



NYS Apples

April




2025 PK-12



Breakfast

Eden Central Schools



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Apple Frudel	2 Pancakes w/ Strawberries	3 Trix Muffin	4 Breakfast Burrito w/Ham
	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
7 Yogurt Cup And Muffin	8 Breakfast Pizza w/Sausage	9 Sausage & Cheese on Maple Waffle Flatbread	10 Mini Cinni Pastry	11 Bagel w/Cream Cheese
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14 	15 <h1>Spring Break!!</h1>	16 	17 	18 
21 Smoothie And Muffin	22 Cinnamon Toast Crunch Bar	23 English Muffin w/Sausage, Egg & Cheese	24 Cinnamon Roll	25 Strawberry Cream Cheese Bagel
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28 Yogurt Cup And Muffin	29 Breakfast Burrito w/Sausage	30 National Tie-Dye Day Donut w/Icing 		
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NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Fruit & Yogurt Parfait
Includes Whole Grain

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or

1% White Milk 8oz



If your student has a particular food allergy,
please contact the food service office @
(716)992-3623

Student \$0.00
Adult \$3.10

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN