	3.20	0.00	0.00	0.00	24.01	1.73	32.01	160.04	0.00	0.00	0.00	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	65	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Charro Beans - TR1094 (1/2 c.)	25	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	25	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	50	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	30	70.00	0.00	0.00	0.00	0.00	5.00	19.00	1.00	15.00	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	20	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00
Fiesta Salad - TR1101 (1/2 c.)	20	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/22/2025	
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Beef Tamales - TR1903 (2 ea.)	0.00
Turkey Taco Meat - TR1644 (4 oz.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/22/2025																			
Western Style Guacamole - TR1969 (1/4 c.)	40	216.00	20.16	3.60	0.00	0.00	518.39	8.64	5.76	1.44	0.00	1.44	1.04	0.00	144.00	8.64	0.00	590.16	0.00
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	20	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/23/2025																			
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	20	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00
Premium Chicken Eggrolls - TR2007 (2 ea.)	15	373.26	9.95	2.49	0.00	87.09	497.68	49.77	4.98	2.49	2.49	24.88	3.58	0.00	0.00	0.00	0.00	970.73	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	10	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Chow Mein Noodles - TR1936 (1 c.)	80	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	35	35.35	1.12	0.24	0.00	0.00	156.40	4.90	2.75	1.35	0.00(M)	2.85	0.54	30.00	932.98	36.90	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/22/2025	
Western Style Guacamole - TR1969 (1/4 c.)	0.00
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/23/2025	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	0.00
Premium Chicken Eggrolls - TR2007 (2 ea.)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/23/2025																			
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/24/2025																			
Cheese Cubes - TR1980 (8 cubes)	29	137.50	11.25	7.50	0.00	31.25	225.00	0.00	0.00	0.00	0.00	8.75	0.00	250.00	0.00	0.00	0.00	25.00	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	30	201.00	10.00	6.00	0.00	61.00	707.00	2.00	0.00	0.00	0.00	25.00	0.18	210.00	0.00	0.00	0.00	520.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Diced Turkey Breast - TR1187 (4 oz.)	30	182.00	2.00	0.00	0.00	72.00	1053.98	4.00	0.00	0.00	0.00	36.00	0.36	20.00	0.00	0.00	0.00	999.98	0.00
Garlic Breadstick - TR1622 (1 ea.)	75	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Fresh Broccoli - TR1196 (1/4 c.)	50	7.75	0.00	0.00	0.00	0.00	7.50	1.50	0.50	0.38	(M)	0.63	0.17	10.75	141.75	20.25	(M)	(M)	(M)
Shredded Carrots - TR1194 (1/4 c.)	50	12.50	0.00	0.00	0.00	0.00	27.50	3.00	1.00	1.50	(M)	0.00	0.36	10.00	4750.00	1.20	(M)	(M)	(M)
Cucumber - TR1190 (1/4 c.)	35	4.00	0.00	0.00	0.00	0.00	0.50	1.00	0.25	0.50	(M)	0.17	0.07	4.00	27.50	0.75	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/23/2025	
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/24/2025	
Cheese Cubes - TR1980 (8 cubes)	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Diced Turkey Breast - TR1187 (4 oz.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Fresh Broccoli - TR1196 (1/4 c.)	(M)
Shredded Carrots - TR1194 (1/4 c.)	(M)
Cucumber - TR1190 (1/4 c.)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/24/2025																			
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	15	65.00	1.00	0.00	0.00	0.00	70.00	10.00	3.00	0.50	(M)	3.50	0.90	20.00	0.00	0.60	(M)	(M)	0.00
Lettuce Mix - TR1189 (3 c.)	90	45.00	0.00	0.00	0.00	0.00	30.00	9.00	3.00	6.00	(M)	3.00	1.08	60.00	7500.00	14.40	(M)	(M)	(M)
Fresh Spinach - TR1195 (1 c.)	35	7.00	0.00	0.00	0.00	0.00	24.00	1.00	1.00	0.00	(M)	1.00	0.90	30.00	0.00	0.00	(M)	(M)	(M)
Grape Tomatoes - TR1191 (3 ea.)	20	10.20	0.00	0.00	0.00	0.00	3.40	3.40	0.68	1.36	(M)	0.34	0.00	5.78	482.80	7.48	(M)	(M)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	40	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Buttermilk Ranch Dressing 100/1.5oz (do not sell) - TR1639 (1 pkg.)	40	180.00	19.00	3.00	0.00	0.00	330.00	2.00	0.00	1.00	0.00	1.00	0.00	30.00	0.00	0.00	0.00	0.00	0.00
Croutons - TR1981 (2 tablespoon)	15	303.75	10.13	0.00	0.00	0.00	860.61	50.62	0.00	0.00	0.00	10.13	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Balsamic Vinaigrette - TR1978 (1 Pouch)	5	157.33	14.68	2.62	0.00	0.00	346.13	6.29	0.00	6.29	5.24	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Italian Dressing - TR1979 (1 Pouch)	40	160.14	17.02	2.50	0.00	0.00	390.34	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/25/2025																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.09	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	15	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	10	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Thursday Build a Salad - ServingDate: 04/24/2025	
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	0.00
Lettuce Mix - TR1189 (3 c.)	(M)
Fresh Spinach - TR1195 (1 c.)	(M)
Grape Tomatoes - TR1191 (3 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Buttermilk Ranch Dressing 100/1.5oz (do not sell) - TR1639 (1 pkg.)	0.00
Croutons - TR1981 (2 tablespoon)	0.00
Balsamic Vinaigrette - TR1978 (1 Pouch)	0.00
Italian Dressing - TR1979 (1 Pouch)	0.00
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/25/2025	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/25/2025																			
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	35	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Mashed Potatoes - TR1083 (1/2 c.)	65	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75 (M)
Granny Smith Apple - TR1054 (1 ea.)	40	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	30	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)
Country Gravy - TR1074 (4 tbsp.)	30	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Friday Country Bowl - ServingDate: 04/25/2025	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Monday pasta bowl ravioli - ServingDate: 04/28/2025																			
Chicken Fajita - TR1122 (3 1/2 oz.)	40	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Cheese Ravioli - TR2033 (7 ea.)	45	231.32	3.02	1.51	0.00	5.03	241.38	34.20	3.02	4.02	0.00	16.09	1.71	150.86	0.00	0.00	0.00	190.97	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00
Marinara Sauce - TR1124 (1/2 c.)	45	57.78	1.44	0.00	0.00	0.00	130.00	9.63	0.00	5.78	0.96	1.93	1.04	57.78	0.00	0.00	0.00	0.00	0.00
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)
Penne Pasta - TR1423 (1 c.)	85	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40 (M)
California Blend Vegetables - TR1662 (1/2 c.)	25	36.28	1.12	0.24	0.00	0.00	178.42	5.34	2.13	2.13	0.00(M)	2.13	0.38	21.35	8.00	0.00	0.00(M)	1173.79 (M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	25	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	35	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	45	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Monday pasta bowl ravioli - ServingDate: 04/28/2025	
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Cheese Ravioli - TR2033 (7 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	0.00
Garlic Toast - TR1004 (1 ea.)	(M)
Penne Pasta - TR1423 (1 c.)	0.53(M)
California Blend Vegetables - TR1662 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/29/2025																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	15	137.63	6.88	0.00	0.00	86.02	355.55	2.29	0.00	0.00	0.00	17.20	0.41	0.00	0.00	0.00	0.00	240.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	1000.00	0.00	0.00	0.00	0.00
Turkey Taco Meat - TR1644 (4 oz.)	50	176.04	8.00	2.40	0.00	88.02	512.12	3.20	0.00	0.00	0.00	24.01	1.73	32.01	160.04	0.00	0.00	0.00	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	65	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Charro Beans - TR1094 (1/2 c.)	25	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	25	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	50	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	30	70.00	0.00	0.00	0.00	0.00	5.00	19.00	1.00	15.00	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	20	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/29/2025	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Beef Tamales - TR1903 (2 ea.)	0.00
Turkey Taco Meat - TR1644 (4 oz.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/29/2025																			
Fiesta Salad - TR1101 (1/2 c.)	20	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Western Style Guacamole - TR1969 (1/4 c.)	40	216.00	20.16	3.60	0.00	0.00	518.39	8.64	5.76	1.44	0.00	1.44	1.04	0.00	144.00	8.64	0.00	590.16	0.00
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	20	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/30/2025																			
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00 (M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	20	420.00	14.00	2.00	0.00	100.00	902.00	48.00	2.00	28.00	(M)	24.00	1.44	40.00	0.00	0.00	(M)	(M)	0.00
Premium Chicken Eggrolls - TR2007 (2 ea.)	15	373.26	9.95	2.49	0.00	87.09	497.68	49.77	4.98	2.49	2.49	24.88	3.58	0.00	0.00	0.00	0.00	970.73	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	10	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	40	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Chow Mein Noodles - TR1936 (1 c.)	80	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.7 5	2.29	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Tuesday Fiesta - ServingDate: 04/29/2025	
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Western Style Guacamole - TR1969 (1/4 c.)	0.00
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/30/2025	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	0.00
Premium Chicken Eggrolls - TR2007 (2 ea.)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/30/2025																			
Steamed Broccoli - TR1112 (1/2 c.)	35	35.35	1.12	0.24	0.00	0.00	156.40	4.90	2.75	1.35	0.00(M)	2.85	0.54	30.00	932.98	36.90	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	35	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: High School
Menu Line: Top Cat Line
Serving Group: 9-12
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - April, 2025

Site: ALL
Date: 04/01/2025 - 04/30/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch HS Wednesday Asian Bowl - ServingDate: 04/30/2025	
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	(M)