



NYS Apples
NYS Potatoes
NYS Onions

April

2025 6-12



Lunch

Eden Middle & High



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Loaded Potato Wedges w/Taco Meat, Cheese Sauce & Sour Cream/Salsa Flatbread	2 10" Chicken Fajita	3 Cheese & Pepperoni Pizza	4 Macaroni & Cheese w/Dinner Roll
	Fresh Carrots 3/4c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Baked Beans 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes 1/2c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
7 Popcorn Chicken w/Seasoned Pasta	8 Nachos Grande w/Brown Rice	9 Spaghetti & Meatballs w/Dinner Roll	10 Cheese & Pepperoni Pizza	11 Mozzarella Sticks w/Dipping Sauce
Steamed Spinach 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Peas 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Parm Roasted Cauliflower 3/4c Cherry Tomatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Garlic Roasted Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
14	15	16	17	18
Spring Break!!				
21 Chicken Tenders w/Seasoned Rice	22 Toasted Cheese Sandwich w/Tomato Soup	23 French Toast Sticks & Syrup w/Sausage Patties	24 Cheese & Pepperoni Pizza	25 Buffalo Chicken Wrap
Mixed Vegetable 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Beans 1/2c Candied Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes w/ Onion 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
28 Hamburger On Whole Grain Bun	29 Sloppy Joe Over Tater Tots w/ Flatbread	30 National Tie-dye Day Chicken Patty Whole-Grain Bun		
Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Baked Beans 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Asian Roasted Carrots 3/4c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		

NYS LOCAL FOODS

*Upstate Farms

Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

The Following Entrees
Served Daily:

6" Subs and Wraps (2M2G)
Made to Order

Salads Made to Order
(Includes Flatbread) 2M2G

Peanut Butter & Jelly
Sandwich (2M2G)

Fruit & Yogurt Parfait
w/Flatbread(2M2G)

Offered daily
with all School Lunches:
Fresh or Prepared Fruit
(Must take ½ cup of Fruit or
Vegetable – may take up to 1 cup)

NY State 8oz 1% or Skim
White Milk
Fat Free Chocolate Milk



If your Student has a particular food
allergy, please contact the food service
office @ (716)992-3623

Student \$0.00
Adult \$5.05+tax