



COVID-19 PROTOCOL

GET TESTED. STAY HOME. STAY SAFE.



SYMPTOMS OF COVID-19

- FEVER
- RUNNY NOSE
- SORE THROAT
- CONGESTION
- FATIGUE
- DIFFICULTY BREATHING
- COUGH
- VOMITING
- DIARRHEA
- SHORTNESS OF BREATH

The incubation period of COVID-19 is 5 days on average (with a range of 2 to 14). The most contagious period is the 2 days prior to symptom onset all the way until after your symptoms are resolved.

WHAT TO DO IF YOU HAVE SUSPECTED COVID

GET TESTED.

The OPS Health Team is offering testing by appointment on days that school is in session. The Health Team can also test individuals with symptoms during school with written consent. Call **517-706-5008** to make an appointment.

WHEN: 7 AM - 9 AM on school days

WHERE: Chippewa Middle School

WHAT TO DO IF YOU HAVE TESTED POSITIVE

STAY AT HOME.

FOR AT LEAST 24 HOURS

Individuals may need to isolate for longer depending on how the virus affects you. Once your fever ends and symptoms have improved for 24 hours, you can go about normal activities. Consider taking added precautions like wearing a mask when around others. Monitor your symptoms and if you have an emergency, **seek medical care immediately.**

PRECAUTIONS YOU CAN TAKE AFTER RETURNING

LET IN FRESH AIR

WASH YOUR HANDS

**COVER YOUR MOUTH
WHEN SNEEZING**

**COVER YOUR MOUTH
WHEN COUGHING**

**TEST AGAIN IF
SYMPTOMS RETURN**

WEAR A MASK

PURIFY INDOOR AIR



**SCAN HERE TO
REPORT AN ABSENCE**

Notices must be made on the day of the absence or by 3:30 the following day

A questionnaire form will be sent to each reported case to gather more information. Affected areas will be sprayed down that evening by custodial staff. Case will be reported to the Ingham County Health Department using weekly report. Each case will be tracked and monitored to identify clusters. If a cluster is identified, a plan to mitigate transmission will be communicated.