

COMMUNITY EDUCATION



CENTENNIAL

SCHOOL DISTRICT 12

CONNECTING. ACHIEVING. PREPARING.

**SUMMER
ACTIVITY GUIDE**

May-August 2025

Making connections within the community to provide learners
of all ages with accessible and enriching opportunities

Welcome to Community Education

Centennial Schools is proud to offer community education programs for all ages and abilities. We provide true life-long learning to our residents and beyond in Blaine, Centerville, Circle Pines, Lexington and Lino Lakes.



If you're anything like me, you may have been counting down the days until spring, even just a little? The thought of summertime brings a smile to many faces, including mine. I do love summer activities and especially, I love being the Director of Community Education and overseeing the many programs we encompass in the summer.

From sports camps to Driver Education, Kids Club Summer C.A.M.P. care to academics and art camps, Music on the Lake concerts, the More Than Pink fitness program, the Centennial Kids Obstacle/Mud Run and so much more, I like to think that we are responsible for bringing smiles to many faces in the community, over the course of the summer.

I'd like to invite you to a very important event we host in the summer: The Food Truck & Fun Festival, Thursday, August 14, 4-8 pm at Centennial Middle School. The focus of this event when we created it four years ago, was to host a get-together, as a community, to enjoy something we can all connect on: yummy food and treats! Over the years we've also added local vendors and a car show to the event. The Food Truck & Fun Festival also has another important mission: helping to ensure everyone in this community has the ability to partake in important learning and enrichment opportunities. A portion of the food truck sales from this event will go directly to our Community Education Financial Assistance Program.

Please join us for one of over 200 offerings we have available this summer and I especially hope you will join us at the Food Truck & Fun Festival!

*Cori Sendle
Director, Community Education*

Food Truck & Fun Festival

Thurs, Aug 14 4-8 pm Centennial Middle School

Join us for an evening of food trucks, a car show, local vendors & more!



Enjoy delicious foods from these food trucks

Chili Lime Tacos & Tots
D & D Vietnamese Cuisine
Mik Mart Ice Cream
North Star Donuts
Nothing Bundt Cakes
Grandpa Mike's Pizza

**The Summer Activity Guide opens for registration
March 24 at 8 am. Visit isd12.ce.eleyo.com**

See registration information & policies on page 4 & 62

So much for you to do... Just look inside!

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Summer Events!

More Than Pink Sampler

Sat, May 3, 10 am-noon \$10

Centennial High School, West Learning Commons

Join us for this special event where participants can get a taste of what this empowering program is all about! Designed for girls entering grades 4-7, this session will feature a fun activity focused on building confidence, teamwork and overall well-being. Attendees will get to experience a mix of physical movement, creative expression and meaningful discussions—all in a supportive and uplifting environment. Whether you're a seasoned "MTP'er" or are thinking of trying it for the first time—this is perfect for you! We'll also have a yummy snack. Join us! [See page 51 for more MTP details.](#)

Try Tennis Clinic Tenicity Tennis Program Ages 5-17

Sat, May 10, 4-6 pm FREE Middle School Tennis Courts

In celebration of National Tennis Month, we invite participants to try tennis and bring along their friends. Participants will learn tennis skills, play games, and gain encouragement to play the sport. Event is free, but preregistration required. Visit us online for details and registration, isd12.ce.eleyo.com

Music on the Lake - It's Golden

Free Concerts Thursday Nights at Golden Lake Park

Co-sponsored by Centennial Community Education and the City of Circle Pines. [See page 6 for details](#)

Kids Obstacle Mud Run Sat, Aug 9 for Ages 4-12



Mark your calendar for our 6th Annual Kids Obstacle/Mud Run. We added some new obstacles and an inflatable big slide! Participants will run on the grounds of the high school completing multiple obstacles, some easy and some a bit more challenging, and ending with a mud pit! [See page 51 for details.](#)

#6101-A	Ages 6-7	9:30 am
#6101-B	Ages 8-9	9:50 am
#6101-C	Ages 10-12	10:10 am
#6101-D	Ages 4-5	10:20 am

Community Education Offices

The CE main office & Conference Room

4707 North Rd, Circle Pines-door S14
Entrance remains locked for security purposes. Press the doorbell upon arrival.

Office Hours Mon-Fri: 8 am-4 pm, closed non-school days and holidays

Summer Hours June 9-Aug 29

Mon-Thur: 8 am-4 pm; Fri: 8 am-noon
Closed June 19, July 4 & Sept 1

Adult English Second Language - ESL

4707 North Road, Circle Pines/Door S14

Early Childhood Center - ECC

575 Birch Street, Lino Lakes/Door C
(Rice Lake Elementary)

Facilities

Use of school district facilities outside of the regular school day are coordinated and reserved through Community Education. Rental fees apply.

Call 763-792-6104 or apply online at

community.ed.isd12.org/facility-use-rental

Elementaries

BH—Blue Heron Elementary

405 Elm St, Lino Lakes
After hours Door B5

CT—Centennial Elementary

4657 North Rd, Circle Pines/Door S20

CV—Centerville Elementary

1721 Westview Rd, Centerville/Door A

GL—Golden Lake Elementary

1 School Rd, Circle Pines/Door A or B

RL—Rice Lake Elementary

575 Birch St, Lino Lakes
After hours Door B

Follow exterior signs for gym

Middle & High Schools

CMS—Centennial Middle School

399 Elm St, Lino Lakes
After hours Door A12

CHS/West—Centennial High School/West

4757 North Rd, Circle Pines/Door S8/Main Athletic Entrance Door N40

CHS/East—Centennial High School/East

4881 101st Ln, Circle Pines/Door S3

Most activities will enter through door S4 for offerings this summer (Student Union)

PAC—Performing Arts Center

Community Ed Programs & Staff

For more fun activities, visit us at [Facebook.com/centennial community education](https://www.facebook.com/centennialcommunityeducation)

Directory

Adult/Youth Enrichment

Sharon Sculley, Coordinator
763.792.6106 ssculley@isd12.org

Aquatics

Pool Office: 763-792-5240

Driver Education

Sharon Sculley, Coordinator
763.792.6106 ssculley@isd12.org

ECFE & Centennial Preschool

Sara Ison, Coordinator
763.792.6122 sison@isd12.org

Lynn Dierks,

Early Childhood Specialist
763.792.6133 ldierks@isd12.org

Deb Klausing,

Early Childhood Admin Assist
763.792.6120 dklausing@isd12.org

Kelly Marquard,

Early Childhood Specialist
763.792.6111 kmarquard@isd12.org

ESL - English as a Second Language

Yue "Pearl" Cheng, ESL Teacher
763.792.5054 ycheng@isd12.org

Facilities

Anne Thomas, Coordinator
763.792.6104 amthomas@isd12.org

Kids Club

School Age Child Care

Molly Nelson, Coordinator
763.792.6110 mnelson@isd12.org

Heather Watson, Asst Coordinator
& Inclusion Specialist

763.792.6114 hwatson@isd12.org

Stephanie Thorstad

Registration/Billing Admin Assistant
763.792.6193 kidsclub@isd12.org



Community Education Main Office 763.792.6100

Cori Sendle, Director 763.792.6101 csendle@isd12.org

Jennifer Sand, Lead Admin Assistant 763.792.6102 jsand@isd12.org

Erin Berg, Admin Assistant 763.792.6108 eberg@isd12.org

Joy Orcutt, Marketing & Enrichment Coordinator 763.792.6105 jorcutt@isd12.org

Community Education Drop Box

The drop box is available 24/7, and is located directly in front of the visitor parking spaces at the District Offices, just up the ramp on the black door.

Am I registered?

Once registered, you will receive a confirmation receipt in the email tied to your account. If you don't receive a confirmation email, your registration did not go through. You can also find your course details in your Eleyo Account Dashboard under "Current and Upcoming Enrollments!"

Advisory Council Members

Tracie Dewberry, Renee Dietz, Jodi Gadiant, Suzy Guthmueller, Mary Healy, Robyn Hendrickson, Peter Knoebel, Gloria Murphy, Clare Montenegro, Susan Modrow, Dorothy Rademacher, Jeanmarie Scarr, Kellie Schmidt, Sara Shady, Bruce Woznak

Registration Policies

Five business day notice required for cancellations. Cancellation fee of \$10. No refunds for missed classes. Scholarships available for Centennial School District residents (restrictions may apply) [For full policy and registration info see page 62.](#)

Offsite Locations

Advance Therapy, 6776 Lake Drive, #220, Lino Lakes

Bowlero, 11351 Ulysses St NE, Blaine

Center Park, 26A Center Road, Circle Pines

Conquer Ninja Gym, 1467 101st Ave NE, Blaine

Francis Kaas Shop, 7155 160th Ln NW, Ramsey

Golden Lake Park, 53 West Golden Lake Road, Circle Pines

Hidden Ponds Park, 11465 Polk St, Blaine

Jim Peterson Athletic Complex (JPAC), 12302 Cloud Dr NE, Blaine

Laurie LaMotte Memorial Park, 6970 LaMotte Dr, Hugo

Nena's Atelier, 434 Hale Ave N, Ste 120, Oakdale

The Rookery Activity Center, 7690 Village Dr, Lino Lakes

William O'Brien State Park, 16821 O'Brien Trail N, Marine on St. Croix





Truck Day

Sat, May 3, 10 am-noon Rice Lake Elementary

Free family event and fundraiser, rain or shine

Let your kids get behind the wheel of their favorite trucks! Organized by the Early Childhood Parent Advisory Council. See page 58 for more details.

New this Fall!

Centennial Outdoor Explorers Preschool!

Student must be 3 ½ years old by Sept 1, 2025 to attend

This 4-day, Monday-Thursday afternoon class will use the wealth of natural resources surrounding the Early Childhood Center to move learning outside! Students will have the same academic, social-emotional, and physical learning goals as a standard preschool class, but activities will incorporate the natural environment. "Wargo Wednesdays" will take place twice each month, bringing students and their parents/caregivers together with naturalists at Wargo Nature Center. (Sibling care will be available.)

Space is still available! Visit earlychildhood.isd12.org to register.

Centennial Community Education

GARAGE SALE!

FREE FOR SHOPPERS!

Saturday, April 26, 9 am-noon
Rice Lake Elementary Gym

Purchase a table to sell items you no longer need or come and shop!

Table cost: \$10 for kids, \$20 for adults
Reserve your table online at isd12.ce.eleyo.com

Free entrance for shoppers

Proceeds will go to the Community Ed financial assistance program.

DISCOVER CENTENNIAL SCHOOLS

Accepting resident and non-resident (open) enrollment for the 2025-2026 school year for preschool - grade 12.

With nine exceptional schools serving 6,500 students, Centennial prepares students for whatever is next and beyond.

Learn more at isd12.org/enroll-today



FOLLOW US ON INSTAGRAM
FOR A SNEAK PEEK INTO CENTENNIAL SCHOOLS
#centennialproud



CENTENNIAL
SCHOOL DISTRICT 12
CONNECTING. ACHIEVING. PREPARING.

Centennial Community Band Grade 11+

Part of the Centennial Community since 2003

Own a band instrument? Looking for a place to play? Come experience the joy of ensemble music making with a wide variety of symphonic band literature, even if it has been a while since you played.

This non-audition band, under the direction of Barry Zumwalde, is comprised of musicians from the Centennial area and surrounding communities.

Instrumentalists are welcome in percussion, low brass and horn, double reed and tenor/baritone sax sections. Interested musicians are invited to try up to three rehearsals without obligation.

Rehearsals are September through June, Tuesdays 7-9 pm in the Centennial High School west building band room (occasionally in the Middle School band room).

Visit the band website for more information.
centennialcommunityband.org



The spring concert is on Friday, May 9 at 7:30 pm in the PAC

The band will also perform at Music on the Lake on June 12

See page 6 for details



Summer Fun at Golden Lake Park

Music on the Lake - It's Golden!

Thursdays. Co-sponsored by Centennial Community Education & the City of Circle Pines.

No registration required. Simply show up with your lawn chair ready to listen to some good tunes.



Centennial Community Band June 12, 7-8 pm

This 60 plus member community band formed in 2003. They work under the direction of Barry Zumwalde and perform several concerts a season.

The Roxy Hall Band June 26, 7-8:30 pm

The Roxy Hall Band is a seven piece, all women, rock-n-soul band with a horn section. Come listen, sing along, and dance to great grooves and memorable melodies. The band's four singers create music with multiple layers of harmonies.

The Revolution 5 July 10, 7-8:30 pm

The Revolution 5 is Minnesota's premier Beatles Tribute band. Their extensive set list includes hours of Beatles tunes and boasts virtually every chart-topping hit sprinkled with a handful of deeper tracks for the true enthusiast.

The Floras July 17, 7-8:30 pm

The Floras are a husband and wife singing duo with decades of performing experience. Mark knew this farmer's daughter was meant to be his beloved. The constant call of 50s and Americana music has brought them into singing for a living.

Family DJ Dance Party July 24, 6-7 pm

Join our DJ, Brett of Special Works DJ, who has arranged a play list full of appropriate songs that are just made for dancing. Songs will span the generations to appeal to all ages. So grab your family and friends and let's bust a groove.



SALSA del SOUL performing August 2 & 21

Brady Perl August 7, 7-8:30 pm

Brady is an American singer-songwriter performing modern and traditional Americana music based out of the Twin Cities. His great-grandfather built violins/fiddles, his grandparents owned the first musical night club on Lake Minnetonka in the 1940s, and his uncle was a professional drummer by the age of about 13 before being drafted in the Vietnam War, making Brady a 4th generation musician. Performing professionally for over 15 years, Brady Perl is an award-winning local musician, delivering high quality and original material.

The Salsa del Soul Sextet (feat. Frank Rivery) August 21, 7-8:30 pm

Salsa del Soul is a Twin Cities-based ensemble performing various styles of dance music from the Spanish-speaking regions of the Caribbean. Salsa del Soul was formed with the purpose of providing great dance music for Twin Cities Salsa fans. The musicians represent some of the finest talents in the Twin Cities Latin music scene. The style of music they perform includes Son, Son Montuno, Plena, Cha-cha-cha, Bachata, Merengue, Timba and of course Salsa.



75th Anniversary Celebration

Saturday, August 2

Golden Lake Park

Brady Perl

12-1:30 pm

The Salsa del Soul Sextet Feat. Frank Rivery

2-3:30 pm

The Holy Rocka Rollaz

4-5:30 pm

Take an authentic trip back to the fantastic 50s with the Holy Rocka Rollaz as they bring back memories and nostalgia with music from the legends like Elvis Presley, Buddy Holly, Chuck Berry, and Johnny Cash.

Center Park

Family DJ Dance Party

10 am-noon



33rd Annual Golden Lake Gallop Sat, August 2

Join us for the 33rd Annual Golden Lake Gallop. The Gallop is open to runners and walkers of all ages. Those who prefer 5K and 10K races, use one or both of the Gallop races to develop different paces.

This is a fun run - no age group divisions. Recognition for top three finishers of each gender in the two, four and .5-mile runs.

Race check in at Golden Lake Park Pavilion One, 53 W. Golden Lake Rd. Circle Pines.

\$25 with T-shirt or \$15 run only. Include shirt size when registering. To guarantee a t-shirt, participant must preregister at least one (1) week before race. Limited number of extra shirts available on race day first come, first served. Registrations taken the day of the event; however, preregistration preferred.

Proceeds help support the Centennial High School Cross Country Team. #8500

8:30 am 4-mile run

Twice around the lake

9:30 am 2-mile run/walk

Once around the lake.

Ages 13+, or 12 and under accompanied by an adult

10 am 1/2-mile fun run

Ages 11 and younger.

Course runs around the Golden Lake Park



City of Circle Pines is celebrating 75 years of its cooperative community roots. For more information visit ci.circle-pines.mn.us

Centennial Community Backpack Program Drive

In 2024 we provided school supplies for over 472 students in need in the Centennial district. We anticipate the need will be even greater this year.



How can you help?



- ◆ Adopt a backpack (or several)!
- ◆ Use the QR code to get to our website, centennialbackpack.org Fill out the form to adopt backpacks. You will receive a school supply list by the end of June. Packed backpacks are due in August. This is a great project for businesses or groups (adults and youth) in addition to individuals looking to help.
- ◆ Donate money or supplies!
- ◆ Use the QR code to get to our website, centennialbackpack.org, and scroll down to "how you can help," where you will find a financial donation prompt. Donated funds are used to purchase backpacks and supplies for students at Centennial Middle School, High School, Centennial Area Learning Center (CALC), and the Pines School.
- ◆ Spread the word! Share our website and Facebook page (Centennial Community Backpack Program) with friends & neighbors... Use your social media for good!

This is a community program operated through Our Savior's Lutheran Church with generous support from other local churches, businesses, Centennial Community Education, the Centennial Area Education Foundation, Night to Unite, and individuals like you. It is made possible through a dedicated team of volunteers and many generous adopters and donors in the Centennial community. If you are able, please support this valuable program—it makes a real difference to these students and their families.

If your family is in need of support for school supplies, please contact your child's school office.

Adult Create



Fantasy Landscape Alcohol Ink Painting Starting Soon!



Limited spots available

Have you ever wanted to try your hand at abstract art that is fun and colorful? Alcohol ink is a new painting technique that just screams ABSTRACT. With so many different techniques, alcohol ink will soon become a favorite medium. To make this beautiful picture, you will put down your choice of colors to make the background. You will then use a water brush (filled with alcohol) to blend your background. Once your background is created, you will use the thin brush to create your tree and stamper for the leaves. Your instructor will guide you through each step. You will make one 4 1/2"x6" or 9"x12" painting on Nara art paper in a different color scheme. Just come to have fun and enjoy yourself. The best part of using alcohol ink is if you don't like a part of your picture, you can wipe it off with ISO alcohol.

Kay Anderson

#2383 Th Apr 17
 \$35 6-8 pm
 CHS/East: Rm 111



Alcohol Ink Painting Workshop



Experiment with alcohol inks on Yupo paper. The non-absorbent nature of Yupo means it will not buckle, no matter how much water you put on it, and it makes colors more vibrant and brilliant than on standard papers as all the color sits on the surface. Alcohol inks are pigment-intense and vibrant, free-flowing and filled with an energy all their own. You will leave the workshop with knowledge of a new technique that you can then take home and expand your artist interest.

KidzArt

#2079 M May 5 7-9 pm
 \$56 CHS/East: Rm 111



Stained Glass 101 Copper Foil Method

Explore the art of stained-glass design and building:

- ◆ Learn to make, cut and use patterns.
- ◆ Cut and grind glass
- ◆ Tape your glass with copper foil
- ◆ Solder your glass
- ◆ Add patina to color the solder
- ◆ Finish the edges with a zinc border
- ◆ Clean and polish the finished window

John will also discuss how to frame your completed window with wood. All tools and materials are provided. Please wear hard-toe shoes, and long sleeves, and bring a pair of safety glasses. No fleece or sweaters that can catch glass chips as you cut. Bring \$25 cash or check payable to instructor to first class for supply costs.

John Hanson, owner of Longfellow Soap, has been designing, making, repairing, and restoring antique stained-glass windows for 23 years.

#2333-B Tu/W May 27 & 28
 2 sessions \$160 + \$25 supply fee
 5:30-8:30 pm
 CHS/East: Rm 140



Watercolor Paint Along



Set your creativity free and explore watercolor painting. In this unique class, we will challenge ourselves to introduce fundamentals and styles through hands-on experience in watercolor painting. You will be painting on a watercolor pad 11"x15". "Everyone is an artist" so let's enroll and have some fun while we paint.

Swetha Avula, owner of Acrylic Studio Arts is an artist who was raised in India and enjoys blending experiences across multiple cultures and geographies

#2381 Tu Apr 29
 \$30 5:30-7:30 pm
 CHS/East: Rm 111



Water Lilies Acrylic Painting



Claude Monet is best known for being the founder of impressionism and a keen observer of the movement of light. In this class, we will discuss his inspiration and painting process while we create a water lily acrylic painting on a 12"x16" stretched canvas. Enjoy live demonstrations, play with different materials, and watch your skills soar as you bring your painting to life.

Aryn Lill, The Blue Fox

#2384 F May 9
 \$58 6-8:30 pm
 CHS/East: Rm 111



Barn Quilt

Grab your friends and gather to create a beautiful barn quilt pattern on a 14"x14" reclaimed wood pallet. You will be guided step-by-step through in-person and written instructions. You're welcome to choose your own colors to make it your own. The barn wood is locally sourced by craftsman and farmer, Josh Reintz of East Henderson Farm, each pallet has a unique quality. The wood is truly reclaimed, meaning each pallet will be completely individual and will have flaws, such as nail holes and small dings. The wood has been carefully selected, pre-sanded and assembled. At the start of class, you will choose your design. Some designs are better suited for beginners and some are more advanced.

Designs include:

1. Pinwheel (beginner friendly)
2. Flag (beginner friendly)
3. Faded Star (beginner friendly)
4. Friendship Star (beginner friendly)
5. Marigold (experience preferred)
6. Hidden Cross (experience preferred)
7. Blue Cross (painting experience preferred)

Aryn Lill, *The Blue Fox*

#2191 M May 12 \$68 6-8:30 pm
CHS/East: Rm 111



Easy Oil Painting Using the Bob Ross Method Eagle Ages 12+

Don't think of yourself as an artist? Our Bob Ross style trained instructor will lead you through instruction to create your own work of art. This class will demonstrate how easy and fun working with oil paints can be. Bob Ross is enjoying a pop culture revival. His big hair, cheerful, calm, and encouraging personality inspired generations of people to take up painting in the 80s and 90s. All materials are provided to create a 16"x20" canvas masterpiece ready to frame for display at home. Frames will be available for purchase from the instructor in class if you are interested.

Jay Rupp, *certified Bob Ross instructor in floral, wildlife and landscape*

#2145-C Sat May 3
\$70 10 am-2 pm
CMS: Rm E108



DIY Home Sign/Lantern

Join this class and make a custom home sign or lantern. In this class you'll use an x-tool laser and create your own project. It can be displayed inside or outside. Many designs to choose from and customize your project. Project will be completed for you to take home on the second night. Basic material cost to complete the project is included.

Pete Crawford

2 sessions \$125 1-5 pm CMS: Rm E130
#2520-A M/W June 23 & 25
#2520-B M/W July 21 & 23

Intro to Silver Soldering Stackable Rings Ages 16+

Learn the basics of silver soldering by making a stackable sterling silver ring from scratch. In this beginner class, participants will use a small hand-held butane torch along with other basic jeweler's tools to make a solid sterling silver stackable ring with a bezel set stone. Safety, work area set-up, and how to purchase supplies will also be discussed.

Erin Proctor, *earned a BFA in Metals & Jewelry, and has been a passionate metal artist jeweler and instructor for 15 years.*

#2365 Sa May 31
\$120 10 am-1 pm
CHS/East: Rm 140 (woodshop)



Acrylic Painting Serene Mountain Meadow Age 16+

Transport yourself to a peaceful mountain meadow as you create this tranquil scene on canvas. Explore the basics of acrylic painting, including layering techniques, blending colors, and adding details to depict rolling hills, vibrant wildflowers, and a glowing sky. Perfect for beginners or those looking to refine their skills, this session offers a relaxing and inspiring way to express your creativity. All materials are included. Leave with a beautiful finished piece to showcase your artistic talent.

Kidzart

#2403 Th June 5
\$42 6-8 pm CHS/East: Rm 111





Power Tools for Women 1 Age 18+

Explore the world of power tools and woodworking in this introductory, hands-on class. Learn to safely use drills, routers, and saws. Tips on staining/varnishing at home will be covered.

Week 1: Learn the proper ways to use tools and important safety considerations as you make a picture frame. Everyone will use all the tools.

Week 2: Complete a small bench.

Students will be allowed to leave projects to finish the second night of class. There is plenty of available parking. Long hair must be tied back and no loose clothing for safety. Bring safety goggles, a tape measure, and a pencil. Bring \$30 to class for supplies.

Francis Kaas, Master Carpenter who has built and remodeled homes for over 30 years. Fran's patience and expertise in woodworking have made him a popular instructor.

#2354-B Th April 24 & May 1
2 sessions \$49 + \$30 supply fee 6:30-8:30 pm Francis Kaas Shop, Ramsey

Intro to Welding Beginning to Intermediate

Classes will introduce you to welding. TIG welding uses an inert gas and bonds metal to metal without a wire feed or rods or sticks and is typically used for thinner materials such as pipe welding or where appearance is more important. Safety and introductory concepts for sculpture design will be covered. Wear a long-sleeved shirt, long legged jeans or other sturdy long legged pants, close toed leather shoes or boots. Leather work gloves, welding helmet if you have one, a lunch or snack and refillable water bottle. Instructor will provide: TIG welder and welding material, welding helmets, safety glasses, extra gloves, vise, anvil, angle grinder and bending tools. *Greg Kraft, local artist, sculptor, carver*

Create a Garden Sculpture

Create a stone and metal sculpture for your garden or patio. Bring: a stone about the size of your fist, or one will be provided.

#2839 Sa July 19 \$130 10 am-2 pm
CHS/East: Rm 140-Woodshop

Welding a Steel Rose

This class will introduce you to TIG welding and hand tool use for metal work.. You must have some hand strength to use the cutting and bending tools that shape the rose. We'll use 3 steel discs and a steel rod to create a rose that will last forever. There will be a brief discussion of rose history and art to open the class.

#2838 Sa Aug 9 \$130 10 am-2 pm
HS/East: Rm 140-Woodshop



Cooking



Macarons Age 18+

They are beautiful and so fun to make. Your instructor will show you some simple tricks to make the process easy. We will make three different kinds: Lovely blueberry, lemon, and pink, cherry or strawberry. There will also be some chocolate macarons for you to sample. You will bake and assemble one recipe from start to finish, as well as decorate and assemble the other two recipes. You will be the talk of the party when you serve these little delicacies. Bring \$13 to class payable to instructor for supplies.

Nancy Burgeson

#4073 Th May 8 \$40 6-9 pm
CHS/East: Rm 110



Air Fryer Veggies Online

Using an air fryer to cook vegetables is quick, and the healthy results are delicious. Kirsten will demonstrate a variety of recipes using in-season local and/or commonly available vegetables including lemon pepper broccoli, miso sesame kale chips, and roasted sweet potatoes. You will receive an extensive handout along with the link to join prior to class. There will be ample time for questions during the session, and participants will receive a link to the recording afterwards so they can follow later at their own pace.

Kirsten Madaus

#4028 Tu Apr 22 \$24 6:30-8 pm



Adult Dance, Music & Theater



Private Guitar/Ukulele & Vocal Lessons

All ages & abilities welcome

Whether you're a beginner just getting started or a player looking to take your skills to the next level, work one-on-one with instructor and musician Brady Perl, in half-hour private lessons. Brady is a full-time musician with over 15 years of professional experience teaching lessons and performing live gigs. Lessons will be tailored to each participant's needs and interests, and will cover skills like guitar/ukulele chords, rhythm, singing, songwriting, songs, harmonica, performance, and music theory.

Brady Perl, performs his own original music and has gained statewide notoriety, making several appearances on television and radio, and performing in a number of venues.

Identify if your lesson is a vocal or what instrument when registering. Students need to bring their own instrument.

**4 sessions \$107 Mon
11:30 am-2:30 pm; 3-6 pm
CHS/East: Rm 119**

Select your half-hour private lesson during the time frame listed.

#5202-A June 9-30
#5202-B July 7-28
#5202-C Aug 4-25
(Aug 18 & 25 at RL/ECC: Rm 101)

Adult Improv

Improvisation is likely to be known as a performance form that allows for audience participation, is based in comedy, and is only for the very quick-witted. Improvisation, however, is a truly adaptable art-form that is proven to be an effective tool onstage and off for many different age groups and levels of experience. In other words, while it can be highly entertaining, improvisation is much more than "being funny".

The tenets of improvisation - namely saying yes to accepting ideas without judgment, creating a safe atmosphere and listening - have made this form important to actors and non-actors alike.

For actors, improvisation is an effective tool for creating a workplace that is focused on creative ideas, free communication and teamwork. Improv is adaptable to all ages and performance backgrounds from the very young to those who have never been onstage.

The rules of engagement crucial to a successful improvisation scene are crucial to connecting with other people or getting them to hear your ideas. The exercises are adaptable to all levels because they are very simple, clear in focus, and able to be performed by participants of all physical abilities.

Participating in an improv class can be enriching, effective and above all, fun!

Eric Webster, actor, writer and producer with 30 years of experience, 20+ years of instruction with Centennial School District

#2378 Tu June 3-July 22;
10 sessions Tu-Th, Aug 12-14
\$200 5-6 pm PAC
No class July 1

Friends and Family Show

Thursday, August 14

Actor call time 5 pm; Show 6-7:30 pm

Centennial Alumni Summer Shakespeare Theater (C.A.S.T.)

All ages and experience levels are welcome from middle school to adult. This summer we will be performing "A Winter's Tale" and "The Comedy of Errors".

Don't be nervous or intimidated about doing Shakespeare as we accommodate and teach all levels of experience, and each play will have non-speaking and speaking roles.

Directed by Shanan Custer and Eric Webster

#2265 M-F July 14-25
10 am-1 pm \$150 CHS: PAC

Performance Day: July 25

10 am-8 pm (approx) with lunch and dinner breaks (meals not provided). Dress Rehearsal (dress tech invite) at 2 pm; **Performance at 6 pm.** Friends and family are invited to attend either or both performance day events.

Wedding Dance Workshop

Do you want to feel more comfortable on the dance floor at weddings and other social events? Then this is the class for you. Experience wedding dance favorites: Swing & Slow Dance. Wedding couples, family and friends, and everyone is welcome. By the end of class, you'll be looking forward to the opportunity to show off your moves. Don't miss the fun this class offers. If possible, please wear close-toed shoes without rubber soles.

Carol-Brecht-Wiles

#5312 F May 2 7-9 pm
\$18 individual/\$25 couple
RL: Gym A/Cafeteria

Adult Education, Finance & Technology

For Online classes, please provide email information upon registration so a Zoom link and handouts can be emailed prior to class date.

Veterans on Medicare How VA or TRICARE for Life & Medicare A & B Work Together

Thank you for your service. We so appreciate the service and sacrifice that our veterans and military retirees have provided to our country. When it comes to your health, we want to be sure you are not missing any benefits available to you. Come discuss how MN veterans can access additional benefits to complement the coverage you may already have through the VA, or TRICARE For Life along with your Medicare A & B. If you are a veteran, or know a veteran of the Armed Forces, this class is designed to assist our veterans in getting all the health care benefits each is entitled to receive.

Juli Bakken, Medicare Agent

#3082 Tu Apr 29 10-11:30 am
\$16 individual or couple
RL/ECC: Rm 101

Questions & Answers with a MN Will and Trust Planning Attorney

This is a relaxed and friendly open-forum seminar for participants with a seasoned Will & Trust attorney. You may have questions like: Should I avoid probate? Is a Will good enough? Do I need a Trust? How does my plan deal with a nursing home? How do we gift the assets of husband and wife? What about separate assets not of the marriage? If I am alone, what tools protect me best? How do I decide who should serve in my estate plan? What is the death tax? How do I avoid leaving a mess for my children? Which Trust is best for my needs? Can I use a Transfer-On-Death Deed? How do my retirement assets operate in my Will or Trust? All questions will be answered.

Steve Ledin, Attorney

#3079 M Apr 21 6:30-8 pm
\$16 individual or couple
RL/ECC: Rm 101



Beginner's Guide to Starting a FREE Blog Online

Online blogging is a great way to get the word out about you, your service, your product, or information you want to share. You will learn step-by-step how to:

1. Start a FREE blog with WordPress
2. Choose a blog template
3. Emphasize your blog content with a creative name
4. Use your unique voice to share your expertise
5. Connect your domain/website

You will also learn how to earn an income with your blog, including links to other websites and advertising on your blog, as well as increase your Internet ranking. Informative handouts for future use are included in the class fee. A link for the class will be sent to the email identified when registering.

LeeAnne Krusemark, is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions.

#3031 Th May 8
\$30 6-8 pm

How to Pay for the Nursing Home Online An Attorney's Perspective

The biggest fear for most baby boomers is how to pay for the nursing home and still leave the next generation something. With ever changing estate planning laws and great increases in nursing home costs, the fear is real. In today's world you need to understand what your options are. Is long term care insurance for you? What about home care? Should you gift your money away? Will you qualify for Medicaid? What about a current Trust, does it avoid the nursing home? What is the 60-month claw back? What if your spouse goes into the nursing home and exhausts your combined money? Walk through these questions and many more, including how to plan and place your assets to meet your nursing home goals.

Steve Ledin, Attorney

#3060 Th May 1 6:30-8 pm
\$16 individual or couple

How Wills and Trusts Can & Cannot Help You

What is estate planning and why is it crucial? This class explores the purposes for estate planning; basic plans for married couples and single individuals; and reviews wills and trusts in detail. Also reviewed are powers of attorney, guardianships, health care directives and the probate process. A well-planned estate will allow the maker to stay in control even in the event of disability, and will avoid probate and unnecessary fees and delays upon death.

Michelle Kelly, private practice attorney focusing on estate planning, probate and trust administration, and elder law.

#3046 Th May 15
\$26 6:30-8 pm
RL/ECC: Rm 101



Medicare 101

Planning for Medicare is intimidating. If you or a family member is nearing the age of 65 you should plan on attending this course to learn the basics of what Medicare is, how it works, how to avoid penalties, and what you need to know to prepare yourself for this process.

Charles Taylor, is the owner of Four Points Advisory LLC. Investment and Advisory services offered through World Equity Group Inc., member firm of FINRA/SIPC

#3061 Tu June 10 6:30-8 pm
\$16 individual or couple
RL/ECC: Rm 101

Social Security Claiming Facts & Filing Strategies

How do I maximize my Social Security benefits? Explore claiming rules and strategies for couples, divorcees, and widowed surviving spouses to show you how to get the most out of your Social Security benefit. Discuss the important role Social Security plays in our overall retirement planning, ways to maximize your benefits and how to avoid becoming a victim of the "Widow Trap". You should attend if you're within 10 years of retirement.

Charles Taylor, is the owner of Four Points Advisory LLC. Investment and Advisory services offered through World Equity Group Inc., member firm of FINRA/SIPC

#3012 Tu July 22 6:30-8 pm
\$16 individual or couple
RL/ECC: Rm 101

Why Your Parent's Estate Plan is Important to You 10 Really Important Reasons

In this class, we will take an in-depth review of many issues (and problems) that may be faced from our parent's estate plan (or lack thereof) such as: Creating a difficult Probate, loss of assets to the Nursing Home, fighting amongst the children, senior care issues, guardianship, privacy, the continued life of the surviving parent, estate tax protection, fairness and equality, legacy assets and the flow of critical information between the generations. We will discuss actual Minnesota examples of all of the above challenges and how they can be avoided in advance with some simple planning and exchange of information. All questions will be answered in an open and friendly forum.

Steve Ledin, Attorney

#3083 W June 18 6:30-8 pm
\$16 individual or couple
RL/ECC: Rm 101

Four Successful Strategies Online

Protect the House, Farm, Cabin Before & After Your Death

The Concern: Our family has a cabin, homestead, hunting land, farm or second home. How do we protect this family legacy and move its use and enjoyment in the future?

The Problem: Various sources and forces threaten its very existence: The nursing home and Medicaid (MA), estate taxes, family divorces, creditor and bankruptcy issues, taxes and operating expenses, unequal resources of owners, the in-laws, and use and enjoyment equality.

The Answer: We will provide real-life solutions and explore four paths to resolution that will solve our problems without driving the family apart or sacrificing the family's legacy asset. Provide email during registration.

Steve Ledin, Attorney

#3077 W July 9 6:30-8 pm
\$16 individual or couple

How to Retire An Attorney's Perspective

You work your whole career with the goal of someday retiring. This seminar covers the crucial years leading up to your retirement date, the active years of your retirement, and the winding down of your retirement years.

Subjects will include:

1. Estate planning while working, during retirement and at the end of life
2. When to take your Social Security
3. Key financial products and service available in the market (Medicaid compliant annuities, Long Term Care Insurance, Life Insurance Long Term Care Riders)
4. What to look for in a professional (Financial Advisor, CFP, RIA, Fiduciary)
5. The final plans before the end, what can be too little too late.

Please bring your questions, this class is an interactive forum.

Steve Ledin, Attorney

#3019 M Aug 18 6:30-8 pm
\$16 individual or couple
RL/ECC: Rm 101



Adult Health, Fitness & Sports



Boot Camp/Core Fitness

Morning classes - open to all fitness levels
Classes will train both cardio and strength using timed, high-intensity intervals. There will also be a focus on building core muscle groups while improving posture through a variety of exercises that strengthen the abdomen and back muscles and increase flexibility. Modifications will be offered to assure success for all participants.

Barb Iacarella-Fudali, Personal Trainer, Pilates Reformer Specialist and Instructor

Mon/Wed/Fri	5:30-6:15 am	CHS/West: Rm 607
#6932-A	May 2-30 12 sessions No class May 26	\$66
#6932-B	June 2-30 13 sessions	\$72
#6932-C	July 2-30 12 sessions No class July 4	\$66
#6932-D	August 1-29 13 sessions	\$72

Pound® Rockout Workout Ages 16+

Designed for all fitness levels and is easy to modify. Pound® Rockout Workout is a cardio jam session inspired by infectious, energizing and sweat-dripping fun play of the drums. Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning and strength training with yoga and Pilates-inspired movements. Using Riptix® lightly weighted drumsticks engineered specifically for exercise, this workout transforms drumming into an incredibly effective way of working out. The workout sessions use each song to achieve interval peaks and fat burning sequences. The drumming helps with timing, coordination, speed, agility, endurance and musicality. This workout provides the perfect atmosphere for letting loose, getting energized, improving your health and rocking out. Bring a water bottle and yoga mat.

Missy Vanghen, Certified POUND® Instructor

#6064-A	Tu	May 6-27	4 sessions	\$27	6:30-7:30 pm	CMS: Gym 5
#6064-B	Tu	June 10-July 15	6 sessions	\$40	6:30-7:30 pm	Golden Lake Park
#6064-C	Tu	July 22-Aug 12	4 sessions	\$27	6:30-7:30 pm	Golden Lake Park



Foot Care Clinic

We are hosting Jessica Lyall, a mobile nurse specializing in foot care, to provide private, individual, 45-minute foot care sessions. Some of the services Jessica can provide include toenail trimming, filing down thick nails, removing corns, filing calluses, diabetic foot assessment, circulation assessment, fungal nails, non-infected ingrown nails, performing a shoe assessment if needed, and making any recommendations for certain skin conditions or foot ailments. Jessica does not sell any products but can make recommendations for various products if needed. The room we are utilizing will be designed to provide privacy. If you have any questions in advance of registering for a session, please contact Community Education and we can also pass along any specific inquiries to Jessica if needed.

Jessica Lyall, BSN, RN, PHN, CFCN, has obtained additional training in foot and nail care for healthcare providers, Certified Foot Care Nurse, MN Public Health Nurse

Select your 45-minute private session during the time frame listed. (See times available at isd12.ce.eleyo.com)

Sat	\$66	CHS/West: Rm 70
#6098-W25C	May 17	11:15 am-3 pm
#6098	Aug 2	9 am-2:15 pm



Forest Bathing

This Japanese art form and reflective practice, shinrin-yoku, loosely translates to "taking in the forest through our sense." Are you feeling stressed or overwhelmed? Forest Therapy is a practice of spending time in forested areas for the purpose of enhancing health, wellness, and happiness. Come slow down, de-stress from your daily routine, and deepen your connection to nature. It is different than other nature experiences. In forest bathing, we will be slowing down with intentionality and engaging all our senses through some activities. Give your mind and body some time to rest, wander and wonder in nature. You will need a valid state park vehicle permit (\$7/day or \$35/year).

Kristen Mastel, Certified Forest Therapy Guide

#6063	Sa	May 31	\$40	9-11 am	William O'Brien State Park
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Online classes with Janice Novak



Janice Novak, has a master's degree in health & physical education.

Please provide email information upon registration so a Zoom link and handout can be emailed prior to class date.

Posture and Osteoporosis Workshop Building Better Bones

Ever caught your own reflection to see that your head leads the way, or your shoulders and upper back are too rounded forward? Learn simple techniques to improve posture and stand straighter. We'll do exercises to help flatten the upper back, un-round shoulders and flatten your midsection. Discuss how to reduce your risk of osteoporosis and related injuries and how to re-gain bone mass. Explore the latest research findings in nutrition and talk about the importance of minerals and trace minerals for bone health; foods that help and/or harm your bones and more. Wear loose, comfortable clothing. You will need a resistance band or tube for some exercises.

#6317 M May 19 \$26 6-7:30 pm

Is Your Waistband Too Tight Today? Strategies for Beating Belly Bloat

Have you ever found that in the morning your pants fit fine but by mid-afternoon, the waistband squeezes you like a tourniquet? Or that no matter how many crunches you do, your stomach still hangs out? Getting rid of a potbelly is much more than just doing abdominal exercises. In this workshop, you'll learn the main causes and six strategies for getting rid of belly bloat. We'll do a few exercises designed to strengthen the deepest layer of abdominal muscle, the layer that is responsible for flattening your stomach, shaping your waistline, and supporting your lower back. And, we will do this without getting on the floor.

#6384 W May 21 \$26 6-7:30 pm

Women, Weight & Hormones

Are you finding no matter how well you watch what you eat or how much you exercise that weight is not budging? Your inability to lose weight may have more to do with hormone levels than anything else. Until you discover and correct any imbalances, trying to lose weight will be like shoveling sand against the tide. Discuss concrete solutions (not tricks, not using your will power) for controlling appetite and cravings; simple things you can do every day to boost your metabolism; major sources of hormone mimicking chemicals and how to get rid of them; what HRT or birth control pills have to do with weight gain; how to get your hormone levels checked reliably; steps needed to safely break the vicious cycle of hormone-related weight gain to help your body begin to lose weight again.

#6314 Tu June 3 \$26 6-7:30 pm



Intro to Pickleball Clinic

Join in the fun! Come learn what this sport is all about. During the clinic you'll learn how to effectively hit the ball, maintain a rally, keep score, the rules and basic game play. At the end of this clinic players will have the foundational knowledge and skills to start playing pickleball. Bring equipment if you have it; otherwise, we'll have a few paddles available for use. *Dean Kramar*

\$16 6-7:30 pm CMS: Tennis Courts

#6028-A	W	Apr 30
#6028-B	W	May 7
#6028-C	Tu	May 13
#6028-D	F	May 16
#6028-E	Su	May 18

Pickleball Intro Plus Clinic Age 18+

This clinic is for players that already know the game of pickleball. Learn how to be a more strategic player. You'll gain a greater ability to force your opponents to make a mistake by learning how to hit un-attackable shots and by developing a third shot drop. You'll also improve your soft game at the "winner's line" and learn how to effectively use the block volley. Plus, we will teach you advanced doubles play strategies while giving you constructive in-game coaching advice. Players will need to have their own equipment. *Dean Kramar*

\$25 6-8 pm CMS: Tennis Courts

#6070-A	Tu	June 3
#6070-B	Tu	June 17
#6070-C	W	June 18
#6070-D	Su	June 22



33rd Annual Golden Lake Gallop Sat, August 2

The Gallop is open to runners and walkers of all ages. Race check in at Golden Lake Park Pavilion
[Details on page 7](#)

Trips & Outings

Trips depart from The Rookery Activity Center in Lino Lakes

Unless otherwise listed. All return times are approximate. No refunds after registration deadline.



Spring Winery Tour Age 21+ Thursday, May 22



Enter the Chateau Winery in St. Croix Falls, WI with us. We will first stop at the Lowell Inn, which was created by Elmer Lowell. Lunch in the Garden Room will be Chicken a la King - tender pieces of chicken, mushrooms, red and green peppers in a sherry cream sauce served over a puff pastry shell, mashed potatoes, vegetable of the day, beverage and a small dessert. After lunch we drive to the Chateau Winery nestled in the rolling hills of St. Croix River Valley. We will divide into two groups for wine tasting and a tour of the production area and barrel room. Explore the estate with a carriage house, stables and floral gardens. Visit the gift shop and make purchases on your own. Registration includes transportation in a motor coach, guided tour and lunch. Registration deadline April 20.

#8704 \$99 9:45 am-4:30 pm

MN Landscape Arboretum & Lunch Wednesday, May 28



We will visit when the gardens are in full bloom with amazing flower displays for spring. Lunch and a leisurely one-hour tram tour is included. On the tram, we'll travel on Three-Mile Drive highlighting varied collections, the display gardens and the Farm at the Arb! The tram does stop for viewing and pictures.

Lunch includes a choice of sandwich (turkey, ham, roast beef or veggie - option for gluten free) as well as chips, an apple, cookie and bottled water. Indicate lunch choice when registering. Registration deadline May 13.

#8701 \$84 8 am-2:30 pm

MN Twins Baseball Game Thursday, June 12



Come out and cheer on our boys of summer as the MN Twins take on the Texas Rangers. Our seats are in section 204 & 205, along the first base line. We do have some wheelchair accessible seats available, please let us know if you need to reserve an accessible seat. We plan to arrive around 11:15 am for the noon game, so you'll have some time to explore before the game begins. We will depart after 10 innings if the game runs long. Youth with an adult are welcome to attend. Fee includes transportation and game-day ticket. Please register by May 12

#8702 \$68 10:30 am pick up time

Minneapolis Farmer's Market & Mississippi River Lunch & Cruise Thursday, July 24



Don't miss this fun day in Minneapolis. First, we'll start with time at the Farmer's Market. Browse and buy at your leisure. After about an hour, we'll head for our Mississippi River cruise and lunch. Our narrated cruise will take you along the southern route of the Grand Rounds Scenic Byway and Heritage Trail system, along the University of Minnesota campus riverfront, under the stunning 35W bridge, through the lower St. Anthony Falls lock system showcasing views of the St. Anthony Falls, the historic Stone Arch Bridge, amazing river bluffs with views of the amazing downtown Minneapolis skyline as we show you the best the Mississippi River has to offer!

Assortment of almond chicken salad, turkey breast, and baked ham sandwiches with condiments. Served with a garden salad with ranch dressing, fresh seasonal fruit, potato chips, and our Paradise cookie tray. Full bar service available (cash or credit). Registration deadline June 2.

#8703 \$92 9 am-2:45 pm



Explore Hastings Wednesday, Aug 13



Explore the hustle and bustle of Hastings, Minnesota! First, discover the hidden gem that is the LeDuc Historical Estate and marvel at the design work of Andrew Jackson Downing and this Civil War-era Gothic Revival home. Then enjoy a lunch at the Confluence Hotel with your fellow travelers. Meal choices are walleye sandwich, chicken pot pie, French dip or chicken Caesar salad. Indicate meal choice when registering. Next, we'll drive to city hall for a guided historic tour of the old Dakota County Courthouse, and finally end our day along the riverwalk where you will awe at the mighty Mississippi and have some time to shop the cute boutiques. Registration deadline is July 11.

#8708 \$89 7:50 am-4:15 pm





We're headed back to Nashville September 20-27, 2025!

Grab your friends and your cowboy boots. Community Education is heading to Nashville

We'll travel by coach bus on our trip. Our first night will be spent in St. Louis, we'll then head to the famous Gateway Arch on Sunday morning. We'll be in Nashville for dinner on Sunday. Accommodations will be at the Drury Inn right off Broadway, in the heart of Nashville. The Drury Inn features a daily complimentary breakfast and light dinner with hot food and cold drinks.

Monday through Wednesday we'll explore the Ryman Auditorium, the Country Music Hall of Fame, the Belle Meade Historic Site & Mansion, Andrew Jackson's Hermitage, a hop-on, hop-off trolley tour, an evening at the Grand Ole Opry and a showboat dinner and show on the river. There will also be time on your own to explore. Friday we will start back home, with an overnight in Hannibal Missouri. **Space is limited.** For a detailed itinerary with more complete daily information, visit isd12.ce.eleyo.com.



Save the Date!

Mackinac Island May 18-22, 2026

Join us to experience the timeless charm, historic architecture and horse-drawn carriages, all on one island nestled in Lake Huron. We'll arrange all the details and transportation to make sure you have the most relaxation and fun!

Watch for full description and registration information in the Fall 2025 Activity Guide.



Texas Road Trip 2026 April 10-20, 2026!

Embark on an unforgettable 11-day luxury coach tour exploring the heart of Texas and beyond! This incredible journey begins with a visit to Pioneer Woman in Pawhuska, OK, where you'll indulge in a multi-course brunch at the famous Pioneer Woman Event Center and experience the charm of Ree Drummond's hometown. Next, settle into the historic Fort Worth Stockyards, staying at the iconic Stockyard Exchange, where the spirit of the Old West comes to life.

In San Antonio, stroll along the picturesque Riverwalk, enjoy a hop-on, hop-off trolley tour, cruise along the river, and visit the legendary Alamo. Then, soak up the coastal beauty of South Padre Island, staying right on the beach while exploring the island's wildlife with a Sea Turtle, Inc. tour and a guided nature walk.

Continue to Waco, where you'll stay in the heart of the Magnolia Silos district, take a deluxe guided city tour, and enjoy a special group dinner. The adventure concludes in Dallas, featuring a guided tour of the breathtaking Dallas Botanical Garden and a visit to the famous Southfork Ranch, home of the legendary TV series Dallas.

This all-inclusive experience covers all breakfasts, along with three lunches, two dinners, and two Kickback Happy Hours. From charming small towns to bustling city sights and serene coastal landscapes, this tour offers a perfect blend of history, culture, and relaxation. To register call 507-460-1706 or email julie.kerling@austin.k12.mn.us



Age 55+ Driver Discount Program

Complete this course to get a 10% discount on your auto insurance premiums.

Taught as a presentation from a certified instructor, we'll discuss challenges we face as drivers, new road designs, vehicle technology, and updates on current laws.

Best of all, there are no written or behind-the-wheel tests. A certificate will be provided at the end of class.

The initial 8-hour class requirement has been removed. Participants must repeat the 4-hour class every three years to maintain the discount. **\$24**

Keith Terns, Precision Driving Center of MN

#8101-W25D Tu Apr 15 5:30-9:30 pm
RL/ECC: Rm 101

#8101-A W May 21 1-5 pm
Comm Ed: Rm 707

#8101-B Tu July 15 5:30-9:30 pm
RL/ECC: Rm 101



English as a Second Language

Learn English with our help!

English language classes are offered for free right here at Centennial to support adults who may be immigrants or refugees. The curriculum is designed to fulfill learner's practical needs by teaching everyday language focuses on survival skills and everyday living. Students are welcome to join anytime throughout the year. Contact Centennial Community Education's Adult Basic Education line at 763-792-5054 for class information.

Adult Basic Education

Centennial Adult Continuing Education has combined with Metro North ABE to provide free classes for adults

- ◆ Earn a high school diploma
- ◆ Prepare for the GED test
- ◆ Study for United States citizenship
- ◆ Build basic skills in math, reading and writing
- ◆ Gain basic computer skills
- ◆ Prepare for college
- ◆ Develop workplace skills

For more information and class locations in the north metro area, call Metro North Adult Basic Education at 763-433-4200 or visit www.metronorthabe.org

SENIOR EXPO

and wellness fair

MAY 15, 2025

9 AM - NOON
ST. GENEVIEVE PARISH CENTER
6995 CENTERVILLE RD
CENTERVILLE

Resources for a vibrant life!

Vendor Booths, Health-Screenings,
Prescription & Sharps Collection,
Prizes, Fun and More!

PROUDLY HOSTED BY THE:



CentennialAreaChamber.com



No Cost
for
Attendees!



Driver Education

Learn to drive safely and with confidence in preparation for your Minnesota provisional driver's license

Participants begin with 30 hours of in-class instruction to prepare for the knowledge (permit) test. Next step is to enroll in a behind-the-wheel program. Participants will then receive a certificate of enrollment and classroom completion card (blue card) allowing them to take their knowledge test. Pass the test and finish the process by completing 6 hours of behind-the-wheel instruction. All instructors are licensed teachers and licensed driver education teachers.

Due to high demand and the need for advanced registrations, any changes or cancellations once registered will incur a \$20 charge per occurrence. Missed driving sessions will be charged \$93 per occurrence.



Driver Education Classroom Ages 14 ½+

The first phase of driver education, 30 hours of in-class instruction prepares students for the knowledge (permit) test. Students will increase their understanding of basic skills, principles, and processes of responsible driving.

Areas of concentration include driver's rights and responsibilities, alcohol and other drugs, signs-signals-road markings, rules of the road, safe driving tips, Minnesota traffic laws, and limitations for teen drivers.

AAA Driver Training Program curriculum emphasizes the latest concepts in driver safety. Participants missing class must wait for the next session to make up missed time.

10 sessions \$175 M-F July 28-Aug 8
CHS/West: Rm 409

#8550-A 8-11 am

#8550-B 11:20 am-2:20 pm

Cost includes MN Driver's Manual.



Driver Education Behind-the-Wheel BTW

Minors must be enrolled in a behind-the-wheel program before they can take the knowledge test to obtain their instructional permit. Being on a waitlist does not qualify you to receive a blue card. Prerequisite: Students who are at least 15 years of age and have completed Driver Education Classroom. It is not recommended that students who are registering for the summer classroom series also register for summer BTW due to the time needed to obtain a permit and get in the recommended practice driving prior to lessons. If possible, please wait for fall BTW lessons, which will open for enrollment before summer classroom completes. Students who are registered for BTW through Centennial before classroom ends, and are at least 15-years old, will receive their blue card on the last day of classroom. Students must have passed their knowledge test and be in possession of their learner's permit prior to their first scheduled driving lesson. Some practice driving prior to your first lesson is recommended.

Behind-the-wheel consists of 6 hours of hands-on, behind-the-wheel instruction. Licensed staff will guide students through proper driving techniques and skills including right and left turns, 90-degree backing, parallel parking, traffic lights and stop signs, lane changes, one-way, right of way, emergency stop, and much more.

Lesson Information: All lessons start and end at the front of the CHS/West Building. Meet your instructor on the sidewalk just to the right of the main entrance by the visitor parking spaces.

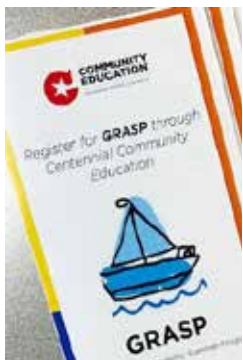
Lessons with Mickey Bluedorn are two-on-one for six, 2-hour lessons with one hour driving and one hour observing. Lessons with Craig Sturlaugson and Matt Fenno are one-on-one for three, 2-hour lessons. You MUST be available for all dates in the session selected. Some lessons are date specific; some are a range. When a range of more than three days is noted for sessions being taught by Craig Sturlaugson or Matt Fenno, the instructor will contact you to coordinate specific dates for lessons.

Space is very limited. If you are unable to secure a behind-the-wheel enrollment through Centennial, please look for a full listing of public and private school program locations, as well as licensed driver training school locations in the state of Minnesota, for both phases of the driver education instruction process. Please visit Driver and Vehicle Services, a division of the Minnesota Department of Public Safety.

Once registered for BTW and in possession of your blue card, you must remain enrolled for BTW or risk having your permit revoked. For this reason, there are no refunds or cancellations allowed once a blue card has been issued. Changes to enrollment are very difficult as this program fills quickly leaving little to no room for rescheduling. If we are able to make a change, there is a \$20 fee. If you have been unable to pass the knowledge test, please notify Community Education immediately. Student must have their permit with them for each driving session. If you forget your permit you cannot drive, that counts as a no show resulting in a \$93 fee.

#8551 \$300 Space is limited. Visit isd12.ce.eleyo.com for lesson availability.

Youth Academics



GRASP Summer Academic Program

New this year is an option to skip the mailing process with access to the GRASP scoring app for parents to get instant results for each unit.

GRASP is a 9-week correspondence program designed to help students just finishing grades K to 8 to help review and maintain reading and math skills learned during the school year while they are on summer break.

It should take your child approximately one hour per week to complete each weekly lesson. We suggest parents order the grade level your child is currently attending (not a grade level ahead). If there are extenuating circumstances, order the grade level that is appropriate for your child. Get more info and view sample pages at grps.org/departments/academics/grasp/

Lessons are completed and either scored by parents using the scoring app or they can be mailed or dropped off at Centennial Community Education where they are scored and then returned. Instruction sheets found in each packet provide all the necessary information.

All lessons must be submitted or postmarked no later than Friday, August 8. Students who have successfully completed at least 7 lessons with 70% or higher accuracy are awarded a certificate.

Those that successfully complete all lessons with 70% accuracy or higher will receive a medal. Medals will go home with Centennial students through school upon return in the fall. Medals and certificates for non-Centennial students will be mailed.

GRASP materials will be sent home with Centennial students the last week of school. For elementary students, please include your child's current teacher's name when registering.

Grades 6-8: Will complete GRASP lessons online - no books or scoring sheets. All information will be communicated via email from GRASP directly with log in information.

#7600 Registration deadline is Friday, April 25
\$26 for one subject; \$48 for both math and reading (bundle must be for the same child).

Missed the deadline, but still want to participate?

You can order packets directly from GRPS grasp.grps.org at the individual price of \$38 for one subject or \$68 for two and they will mail directly to you.

It's a Robot Party

Entering Grades 2-6

Join Centennial High School's Robotics Team, the Centurions, for a fun-filled morning of robot-themed activities. Students will have various hands-on experiences with all aspects of building a robot - including programming, driving, design, build, and media - all while being mentored by the diverse young people of FRC Team 2472. Of course, no robotics meeting would be complete without a snack! Proceeds help support the Centurions Robotics Team.

CHS Robotics Team

#7506	M	June 9	
	\$38	9 am-noon	CHS/West: Rm 401

Centennial Centurion Lego Robotics

Entering Grades 3-8

Centurions will teach students STEM skills through building and programming robots. Leaders from the Centennial Robotics high school team, the Centurions, will be sharing their expertise. They will work with small groups of 2-3 students that will each have their own LEGO SPIKE prime kit. They will develop mechanical, electrical, and programming skills. These skills will be put to the test in fun and competitive robot battles. Please bring a nut-free snack and water. Parents are welcome to join at 11:30 on the second day for a demonstration. Similar skills will be covered in each class, but you can register for multiple classes if you would like. Beginners and all levels welcome, previous experience not required.

CHS Robotics Team

2 sessions	\$69	8:30 am-noon	CHS/West: Rm 408 & 410
#7502-A	Tu/W	June 10-11	
#7502-B	W/Th	July 9-10	
#7502-C	W/Th	Aug 6-7	





Solar Cars, Robots & Machines

Entering Grades K-6

Simulate your creativity by designing and building epic, solar-powered cars, robots, and machines from easy-to-assemble parts. In addition, build solar-powered cranes, lift bridges, and many other designs. Let your inner engineer explore the world of solar energy while learning how to solve problems and stretch the imagination. Price includes a mini solar project.

Go Solar! Kidz!

#7724 M-Th June 30-July 3
4 sessions \$175 9 am-noon
CHS/East: Rm 125

Growing & Cooking with the Sun

Entering Grades K-6

The sun is your best friend if you know how to use it. This class teaches how to cook with just the sun. Solar cooking bypasses traditional cooking means. No electricity, gas, charcoal, or wood needed for solar cooking. Participants will learn how to cook meals, dry food for preservation, and purify water all with the sun. Participants will build their own mini-sun oven and take home an edible micro-green plant.

Go Solar! Kidz!

#7619 M-Th June 30-July 3
4 sessions \$175 1-4 pm
CHS/East: Rm 125

Solar Power Your Drone

Entering Grades K-6

Up, up and away! Enjoy fun remote-control drones charged from solar power. Participants will build a solar-powered charging station for their drone. When their drone runs out of juice, they can simply charge it anywhere outdoors with their solar charging station. When participants are done building, they will challenge others with their drone. Take home a mini drone and charging station.

Go Solar! Kidz!

#7620 M-Th July 21-24
4 sessions \$175 9 am-noon
CHS/East: Rm 125



Solar Go Karts Race

Entering Grades K-6

Join us for this fun interactive solar learning experience. Participants will learn exactly how solar electric is used for today in modern electric vehicles. Participants will build and take home a mini-solar race car that they will use to challenge each other in a race. As the main event, participants will work in teams to build a solar go kart to later race each other. You're sure to have a blast.

Go Solar! Kidz!

#7818 M-Th July 21-24
4 sessions \$175 1-4 pm
CHS/East: Rm 125

Jr. Camp Fancy

Ages 5-10

Who doesn't love a little extra sparkle? Fancy is for everyone. In this camp, we'll transform the ordinary into extraordinary, turning everyday items into something truly fabulous. With a sprinkle of creativity and a dash of STEM, life becomes fantastique. Experience indoor glamping as you build cozy forts, craft glowing wands, create your own lip gloss, and mix up some fancy slime. The week wraps up with a special pajama party featuring deliciously fancy s'mores. Join us for a week of fun, friendship, and fabulous creations.

Engineering for Kids

#7813 M-Th July 28-31
4 sessions \$178 9 am-noon
CHS/East: Rm 116



3D Printing

Build Your Own Robot

Entering Grades 4-8

Step into the world of 3D printing and bring your ideas to life. This camp is perfect for beginners who love to draw, design, and see their creations take shape. Participants will learn the basics of 3D modeling and printing using Tinkercad, designing custom parts for their very own robots. By the end of the week, they'll have built two exciting DC-powered robots, a sketchbot and a drivebot. This hands-on course encourages creativity and problem-solving, and participants will need to be comfortable using a laptop and mouse to design their robots.

Engineering for Kids

#7617 M-Th July 28-31
4 sessions \$178 1-4 pm
CHS/East: Rm 116

Jr. Enchanted Engineering Camp

Ages 5-10

Step into a world of fantasy and invention at Jr. Enchanted Engineering Camp. Young engineers will bring fairy tales to life as they solve hands-on engineering challenges inspired by beloved stories. Each day, campers will tackle a new project to help their favorite characters, from designing the perfect chair for Goldilocks to building a speedier carriage for Cinderella. They'll invent clever ways for Rapunzel to escape her tower, create sturdy homes for the Three Little Pigs, and more. Through teamwork, imagination, and exploration, campers will gain confidence in problem solving and creativity, making each day a unique adventure in engineering and storybook magic.

Engineering for Kids

#7618 M-Th June 30-July 3
4 sessions \$178 9 am-noon
CHS/East: Rm 116

Wizard's Escape Room

Entering Grades 3-7

Get ready for an exciting adventure in the Wizard's Escape Room Challenge. This camp combines problem-solving, creativity, and teamwork as campers dive into thrilling escape room scenarios set in a magical realm. Each day begins with a new escape room experience that is physical or hands-on, where teams must tackle engineering challenges and puzzles, such as designing enchanted locks, deciphering magical codes, or building contraptions to break free. The room itself will not have the typical escape room physical design but a theme for the day will be set up. In the second half of the day, campers will shift gears and explore the art of escape room design. Working in teams, they'll design their own escape rooms, creating puzzles and challenges for others to solve. On the final day, teams will present their rooms and try to outsmart each other in this ultimate test of creativity and collaboration.

Engineering For Kids

#7719 M-Th June 30-July 3
4 sessions \$178 1-4 pm
CHS/East: Rm 116

Jr. Engineering

Entering Grades K-3

If learners like building and figuring out how things work, they will love this class. Explore, investigate, and solve problems while learning about simple machines' engineering building blocks. Participants working in pairs will enjoy hands-on activities using LEGO® Gears and unique LEGO® Technic® engineering components that incorporate math, science, and creativity. Use what you learned to solve challenges. Learning projects may include mini mechanical concept models, a moving dragon, scale, clown, crane, car, fan, merry-go-round, and more. Participants will be working in pairs.

Tech Academy

#7622 M-Th July 14-17
4 sessions \$135 9 am-noon
CHS/East: Rm 117



Magical Wizards Minecraft Adventures

Entering Grades 1-5

Immerse yourself in the wizarding world of Harry Potter by crafting and building iconic locations like Hogwarts Castle of Diagon Alley within Minecraft. Harness the power of Redstone to create magical effects, from floating candles to moving staircases. And with a custom magic plugin, design and play thrilling Harry Potter-themed mini-games. We will be using the PC/Java edition of Minecraft. Participants should have basic reading skills and be comfortable using a computer. Bring a USB drive to save your games on the last day.

Tech Academy

#7623 M-Th July 14-17
4 sessions \$145 1-4 pm
CHS/East: Rm 117

Hogwarts Film School & Coding Camp

Entering Grades 1-4

Create your own stop-motion animation using characters from the Harry Potter and Fantastical Beasts series. Participants will build and design magical-themed scenes and props. Then, they will handle all the technical details of filming scenes, including stop-motion, digital editing, special effects, and transitions to the movie. Create digital animations and participate in our Harry Potter-themed STEAM activities. Participants should have basic reading skills and be comfortable using a computer. Bring a USB drive the last day.

Tech Academy

#7613 M-Th July 28-31
4 sessions \$145 9 am-noon
CHS/East: Rm 117

Mod. Development: Minecraft Superhero Mods Entering Grades 3-7

Use MCreator to create your own mods based off your favorite superheroes. Design unique superhero abilities and tools for a Minecraft Java Edition. Participants should have basic reading skills and be comfortable using a computer. Bring a USB drive to save your games on the last day.

Tech Academy

#7624 M-Th July 28-31
4 sessions \$145 1-4 pm
CHS/East: Rm 117

Super Smash Brawlers Game Coding

Entering Grades 4-6

Unleash your ultimate platform fighter. Dive into the creation of a Super Smash Bros.-style game using Construct 3, a powerful and user-friendly game development platform. Participants will learn how to design, develop, and implement various game mechanics, including character selection, combat systems, item integration, and stage design. Through hands-on projects and guided instruction, participants will learn game development principles and create a dynamic platform game. Bring a USB drive to save your games on the last day.

Tech Academy

#7621 M-Th Aug 4-7
4 sessions \$145 9 am-noon
CHS/East: Rm 117

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Our classes are not sponsored, affiliated or endorsed by:

Harry Potter is a Warner Bros. trademark.

Nintendo & Super Smash Bros. are trademarks of Nintendo of America Inc.

Minecraft is a Mojang Studios trademark.

LEGO® is a trademark of the LEGO Group of companies



Nintendo-Themed Coding & STEAM Adventures

Entering Grades 2-6



Embark on a week of Nintendo-themed STEAM adventures. You'll work together to code, animate, and build games. Create your own Super Mario Odyssey-inspired mini movie, build immersive sets, and solve engaging challenges. This program is perfect for participants who want to develop their creative and technical skills. It's a fantastic way to learn and have fun. Participants should have basic reading skills. Bring a USB drive on the last day.

Tech Academy

#7614 M-Th Aug 4-7
4 sessions \$145 1-4 pm
CHS/East: Rm 117

Robotics: Scout 'Bots

Entering Grades 1-5

Build and code space rovers and scout out Mars, the moon, and other extraterrestrial environments. Also, create a dragster and volcano alarm to learn basic computer programming while having fun.

Youth Enrichment League

#7572 M-Th June 23-26
4 sessions \$125 9 am-noon
CHS/East: Rm 116

Chess Summer Camp

Entering Grades 1-5

All levels welcome. The Youth Enrichment League Teach It, Practice It, Play It method keeps chess players progressing with 60+ chess lessons and thousands of puzzles, as well as guided games and end-of-the-week, in-class tournament. Battle summer brain drain.

Youth Enrichment League

#7688 M-Th July 7-10
4 sessions \$130 9 am-noon
CHS/East: Rm 116



Destination Mars Rocketry Course

Entering Grades 2-5

Launch and watch your very own rocket speed 300 feet into the air. Then it's yours to take home. Make and take home multiple rockets of varying difficulty throughout the session. These rockets and airplanes will then be used to investigate basic aeronautical concepts including propulsion, thrust, lift, drag and more. We will hypothesize about travel in outer space, like how to get a United States astronaut to Mars and life on Mars. Do you have the right stuff? Please bring two, 2-liter empty bottles for use in experiments.

Youth Enrichment League

#7522 M-Th July 28-31
4 sessions \$150 9 am-noon
CHS/East: Rm 125

Scratch Game Coding

Entering Grades 1-6



This camp offers a crash course in coding your own games on Scratch. Participants will create and develop 3-4 basic games while learning many foundational computer science skills with boundless potential for creativity and expansion. Participants will come home with a mobile account containing their games to share and play with the whole family.

CSGA Enrichment

#7634 M-Th July 7-10
4 sessions \$140 1-4 pm
CHS/East: Rm 117

Robotics Problem Solvers

Entering Grades 1-6



What do R2-D2 and Roombas have in common? They're both robots! Learn basic robotic skills, including programming and building, using Scratch coding and Lego Spike Prime to create problem-solving robots.

CSGA Enrichment

#7639 M-Th July 7-10
4 sessions \$195 9 am-noon
CHS/East: Rm 117

Dungeon Adventures

Entering Grades 4-8

Learn about role playing games by joining us on an entry-level dungeon adventure. Will your group make it to safety and succeed in your quest? No experience is needed, our DM will guide you.

CSGA Enrichment

#2267 M-Th July 14-17
4 sessions \$140 1-4 pm
CHS/East: Rm 116

Strategy Game Buffet

Entering Grades 6-12

Learn and play some of the latest multi-player tabletop strategy games. Introduce yourself to deck building, worker placement, and cooperative games such as Settlers of Catan, Machi Koro, Exploding Kittens, Godsforge and more.

CSGA Enrichment

#7571 M-Th July 14-17
4 sessions \$140 9 am-noon
CHS/East: Rm 116

Chess Camp Tactics & Strategies

Entering Grades 4-9

For beginner to intermediate players This chess camp is for players that need the next level of challenges from their school club. Standard chess and variations will be used to improve your skills. Participants should be interested in a deeper level of instruction beyond the basics.

CSGA Enrichment

#7808 M-Th July 21-24
4 sessions \$140 9 am-noon
CHS/East: Rm 116



Chess N Motion

Entering Grades 1-5



Challenge your mind and body this summer. We will split our activities to keep both our heads and hearts alive. Chess skills will cover the beginner to an intermediate player and physical games include badminton, pickleball, tag games, and other indoor-outdoor games based on the ability level and mix of the group.

CSGA Enrichment

#7633 M-Th July 21-24
4 sessions \$140 1-4 pm
CHS/East: Rm 116 & Upper Gym

Rocket Builder Design Camp

Learn to build and launch your own rockets from common materials left over in the recycling bin where you live. Multiple design, building, and recovery techniques will be utilized. These rockets are cheap to make so it removes the anxiety of “doing it wrong.” Build it and see what happens, within the rules of model rocketry. A rocket launch time is part of the program. Launch equipment is provided.

CSGA Enrichment

#7807 M-Th Aug 11-14
4 sessions \$195 1-4 pm
CHS/East: Rm 116

Tinkercad & 3D Design Studio



Challenge your creativity by designing 3D objects using Computer Aided Design software and then printing your designs. Learn about scale when prototyping a design and create an object that is at functional scale and usable.

CSGA Enrichment

#7638 M-Th Aug 11-14
4 sessions \$195 9 am-noon
CHS/East: Rm 116

Drone Racing

Entering Grades 3-9

Learn how to fly like the pros in the Drone Racing League by training on a flight simulator. Once you learn the basics of flying, assemble your very own drone to take home after camp. After learning drone safety and maintenance, participants will take their drone to the skies and compete in numerous races and challenges. Led by experienced instructors, participants will leave camp with the skills and knowledge to pilot their drones and keep them running. The drones used in camps have cameras and are perfect for entry level pilots.

COR Robotics

#7570 M-W June 9-11
3 sessions 9 am-noon
\$90 without drone
\$130 with drone (UFO 4000)
CHS/East: Rm 116

AeroCode Academy

Entering Grades 3-9



AeroCode Academy is the most exciting way for participants to learn how to program. Using block-based programming tools to command drones, participants will sharpen their skills and take to the skies. By starting out with guided tutorials, youth of all levels will find success before implementing their own custom programs. Teams will battle their drones in fun and exciting challenges that will teach them valuable 21st century programming skills, as well as teamwork and collaboration.

COR Robotics

#7820 M-W June 9-11
3 sessions 1-4 pm CHS/East: Rm 116
\$90 without drone
\$190 with drone
(CoDrone Pro, \$215 value)

Eureka Engineering

Entering Grades 3-9

Eureka engineering introduces participants to the core skills of robotics and STEM through engaging, hands-on learning opportunities. Participant groups will work with LEGO Mindstorm kits, which include both electrical and mechanical components. The small groups will be mentored by experienced and passionate instructors. Parents are welcome to watch their child's robotic creations come to life in exciting and competitive challenges including drag racing, fighting robots and more.

COR Robotics

#7560 M-W June 16-18
3 sessions \$90 9 am-noon
CHS/East: Rm 116

RC Wars

Entering Grades 4-10

In RC Wars, teams will build their own remote-control vehicles to race and battle against other teams. You'll design vehicles to not only be faster and stronger than other teams' creations, but also better than purchased RC Cars and Drones. RC Wars will feature land and air races, obstacle courses and more as participants learn mechanical and electrical building skills in an energetic and exciting environment.

COR Robotics

#7770 M-W June 16-18
3 sessions 1-4 pm CHS/East: Rm 116
\$90 without drone
\$130 with drone (UFO 4000)





SkyLens Workshop

Entering Grades 4-10

SkyLens Workshop is an exhilarating camp where young photographers explore the realm of aerial imaging using photography drones. Guided by experienced instructors, participants learn drone piloting, capture stunning videos and pictures from the skies, and delve into digital editing on computers. Through hands-on activities, participants unleash their creativity, mastering the art of composition and storytelling from above. Join us for an unforgettable journey where the sky becomes the canvas, and every frame is a new perspective waiting to be captured and edited to perfection.

COR Robotics

#7771 M-W June 23-25
3 sessions 9 am-noon
\$90 without drone
\$140 with drone
(Force 1 Blue Heron Drone)
CHS/East: Rm 125

Battle Drones

Entering Grades 4-9

Battle Drones features an exciting combination of aerial acrobatics with an engineering design challenge that will teach participants STEM concepts, teamwork, and how to skillfully fly a drone. In Battle Drones, teams will build robotic launchers designed to fling projectiles at their opponents' drones. Participants will be guided by experienced camp instructors in how to construct their launchers to maximize projectile speed and accuracy. The camp will culminate in an epic battle where participants will need to pilot their drones to safety by dodging opponent projectiles while using their own launchers to take down opponent drones. The best drone pilots and launchers will emerge victorious.

COR Robotics

#7561 M-W June 23-25
3 sessions 1-4 pm CHS/East: Rm 125
\$90 without drone
\$130 with drone
(UFO 4000)



Intro to Game Design

Entering Grades 3-9

If you like playing video games, you'll love designing them. Trained instructors will teach participants how to program their own video games using an engaging program called Kodu. Create your own world, populate it with characters, and then play the games you create during camp. Learn important programming skills while having tons of fun, with no prior experience needed.

COR Robotics

#7793 M-W Aug 4-6
3 sessions \$90 9 am-noon
CHS/East: Rm 116

Intro to Esports

Entering Grades 3-9

Turn your passion for video games into valuable life skills. Camp will introduce the world of Esports and teach participants about the many opportunities available to them by getting involved. Play some of the most popular Esports games, compete with and against each other in tournaments, and learn important lessons along the way.

COR Robotics

#7772 M-W Aug 4-6
3 sessions \$90 1-4 pm
CHS/East: Rm 116

Exploring Cinematography

Entering Grades 3-9

Begin a movie making adventure with "Exploring Cinematography", a brief yet captivating summer camp designed to unleash the filmmaker within. Tailored for participants interested in the art of film and the science of cinematography. Dive into hands-on experiences to learn the art of storytelling through a lens, enhance your acting skills, and master the magic of video editing. This one-of-a-kind experience will empower you to bring your creative visions to life. Join us for "Exploring Cinematography", where every frame is a step closer to your cinematic expression.

COR Robotics

#2339 M-W Aug 11-13
3 sessions \$90 9 am-noon
CHS/East: Rm 117

Minecraft Olympics

Entering Grades 3-9

The "Minecraft Olympics" is a dynamic three-day camp designed to immerse participants in the thrilling world of Minecraft while fostering teamwork, creativity, and friendly competition. Campers will engage in daily Build Battles, showcasing their imaginative prowess in constructing awe-inspiring structures aligned with diverse themes. Through this immersive experience, participants not only deepen their understanding of Minecraft's gameplay but also cultivate camaraderie and problem-solving skills in a fun and supportive environment. The "Minecraft Olympics" promises a thrilling adventure for campers seeking to combine their love for Minecraft with a collaborative team experience that won't soon be forgotten. Please bring a nut-free snack and a beverage.

COR Robotics

#7569 M-W Aug 11-13
3 sessions \$90 1-4 pm
CHS/East: Rm 117

Exploring Photography

Entering Grades 3-9

Capture the essence of summer with "Exploring Photography," an exciting experience designed to ignite the passion for visual storytelling and photography in participants. Learn the secrets of photography and transform ordinary moments into extraordinary snapshots. Guided by experienced instructors, this immersive experience strikes the perfect balance between having a blast and allowing creativity to shine. Discover the skills to freeze time through the lens. This will be a snapshot of summer you'll never forget.

COR Robotics

#7641 M-W July 21-23
3 sessions \$90 9 am-noon
CHS/East: Rm 115



Awesome Robotics for Kids Build, Program & Create Using LEGO

Entering Grades 1-4

Using the most popular LEGO® robotics system, this camp is perfect for igniting your child's STEM passion! Through hands-on building and programming, kids will explore logic, pattern recognition, and math concepts while working in pairs to create increasingly sophisticated robotic designs. They'll develop basic programming skills using custom-made blocks on PCs and get to work with gears, axles, and connectors in exciting robotic challenges. It's the perfect mix of fun and learning in one amazing camp! Please note: LEGO® builds are for camp use only and do not go home.

Tech Tac Toe

#7643 M-W June 16-18
3 sessions \$127 9 am-noon
CHS/East: Rm 117



Jr. Engineer Battle Bots Showdown

Entering Grades 1-4

Get ready for an action-packed summer of engineering as you design and build your very own battle bots to face off against other teams! Using gears, LEGO® Technic pieces, and moving parts, you'll work in small teams to create bots that can battle, rescue, race, and more! Improve your design after each challenge, test again, and see who comes out on top. Plus, dive into other exciting robotic projects. It's the perfect way to enjoy a summer full of "fengineering" fun!

Tech Tac Toe

#7549 M-W June 16-18
3 sessions \$127 1-4 pm
CHS/East: Rm 117

Kids vs. Wild The Ultimate STEM Survival Challenge

Entering Grades 1-4

Do you have what it takes to survive in the wild? Join your team in this thrilling camp where you'll face fun challenges and engineer cool gadgets to "survive" the great outdoors! From building a periscope to spying on your surroundings, harnessing the power of the sun to cook delicious marshmallows, creating a water filtration device, and designing a sturdy shelter, this adventure will transform you into a "survival expert". These exciting STEM projects take place in the classroom, with some hands-on testing outdoors! Please apply sunscreen to your child.

Tech Tac Toe

#7757 M-Th July 7-10
4 sessions \$166 9 am-noon
CHS/East: Rm 115



Robotic Pet Lab: Build Your Own Family Pet

Entering Grades 1-4

Love pets? How about creating your very own family of robotic pets? Whether you want your robotic companion to be cute and cuddly or playful and mischievous, you'll have access to motors, batteries, and other supplies to bring them to life exactly as you imagine. Each day, you'll build a new project, topped off with other mind-boggling and fun activities. Get ready for a summer filled with creativity and engineering!

Tech Tac Toe

#7796 M-Th July 7-10
4 sessions \$166 1-4 pm
CHS/East: Rm 115



Beginner Coder Pokémon Quest

Entering Grades 1-4

New to coding?

This camp is perfect for you! Step into the world of Pokémon as you create your very own video game filled with thrilling adventures and your favorite Pokémon creatures. Designed specifically for beginner coders, this camp makes learning coding skills super fun and easy. Work in small teams to build an exciting Pokémon adventure map, code a game to catch Pokémon, design your dream Pokémon team, and even create a duel game to battle against your friends. Ready to code and catch 'em all? Please bring a USB Flash drive to save your projects.

Tech Tac Toe

#7777 M-Th July 14-17
4 sessions \$170 9 am-noon
CHS/East: Rm 114





Glam Lab: Fabulous Science for Creative Girls Entering Grades 1-4

Back by popular demand! Get ready to sparkle and shine in this glitzy, glamorous camp where science meets style. You and your besties will have a blast making fizzy bath bombs, shimmering lip balm, glamorous goo, soaps, exfoliating salt scrubs, and so much more! Learn the science behind each beauty and bath product as you mix and create, then add your own creative flair by designing fabulous packaging to take home your unique creations. It's science, sparkle, and fun all in one! Please bring a peanut-free snack and beverage.

Tech Tac Toe

#7692 M-Th July 14-17
4 sessions \$170 1-4 pm
CHS/East: Rm 113

Small Group Tutoring Entering Grades 1-6

Help your child avoid summer learning loss at our half-day camp. In small group settings, participants will receive personalized tutoring in English and Math, focusing on key skills like reading, writing, and math concepts. With engaging activities and tailored lessons, your child will strengthen their knowledge and stay sharp for the new school year.

Planting Seeds Academic Solutions

#7645 M-Th Aug 11-14
4 sessions \$165 9 am-noon
CHS/East: Rm 115

Spanish Summer Camp Entering Grades 1-5

iVamos por la Galaxial "Let's go Through the Galaxy!" Blast off into a Spanish adventure that is out of this world! This camp is perfect for young explorers eager to learn Spanish while exploring the wonders of the universe. Through astronaut role-plays and rocket-themed crafts & activities, participants will learn key vocabulary and phrases related to space, planets and more. With engaging instructors, this fun, bilingual course builds basic language skills and fosters a love for the cosmos. Join us for a summer camp that's truly stellar! Price includes a water bottle.



#7646 M-Th June 9-12 9-11 am
4 sessions \$150 CHS/East: Rm 117

Don't forget to check out these summer events!

Music on the Lake - It's Golden Free Concerts Thursday Nights at Golden Lake Park

See page 6 for details

Food Truck & Fun Festival Aug 14, 4-8 pm

See page 64 for more details

Food Truck & Fun Festival

Aug 14 4-8 pm

Centennial Middle School
399 Elm St. Lino Lakes

Food trucks, car show, vendors and more!



Opportunities to learn techniques to navigate social settings

Look for our Summer Sensory Camp in partnership with Advance Therapy and Social Emotional Skills Mini Classes in partnership with Lee Carlson for Mental Health and Well-Being. Both are facilitated by trained staff focusing on cooperative play with peers, and can serve as a means to review or learn techniques to best navigate social settings. [See pages 36 & 37](#)

Youth Create



Creative Sewing Class

Ages 8-13

Sketch your own inspired garment or craft project and then create it while learning to sew. Instruction includes basic sewing techniques, knowledge of sewing tools and different kinds of stitches. Participants will create their project and practice techniques using sewing machines provided. All supplies and tools provided. Bring a nut-free lunch/snack and beverage.

Nena Rivas, owner

9 am-1 pm \$88 Nena's Atelier, 434
Hale Ave N, Suite 120, Oakdale
#2500-A Tu June 24
#2500-B Tu July 22
#2500-C F Aug 29

Project Runway

Entering Grades 4-8

No experience necessary. New summer projects. A comfy pair of shorts, a water bottle bag, a crisscross headband and more. Participants will make, showcase, and take home all their projects. Hand and machine sewing techniques are taught with safety first always in mind. The final day is a showcase where friends and family are invited to see the projects in action. Think, learn, and play well with YEL.

Youth Enrichment League

#2008 M-Th July 14-17
4 sessions \$150 9 am-noon
CHS/East: Rm 111

Sewing Studio

Entering Grades 6-12

Make or fix your own clothes. Create a purse, a pillow, a blanket, or even a costume. Start with basic stitches and patterns and learn to create original hand and machine-sewn designs.

CSGA Enrichment

#2502 M-Th July 7-10
4 sessions \$195 9 am-noon
CHS/East: Rm 111

Woodworking 2.0

Entering Grades 4-7

Build a paddle boat, a bird house, trophy stand and garden tote. Builders will learn to measure, cut, sand, paint and then take home each project they build. This class educates participants on the use of basic tools (hammers, nails, screwdriver, measuring tape, T-square and more). SAFETY IS OUR FIRST PRIORITY. No power tools will be used in this class. NOTE: Participants should be comfortable cutting using a small saw as well as using other hand tools. Wear clothes that can get paint on them.

Youth Enrichment League

#2197 M-Th June 30-July 3
4 sessions \$165 9 am-12 pm
CHS/East: Rm 111

DIY Crafting

Entering Grades 1-6

Do you like to create unique and personalized craft projects for yourself, or to give to special friends or family? Let's learn the art of crafting by using fun materials and techniques such as macrame, resin, embroidery and glass etching.

CSGA Enrichment

#2341 M-Th July 21-24
4 sessions \$195 9 am-noon
CHS/East: Rm 117

Salon & Spa Products at Home

Entering Grades 6-12

Sometimes it is fun to take a break, relax, and have a spa day. Learn how to make homemade bath salts, sugar scrubs, rosewater, lemonade bath bombs, and more. Use these products yourself or give them away as wonderful gifts to friends and family.

CSGA Enrichment

#2342 M-Th July 21-24
4 sessions \$195 1-4 pm
CHS/East: Rm 111

Stop-Motion Animation Camp

Ages 9+

Discover what it takes to animate a stop-motion film. Learn about the history of animation, paint an animation cell, create your own flip book, and design your own characters. Write and record a stop-motion short using paper cutout animation for your viewing pleasure. Come excited, leave inspired. Please bring bottled water and nut-free snack.

Blue Fox Artist

#2314 M-Th June 9-12
4 sessions \$165 9 am-noon
CHS/East: Rm 111





Comic Book Creation

Ages 9+

Learn how to create your very own comic book. We will design characters using basic shapes, discuss the art of storytelling, take a closer look at facial expressions, study perspective, and discover how to create pages that pop. You will leave with a finished story you can share with your friends and family. Please bring bottled water and a nut-free snack.

Blue Fox Artist

#2396 M-Th June 9-12
4 sessions \$165 1-4 pm
CHS/East: Rm 111

Wild Animals Art & Nature Camp

Explore and draw wild animals native to Minnesota in this art and natural science camp. We'll work with a variety of art materials, learn about habitat, diet, identify tracks, and discuss the science behind their unique abilities. You will even get to make your very own wild animal mask to wear home.

Blue Fox Artist

#2311 M-Th July 28-31
4 sessions \$165 9 am-noon
CHS/East: Rm 111



Harry Potter Adventures

Ages 7+

Dive into the world of Harry Potter in this fun and creative camp. Draw your favorite characters using a variety of art materials, play games, and design your very own wand, all while listening to Harry Potter on audio book. We'll learn the fundamentals of drawing through close observation, learn color theory and layering techniques in colored pencil, play Harry Potter trivia, make new friends and have fun. Bring a nut-free snack and beverage.

Blue Fox Artist

#2278 M-Th July 28-31
4 sessions \$165 1-4 pm
CHS/East: Rm 111



Anime Camp

Ages 9+

Come draw and color your favorite Pokémon and Anime characters. Learn how to evoke humor through exaggeration, breakdown the study of facial anatomy and proportions, and take a detailed look at facial expressions. Design your own characters, practice, and have fun.

Blue Fox Artist

#2277 M-Th Aug 11-14
4 sessions \$165 1-4 pm
CHS/East: Rm 111

Monsters & Myths

Ages 7+

Unlock the magic of drawing in this creative multimedia art camp. We'll read stories and listen to folk songs about our favorite mythical creatures, such as monsters, dragons, and unicorns. Then create works of art inspired by these stories. Dive into a creative adventure with step-by-step guidance, immerse yourself in the world of art as you master essential techniques like shape, pattern, texture, and contrast. Enjoy the demonstrations, play with a variety of materials, and watch your skills soar as you bring these beloved creatures to life.

Blue Fox Artist

#2397 M-Th Aug 11-14
4 sessions \$165 9 am-noon
CHS/East: Rm 111

Canvas Fun Popsicle Party

Ages 6-12

Join us for a fun and creative painting class where you will learn how to paint delicious-looking popsicles on canvas with acrylic paints. Learn basic painting techniques and mix colors to create vibrant popsicle colors.

Kidzart

#2402 Sa May 17
\$30 11 am-noon
CHS/West: Learning
Commons/Alumni Rm





Acrylic Painting Serene Mountain Meadow

Age 16+
Transport yourself to a peaceful mountain meadow as you create this tranquil scene on canvas. Explore the basics of acrylic painting, including layering techniques, blending colors, and adding details to depict rolling hills, vibrant wildflowers, and a glowing sky. Perfect for beginners or those looking to refine their skills, this session offers a relaxing and inspiring way to express your creativity. All materials are included. Leave with a beautiful finished piece to showcase your artistic talent.

Kidzart

#2403 Th June 5
\$42 6-8 pm
CHS/East: Rm 111

Cardboard Creations: Unleash Your Inner Architect

In this fun and creative camp, participants will explore the endless possibilities of cardboard. They'll learn basic construction techniques, problem-solving skills, and artistic expression as they build everything from towering castles to whimsical creatures. No experience is necessary, just a big imagination.

Kidzart

#2399 M-Th July 14-17
4 sessions \$150 9 am-noon
CHS/East: Rm 115



Messy Masterpieces: A Wild Art Adventure

Entering Grades 1-5
Get ready to dive into a world of color, texture, and creativity. Messy art abounds in this camp where imagination runs wild, and the mess is part of the fun. Make colorful creations with acrylic paint, explore textures with hands-on activities, and create nature-inspired art. So, roll up your sleeves, dress for a mess, and let's have fun.

Kidzart

#2400 M-Th July 14-17
4 sessions \$150 1-4 pm
CHS/East: Rm 115



DIY Wearable Art: Fashion Meets Creativity

Entering Grades 1-5
Unleash your inner designer and step into the world of wearable art this summer in our DIY Wearable Art camp. Learn the basics of fashion design and textile art, from sketching original designs to working with fabrics, paints, beads, and other materials. We'll guide you through a variety of fun and innovative projects, including customizing T-shirts, designing accessories like jewelry and hats, and even experimenting with upcycling old clothes into trendy, new creations. Include T-shirt size when registering.

Kidzart

#2401 M-Th July 28-31
4 sessions \$150 9 am-noon
CHS/East: Rm 114

Sketch Quest

Entering Grades 3-9

Unlock your imagination at Sketch Quest, a dynamic and immersive camp for artists. Dive into a world of creativity as you learn fundamental drawing techniques, explore creative expression, and create amazing artwork. This drawing adventure provides the perfect opportunity to let your creativity soar and make everlasting memories. Whether you're a novice sketcher or an experienced artist, Sketch Quest is your canvas for exploration. Join us for a transformative experience where every drawing tells a story, and your artistic journey begins.

COR Robotics

#2398 M-W July 21-23
3 sessions \$90 1-4 pm
CHS/East: Rm 115

Science Magic

Ages 5-12

Unleash your inner wizard at this magical science camp. Experience the thrill of defying gravity with your very own hovercraft, amaze your friends with secret messages written in magical ink, and create wands that light up with enchantment. Join us on this captivating journey, where you'll witness the seemingly magical results of your experiments and unravel the scientific secrets behind each spellbinding phenomenon. Get ready for a blend of learning and fun where every child becomes a wizard of wonder. Please bring a nut-free snack and drink.

KidScientific

#2409 M/Tu June 9-10
2 sessions \$102 1-4 pm
CHS/East: Rm 125



Kidcreate Studio Classes



Dino Discovery NEW

18 months-6 years w/adult

Tyrannosaurus Rex, Triceratops and Diplodocus, is your child dazzled by dinosaurs? This is your child's chance to have a play date with a dino and create a fantastic work of dinosaur art. Your young artist will create their own diorama complete with a toy dinosaur. Come and create right along with your child.

Kidcreate Studio

#2404 M June 9
\$25 9:30-10:30 am
CHS/East: Rm 125



Bluey NEW

18 months-6 years w/adult

"Mum...Dad...Bingo...Bluey!" Your Bluey fan will love getting messy as they paint, cut and collage a portrait of Bluey, all on a real canvas board. Come to create a Bluey mixed-media masterpiece; stay for the tail-shaking dance.

Kidcreate Studio

#2405 Tu June 10
\$25 9:30-10:30 am
CHS/East: Rm 125

Papier Mache Day NEW

Ages 5-12

Papier Mache? Some parents say, "No Way!", but the kids say "Hurray!". Join us for a camp full of fun. Create papier mache bugs, bowls, and monsters too. This is going to be a messy good time, so please have your child dress accordingly. Please pack a nut-free lunch, snack, and beverage.

Kidcreate Studio

#2408 W June 11
\$102 9 am-3 pm
CHS/East: Rm 125



T. Swift Era NEW

Ages 5-12

Experience the magic of Taylor Swift and her iconic Era at our legendary art camp. Immerse yourself in creativity inspired by her music and style. From drawing to painting to sculpting, embark on an unforgettable artistic journey. Unleash your inner artist in this special tribute to Taylor Swift's enduring legacy. Please pack a nut-free snack and beverage.

Kidcreate Studio

#2407 M/Tu Aug 4-5
2 sessions \$102 9 am-noon
CHS/East: Rm 111



Puppy Palace NEW

Ages 4-9

In this class, create a soft, huggable sock puppy with a doghouse to fit for canine royalty. After all, man's best friend deserves the best. Woof! Please pack a nut-free snack and beverage.

Kidcreate Studio

#2406 M Aug 4
\$49 1-4 pm
CHS/East: Rm 111



DIY Wind-Up Toy NEW

Ages 5-12

The kids will dive into motion mechanics by crafting their own wind-up toys. Through hands-on exploration, they'll learn about energy transfer, gears, and more while unleashing their creativity. Join us for a whirlwind adventure where science and fun collide. Please pack a nut-free snack and beverage.

Kidcreate Studio

#2410 Tu Aug 5
\$49 1-4 pm
CHS/East: Rm 111

Youth Cooking



Sweet Treats

Entering Grades 6-12

Who doesn't love a delicious, sweet treat? Learn to make your favorite desserts such as caramel, gummies, muffins and more, while learning fundamental cooking techniques that will last a lifetime.

CSGA Enrichment

4 sessions \$195 CHS/East: Rm 110
#4082-A M-Th June 23-26 9 am-noon
#4082-B M-Th June 30-July 3 1-4 pm

Minnesota Fair Foods at Home

Entering Grades 6-12

Everybody loves the "Great Minnesota Get Together", especially the food! Learn to cook your fair favorites at home so you can enjoy being at the state fair all year long.

CSGA Enrichment

#4080 M-Th June 23-26
4 sessions \$195 1-4 pm CHS/East: Rm 110

Baking Bonanza

Entering Grades 6-12

Is there anything that smells better than a kitchen filled with the aroma of fresh baked goods? Let's make basic breads, pizza, biscuits, and sweet treats, while learning fundamental cooking techniques that will last a lifetime.

CSGA Enrichment

#4030 M-Th June 30-July 3
4 sessions \$195 9 am-noon CHS/East: Rm 110

Snacks for After School

Entering Grades 3-6

Hungry and looking for something to eat when you get home from school? Learn to create some fun after-school snacks: Sour Patch grapes, muddy buddies (uses peanut butter), pizza bubble bread, caramel apple bark and more. In addition to preparing some after-school snacks, participants will learn important skills such as food preparation and kitchen safety. Class cost includes all supplies. **Parents are welcome to join in for snacking on July 16 for the last 15 minutes of class.**

Virginia Ball

#4047 Tu/W July 15-16
2 sessions \$85 9 am-noon CMS: Rm E133



Jewelry from the Earth Crafting With Care

Entering Grades 1-6

In this eco-friendly jewelry-making camp, participants embark on a creative journey starting with recycled materials to craft environmentally conscious accessories. They will then advance to polymer clay to design more intricate and customizable pieces. Camp culminates in working with resin to create unique and polished items like bracelets, rings, jewelry boxes and keychains. Along the way, they'll explore their artistic techniques, emphasizing the use of eco-friendly practices and materials throughout the creative process.

Planting Seeds Academic Solutions

#2413 M-Th June 9-12
4 sessions \$165 9 am-noon CHS/East: Rm 113



Clay Creations Sculpting Your Imagination

Entering Grades 1-6

In this hands-on camp, participants will discover the art of working with air-dry clay, exploring the basics of clay tools, textures, and techniques. Create unique pieces each day, learning sculpting methods and experimenting with different textures and finishes. Projects include fun and functional items like sculptures, personalized mugs, hanging planters, and more. This camp is perfect for young artists looking to express themselves through clay while developing new artistic skills.

Planting Seeds Academic Solutions

#2414 M-Th June 9-12
4 sessions \$165 1-4 pm CHS/East: Rm 113



Youth Music, Theater & Dance



Educational Theatre Collective

Play with Puppets! Entering Grades K-3 NEW

Explore the fun world of puppetry. Your young artist will learn how to bring puppets to life with their voice, design their own puppet, and perform in a one-of-a-kind puppet show. A great way to spark creativity and build confidence in young imaginations.

Graceful Monsters ETC

#2411 M-Th July 14-17
4 sessions \$120 9 am-noon CTE: Rm 30-Little Theater

Monster Make-Believe Entering Grades K-3 NEW

Step into the world of Monster Make-Believe! In this playful theatre class, young performers will become brave adventurers, talking animals, and magical creatures. Through fun games and storytelling, they'll explore acting fundamentals, build confidence, and learn teamwork, all while bringing characters to life with their voices, bodies and imaginations.

Graceful Monsters ETC

#2412 M-Th July 14-17
4 sessions \$120 1-4 pm CTE: Rm 30-Little Theater



Music Together

Outdoor Venue Newborn to Pre-K with adult

Discover the joy of making Music Together. Sing, laugh, move and learn along with your baby, toddler or preschooler for 45 minutes of pure fun each week in these award-winning classes.

- ◆ BOND more closely with your child through song
- ◆ MAKE NEW FRIENDS for both you and your little ones.
- ◆ SUPPORT your child's overall development, knowing that music learning supports all learning.
- ◆ HELP YOUR CHILD learn to sing and dance as naturally as they learn to walk and talk.
- ◆ HAVE LOADS OF FUN (because children teach themselves through play!)

We bring families together in a warm, supportive environment with the goal of having everyone feel comfortable singing, dancing and jamming.

Because young children learn best from the powerful role models in their lives, our engaging classes show parents and caregivers how to help their children become confident, lifelong music makers just by having fun and making music themselves. Classes are mixed age so siblings can be together.

Infants under eight months on the first day of class attend free with a paid sibling.

Receive a CD, a code to download the music, an illustrated songbook, and parent education materials.

8 sessions Th June 26-Aug 14 Golden Lake Park

#1017-A 9-9:45 am
#1017-B 10-10:45 am

\$174 first child/*\$96 additional child.

No charge for children under 8 months old with registered sibling. *Discount in rate applies towards siblings in the same household.

Infants attending without a registered older sibling pay the full class fee.

Free Demo Class

Visit a FREE demonstration class to see if this program is a good fit for your family. Demo classes are free but registration is required. One demo per family please.

Th June 12 Golden Lake Park

#1017-Demo A 9-9:45 am
#1017-Demo B 10-10:45 am



Mayer Arts Musical Theater

Everyone will learn how to put together a professional show from start to finish. Learn how to properly speak your lines, block a scene, develop your character and more. We will also play fun, creative games. No experience necessary. Wear comfortable clothing and lightweight tennis or dance shoes. Friends and family are invited to observe a special performance the final 30 minutes of the final class.

4 sessions \$115 CT: Rm 30-Little Theater

Moana 2 Ages 5-8

The ocean is calling once again. We will choose our characters, learn music and choreography from Moana 2 and create our own musical. No experience necessary.

#2045 M-Th July 28-31 9 am-noon

Wicked Ages 7-12

Let's go to Oz! We will choose our characters, learn music and choreography from Wicked and create our own musical.

#2395 M-Th July 28-31 1-4 pm

Cinderella Ages 5-8

You're a shining star. We will choose our characters, learn music and choreography from Cinderella and create our own musical.

#2236 M-Th Aug 11-14 9 am-noon

The Greatest Showman Ages 7-12

It's the Greatest Show. We will choose our characters, learn music and choreography from the Greatest Showman and create our own musical.

#2096 M-Th Aug 11-14 1-4 pm

Swifties Dance Party

Ages 5-12

Learn steps and dances to music from your favorite pop star. Participants will also learn warm ups such as stretching, isolations and across-the-floor exercises.

This class is not only fun but will improve posture, strength and flexibility in a positive and self-esteem building atmosphere. Dance is proven to not only build strong bodies but strong minds and self-esteem as well.

Friends and family are invited to observe a special performance final 15 minutes on Thursday.

Mayer Arts

M-Th June 23-26 \$115 CT-Rm30 Little Theater

#2000-A Ages 5-8 10 am-noon

#2000-B Ages 8-12 1-3 pm

Centennial Youth Theater Program Presents Alice in Wonderland

Entering Grades 2-9

We rehearse the whole show in one week and perform at the end of the week. Each grade group prepares and performs the same show. Please bring a nut-free snack and water each day.

Directed by Eric Webster

#2348-A Grades 2-5 M-F June 9-13

#2348-B Grades 6-9 M-F June 23-27

CHS Performing Arts Center \$120 Rehearsals M-Th, 12-4 pm, with Friday being the performance day for all 1-7 pm (performances at 3 & 6 pm). Performances are free to attend for family and friends.

Kids Dance

Entering Pre-K to age 5

These high-energy classes focus on improving rhythm, balance and coordination. Younger children will use props such as tambourines, scarves and pom poms to learn basic tap, jazz and ballet steps. Older children will continue to learn more advanced steps in jazz, tap and ballet along with dance choreography and technique. Dancers should wear clothing that is comfortable and easy to move in. All dancers will need tap and ballet shoes which can be ordered through the instructor on the first day of class. Tap \$35, ballet \$25. Parents invited to attend the last night.

Jenny Hansell, Happy Feet Dance Company

6 sessions Th June 26-Aug 7 \$79 CMS: Studio/Gym 5

No class July 3

#5001-A Hop N' Tots (Preschool) 5-5:45 pm

#5001-B Intermediate Dance (Grades K-2) 5:45-6:30 pm

#5001-C Tap, Jazz & Ballet (Grades 3-5) 6:30 pm-7:15 pm

Guitar/Ukulele & Vocal Lessons

All ages and abilities are welcome

Whether you're a beginner just getting started or a player looking to take your skills to the next level, work one-on-one with instructor and musician Brady Perl, in half-hour private lessons. Lessons will be tailored to each participant's needs and interests, and will cover skills like guitar/ukulele chords, rhythm, singing, songwriting, songs, harmonica, performance, and music theory. #5202

See page 11 for details

Rock 'n' Roll Band Camp

Entering Grades 6-12

Do you want to rock and roll all night, and party every day? Well then this is the camp for you. Participants will get the chance to try their voice or hand at a variety of instruments including the electric guitar, bass, keyboards, and drums, with the goal of learning a full song or two to perform by the end of the week.

CSGA Enrichment

#5021 M-Th July 7-10

4 sessions \$195 1-4 pm CHS/East: Rm 125



High School Improv

Entering Grades 9-12

Participants with beginner to advanced theater experience are welcome. Short and long form improv will be covered.

Eric Webster, actor, writer & producer with 30 years of experience, 20+ years of instruction with Centennial Schools

#6500 Tu June 3-July 22; Tu-Th, Aug 12-14
10 sessions No class July 1 \$80 4-5 pm PAC

Final Performance:

Friends and Family Show: Thursday, August 14.

Actor call time 5 pm; Show 6-7:30 pm

Intro to Color Guard

Entering Grades 6-10

Cones, flourishes, and windmills, oh my! This entry-level class to Color Guard will introduce participants to several basic flag moves and a toss or two. Families are invited to the final 15 minutes on the last class day for a showcase highlighting what was learned. Price includes practice flag and pole to use in class and take home to keep.

Michelle Howard

#5024 Tu/Th July 8-17 \$105 9-11 am
4 sessions CMS Gym 5/outside weather permitting

Color Guard Tosses

Entering Grades 6-10

Prerequisite: Intro to Color Guard

Wanna throw a five-foot pole in the air and look cool doing it? This advanced color guard class will teach you at least five different fun tosses. Participants will have an option to showcase their color guard skills and tosses during a presentation at the Food Truck & Fun Festival Aug 14. Include T-shirt size when registering.

Michelle Howard

#5025 Tu/Th Aug 5-14 \$125 (includes T-shirt)
4 sessions 9-11 am + 5 pm presentation on Aug 14
CMS Gym 3/outside weather permitting

Intro to Centennial Marching Band

Entering Grades 8-10

Calling all Centennial band students entering grades 8, 9 and 10! Would you like to get a glimpse of what it's like to be in the Centennial High School Marching Band? Then this is the place for you!

Expect to spend four days with Mrs Scheibe (CMS) and Mr Kuehn (CHS) learning what the marching band at Centennial is all about. Learn music and marching techniques, receive music that you will get to keep, and most importantly make some new band friends! In just four days you will go from a marching beginner to performing an actual marching band show for family and friends on the field at the high school!

Students must bring their own instrument and have comfortable athletic shoes. Students that play school-owned instruments or are Percussionists need to communicate with a director so we can prepare instruments for you.

When registering you **MUST** list the instrument you play and T-shirt size! To receive a camp t-shirt, you must register by July 21, we can't guarantee a t-shirt after this date. Please make sure you provide a current email address for communication.

Carvel Kuehn,
HS Band Instructor

Stephanie Scheibe,
MS Music Instructor

#5328 M-Th Aug 4-7
4 sessions \$109 9 am-noon
CHS/West: Band Rm & Practice Turf

**Final Performance Thur, Aug 7
11:30 am on the CHS Turf Field
FREE and open to the public**





Intro to Dungeons & Dragons NEW

Entering Grades 6-8

Adventure awaits! Join us for an exciting introduction to the world of Dungeons & Dragons! This fun and interactive class is perfect for those who are curious about storytelling, teamwork, and adventure. Learn how to create your own characters, explore imaginative worlds, and roll dice to see how your choices shape the story. No previous experience expected. Your instructor/Dungeon Master is high school teacher T-Pop.

Tyson Poppleton

\$35 9 am-noon CHS/East: Rm 215
 #7650-A M June 16
 #7650-B Tu June 17
 #7650-C M June 23
 #7650-D Tu June 24

D&D One-Shot Adventure NEW

Entering Grades 6-8

Calling young adventurers! Join us for a thrilling one-shot Dungeons & Dragons adventure where you'll dive into a single epic quest. This short, fun-filled journey is a chance to meet up with other adventurers to tackle challenges that will test your creativity, problem solving, and teamwork. This class is built for those with some familiarity with Dungeons and Dragons. Perfect for those who took the Intro to D&D course. Your instructor/Dungeon Master is high school teacher T-Pop.

Tyson Poppleton

\$35 9 am-noon CHS/East: Rm 215
 #7651-A W June 18
 #7651-B F June 20
 #7651-C W June 25
 #7651-D Th June 26

Middle School Tour & Scavenger Hunt NEW

Entering Grade 6

Anxious about transitioning from elementary to middle school? Would you feel better having an opportunity to spend a few hours touring the school, meeting new friends from the other elementary buildings, and exploring while taking part in an exciting scavenger hunt? Pizza lunch included. A special greeting from the middle school will be provided. Register early as spots fill quickly.

Wed Aug 13 \$18
Check in: CMS: Cafeteria
 #8501-A 12-3 pm
 #8501-B 4-7 pm



Little Nature Adventures! NEW

Ages 2-5 with Adult

Let's get outside and watch the seasons change. Bring your preschooler and join Naturalist, Jon, at Wargo Nature Center, for a story and a hike. Adults and children will explore with our senses and see what we can find. Come dressed for the weather as these classes will be primarily outside.

Mon 10-11 am \$15 adult/child pair
Wargo Nature Center
 #1056-D Apr 14 Springtime Sprouts
 #1056-E May 12 What's in the Water?



Summer Sensory Camp NEW

Ages 4-10

An occupational therapist and support staff will guide participants through outdoor activities targeting all the senses while engaging in cooperative play with peers. Sniff our sensory garden, keep your eyes peeled during our nature hunt, and get your hands wet while playing in water. We welcome children of all abilities, including children with special needs who can participate in a small group. This is a great camp for children with special needs and their siblings.

If your child needs additional assistance, caregivers are welcome.

Jennifer Corbin and Victoria Holmquist, licensed Pediatric Occupational Therapists specialized in sensory integration and special needs with Advance Therapy.

5 sessions M-F Aug 4-8 \$195
Advanced Therapy
 #1027-A Ages 4-6 9-10:30 am
 #1027-B Ages 7-10 11 am-12:30 pm



Social Emotional Skills Mini Class

Ages 6-12

We have arranged the short classes to take place in advance of our summer camps to review or learn techniques to best navigate social settings, group activities, and guided instruction in our various summer camps.

Mental health practitioners from Lee Carlson will lead participants through instruction covering basic coping skills, emotional regulation, and emotional identification.

All participants must complete a consent form that will be sent to the email used for registration.

Children of all abilities are welcome, including those who may have special needs.

Lee Carlson Center for Mental Health and Well-Being

Mon Free 8-8:45 am

CHS/East: Rm 120

#6062-A June 9

#6062-B June 23

#6062-C July 14

#6062-D July 28

#6062-E Aug 4

Classes Dates to be Announced

Please sign up on the waitlist to receive details

Class will run sometime between June and August. Visit isd12.ce.eleyo.com and add the participant to the waitlist to receive additional communications once specifics are known. Taught by Abbey Sculley, certified American Heart Association instructor, Emergency Medical Technician (EMT)

Confident Home Alone

Ages 8-11

Learn skills to be more comfortable home alone. Discover personal strengths and challenges as they relate to being unsupervised. We'll focus on awareness of your surroundings both in and outside the house. Prepare for potential emergency situations for yourself and others who may be in your care. Basic First Aid will be covered. Discussions and demonstrations provide an overview on topics like: cooking, emergency preparation and plans, weather emergencies (what to have on hand and what to be aware of), hazardous materials and their storage, strangers, spending time with friends, etc. Bring a lunch with beverage.

#6701 RL/ECC: Rm 101
9 am-noon or 12-3 pm \$45

Confident Sitter Ages 11+

Learn skills to be a confident babysitter. Prepare for potential emergency situations with an overview of choking and basic first aid specific to infants and children. Discover personal strengths and challenges as they relate to caring for children. Discussions and demonstrations provide an overview on how to interact positively with children, manage challenging behaviors, prepare meals and snacks, diaper and bottle feeding. Bring a lunch with beverage and a doll.

#6702 9 am-3 pm RL/ECC: Rm 101
\$78 (includes bag and manual)

Confident Sitter First Aid, CPR & AED Ages 11+

Prerequisite: Completion of Confident Sitter or basic babysitting knowledge. Take basic child care a step further in this small class featuring individual attention for each participant's review and demonstration of skills.

Successful completion will certify students in basic first aid, CPR and AED for infants, children, and adults - an important asset for a babysitter. Learn to recognize and treat life-threatening emergencies including cardiac arrest, broken bones, bleeding, choking, allergic reactions, diabetic emergencies, etc.

Must be committed to taking the topics seriously to receive certification indicating mastery of skills. Receive a Heartsaver CPR AED Completion Card and student workbook (a \$25 value). Bring a lunch with beverage.

#6703 9 am-2 pm
\$88 RL/ECC: Rm 101


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Gymnastics

Gymnasts of all ages and abilities will learn the basics of gymnastics while improving strength, coordination, flexibility, balance, agility, confidence, and social skills for children of all ages and abilities.

Lead Instructor Kelly Border. All classes are held at the Centennial High School East Building in the gymnastics room across from the pool locker room, use entrance N52. **With the exception of Wiggle Time, parents/guardians asked to wait for children near the gymnastics room. You may want to bring a chair.**



Wiggle Time-Parent/Child Ages 2-3

Children will use mats, parachutes, trampoline, and other equipment to explore and discover the world around them developing fundamental movement and problem solving skills. This is a great opportunity to get in the gym with your child and play in a safe, fun, semi-structured environment. Children run, tumble, and spend time with you, while developing their gross motor skills. Class consists of 10 minutes of group time, 30 minutes of open (semi-structured free time) and five minutes of group time at the end of class.

Little Tumblers Age 3-4

Must be potty trained, able to follow basic instructions and be comfortable in a group without parent

Developing gymnasts will learn basic and fundamental gymnastics skills in a safe, fun, age appropriate, structured environment. No tights. Socks or bare feet only.

Tumblers Age 5-7

Gymnasts will learn basic tumbling skills (forward and backward rolls, cartwheels, handstands, basic jumps and locomotor skills) and discover the basics on bars, balance beam, and vault. More advanced Tumblers will work on: Intermediate skill progressions on floor, bars, balance beam and vault. New skills introduced include: back bends, front and back handsprings on floor, back hip circles, and stride circles on bars and cartwheels on low beam.

Twisters Age 8+ All Gymnastic levels

Gymnasts will work on skills according to ability. After initial group warm-up, gymnasts will be divided each session according to skill level from Beginner I to Intermediate.

Advanced Gymnastics Invitation only

Contact us if you believe you may be eligible. Gymnasts invited to this class will be required to have advanced skills on most events, have a strong work ethic, and desire to excel at a faster pace.

Open Gym

Entering Grades 1-6, all skill levels

Open gymnastics is a non-structured, supervised time to practice gymnastics skills and have fun. All participants must sign in upon arrival. \$5/person at the door. No preregistration required.

“Floor is Lava”

Adventure Challenge Age 5-12

Jump, climb, and balance your way to safety in this fun-filled “Floor is Lava” class. Kids will use their imagination while developing coordination, teamwork, and problem-solving skills as they navigate obstacle courses designed to mimic the classic game. Perfect for young adventurers who love a challenge.

High School Gymnastics

Prep Class Ages 12+



Ready to take your gymnastics skills to the next level? Join our fun and dynamic High School Gymnastics Prep Class, designed for gymnasts who are looking to prepare for high school gymnastics. Taught by a former 5-year varsity high school gymnast and Centennial Teacher, this class will give you the tools and confidence you need to excel in your high school gymnastics career. Whether you're looking to master your tumbling, improve your bar skills, fine-tune your balance beam skills, or even create routines for all events, our expert coach will guide you every step of the way. With personalized coaching, a focus on technique, and a fun, supportive environment, you'll build strength, flexibility, and confidence to help you shine on various events. Get ready to nail your high school gymnastics tryouts and set yourself up for success in the season ahead. Let's flip and twist into high school gymnastics together.





SUMMER GYMNASTICS

Session I

Tues, June 10-July 15 5 sessions No class July 1

Twisters	#6034-A	9-10:30 am	\$75
Tumblers	#6000-A	10:40-11:40 am	\$50
Open Gym		11:45 am-12:15 pm	\$5 Drop in
Little Tumblers	#1401-A	5:30-6:15 pm	\$38
Wiggle Time	#1400-A	6:25-7:10 pm	\$38

Wed, June 11-July 16 5 sessions No class July 2

Wiggle Time	#1400-B	9:45-10:30 am	\$38
Little Tumblers	#1401-B	10:40-11:25 am	\$38
Tumblers	#6000-B	11:35 am-12:35 pm	\$50
HS Prep	#6008-A	1:15-3 pm	\$88
The Floor is Lava	#6009-A	3:10-4:10 pm	\$50
Tumblers	#6000-C	5-6 pm	\$50
Little Tumblers	#1401-C	6:10-6:55 pm	\$38
Tumblers	#6000-D	7:05-8:05 pm	\$50
Twisters	#6034-B	7:05-8:35 pm	\$75

Thu, June 12-July 17 4 sessions No class June 19, July 3

Little Tumblers	#1401-D	4:05-4:50 pm	\$30
Tumblers	#6000-E	5-6 pm	\$40
Tumblers	#6000-F	6:10-7:10 pm	\$40
Twisters	#6034-C	6:10-7:40 pm	\$60
Open Gym		7:45-8:15 pm	\$5 Drop in

Session II

Tues, July 22-Aug 12 4 sessions

Twisters	#6034-D	9-10:30 am	\$60
Tumblers	#6000-G	10:40-11:40 am	\$40
Open Gym		11:45 am-12:15 pm	\$5 Drop in
Little Tumblers	#1401-E	5:30-6:15 pm	\$30
Wiggle Time	#1400-C	6:25-7:10 pm	\$30

Wed, July 23-Aug 13 4 sessions

Wiggle Time	#1400-D	9-9:45 am	\$30
Little Tumblers	#1401-F	9:55-10:40 am	\$30
Tumblers	#6000-H	10:50-11:50 am	\$40
HS Prep	#6008-B	1:10-2:55 pm	\$70
Floor is Lava	#6009-B	3:05-4:05 pm	\$40
Little Tumblers	#1401-G	4:15-5 pm	\$30
Tumblers	#6000-J	5:10-6:10 pm	\$40
Twisters	#6034-E	6:15-7:45 pm	\$60

Thu, July 24-Aug 14 4 sessions

Little Tumblers	#1401-H	4:05-4:50 pm	\$30
Tumblers	#6000-K	5-6 pm	\$40
Tumblers	#6000-L	6:10-7:10 pm	\$40
Twisters	#6034-F	6:10-7:40 pm	\$60
Open Gym		7:45-8:15 pm	\$5 Drop in

Birthday Parties



Plan your Birthday or Special Day with Us!

Up to 15 children, Age 4-12

1½ hours Sat Afternoons

Spend the first hour doing gymnastics or playing in the pool. The last half hour is reserved for refreshments you would like to provide or a gift opening. Chairs and tables provided with decorative table coverings.

All participants must have a signed waiver to participate. Party host must remain on site for duration of your party.

Pool Parties

Swim, relax and enjoy your child's birthday or special occasion in our indoor pool that is especially reserved for your child. Certified lifeguard on duty but parents/guardians must accompany swimmers who cannot swim the width of the pool with front crawl, non-stop with rhythmic breathing. Call 763-792-5240 for availability.

Gymnastics Parties

Throw an energized party where guests will tumble, flip, swing and dangle in a safe, fun gymnastics environment. Start with a short warm up and then choose from three combinations of activities to customize your party. Gymnastic staff on hand at all times to supervise and lead gymnastic activities. Reserve your date today!

Call 763-792-6100 for availability.

\$175 CHS/East: Lower Level

Have a special date or time to request outside those listed?

Please contact us and we'll see if we can make it work.

Youth Recreation & Sports



Cougar Strength Weight Training Entering Grades 6-12

You must be a Centennial student to enroll in this course.

The Cougar Strength Summer Program is a competitive and engaging training experience designed to help Centennial athletes enhance their strength, speed, and overall athletic ability. Through a combination of advanced strength training, explosive speed drills, and agility exercises, participants build the skills needed to excel in their sports. The program fosters a fun yet challenging environment, encouraging athletes to push their limits while promoting teamwork, discipline, and a winning mindset. Led by experienced coaches, this program is ideal for those looking to stay in peak condition and gain an edge for the upcoming sports season. It is time to prepare to raise the standard at Centennial in the 2025-26 school year!

There will be no make-up for canceled sessions due to its low price. Sessions will take place both outdoors and indoors. Participants check in on Turf 2 or the grass field near it. If weather is a factor, watch your email/text for instructions. Please follow @CougStrength on "X" for updates as well.

#6300 M-Th June 9-July 31. No June 19, June 30-July 3 27 sessions \$99 CHS: Turf 2 & Weight Room

6:45-8:30 am (Session 1 & 2)

Session 1: Incoming 11th/12th Grade Boys

Fall/Winter Contact Sports-Football, Wrestling, Hockey

This upperclassmen group is high intensity, competitive, data driven and will be fast paced. It will be assumed that individuals in this group will have some previous strength training experience.

Session 2: Incoming 9th/10th Grade Boys

Fall/Winter Contact Sports-Football, Wrestling, Hockey

This high school group is high intensity, competitive, data driven and will move at a fast pace. Athletes will learn to follow a specific program for improving the athlete. Progressions and groupings will be developed based on the individuals experience.

8:30- 10 am (Session 3 & 4)

Session 3: 9th-12th Grade Females - ALL SPORTS

This high school group is high intensity, competitive, data driven and will move at a fast pace. Athletes will learn to follow a specific program for improving the athlete. Progressions and grouping will be developed based on the individuals experience.

Session 4: 9th-12th Boys - Basketball, Lacrosse, Baseball, Soccer, Swim, Track/XC, Volleyball, Ski, Golf

This high school group is high intensity, competitive, data driven and will move at a fast pace. Athletes will learn to follow a specific program for improving the athlete. Progressions and groupings will be developed based on the individual's experience.

9:45-10:45 am (Session 5 & 6)

Session 5: 8th Grade Males - ALL SPORTS

This group will be geared for athletes that want to move at a faster pace, increase intensity and prepare you for what you will experience as a high school athlete. This group will be set up like our first three sessions following a progression and mastering foundational movements.

Session 6: 7th Grade Males - ALL SPORTS

This group will be geared for introducing athletes to the High School Cougar Strength movements while following a systematic progression to ensure that athletes are becoming proficient in our building block movements.

10:15 - 11:15 A.M. (Session 7 & 8)

Session 7: 7th/8th Grade Females - ALL SPORTS

This group will be geared for athletes that want to move at a faster pace, increase intensity and prepare you for what you will experience as a high school athlete. We will spend a lot of time learning foundational movements while learning about injury prevention and athletic performance.

Session 8: 6th Grade Males/Females - ALL SPORTS

This group will introduce the athlete to the movements performed in Cougar Strength. Through a fun and high energy atmosphere, athletes will learn proper speed/agility mechanics, proper jumping mechanics & introduced to resistance training

High School Swim & Conditioning Entering Grades 7-12 See page 55



Archery Club

Entering Grades 2-8

Explore archery as a lifetime sport while developing National Archery in the Schools Program (NASP) target archery skills. Learn safe techniques and practices; acquire skills related to effective communication, cooperation, rules, and respect in a group; use practice to improve skills and reach goals; rehearse good sportsmanship and gain exposure to the value of natural resources and the outdoor community.

Equipment provided (Genesis Compound bows) via the Minnesota Department of Natural Resources (NASP), National Wild Turkey Federation (Struttin' Toms Chapter), Minnesota Deer Hunters Association (Lakes Chapter), Minnesota Bowhunters, Inc., Centennial Community Education and Anoka County Youth Initiatives Grant.

Matt Doth

3 sessions \$45 CHS/East: Lower Gym

Grade 2-4 Mon July 14-28

#6360-A 6-7 pm
#6360-B 7:15-8:15 pm

Grade 5-8 Tues July 15-29

#6360-C 6-7 pm
#6360-D 7:15-8:15 pm

T-Ball

Ages 5-6

This class will focus on fun and fundamentals. Participants will learn basics and sportsmanship. Please dress to be active, bring a glove and a filled water bottle. Participants will practice skills through fun drills and may scrimmage the last session if numbers allow. T-shirt and hat included.

Adison Border and Ellie Mundale

6 sessions \$87 M June 2-July 7

GLE: Field 1 & 3

#6251-A 5:30-6:15 pm
#6251-B 6:30-7:15 pm

Blastball

Ages 3-5 with parent

Discover this fun game that teaches the fundamentals of baseball and softball. Teamwork, sportsmanship and safety will be emphasized. Hitting, running, throwing, and fielding will be covered.

A parent/guardian is required to be on the field participating with their child.

Each session includes instruction time and then the last session there will be game play. Blastbase honks when you jump on it adding to the excitement to make it to first base.

Bring a baseball glove and water bottle. Participants will receive a drawstring bag.

4 sessions \$56 Tu May 20-June 10

#6181-A 5:30-6:15 pm
#6181-B 6:30-7:15 pm
CVE: Field 1

4 sessions \$56 W July 16-Aug 6

#6181-C 5:30-6:15 pm
#6181-D 6:30-7:15 pm
GLE: Field 1



Coach Pitch Baseball

Ages 6-10

Coach-pitch baseball is for players who are a little more advanced than T-ball. If registration numbers allow, we will group players based on age. The coaches will pitch the ball to the batter overhand, instead of hitting off a tee.

Players need a glove, helmet, and water bottle. Fee includes a T-shirt and hat. We do need volunteer coaches, 2 per team. Coaches will receive a refund on one child's registration fees, a free team T-shirt and hat.

We are using fields at Golden Lake and Centerville Elementary. Please indicate your preferred location during registration. We will do our best to honor your location preference, but we will group by age first.

Teams will practice and play games at one of those two locations. Approximately 6-7 or 7-8 pm. Practices on Tuesdays will share field and green spaces. Coaches will call their own games on Thursdays, no umpires.

We will try and honor one friend request per player - please note this at time of registration, and they must be reciprocated by the other party. Each location will have four teams, with a max of 12 players per team.

Deadline to register is Tuesday, May 22. No refunds after this date.

12 sessions \$87 Tu/Th June 3-July 24
No baseball June 17 & 19, July 1 & 3

#6252-A 6-7 pm
#6252-B 7-8 pm
GL: Field 1, 2 & 3
CV: Field 2 & 3





Boys & Girls Basketball Open Gym

Entering Grades 4-12

Preregistration Required. No walk ups!

The Centennial Middle School gyms will be open on Tuesday, Wednesday and Thursday nights from 7-9 pm for boys and girls basketball players to practice their skills. A gym supervisor will be onsite for the duration of the open gym. High School coaches may be present on occasion to offer assistance; however, this is not an instructional program - just a chance for athletes to work on their game. Participants will check in each night with the supervisor. There is no open gym on June 19 & the week of July 1-3.

#6149 Tu/W/Th June 10-July 24
17 sessions *\$80 7-9 pm CMS: Gyms

*Those enrolled in Summer Boys Basketball Camp (Course #6154) or Summer Girls Basketball Camp (Course #6105) can register at the reduced rate of \$55.

Cougar Girls Basketball Camp

Entering Grades 1-12

Join the Centennial High School Girls' Basketball varsity coaching staff as we continue to work to develop some of the best basketball players in the state. Players will work to improve their dribbling, passing, shooting, and defensive skills through a variety of instruction and games. Players will be given ideas to take home in the off-season to help to continue to improve skills that can be transferred over to their game. Includes a T-shirt; indicate size when registering.

CHS girls' basketball coaching staff

Tues/Thurs June 10-26, July 15-31 11 sessions \$199

CMS: Gyms No class June 19, July 1-10

#6105-A Grades 4-5 2:30-4:30 pm

#6105-B Grades 6-7 12:15-2:15 pm

Mon/Wed June 9-25, July 14-30 12 sessions \$215

CMS: Gyms No class June 30-July 9

#6105-C Grades 8-12 12:15-2:15 pm

Mon/Wed June 9-25 6 sessions \$90 CMS: Gyms

#6105-D Grades 1-3 2:30-4 pm

Cougar Boys Basketball Camp

Entering Grades 1-12

Time to grab your shoes and hit the court for this beginning basketball camp. Players will work with the high school coaching staff and players to learn the fundamentals of basketball. There is lots of instruction centered around creating a fun, comfortable environment for all involved. Includes a T-shirt; indicate size when registering.

CHS boys' basketball coaching staff

7 sessions \$60 Mon June 9-July 28 CHS/East: Upper Gym

#6154-A Grades 1-3 9-10 am No class June 30

20 sessions \$180 Tu-Th June 9-July 28

CHS/East: Upper & Lower Gym No class June 19 & July 1-3

#6154-B Grades 7-8 8:15-9:15 am

#6154-C Grades 4-6 9:15-10:15 am

#6154-D Grades 11-12 10:15-11:15 am

#6154-E Grades 9-10 11:15 am-12:15 pm



Fencing Summer Camp

Entering Grades 2-9

New and returning participants invited. Your favorite instructors return with more knowledge, refined coaching skills and, of course, your favorite fencing games and arm bands. Safety is our first priority. We supply safety swords, protective masks, chest plates and jackets, in a high-octane, inclusive environment. Join this sport deemed the "sport of the intellectual athlete."

Youth Enrichment League

#6029 M-Th July 14-17

4 sessions \$135 1-4 pm

CHS/East: Upper Gym/Cafe

High School Gymnastics

Prep Class Ages 12+

Ready to take your gymnastics skills to the next level? Join our fun and dynamic High School Gymnastics Prep Class, designed for gymnasts ages 12 and up who are looking to prepare for high school gymnastics. Taught by a former 5-year varsity high school gymnast and Centennial Teacher, this class will give you the tools and confidence you need to excel in your high school gymnastics career.

See page 38 for details



Spark Equestrian Day Camp Ages 6-12

Participants will learn the basics of horse care, grooming and riding. Take turns riding and leading horses for other riders while learning the techniques to walk, steer and stop a horse properly. Camp also includes games, crafts, and making treats for the horses. We will spend time both indoors and outside so wear multiple layers. Long pants and close-toed shoes are required. Helmets will be provided. A waiver will be provided upon registration, completed waivers must be handed in at camp. Bring a peanut-free lunch and a beverage.

Kate Goodpaster

9 am-2 pm	\$140	
Hardwood Creek Farm, Hugo		
#6960-A	M	May 26
#6960-B	M	June 16
#6960-C	M	June 30
#6960-D	F	July 11
#6960-E	M	July 21
#6960-F	Th	July 31
#6960-G	Th	Aug 7
#6960-H	M	Aug 18



Cougar Football Camps

Players who signed up with CYFA for fall 2025 tackle football can attend camp for free; however, they must register. Those not registered with CYFA are welcome to participate, there is a camp fee. Please select the session that correlates with your child's grade level they will be entering in the fall. Registrations received after July 20 cannot be guaranteed a T-shirt.

Come in comfortable athletic clothing and tennis shoes. Helmet and other equipment not needed. Bring a water bottle with your name on it. Camp includes a T-shirt and instruction by high school football coaches and players.

3 sessions M-W July 28-30

#6104 Entering Grades 2-6
Free/\$65 5:30-6:45 pm

Designed for tackle football players. This camp features offensive instruction including technique play for quarterbacks, running backs, receivers and linemen. Defensive instruction includes technique play for interior linemen, linebackers, ends and defensive backs. Kicking game skills will also be covered. Participants will be divided into groups by age.

#6113 Entering Grades 7-8
Free/\$79 7-8:15 pm

Learn the Cougar offense, a few new wrinkles, and the 4-2-5 Defense used at all levels of play in the high school. The camp will help players get a head start on the season. Includes a T-shirt.

Mom & Me Football Challenge

Entering Grades 2-5 with female adult

Time for moms to get out of the stands and spend some time on the turf. Sign up for our 66th annual Mom and Me Football Challenge. Join coaches and football players for a fun evening. Participate in a number of contests, some involving skill or just for the fun of it. Moms or other adult females are welcome to attend with sons and daughters. For completing this skills challenge, adults will receive a special Centennial football shirt. Shirts are women's cut, S-3XL. Bring a water bottle and dress to play! Rain date of August 7

Jay Robinson

#6116 W Aug 6
6:30-7:45 pm
\$32 child/adult pair
\$6 additional child
CHS: Practice Turf



After-School Youth Soccer Grades 3-5

There's still time to register for the spring season of after-school soccer. Join high school players and/or retired varsity head coach for a fun after-school soccer program. Lessons will work on fundamentals through skills and drills. We'll focus on having fun and being active. Scrimmages will take place as well. Practice will meet outside weather permitting. Please bring a water bottle and shin guards, tennis shoes are needed if class held inside, or soccer cleats are fine if class is outside.

4 sessions \$52 3:45-5 pm

Blue Heron	#6419-W25A2	M	Apr 28-May19	BH: Baseball Field
Rice Lake	#6419-W25B2	Tu	Apr 29-May 20	RL: Soccer Fields
Centennial	#6419-W25C2	W	Apr 30-May 21	CT: Field 3
Golden Lake	#6419-W25D2	W	Apr 30-May 21	GL: Field 3
Centerville	#6419-W25E2	Th	May 1-22	CV: Field 4



Centennial Youth Flag Football

Join the Cougar team!

Why flag football for K-1st?

- Introduce football in a non-contact setting (strictly enforced)
- Learn and focus on:
 - Fundamentals
 - Various positions & skills
 - Terminology
 - Game rules
 - Sportsmanship + more!
- Promote physical activity and form new friendships



Visit centennialyouthfootball.com
to register for flag and learn more

Older? Visit the same site to register for 2nd-8th tackle football!

Grades: K – 1 (boys & girls)

Cost: \$65 (includes game jersey, flags/belt, referees and field use).

Player will need athletic shoes or molded cleats, and a mouth guard.

Additional questions?

Contact: cyfamn@gmail.com



Key flag dates

Registration: April 15 – August 15

Practices: Begin late August/early September

Games*: Early September – mid October

*Games begin after Labor Day and end by Oct. 12.
8-10 total games played, all at Aquatore Park in Blaine.



Centennial Youth Tackle Football

Join the Cougar team!

Why tackle football?

- Experience the ultimate team-building sport and meet new people
- Develop skills properly, leveraging new and safer tackling techniques
- Increase physical strength and great overall exercise
- Apply life lessons off the field; build resilience



Visit centennialyouthfootball.com
to register for tackle and learn more

Not in 2nd grade yet? Visit the same site to register for K-1 flag football!

Grades: 2 – 8 (boys & girls)

Cost: \$225 grades 3-8; \$99 grade 2

Contact: cyfamn@gmail.com



Key tackle dates

Registration: April 15 – June 18

Weigh-ins: May 20 & June 18

Clinics: June 24 & 26

Camps: July 28, 29 & 30

Practices: Begin week of Aug. 4

Games*: Late August – October



*Games could begin late August for 5th-8th; final bowl games weekend of Oct. 11-12 with potential for additional, optional games through October.



Mini Kickers Soccer Ages 3-5

Mini Kickers is a high-energy program for soccer players 3-5 years old. Mini Kickers is a FUN, age-appropriate, and professionally guided introduction to the game of soccer. Boys and girls from novice to competent learn soccer skills through fun games and get to use these newfound skills in a daily scrimmage. Bring a size 3 soccer ball. Shin guards optional. Tennis shoes only (no cleats). For safety and cleanliness, please carry tennis shoes into gym. Water only allowed in the gym.

Jeff Ottosen

5 sessions	\$74	
#6379-A	Su June 15-July 20	No class July 6 5:15-6 pm CHS/East: Upper Gym
#6379-B	Su June 15-July 20	No class July 6 6:10-6:55 pm CHS/East: Upper Gym
#6379-C	M June 16-July 14	10:15-11 am CHS/East: Lower Gym CHS/East: Upper Gym June 30 only
#6379-D	M June 16-July 14	5:30-6:15 pm CV: Gym
#6379-E	Tu June 17-July 15	5:15-6 pm CMS: Gyms
#6379-F	Tu June 17-July 15	6:10-6:55 pm CMS: Gyms

Cougar Girls Soccer Camp Entering Grades 8-12

Join the Centennial High School girls' soccer coaching staff for a pre-season camp that is designed for those who are interested in playing high school soccer for the 2025 fall season. The camp will challenge and educate players on their individual attacking and defending principles. Each day will have a focus on the principles and player actions that the Centennial girls' soccer team applies during the four phases of the game: In possession, out of possession, transitioning in to out, transitioning out to in. Camp is facilitated by varsity coach, Manny Cobo, and members of his staff. Camp includes a T-shirt. Indicate size when registering. T-shirt deadline July 10.

Manny Cobo and coaching staff

#6304	M-Th	July 21-24
4 sessions	\$99	1-3 pm CHS: Practice Turf

Cougar Soccer Academy

Entering Grades K-3

Serious about your soccer development? Then we want you in Cougar Soccer Academy - the highest level of technical and tactical advancement, for boys and girls, with curricular-based learning at its best. Start with 60 minutes of training followed by a 30-minute futsal game for friends and family to watch. We're building a pathway to excellence in our community. Participants must carry in clean, dry shoes to wear in the gym. No street shoes. Bring a labeled water bottle. Water only in the gym. No food, sports drinks, coffees or other beverages allowed in the gym by participants or spectators.

Jeff Ottosen

#6193 M June 16-July 14
5 sessions \$169 6:15-7 pm CV: Gym



Summer Recreational Soccer

Entering Grades K-5

Centennial Soccer Club will be leading the 2025 Summer Recreation Soccer Program! Practice time has a focus on age-appropriate training that will include ball control, dribbling, passing, shooting, defending, and teaching the basics of the game. Practices will be 50 minutes long. Sessions are led by volunteer coaches. Schedule, field information, roster, etc. will be powered by Sports Engine App (more info will be sent out as teams are formed). Bring shin guards, cleats, and a soccer ball (size 3 for grades K/1 and size 4 for grades 2-5). Everyone will receive a Centennial Soccer Club jersey. Indicate t-shirt size when registering.

#6381 13 sessions \$130 Wed & Sun, May 18-July 9
No soccer May 25, July 2 & July 6 RL: Soccer Fields
Wed practice: 1 hour between 5-8 pm
Sun games: 3 pm, 4 pm, or 5 pm

Practice and game times will be finalized prior to season start. Game times will vary. Practice time will be consistent.

Summer Kickoff: May 18 Get your jersey & meet coaches!
Deadline to register is Sunday, May 4. No refunds thereafter.

Volunteer coaches needed!

If you can help, please volunteer to be a coach. All volunteers get a free season for one child's enrollment per team coached. Coaches meeting date TBD.

**FALL RECREATIONAL SOCCER
NOW OPEN FOR REGISTRATION, see page 56.**



For after school soccer- see page 43



Tenicity Tennis

Tenicity is led by Harsh Mankad, a Gopher Hall of Fame inductee, former ATP professional player, and USTA award-winning tennis program leader.

All of the coaches are personally trained and certified by Harsh to ensure they effectively teach stroke development and fundamentals in line with Tenicity's proven developmental system.

"Try Tennis" Clinic Ages 5-17

In celebration of National Tennis Month, we invite participants ages 5-17 to try tennis and bring along their friends to the new Middle School Tennis Courts! Participants will learn tennis skills, play games, and gain encouragement to play the sport. Event is free, but preregistration required.

Free Sat May 10 CMS: Tennis Courts

#6223-A1	Ages 5-10	4-5 pm
#6223-A2	Ages 11-14	5-6 pm
#6223-A3	Ages 15-17	5-6 pm

Beginner Tennis Camps & Lessons

Ages 5-16 Specify your child's age when registering

Give your child an unforgettable summer and build your child's journey into the lifelong game of tennis with Tenicity's expert-led camps or lessons. Trained coaches will teach the fundamentals while inspiring a love for the game. Each day follows a structured plan, progressing players through Tenicity's Beginner Development Path. Along with tennis instruction, we focus on positive youth development through sports, integrating valuable life lessons as part of the overall learning experience. Program Skill Levels: Participants will be grouped by both age and skill level to ensure appropriate placement. The structure below ensures that each player receives appropriate training tailored to their level of development.

- ◆ Beginner Stage 1: For new players with little or no prior tennis experience.
- ◆ Stage 2 or 3: For players with previous training, placed according to their current abilities as assessed by coaches.



4 sessions Mon-Thurs JPAC

Group Lessons: Age 5-7 12:15-1:15 pm \$74

Camp: Age 8-12 & 13-16 9 am-noon \$222

#6204-A	June 9-12
#6204-B	June 16-19
#6204-C	June 23-26
#6204-D	July 14-17
#6204-E	July 21-24
#6204-F	July 28-31
#6204-G	Aug 11-14
#6204-H	Aug 18-21
#6204-J	Aug 25-28

Sun CMS Tennis Courts

Group Lessons: Age 5-8 5-6:30 pm

Age 9-12 & 13-16 6:30-8 pm

#6204-K	June 8-June 29	4 lessons \$111
#6204-L	July 13-Aug 17	6 lessons \$155

Track & Field Camp Ages 4-12

Our local adult track experts, along with track athletes, are gearing up to offer your child a FUN and CHALLENGING summer track & field experience! Running, sprinting, hurdles, and field events will be offered throughout the week. Each participant will also receive a track program t-shirt. You simply cannot miss your chance to begin building your track skills . . . or better yet, just to have fun outdoors!

Families are invited to attend on the last Sunday at 7:15 pm for a mini track meet.

Vince Murphy

4 sessions Sun June 1-29 No session June 15

CMS: Track

#6214-A	Ages 4-6	6:30-7:15 pm	\$36
#6214-B	Ages 7-9	6:30-7:15 pm	\$36
#6214-C	Ages 10-12	6:30-7:45 pm	\$59

Cougar Volleyball Camp

Entering Grades 4-9

Join the high school girls' varsity coach and players for camp. Beginners will learn the fundamentals and increase individual skills while being introduced to team play. Boys in grades 4-6 may sign up for the Beginner session. In addition to basics, grades 7-9 will work on offensive and defensive skills. Advanced players will have more team play and strategy added onto individual skills. Grades 7-9 may sign up for both sessions but will be separated by level of skill for safety reasons. Bring knee pads and a labeled water bottle. Camp includes T-shirt. Please provide T-shirt size when registering.

4 sessions \$89 July 7-10 CMS: Gyms 1-3

#6350-A	Grades 4-6	Beginner	8-10 am
#6350-B	Grades 7-9	Skills	10 am-noon
#6350-C	Grades 7-9	Advanced	1-3 pm
#6350-D	Grades 7-9	Boys	3-5 pm



Warrior Boot Camp

Entering Grades 1-6

Discover your superhuman strength with a mixture of different sports/obstacle training and martial arts. Have a blast building confidence, teamwork, social skills, and good sportsmanship, all while getting tons of physical activity. Remember strong bodies build strong minds.

Planting Seeds Academic Solutions

#6126	M-Th	July 28-31
4 sessions	\$165	1-4 pm CHS/East: Upper Gym

Skyhawks Sports Camps

Experience the thrill of team sports with Skyhawks! These well-rounded camps are designed for young players and teach all the skills needed from beginners to mastering the essentials. For a full camp description, please visit isd12.ce.eleyo.com.



NEW! Baseball	Ages 8-12	#6165	M-Th	Aug 4-7	1-4 pm	\$139	JPAC
Hoopster Tots	Ages 2-3	#6160-A1	Tu	June 10-July 1	5-5:30 pm	\$69	CHS/East: L Gym
Hoopster Tots	Ages 3-4	#6160-A2	Tu	June 10-July 1	5:35-6:05 pm	\$69	CHS/East: L Gym
Mini Hawk Basketball	Ages 5-6	#6160-A3	Tu	June 10-July 1	6:10-6:55 pm	\$75	CHS/East: L Gym
Basketball	Ages 6-12	#6160-A	M-Th	June 9-12	9-noon	\$139	CMS: Gym 3
Basketball	Ages 6-12	#6160-B	M-W	June 30-July 2	1-4 pm	\$109	CHS/East: L Gym
Basketball	Ages 6-12	#6160-C	M-Th	July 28-31	1-4 pm	\$139	CHS/East: L Gym
Basketball	Ages 6-12	#6160-D	M-Th	Aug 11-14	1-4 pm	\$139	CMS: Gym 1
Cheerleading	Ages 6-12	#6159-A	M-W	June 30-July 2	9-noon	\$109	CHS/East: L Gym
Cheerleading	Ages 6-12	#6159-B	M-Th	Aug 4-7	9-noon	\$139	CHS/West: Cafeteria
Beginning Golf	Ages 6-9	#6418-A	M-Th	June 9-12	1-4 pm	\$139	CMS: Field 8
Beginning Golf	Ages 6-9	#6418-B	M-Th	July 7-10	9-noon	\$139	CMS: Field 8
Flag Football	Ages 6-12	#6158-A	M-W	June 30-July 2	9-noon	\$109	CHS: Field 3
Flag Football	Ages 6-12	#6158-B	M-Th	Aug 4-7	9-noon	\$139	CHS: Field 3
NEW! Lacrosse	Ages 6-12	#6142	M-Th	June 23-26	1-4 pm	\$139	JPAC
Multi-Sport	Ages 6-12	#6164-A	M-Th	July 14-17	9-noon	\$139	JPAC
Multi-Sport	Ages 5-7	#6164-B	M-Th	July 14-17	1-3 pm	\$119	JPAC
Pickleball	Ages 6-12	#6199-A	M-Th	June 23-26	1-4 pm	\$139	Hidden Ponds Park
Pickleball	Ages 6-12	#6199-B	M-Th	Aug 11-14	1-4 pm	\$139	Hidden Ponds Park
Super Tots Soccer	Ages 2-3	#6161-A	W	July 23-Aug 13	5-5:30 pm	\$69	LaMotte Park
Super Tots Soccer	Ages 3-4	#6161-B	W	July 23-Aug 13	5:40-6:10 pm	\$69	LaMotte Park
Super Tots Soccer	Ages 5-6	#6161-C	W	July 23-Aug 13	6:20-7:05 pm	\$75	LaMotte Park
Track & Field	Ages 6-12	#6162-A	M-Th	July 7-10	1-4 pm	\$139	CMS: Track
Track & Field	Ages 6-12	#6162-B	M-Th	July 28-31	9-noon	\$139	CMS: Track
Volleyball (Beginner)	Ages 6-10	#6157-A	M-W,F	June 16-18 & 20	9-noon	\$139	RL: Gym
Volleyball (Beginner)	Ages 6-10	#6157-B	M-Th	July 21-24	9-noon	\$139	RL: Gym
Volleyball (Advanced)	Ages 9-12	#6157-C	M-W,F	June 16-18 & 20	1-4 pm	\$139	RL: Gym
Volleyball (Advanced)	Ages 9-12	#6157-D	M-Th	July 21-24	1-4 pm	\$139	RL: Gym



DASH Sports Camps



DASH Sports Camps introduce players to the key elements of the sport in a fun, positive environment

Please bring water to all camps. For younger ages, parent participation is either required or recommended as needed where noted. For a full camp description, please visit isd12.ce.eleyo.com

Multi-Sport Camp Ages 6-12

#6216-A	F	June 6	9 am-4 pm	\$79	CMS: Field 8 & 9
#6216-B	M	June 9	9 am-4 pm	\$79	RLE: Gym B/C, Field 6
#6216-C	Tu	June 10	9 am-4 pm	\$79	RLE: Gym B/C, Field 6
#6216-D	W	June 11	9 am-4 pm	\$79	RLE: Gym B/C, Field 6
#6216-E	Th	June 12	9 am-4 pm	\$79	RLE: Gym B/C, Field 6
#6216-F	M-Th	June 9-12	9 am-4 pm	\$269	RLE: Gym B/C, Field 6
#6216-G	M-Th	Aug 11-14	9 am-noon	\$139	CMS: Gym 2, Field 8 & 9
#6216-H	M-Th	Aug 18-21	9 am-4 pm	\$269	CMS: Gym 2, Field 8 & 9
#6216-H1	M-Th	Aug 18-21	9 am-noon	\$139	CMS: Gym 2, Field 8 & 9
#6216-H2	M-Th	Aug 18-21	1-4 pm	\$139	CMS: Gym 2, Field 8 & 9



More Camps & Leagues

Athleticism	Ages 6-12	#6254	M-Th	July 28-31	9 am-noon	\$139	CMS: Field 8 & 9
Jr. NBA Basketball	Ages 5-8	#6954-A	M-Th	July 14-17	9 am-noon	\$164	RLE: Gym B/C
Jr. NBA Basketball	Ages 8-12	#6954-B	M-Th	July 14-17	1-4 pm	\$164	RLE: Gym B/C
Basketball Tykes	Ages 2-5	#6953	M-Th	July 14-17	4:30-5:15 pm	\$79	RLE: Gym B/C
Flag Football Tykes	Ages 2-5	#6957	M-Th	June 30-July 3	4:30-5:15 pm	\$79	RLE: Field 2 & 5
Flag Football	Ages 6-12	#6956	M-Th	June 30-July 3	1-4 pm	\$139	RLE: Field 2 & 5
Floor Hockey	Ages 6-12	#6255-A	M-W	June 16-18	1-4 pm	\$109	RLE: Gym A
Floor Hockey	Ages 3-6	#6255-B	M-W	June 16-18	4:30-5:15 pm	\$75	RLE: Gym A
Lacrosse	Ages 6-12	#6256	M-W	June 16-18	9 am-noon	\$109	RLE: Field 6
Phy Ed Games Tykes	Ages 3-6	#6963	M-Th	July 28-31	4:30-5:15 pm	\$79	RLE: Gym B/C
Phy Ed Games	Ages 6-12	#6964-A	M-Th	July 7-10	1-4 pm	\$139	RLE: Gym B/C
Phy Ed Games	Ages 6-12	#6964-B	M-Th	July 28-31	1-4 pm	\$139	RLE: Gym B/C
Pickleball	Ages 6-12	#6179-A	M-Th	July 21-24	9 am-noon	\$139	CMS: Courts
Pickleball	Grades 6-8	#6179-B	M-Th	July 21-24	1-4 pm	\$139	CMS: Courts
Soccer Tykes	Ages 2-6	#6965	M-Th	Aug 4-7	4:30-5:15 pm	\$79	CMS: Field 8 & 9
Soccer	Ages 6-12	#6259	M-Th	June 30-July 3	9 am-noon	\$139	RLE: Field 6
MLS GO Mini Soccer League	Ages 6-12	#6966	M-Th	Aug 4-7	1-4 pm	\$169	CMS: Field 8 & 9
Sports Sampler & Games	Ages 6-12	#6423	M-Th	July 7-10	9 am-noon	\$139	RLE: Gym B/C, Field 2 & 5
Sports Sampler Tykes	Ages 2-4	#6423-A	M-Th	June 23-26	4:30-5:15 pm	\$79	RLE: Field 2 & 5
Sports Sampler Tykes	Ages 4-6	#6423-B	M-Th	June 23-26	5:25-6:10 pm	\$79	RLE: Field 2 & 5
T-ball Tykes	Ages 2-3	#6961-A	M-Th	July 7-10	4:30-5 pm	\$69	RLE: Field 2 & 5
T-ball Tykes	Ages 4-6	#6961-B	M-Th	July 7-10	5:15-6 pm	\$79	RLE: Field 2 & 5
Track and Field	Ages 6-12	#6258	M-Th	Aug 4-7	9 am-noon	\$139	CMS: Track
Intro to Volleyball Tykes	Ages 3-5	#6955	M-Th	Aug 11-14	4:30-5:15 pm	\$79	CMS: Gym 3
Volleyball	Ages 5-8	#6955-A	M-Th	June 23-26	9 am-noon	\$139	RLE: Gym B/C
Volleyball	Ages 8-12	#6955-B	M-Th	June 23-26	1-4 pm	\$139	RLE: Gym B/C
Volleyball	Ages 8-12	#6955-C	M-Th	Aug 11-14	1-4 pm	\$139	CMS: Gym 3

Conquer Ninja Training

All activities held at Conquer Gym - Blaine.

Ninja Obstacle Training is extremely popular with kids and is a fun, unique way to develop confidence, strength, endurance, balance, and friendships! Sign up today to see how Ninja is easily one of the fastest growing sports today. Athletes benefit from training in agility, power, perseverance, and resilience; attributes that all athletes strive to improve. For full descriptions, go online at isd12.ce.eleyo.com Cancellation requests require a 2-week notice from start date. No refunds thereafter.

Intro to Ninja

Ages 5-13 4 sessions \$108 5-6 pm
#6210-A W June 4-25
#6210-C1 W July 9-30

Ages 5-13 4 sessions \$108 4-5 pm
#6210-B Su June 8-29
#6210-D Su July 13-Aug 3

Look for an extended 8-week option in Eleyo.

Conquer Ninja Rec Team

Ages 6-13 8 sessions \$225 5-6 pm
#6213-A Tu July 8-Aug 26
#6213-B Su July 13-Aug 31

Advanced Conquer Ninja Rec Team

Ages 6-13 8 sessions \$225 6-7 pm
#6218-A Tu July 8-Aug 26
#6218-B Su July 13-Aug 31

Next Step-up Ninja

Ages 5-13 4 sessions \$108 6:15-7:15 pm
#6217-A W June 4-25
#6217-C W July 9-30

Look for an extended 8-week option in Eleyo.

Ninja Summer Camp

Ages 6-13 4 sessions \$175 M-Th 9-11 am

#6211-A June 9-12
#6211-B June 16-19
#6211-C June 23-26
#6211-D July 7-10
#6211-E July 14-17
#6211-F July 21-24
#6211-G July 28-31
#6211-H Aug 4-7
#6211-J Aug 11-14
#6211-K Aug 18-21
#6211-L Aug 25-28



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Centennial Competition Cheerleading

Grades 1-12 for the 2025-2026 Season

Tryouts for Middle School and Varsity Competition Teams

Grades 5-12 for 2025-2026 school year

- o Middle School eligible: next year in grades 5-9
- o Varsity eligible: next year in grades 7-12

Tryouts required to be on the Middle School or Varsity Competition Cheerleading Teams for Centennial ISD12 for the 2025-2026 season.

- April 7-11
 - o Learn Materials - April 7 and 8, 5:30-8:30pm
 - o Tryout Night - April, 11, 6:00-7:00pm

Elementary Summer Cheerleading Camp

Grades 1-6 for 2025-2026 school year

Refresh your skills or see what competition cheer is all about at our elementary summer cheer camps! Athletes will learn and practice cheerleading skills including cheers, jumps, tumbling, and stunting.

- Session 1: June 17-19, 6:00-7:30pm
- Session 2: July 22-24, 6:00-7:30pm

Placements for Elementary Competition Teams

Grades 1-6 for 2025-2026 school year

Placements required to be on one of two Elementary Competition Cheerleading Teams for Centennial ISD12 for the 2025-2026 season.

- July 28-31
 - o Learn Materials - July 28 and 29, 5:30-7:00pm
 - o Placement Night - July 31, 5:30-7:00pm



Register for camp and/or tryouts at
www.centennialyouthcheer.com



More Than Pink Girls Grades 4-7

New topics and more fun added for 2025, so if you participated in the past, you can come back!

Grades 4-5 will meet together and grades 6-7 with meet together.

More Than Pink is a program to inspire girls to stay true to themselves and live free from societal stereotypes. This 5-week program innovatively weaves training for a 5K run with lessons that empower girls to celebrate their bodies, honor their voices, and embrace their gifts. All athletic abilities are welcome. More Than Pink works around summer schedules, camps and vacations. Even if girls are going to be gone for a day or for a week, they are still able to participate in the program. Information that is missed on certain topics will be handed out to the girls so they will still get the information.

A More Than Pink day consists of 50 minutes of a fun fitness activity and 50 minutes of a life lesson. This program meets three days a week. Topics may include friendship, team building, confidence, emotional intelligence, kindness, collaboration, interpersonal communication, individuality. We will be having women come from politics, fitness industry, and even professional sports team to come and speak to the girls.

More Than Pink Goals:

- ◆ To help girls grow and develop physically, mentally, and socially with local community support.
- ◆ To empower girls to be true to themselves at home and school, with self-image, friends, and activities.
- ◆ To provide resources and tools to help them not succumb to peer pressure, live with less stress, and become who they want to be.
- ◆ To measure fitness goals throughout the 5-week program.

The program builds throughout the summer and culminates in the girls, and others, running/walking a celebratory More Than Pink 5K on Monday, August 4 in the evening (Aug. 5 rain backup). Family and friends are welcome and encouraged to join the run! This is not a competitive race but a celebration of empowerment and inspiration! Family and friends can pay \$5 the night of the run to participate.

15 sessions Tue-Thurs July 8-Aug 7 9:30-11:30 am \$119 West Learning Commons #6306-A Grades 4-5 #6306-B Grades 6-7

Join us for a special More Than Pink Sampler Designed for girls in grades 4-7 where participants can get a taste of what this empowering program is all about

This session will feature a fun activity focused on building confidence, teamwork, and overall well-being. Attendees will get to experience a mix of physical movement, creative expression, and meaningful discussions - all in a supportive and uplifting environment. Whether you're a Seasoned "MTP'er" or want to try it out for the first time - this is perfect for you! P.S. A yummy snack will be provided, too!

#6306-C Sat, May 3 \$10 10 am-noon West Learning Commons

Kids Obstacle Mud Run

Sat, Aug 9 for Ages 4-12

Mark your calendar for our 6th Annual Kids Obstacle/Mud Run. We added some new obstacles and an inflatable big slide! The race will take place on the Centennial High School campus. Participants will run on the grounds of the high school completing multiple obstacles, some easy and some a bit more challenging, and ending with a mud pit!

Youth participants will receive a T-shirt. Register by July 28 to be guaranteed a shirt. Start times are staggered by age. Please check in a few minutes before your start time.

Sat Aug 9 \$25

Check in: CHS Stadium Parking Lot
Register three or more children from the same family for \$19 per child.

#6101-A	Ages 6-7	9:30 am
#6101-B	Ages 8-9	9:50 am
#6101-C	Ages 10-12	10:10 am
#6101-D	Ages 4-5	10:20 am

I Am...



MORE THAN PINK
2025

Aquatics

Lessons, training and recreational opportunities for people of all ages

When registering your children for swim classes, please remember to do so based on their current skill level and their ability to be appropriately challenged. A class level too difficult or too easy will hinder the progress of the swimmer and possibly distract others in the class as well. Your child will benefit most being in the appropriate class level, based on their ability. We're here to guide your swimmers to confidence and success. Don't put your children in the same swim class for convenience. **The Centennial Community Pool is in the high school east building. Enter through door N52 accessible from stadium parking lot from 103rd Lane NE.**



Our Aquatics program provides swim lessons aimed at teaching relaxation and comfort in the water, stroke skill development, diving, lifeguard training, open swim and more to area youth and adults. Programs run year round with limited class time in the fall and winter due to swim team use of pool.

Cancellation & Makeup Classes

Make-up swim lessons are not available when participants are unable to attend their scheduled group lessons. In case of emergency closure, lessons will be extended at the end of the session.

If your child has special needs or you have concerns

If your child has special needs or you have concerns about your child, talk to the instructor on the first night to help the instructor better adapt and/or understand the needs of your child with the focus on continued growth in developing their swimming skills.

Diaper-aged children or participants experiencing habitual accidents are required to wear a swim diaper covered by a swimsuit, as recommended by the Minnesota Department of Health.

Registration questions, call 763-792-6100 or email cceonline@isd12.org
General swim questions call 763-792-5240

Learn to swim in progressive classes

When choosing lesson skill levels, choose the one that most closely fits, making note of any prerequisites.

It is common for some children to repeat a level several times before mastering all skills and advancing to the next level. Help your child's progress by making sure they attend each class, as each new skill builds on those learned in previous classes. All instructors are American Red Cross certified in water safety instruction and/or lifeguarding.

Unsure of what level you should register your child?

Call the pool at 763-792-5240 to arrange an appointment for testing.

Pool Temperatures

Centennial Community Pool is a multi-purpose pool serving all ages. It's impossible to maintain a temperature suitable for all swimming activities. Some may find it too warm, and others too cold. Size, depth of facility and required chemical treatment impact the overall temperature. The water temperature cannot be raised beyond a certain degree as chlorine-based disinfectants become less effective and increase the possible multiplication of bacteria and other microorganisms.

Pool Temperatures

84 degrees - End of February to the 1st week of August

80-82 degrees - 1st week of August to end of February

During high school competitive swim season, Minnesota State High School League requires all pools to be 82 or below. In comparison, surrounding community pools are set at the same temperatures; hotel pools, 80-83 degrees; college competitive pools, 78-80 degrees; and therapeutic pools, 94-96 degrees.

Parents of children up to five years old may want to add a T-shirt or a wet suit to increase body insulation. Increased movement will also increase body temperature.





Swim Class Levels

Tiny Tots Age 18 months-3 years with parent

Parent is in the water with their child working one-on-one to foster comfort and enjoyment. Participants advance at individual pace in a playful and positive environment. Skills taught: water adjustment, blowing bubbles, underwater arm reaches, flutter kicks, back floats with help, and jumps into the water. Families with multiple children must have an adult accompany each child. Advance to Poly Wogs. Limit 10.

Poly Wogs Age 3-5 with parent

Parent is in the water with their child working one-on-one to advance at individual pace in a playful and positive environment. Skills taught: review 'Tiny Tot skills, plus jump into water and swim two black lines to parent then return to edge without help, and one pool width each of puppy paddle and monkey airplane soldier with help. Flotation belts are available to help children gain confidence and independence. Families with multiple children must have an adult accompany each child

Bobber Age 5-6

Introduction to swimming for children who are not comfortable in the water or have no previous lesson experience Participants will develop comfort with water, correct body position and be introduced to swimming on their front and back. Advance to Poly Beginner 1. Limit 4.

Poly Beginner 1 Age 5-7

Children who are comfortable in water and have some lesson experience (Poly Wog, Tiny Tot, etc. or equivalent skills) Children will wear flotation 'belts for several classes to gain confidence and independence while stressing correct body position. Final test taken without belt. Skills taught: floating on front and back, swim on front and back whole width of pool with arm and leg action. Advance to Poly Beginner 2. Limit 6.

Poly Beginner 2 Age 5-7

Prerequisite: passed Poly Beginner 1 or have equivalent skills. Skills taught: review of Poly Beginner I skills, plus front and back glides in the streamline position, and one pool width of front crawl while blowing bubbles with face submerged. Introduced to rhythmic breathing. Children will wear flotation belts for maximum of two classes to review correct body position. Advance to Poly Beginner 3. Limit 6.

Poly Beginner 3 Age 5-7

Prerequisite: passed Poly Beginner 2 or have equivalent skills. Skills taught: review of Poly Beginner II skills, plus diving using the sitting and kneeling position, retrieval of a submerged object, treading water, and one pool width each of back crawl and front crawl with rhythmic breathing. Introduced to whip kick. Advance to Red Cross Level 3. Limit 6.

Beginner Age 8+

Introduction to basic swimming skills. Skills taught: general comfort in the water, correct body position, and one pool width each of puppy paddle and monkey airplane soldier. Introduced to front crawl with rhythmic breathing. Advance to Advanced Beginner. Limit 6.

Advanced Beginner Age 8+

Prerequisite: passed Beginner or have equivalent skills. Skills taught: review of Beginner skills, plus diving using the sitting and kneeling position, retrieval of a submerged object, treading water, and one pool width each of back crawl and front crawl with rhythmic breathing. Introduced to whip kick. Advance to Red Cross Level 3. Limit 6.

Red Cross Level 3

Prerequisite: passed Advanced Beginner, Poly Beginner III, or have equivalent skills. Skills taught: 25 yards each of front crawl, back crawl, and elementary backstroke, diving using the sitting, kneeling, and standing position, and treading water. Introduced to dolphin kick and breaststroke. Advance to Red Cross Level 4. Limit 10.

Red Cross Level 4

Prerequisite: passed Red Cross Level 3 or have equivalent skills. Skills taught: review of Red Cross Level 3 skills, plus 50 yards each of front crawl, back crawl and elementary backstroke, 25 yards of breaststroke, 15 yards of butterfly, scissors kick, treading water, and rescue breathing. Advance to Red Cross Level 5. Limit 10.

Red Cross Level 5

Prerequisite: passed Red Cross Level 4 or have equivalent skills. Skills taught: review of Red Cross Level 4 skills, plus 100 yards each of front crawl, back crawl, and elementary backstroke, 50 yards of breaststroke and sidestroke, 25 yards of butterfly, turns, standing dives from the board, and surface dives. Advance to Red Cross Level 6. Limit 10.

Red Cross Level 6

Prerequisite: passed Red Cross Level 5 or have equivalent skills. Skills taught: review Red Cross Level 5 skills, plus 200 yards each of front crawl, back crawl, and elementary backstroke, 100 yards each of breaststroke and sidestroke, 50 yards of butterfly, approach and hurdle from the board, pike and tuck dive from the board, general swimming etiquette, and CPR.

Summer Swim Lessons

The registration deadline is **Fri, June 13 at noon**. Late registrations accepted at the pool first day of lessons.

Sunday Afternoons & Evenings

June 15-Aug 3 No lesson July 6

Tiny Tots	#9000-A1	5-5:30 pm	\$88
Poly Wogs	#9005-A1	4:30-5 pm	\$88
Poly Wogs	#9003-A2	5:30-6 pm	\$88
Bobbers	#9009-A1	2-2:30 pm	\$88
Bobbers	#9009-A2	3-3:30 pm	\$88
Bobbers	#9009-A3	4-4:30 pm	\$88
Poly Beginner 1	#9010-A1	2-2:30 pm	\$88
Poly Beginner 1	#9010-A2	3-3:30 pm	\$88
Poly Beginner 1	#9010-A3	4-4:30 pm	\$88
Poly Beginner 1	#9010-A4	5-5:30 pm	\$88
Poly Beginner 2	#9020-A1	2-2:30 pm	\$88
Poly Beginner 2	#9020-A2	3-3:30 pm	\$88
Poly Beginner 2	#9020-A3	4-4:30 pm	\$88
Poly Beginner 3	#9030-A1	2:30-3 pm	\$88
Poly Beginner 3	#9030-A2	3:30-4 pm	\$88
Beginner	#9100-A1	2:30-3 pm	\$88
Beginner	#9100-A2	3:30-4 pm	\$88
Adv Beginner	#9200-A1	2:30-3 pm	\$88
Adv Beginner	#9200-A2	3:30-4 pm	\$88
Level 3	#9300-A1	1:30-2:20 pm	\$95
Level 4	#9400-A1	3-3:50 pm	\$95
Level 5	#9500-A1	4-4:50 pm	\$95
Level 6	#9600-A1	5-5:50 pm	\$95
OPEN SWIM		6-7:30 pm	\$2/person



Ladies & Lanes Ages 16+



This class is designed exclusively for women and female-identifying individuals ages 16 and older who are looking to gain confidence and learn how to swim in a supportive, comfortable environment. Led by a certified female instructor, this course focuses on building foundational swimming skills, water safety, and overcoming any fears of the water—all at your own pace. Whether you're stepping into the pool for the first time or looking to refine basic techniques, this class is a judgment-free space to grow your abilities alongside others.

#9745-E1 Sa June 21-Aug 9 No class July 5
7 sessions \$88 11-11:30 am CHS: Pool

Strength & Stroke Ages 11-18

Dive into a dynamic swimming class designed for proficient swimmers who want to enhance their fitness and take their skills to the next level! In this twice-weekly program, participants will focus on swimming for fitness, endurance, and strength. Each session combines lap swimming with dryland strength training, including lifting techniques, to complement aerobic conditioning and build overall power.

This class is ideal for kids who love swimming and want to stay active while improving their strength and stamina. Participants must have passed Level 5 swimming or an equivalent program to ensure readiness for this fitness-focused approach. Join us in the pool and on land to challenge yourself, stay fit, and have fun! No lessons July 6.

Prerequisites: Participants must be able to:

- ◆ Swim front crawl and backstroke for 50 yards
- ◆ Swim breaststroke and butterfly for 25 yards
- ◆ Perform a shallow-angle dive into deep water
- ◆ Tread water for 2 minutes

#9740 June 15-Aug 6 \$176 CHS: Pool
16 sessions Su 4:30-6 pm W 7-8:30 pm

Monday Evenings June 16-July 28

Tiny Tots	#9000-B1	6:30-7 pm	\$88
Poly Wogs	#9005-B1	6-6:30 pm	\$88
Bobbers	#9009-B1	6-6:30 pm	\$88
Bobbers	#9009-B2	6:30-7 pm	\$88
Poly Beginner 1	#9010-B1	6-6:30 pm	\$88
Poly Beginner 1	#9010-B2	6:30-7 pm	\$88
Poly Beginner 2	#9020-B1	7-7:30 pm	\$88
Poly Beginner 3	#9030-B1	7-7:30 pm	\$88
Beginner	#9100-B1	7:30-8 pm	\$88
Adv Beginner	#9200-B1	7:30-8 pm	\$88
Level 3	#9300-B1	6-6:50 pm	\$95
Intro to Diving	#9701-B1	7:30-8 pm	\$88

Tuesday Evenings June 17-July 29

Tiny Tots	#9000-C1	6-6:30 pm	\$88
Poly Wogs	#9005-C1	6:30-7 pm	\$88
Bobbers	#9009-C1	6-6:30 pm	\$88
Bobbers	#9009-C2	7-7:30 pm	\$88
Poly Beginner 1	#9010-C1	6-6:30 pm	\$88
Poly Beginner 1	#9010-C2	6:30-7 pm	\$88
Poly Beginner 1	#9010-C3	7-7:30 pm	\$88
Poly Beginner 2	#9020-C1	6-6:30 pm	\$88
Poly Beginner 2	#9020-C2	7-7:30 pm	\$88
Poly Beginner 3	#9030-C1	6:30-7 pm	\$88
Poly Beginner 3	#9030-C2	7:30-8 pm	\$88
Beginners	#9100-C1	7:30-8 pm	\$88
Adv Beginner	#9200-C1	7:30-8 pm	\$88

Wednesday Evenings June 18-July 30

Bobbers	#9009-D2	6-6:30 pm	\$88
Poly Beginner 1	#9010-D1	6-6:30 pm	\$88
Poly Beginner 2	#9020-D1	6-6:30 pm	\$88
Beginner	#9100-D1	6:30-7 pm	\$88
Adv Beginner	#9200-D1	6:30-7 pm	\$88

Saturdays June 21- August 9

Poly Wogs	#9005-E1	11:30 am-noon	\$88
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High School Swim & Conditioning

Entering Grades 7-12



Get ready for the high school competitive swim season with swim practice and conditioning Mondays through Thursdays. The emphasis is improving on the four competitive swim strokes through drills focusing on the latest techniques. Swimmers will need the following equipment: snorkel, fins, hand paddles and kick board.

Pete Crawford

24 sessions \$295 Mon-Thu, June 16-July 31 & Fri, June 20
No class June 19 & June 30-July 3 CHS: Pool
 #9770-A 7-9 am
 #9770-B 9-11 am

Private or Semi-Private Lessons

Personalized high-quality swim instruction for those with special needs where class settings are challenging, or if your child cannot be independent in a group setting. Lessons offer 1:1 for private or 2:1 for semi-private instruction to help you improve on your skills and be successful.

Eight 30-minute lessons for \$300.

Our coordinator will work with you to determine the dates and times of each lesson. Call 763-792-5240 and leave an evening phone number. You will be called after registration deadlines.

Looking for our CAL offerings? (Cougar Adaptive Lesson)

No worries, we have changed our procedure for signing up but are still offering these lessons. Call 763-792-5240 with the following information:

- ◆ Name, age of child needing lessons
- ◆ Swim lesson history
- ◆ Specific support you are looking for (i.e. ASD learning, fear of water)
- ◆ Days and Times that work for your schedule.

Open Swim

Sundays, June 15-August 3 6-7:30 pm

Children under 12 must have passed ARC level 3 or be able to swim 25 yards of front crawl with rhythmic breathing to swim on their own during open swim. All others must have a parent or adult guardian in the water with them. All children 6 years of age and under must have an adult guardian in the water with them regardless of swimming ability.

WIBIT inflatable obstacle course available during open swim mid-March until mid-August. Only for those who can pass a swim test. No life jackets allowed on the WIBIT.
\$2 Per Person Pay At The Door. No open swim on July 6.



**NORTH STAR
SWIM TEAM**

Ready to make a splash? Join NSST's 2025 summer season and unleash your inner greatness!

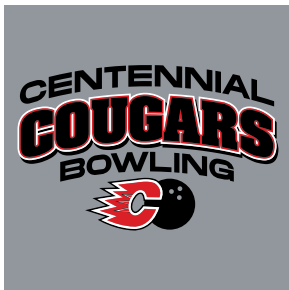
CONTACT.NSST@GMAIL.COM
 NORTHSTARSWIM.COM

JOIN NOW!

Our program offers:

- ✓ Levels from ages 6-18
- ✓ Technique-based coaching
- ✓ Engaging and fun practices
- ✓ A team-focused environment
- ✓ Time improvement rates above the national average

USA SWIMMING



Fall Activities Open Now!

Centennial Bowling Club

Entering Grades 5-12

Bowling Club is a fall co-ed sport. Come try it out. Beginners welcome! New bowlers may attend up to two practices before committing to join. Fee includes practices and regular season competitions. 5th and 6th graders are eligible for practice only.

Join at any time, no equipment is needed, and a t-shirt is included in the price. The club end dates are estimates and will depend on the meet schedule. Conference meets will take place one day per week on Friday afternoons at bowling centers in the north metro area. Meet dates TBD.

Bowlero Blaine is the sponsoring bowling center for the Centennial High School bowling team. Bowlers must provide their own transportation to practices and meets.

Josh Hodney

Mon/Wed	4-5:30 pm	Aug 11-mid Nov	Bowlero
#6631-A	Grades 5-6	\$105	
#6631-B	Grades 7-12	\$125	



Fall Recreational Soccer Program

Entering Grades K-5 in Fall

Centennial Soccer Club introduces age-appropriate, individual technical development and the tactical concepts of soccer to children in kindergarten through 5th grade. Practices and games will include ball control, dribbling, passing, shooting, defending, and teaching the basics. All sessions are led by volunteer coaches. Schedule, field info, team info, etc will be powered by the Sports Engine App (more info will be sent out).

#6381F 16 sessions \$150

Rice Lake Elementary-southeast soccer fields

Season: Wed & Sat, Aug 16-Oct 11 (No Soccer Aug 27 & 30). Practice Wed will be 45-minutes long between 5:30-7:30 pm Games played on Sat mornings between 9 am-12:30 pm. Bring a soccer ball: Grades K/1 size 3; Grades 2-5 size 4. Please wear soccer cleats, and shin guards.

Registration Deadline: August 6. No refunds thereafter.

Volunteer coaches needed!

If you can help, please volunteer to be a coach. All volunteers get a free season for one enrollment per team coached. Coaches meeting date TBD.

Mini Cougar Dance Clinic

Entering Grades K-6

Join the CHS Dance Team for an evening of dance, pizza and fun. Learn a dance routine from the high school dancers and coaching staff to perform during a Centennial home varsity football game at the CHS Stadium, 7 pm. Practice for the performance will be on the Thursday before from 5:30-7:30 pm. Wear comfy athletic clothes, tennis shoes and bring a water bottle. On game day, drop your dancer off at the CHS West cafeteria at 6:30 pm to practice before the game. After the half-time performance, pick up your dancer on the sideline to watch the remainder of the game. Family members will need to pay to attend the game. Registration fee includes a t-shirt, pizza on Thursday, game entry fee for dancer and dance instruction.

Indicate T-shirt size when registering. Registration closes two weeks before the football game, spots permitting.

CHS Dance Team coaching staff and dancers

CHS/West: Cafeteria *Dates TBD \$49
#5553 Practice: Th 5:30-7:30 pm
Game Day: F 6:30 pm drop off



Mini Cougar Cheer Clinic

Entering Grades 1-5

Your mini Cougar will learn and perform cheers with the CHS varsity cheerleaders during part of a Centennial home football game. For practice, wear comfy athletic clothes, tennis shoes and bring a water bottle. On game day, arrive at 5:45 pm to check in at the CHS West cafeteria to get ready. At game time, girls will sit with their families to start and then join the cheerleaders on the sideline at the designated time and then perform with them at halftime. Pick up your mini Cougar after the half-time routine to join you in the stands to watch the remainder of the game. Family members will need to pay to attend the game. Registration will close 10 days before game day, spots permitting. Registration fee includes poms, cheer bow, snack during the clinic and child game day entry fee.

CHS Cheerleading coaching staff and cheerleaders

#6172 Dates TBD CHS/West: Cafeteria \$49
Practice Time TBD Game Day 5:45 pm check in
*The football schedule for the 25-26 school year has not been released. We will update information once the schedule is known.



Kids Club School Age Child Care

Kids Club - where we build, we tinker, we paint, we work together, and we create friendships in Centennial Community Education's choice-based school-age care program.



Centennial Kids Club is a fee-based school age childcare program serving families and their children before and after school at each of our elementary schools. We also offer care on non-school days and throughout the summer at limited locations. Space is limited and does fill, so register early.

Kids Club provides a safe, stimulating high quality program with an enriching educational and recreational environment, enhancing development of children in critical thinking, academics, self and social awareness, physical development, creative expression and recreational activities.

Kids Club utilizes Character Strong, a SEL (Social Emotional Learning) curriculum. Character Strong focuses on nine different traits: Respect, Responsibility, Gratitude, Empathy, Perseverance, Honesty, Cooperation, Courage, and Creativity.

2025 Summer C.A.M.P.

Creative Arts, **A**cademic Enrichment, **M**ingling with our World, **P**hysical Fitness

Kids Club offers a summer program for children enrolled and planning to attend kindergarten through grade 6, and can use the bathroom independently.

C.A.M.P. runs Thursday, June 12 through Friday, August 15

Limited care available August 18-21 at Rice Lake. We are closed June 19, July 4. Register early!

Our summer sites are Blue Heron, Centennial and Centerville elementaries. Space will be limited at each site.

Registration is a Pick Your Days process, with a minimum of 18 days.

It's great for families that need care all summer or those that are just looking for something for their child to do. Families are responsible to choose their days at the time of registration. For rates and more information, please check our website communityed.isd12.org/kids-club, and click on Summer Registration.

Children are organized by grade into groups. Each room environment features age-appropriate centers with games, blocks, manipulatives, arts and crafts, reading center and creative play area. Outdoor recreational experience happens daily as well. We go on weekly field trips and swim at the Centennial Pool most Mondays.

Summer Registration Fee: \$55 - Registration began February 17 and continues through May 12 on a first come, first served basis, space permitting. Registration is closed from May 13-June 16. Registrations received after June 16 will start as soon as possible after June 24, space permitting.

2025-26 School Year Enrollment

Registration is available at all 5 elementary schools, before and/or after school.

Care is also available at select sites on Non-School Days (NSD). **Space is Limited.**

Registration Windows:

1. March 31-April 14: Families currently attending Kids Club or Pre-K Kids Club.
2. April 28-May 12: Families new to Kids Club. Space is limited.
3. June 16: Registration remains open, accepted on a first come, first served basis.

During the school year, Kids Club operates out of the cafeteria. We offer gym time, outside, manipulative play, STEAM activities, and more.

For more information or to view rates, please visit our website communityed.isd12.org/kids-club, and click on School Year Registration.

For registration or other questions, contact kidsclub@isd12.org or 763-792-6193.

Do you enjoy interacting with children?

Kids Club is looking for quality staff to work before and after school as well as substitutes to work in our before and after school programs at all five elementary schools.

We are also hiring summer staff. Must be 16 years of age. Please apply online at isd12.org/join-our-team.

For more information call 763-792-6110 or email mnelson@isd12.org.

Early Childhood Family Education

ECFE Programming for families with children ages birth to kindergarten

Learn and grow together through parent and child interaction, guided play and learning experiences, parent education, and special events. Visit earlychildhood.isd12.org for class and registration information, or call 763-793-6120.

Register via Eleyo at isd12.ce.eleyo.com

All activities are held at the Early Childhood Center at Rice Lake Elementary unless otherwise noted. Enter Door C.



Truck Day Sat, May 3, 10 am-noon

Rice Lake Elementary FREE

It's an annual tradition for the community!

The ECFE Parent Advisory Council invites children of all ages to come see a variety of vehicles. Adults can purchase themed baskets and bid on silent auction items. This fundraiser for Early Childhood programs has raised money for the Early Childhood playground, indoor play equipment and field trips.

ECFE 2025-26 Class Information

The 2025-26 ECFE class schedule will be available online in late-April, with registration opening May 15. Class placement lottery takes place June 1. Check our website at earlychildhood.isd12.org or call our office at 763-792-6120 for more information

Early Childhood Screening

Early Childhood Screening is a free program in Minnesota that assesses a young child's health and development. It connects parents and children to early childhood programs, community resources, and helps support successful learners. Screening should be completed between the ages of 3 and 5 years old, and it is required for public school attendance. For more information and to schedule an appointment, please visit our website.

earlychildhood.isd12.org/programs/early-childhood-screening



Little Nature Explorers

Sat, April 12 or May 10, 10-11:15 am

Ages 2 ½-5 years with caregiver

In this one time class we will explore nature's playground. We will sing songs, read a story, and explore the outdoors with our senses. You will come away from this class with some simple ideas you can implement on your own for exploration outdoors with your little ones. We will be outside the entire duration of the class time, so come in outdoor clothing for messy springtime play. \$5 per child, register via Eleyo

Drop In & Play

Two sessions each week!

Mon & Fri, 9-10:30 am through May 9

Join parent educators and ECFE Teachers for some play and socialization for both kids and adults. Ages 0-5 years with caregiver. \$3 per child or \$5 per family. No charge for infants.

Explore With Baby

Mon, 1-2 pm through May 9

Have a new baby? Looking to get out of the house and share ideas with other parents? Join us for an hour that will recharge you for the week!

Age 0-9 months with caregiver. FREE

No registration necessary

Care for siblings under age 5, \$3 per child



Centennial Preschool

2025-26 School Year Registration is open for remaining seats Ages 3 & 4 by September 1

The Centennial School District provides high-quality part-day and full-day preschool experiences designed to help children develop skills and behaviors necessary for success in kindergarten and beyond. Classrooms are located at each of the elementary schools in the Centennial School District as well as the Early Childhood Center. Tuition discounts and scholarships may be available to those who qualify.

We still have some part-day and full-day seats remaining for the coming year. Contact our office at 763-792-6120 to inquire about current openings. To register, visit isd12.ce.eleyo.com. Class options, tuition, and more information can be found on our website: earlychildhood.isd12.org/programs/preschool

Centennial Outdoor Explorers Preschool New for 25-26! Must be 3 ½ years old by Sept 1, 2025

This 4-day, Monday-Thursday afternoon class will use the wealth of natural resources surrounding the Early Childhood Center to move learning outside! Students will have the same academic, social-emotional, and physical learning goals as a standard preschool class, but activities will incorporate the natural environment. "Wargo Wednesdays" will take place twice each month, bringing students and their parents/caregivers together with naturalists at Wargo Nature Center. (Sibling care will be available.) **Space is still available! Visit earlychildhood.isd12.org to register.**



Pre-K Kids Club

Full-day Centennial Preschool classes may be combined with before and/or after school care through Pre-K Kids Club. Care is available from 6:30-9:15 am and 3:15-6 pm and on Kids Club Non-School Days. Space is limited.

Note that Pre-K Kids Club fees are in addition to preschool tuition. For more information, visit community.ed.isd12.org/kids-club/pre-k-kids-club.

For questions about Pre-K Kids Club, contact the Kids Club office at 763-792-6193 or email kidsclub@isd12.org.

Gearing Up for Kindergarten

Students entering Kindergarten in Fall 2025

Entering kindergarten is a major transition in the life of a child and their parents. Kids need to be ready for school, and schools need to be ready for kids. That's why our "Gearing Up for Kindergarten" class, taught by a licensed Centennial teacher, prepares parents and their children for success in school. Students will get experience learning with peers in a structured classroom environment, and parents will receive support through parent education resources.

Mon-Thur Aug 11-14 9-11:30 am
4 sessions \$75
Early Childhood Center
at Rice Lake Elementary (Door C)

Instructor: Centennial Preschool Teacher

Register via Eleyo under
Early Childhood Family Education (ECFE)



P.L.A.Y. Preschool Enrichment

An opportunity for your child to expand and reinforce their learning outside their world or preschool classroom. Join us for **Preschool Learning After-hours** to answer the burning question of **Why?**

Financial assistance is available to those who qualify. See pages listed or call 763-792-6100 for more information.



Truck Day Sat, May 3, 10 am-noon Rice Lake Elementary FREE

It's an annual tradition for the community! The ECFE Parent Advisory Council invites children of all ages to come see a variety of vehicles. Adults can purchase themed baskets and bid on silent auction items. This fundraiser for Early Childhood programs has raised money for the Early Childhood playground, indoor play equipment and field trip.

Little Nature Adventures! Ages 2-5 with Adult

Let's get outside and watch the seasons change. Bring your preschooler and join Naturalist, Jon, at Wargo Nature Center, for a story and a hike. Adults and children will explore with our senses and see what we can find. Come dressed for the weather.

Mon 10-11 am \$15 adult/child pair Wargo Nature Center
#1056-D Apr 14 **Springtime Sprouts**
#1056-E May 12 **What's in the Water?**

Gearing Up for Kindergarten Students entering Kindergarten in Fall 2025

"Gearing Up for Kindergarten" is taught by a licensed Centennial teacher, prepares parents and their children for success in school. Students will get experience learning with peers in a structured classroom environment, and parents will receive support through parent education resources.

See page 59 for details.

Mon-Thur Aug 11-14 9-11:30 am 4 sessions \$75
Early Childhood Center at Rice Lake Elementary (Door C)

Summer Sensory Camp

This camp is offered in partnership with Advance Therapy is facilitated by trained staff. The camp focuses on cooperative play with peers and can serve as a means to review or learn techniques to best navigate social settings. See page 36 for details.

Creative Classes

Music Together

Outdoor Venue Newborn to PreK with adult

Discover the joy of making Music Together. Sing, laugh, move and learn along with your baby, toddler or preschooler for pure fun each week in these award-winning classes.

See page 33 for class details & free demo class

Hop N' Tots Dance Pre-K

These high-energy classes focus on improving rhythm, balance and coordination. Children will use props such as tambourines, scarves and pom poms to learn basic tap, jazz and ballet steps. Dancers should wear clothing that is comfortable and easy to move in. All dancers will need tap and ballet shoes which can be ordered through the instructor on the first day of class. Tap \$35, ballet \$25.

Parents are invited to attend the last night.

Jenny Hansell, Happy Feet Dance Company

#5001-A Th June 26-Aug 7 5-5:45 pm
6 sessions \$79 CMS: Studio/Gym 5 No class July 3

Dino Discovery 18 months-6 years w/adult

Tyrannosaurus Rex, Triceratops and Diplodocus, is your child dazzled by dinosaurs? This is your child's chance to have a play date with a dino and create a fantastic work of dinosaur art. They will create their own diorama complete with a toy dinosaur. Come and create right along with your child.

Kidcreate Studio

#2404 M June 9 \$25 9:30-10:30 am
CHS/East: Rm 125

Bluey 18 months-6 years w/adult

"Mum...Dad...Bingo...Bluey!" Your Bluey fan will love getting messy as they paint, cut and collage a portrait of Bluey, all on a real canvas board. Come to create a Bluey mixed-media masterpiece; stay for the tail-shaking dance.

Kidcreate Studio

#2405 Tu June 10 9:30-10:30 am
\$25 9:30-10:30 am CHS/East: Rm 125

Puppy Palace Ages 4-9

Create a soft, huggable sock puppy with a doghouse to fit for canine royalty. After all, man's best friend deserves the best. Woof! Please pack a nut-free snack and beverage.

Kidcreate Studio

#2406 M Aug 4 \$49 1-4 pm CHS/East: Rm 111

For pictures of Kidcreate art projects- see page 31



DASH & Skyhawks Sports Camps

Experience the thrill of team sports! These well-rounded camps are designed for young players and teach all the skills needed from beginners to mastering the essentials.

See page 48-49 for list of camps and details

Track & Field Camp Ages 4-12

Our local adult track experts, along with track athletes, are gearing up to offer your child a FUN and CHALLENGING summer track & field experience! Running, sprinting, hurdles, and field events will be offered throughout the week. Each participant will also receive a track program t-shirt. You simply cannot miss your chance to begin building your track skills . . . or better yet, just to have fun outdoors! Families are invited to attend on the last Sunday at 7:15 pm for a mini track meet.

Vince Murphy

4 sessions	Sun, June 1-29	No session June 15	CMS: Track
#6214-A	Ages 4-6	6:30-7:15 pm	\$36
#6214-B	Ages 7-9	6:30-7:15 pm	\$36
#6214-C	Ages 10-12	6:30-7:45 pm	\$59

Mini Kickers Soccer Ages 3-5

Mini Kickers is a high-energy program for soccer players 3-5 years old. Mini Kickers is a FUN, age-appropriate, and professionally guided introduction to the game of soccer. Boys and girls from novice to competent learn soccer skills through fun games and get to use these newfound skills in a daily scrimmage. Bring a size 3 soccer ball. Shin guards optional. Tennis shoes only (no cleats). For safety and cleanliness, please carry tennis shoes into gym. Water only allowed in the gym.

Jeff Ottosen

5 Sessions	\$74		
#6379-A	Su June 15-July 20	No class July 6	CHS/East: Upper Gym
	5:15-6 pm		
#6379-B	Su June 15-July 20	No class July 6	CHS/East: Upper Gym
	6:10-6:55 pm		
#6379-C	M June 16-July 14	10:15-11 am	
	CHS/East: Lower Gym		
	CHS/East: Upper Gym	June 30 only	
#6379-D	M June 16-July 14	5:30-6:15 pm	CV: Gym
#6379-E	Tu June 17-July 15	5:15-6 pm	CMS: Gyms
#6379-F	Tu June 17-July 15	6:10-6:55 pm	CMS: Gyms

Blastball Ages 3-5 with parent

Discover this fun game that teaches the fundamentals of baseball and softball. Teamwork, sportsmanship and safety will be emphasized. Hitting, running, throwing, and fielding will be covered. Each session includes instruction time and then the last session there will be game play. Blastbase honks when you jump on it adding to the excitement to make it to first base. Bring a baseball glove and water bottle.

Participants will receive a drawstring bag. A parent/guardian is required to be on the field participating with their child.

4 sessions \$56

#6181-A	Tu May 20-June 10	5:30-6:15 pm	CVE: Field 1
#6181-B	Tu May 20-June 10	6:30-7:15 pm	CVE: Field 1
#6181-C	W July 16-Aug 6	5:30-6:15 pm	GLE: Field 1
#6181-D	W July 16-Aug 6	6:30-7:15 pm	GLE: Field 1

Gymnastics

See pages 38-39 for class schedule and more details

Wiggle Time Parent/Child Ages 2-3

Children will use mats, parachutes, trampoline, and other equipment to explore and discover the world around them developing fundamental movement and problem solving skills. This is a great opportunity to get in the gym with your child and play in a safe, fun, semi-structured environment. Children run, tumble, and spend time with you, while developing their gross motor skills.

Little Tumblers Age 3-4

Developing gymnasts will learn basic and fundamental gymnastics skills in a safe, fun, age appropriate, structured environment. Must be potty trained, able to follow basic instructions and be comfortable in a group without parent

Swim Classes Families with multiple children must have an adult accompany each child. See pages 52-54

Tiny Tots Age 18 months-3 years with parent

Parent is in the water with their child working one-on-one to foster comfort and enjoyment. Participants advance at individual pace in a playful and positive environment.

Poly Wogs Age 3-5 with parent

Parent is in the water with their child working one-on-one to advance at individual pace in a playful and positive environment. Flotation belts are available to help children gain confidence and independence.

Kids Obstacle Mud Run Ages 4-12

Sat, Aug 9 See page 51

Early Childhood Screening

Early Childhood Screening is a free program in Minnesota that assesses a young child's health and development. It connects parents and children to early childhood programs, community resources, and helps support successful learners. See page 58

Registration, Information & Policies



Registration

Online

isd12.ce.eleyo.com

Register online for any class. Secure registration for classes is available 24 hours/day using an electronic form of payment. Apple Pay now available for iPhone users!

Mail or Drop Off

Complete a registration form and return with payment to:
Centennial Community Education
4707 North Road
Circle Pines, MN 55014

Make checks payable to District 12
24-hour drop box, located on the main campus near the District Administrative Offices.

Office Hours Mon-Fri: 8 am-4 pm, closed non-school days and holidays
Summer Hours June 9-Aug 29
Mon-Thur: 8 am-4 pm; Fri: 8 am-noon
Closed June 19, July 4 & Sept 1

By Phone

763-792-6100

Using an electronic form of payment (credit card or ACH)

By Fax

763-392-7743

Complete a registration form, including credit card information

For online registrations: You will know you have successfully completed your online registration when you have received an email confirmation to the email address you have provided.

Scan this code to register!



No News is Good News!

Assume the class is a go

Unless we contact you, assume that you are enrolled and the course will be held at the time and place indicated. We do not mail out confirmations, but an automated email receipt will be sent if you provide your email address upon registration.

Cancellations

Community Education reserves the right to cancel a class due to insufficient enrollment. Classes are filled on a first-come, first-serve basis. Some class sizes are limited, so early sign-up is suggested. If a class is canceled or full, you will be notified and your fee will be refunded.

Inclement Weather & Emergencies

When the regular school day is canceled because of inclement weather or emergencies, Community Education classes and activities may also be canceled. You may receive an emergency messenger system message. Also watch or listen to local TV stations, or visit the district website at isd12.org.

Refunds

A refund, minus a \$10 administrative fee, will be made if you cancel at least five business days prior to the start of an activity unless otherwise noted such as with sport leagues, adult trips and driver education classes. No refunds thereafter.

Registration Deadlines

Deadline for most activities is one week before they begin

Classes are filled on a first-come, first-serve basis. Many classes fill quickly and instructors may need to order supplies. Some classes cancel due to low enrollment, so please don't hesitate to register.

Make-Ups

There are no make-ups for a missed class (*with the exception of Driver Ed classroom*). Check your schedule prior to registration for potential conflicts.

Discounts

Financial assistance is available to those who qualify. For an application please call 763-792-6100.

As of January 1st, 2025, the UCare Community Education Discount moved to the Healthy Benefits+ Visa Card as an allowance program for members. Eligible UCare members may receive an allowance to spend toward community education classes. Members must have UCare insurance at the time of registration. Limits and restrictions may apply.

Special Needs

Individuals with special needs are welcome in any activity they qualify for and may bring a helper at no extra charge if needed. Indicate needs on registration form. Contact Community Education with questions or if you need assistance in an activity.

Check Collection Service

Centennial School District uses PayTek Solution's services when a check is returned due to insufficient funds. If collection is made electronically, the district receives the face value of the check plus a \$3 per check rebate. PayTek charges an NSF fee to the party that issued the bad check. The use of a check for payment is the check writer's acknowledgment and acceptance of this policy and its terms. After two NSFs, fees must be paid using a money order.

Photo Policy

There are occasions when representatives of District 12 and/or the media photograph or videotape students while attending/participating in school sponsored functions. Parent/guardians not wanting their child to be identified in photographs or on videotape, should notify, in writing, the Community Education office.

Please use a separate form for each person

Centennial Community Education Registration

Mail or deliver to Community Education, 4707 North Road Circle Pines, MN 55014
In lieu of form call 763-792-6100 or go online at isd12.ce.eleyo.com

Name _____ Gender _____ Birth Date _____

If minor, guardian name/s _____

Address _____ City _____ Zip _____

Phone: primary (_____) _____ other (_____) _____

E-mail address _____

Special needs/additional information _____

Activity name	Activity #	Time	Fee
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

____T-shirt size __adult __youth (if applicable) **Total Fee** _____

MasterCard__ VISA__ Amex__ Discover__ Healthy Benefits+ Visa__

Name on credit card (print) _____ CVV# _____

Account # _____ Exp date _____

OFFICE USE ONLY: ENT__ CANC__ RET__

Centennial Community Education Registration

Mail or deliver to Community Education, 4707 North Road Circle Pines, MN 55014
In lieu of form call 763-792-6100 or go online at isd12.ce.eleyo.com

Name _____ Gender _____ Birth Date _____

If minor, guardian name/s _____

Address _____ City _____ Zip _____

Phone: primary (_____) _____ other (_____) _____

E-mail address _____

Special needs/additional information _____

Activity name	Activity #	Time	Fee
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

____T-shirt size __adult __youth (if applicable) **Total Fee** _____

MasterCard__ VISA__ Amex__ Discover__ Healthy Benefits+ Visa__

Name on credit card (print) _____ CVV# _____

Account # _____ Exp date _____

OFFICE USE ONLY: ENT__ CANC__ RET__

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO THE START OF CLASS

Centennial Community Education offers activities with the purpose of enrichment. Information obtained in Community Education activities is not intended for use as advice, endorsement or recommendations from the instructors, his/her business or Centennial Community Education.

No transportation provided unless otherwise noted

ECR WSS
Postal Customer



Food Truck & Fun Festival

Join us for an evening of food trucks, a car show, local vendors & more! Thurs, August 14

4-8 pm at Centennial Middle School

Food trucks include:

- Chili Lime Tacos & Tots
- North Star Donuts
- Grandpa Mike's Pizza
- D & D Vietnamese Cuisine
- Nothing Bundt Cakes
- Mik Mart Ice Cream



Music on the Lake It's Golden!

Enjoy warm summer nights with free concerts at Golden Lake Park in Circle Pines

No registration needed, just show up with your lawn chair ready for great music!

June 12	7-8 pm	Centennial Community Band
June 26	7-8:30 pm	The Roxy Hall Band
July 10	7-8:30 pm	The Revolution 5
July 17	7-8:30 pm	The Floras
July 24	6-7 pm	Family DJ Dance Party
Aug 7	7-8:30 pm	Brady Perl
Aug 21	7-8:30 pm	Salsa del Soul Sextet

See page 6 for more details.

Centennial Community Education

GARAGE SALE!




FREE FOR SHOPPERS!

Saturday, April 26, 9 am-noon
Rice Lake Elementary Gym

Purchase a table to sell items you no longer need or come and shop!

Table cost: \$10 for kids, \$20 for adults
Reserve your table online at isd12.ce.eleyo.com

Free entrance for shoppers

Proceeds will go to the Community Ed financial assistance program.