

Psychiatric/Behavioral Counseling Resources

The following is only a partial list of frequently used phone numbers of agencies in our area. Changes to services, hours, location, and requirements are subject to change without notice.

Adapt Programs (substance abuse) 2512 N Velasco St. Suite 300, Angleton, TX 77515 www.adaptprograms.com *Insurance 979.480.3327	Anchor Point (network of organizations) 1905 Capri Lane, Seabrook, TX 77586 anchorpoint.us *Free/low cost services 832-632-1221
A Better Family Now (families/couples counseling) 11200 Broadway, Ste 2743 Pearland abetterfamilynow.com *Self-pay 844.9.ABFNOW	Bay Area Council on Drugs and Alcohol (Substance abuse) 2947 E. Broadway, Suite 400, Pearland, TX 77581 www.bacoda.org *Bilingual/Sliding Scale/Free online classes 1.800.510.3111
Bay Area Turning Point (Shelter services) 210 S. Walnut, Webster, TX 77598 www.bayareaturningpoint.org *Sexual assault/domestic violence services 281.338.7600	Behavior Plus Texas (Autism, family counseling) 902 S. Friendswood Dr., Ste G Friendswood, TX 77546 www.behaviorplus.com 281.482.7587
LaShasta Bell, LPC-S 713 2 nd Street, League City, 77573 www.ichoosemecounseling.com *Sliding scale with assessment 281.940.4115	BlueFlame Psychotherapy 2243 Park Avenue, Pearland 775881 www.blueflamepsychotherapy.com *Insurance/Sliding sale 832.616.1977
Bo's Place (grief support) 10050 Buffalo Speedway Houston, TX 77054 bosplace.org *Free services 713.942.8339	Brazoria County Alliance for Children (abuse care) 139 E. Myrtle Street, Angleton, TX 77515 cac-bc.org *Free services for abused children 979-849-2500
The Bridge Across for Single Parents and Stepfamilies Pearland - Red Dun Ranch, 14034 Hooper Rd, Houston, Texas 77047 (288 and Beltway 8) www.thebridgeacross.com 832-779-2120	Center for Success and Independence (long-term residential treatment & outpatient services) 3722 Pinemont Drive, Houston, TX 77018 tcsi.org 713-426-4545
Charlie Health Virtual therapy *Insurance/Self-pay www.charliehealth.com 866.540.1622	Clearhope Counseling Center (Counseling, Education, Consulting Services) 5151 E. Sam Houston Pkwy. S. Pasadena www.clearhopecounseling.com *Insurance/Sliding scale 281.760.8454
Community Health Network (behavioral health, pediatric care, women's health, dental, medical, and pharmacy) 2552 E. Broadway Suite 102, Pearland, TX 77581 www.mychn.org *Insurance/Medicaid/Sliding scale 281-824-1480	

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 In case of a life-threatening emergency, call 911.

Counseling Connections for Change 2549 Roy Road, Pearland, TX 77584 www.counselingconnections.org *Insurance/Sliding scale 281.485.9280	DAPA Psychiatric & Substance Abuse Programs, LLC Jason D. Baron, MDPA 5500 Guhn Rd. #100, Houston, TX *Insurance/Medicaid 713.783.0499
Downtown Counseling Services 105 N. Gordon Street, Ste. 202 Alvin, TX 77511 *Insurance/self-pay 281.585.0000	Drug Rehab Services (referral agency) Helpline: 1.800.304.2219 www.addicted.org/texas-long-term-drug-rehab.html
Eating Recovery Center – Houston 7515 S. Main Street Suite 400 77030 www.eatingrecoverycenter.com *Insurance 281.299.3120	
Ellie Mental Health Pearland 2950 Cullen Parkway, Suite 102 Pearland, TX 77584 832.905.9211 elliementalhealth.com/locations/pearland-tx/	Family Psych Solutions 8603 Broadway Suite 140 Pearland familypsychsolutions.com *Insurance 281.504.8004
The Family Relationship Center PLLC 549 N. Egret Bay Blvd. Ste 300 League City, TX 77573 www.thefamilyrelationshipcenter.com *Insurance 832.720.4330	Flow-of-Light Natural Health Dr. Helen Shih Holistic Solution for Social-Emotional Health 4231 Bellaire Blvd, Ste T, Houston, TX 77025 832-645-2810
Friendswood Christian Counseling 307 S. Friendswood Dr. Suite E2, Friendswood friendswoodchristiancounseling.com *Insurance 832.855.0861	Friendswood Counseling Center 3526 E FM 528 Rd, Ste 207 Friendswood www.friendswoodcc.com *Insurance/Sliding scale 281.819.7004
The Grief Recovery Method Heart Matters: Counseling Families & Building Healthy Relationships 601 Cien Rd., Kemah, TX 77565 susanamorell.com 832-752-5742	Gulf Coast Center – Brazoria County 281.585.7490 Gulf Coast Center – Galveston County 409.763.2373
Gulf Coast Center 24 Hour Crisis line (Brazoria/Galveston County) 1.866.729.3848 10000 Emmett F. Lowry, Ste 1220, Texas City 77591 Child, Adolescent, and Adult Services available *Insurance/Sliding Scale/Bilingual gulfcoastcenter.org	Hopeful Texas, PLLC 1100 E NASA Pkwy Suite 101, Houston, TX 77058 281.549.4705 hopefultexas.com Accepts all major medical insurance and cash

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Intuitions Recovery & Wellness Center 10907 Memorial Hermann Drive, Ste 340 Pearland , TX 77584 346.633.3642	Innovative Alternatives, Inc. 1335 Regents Park Dr. Suite 240 Houston, TX 77058 www.judahchristiancounseling.com 713-222-2525
Journey2Life Counseling & Community Services, PLLC 3512 E Broadway #506, Pearland www.journey2lifeccs.com 832.779.3736	Judah Christian Counseling and Recovery PLLC 3017 Yost Blvd. Pearland, TX 77581 www.judahchristiancounseling.com 346.302.8089
Kemah Palms Recovery Center (Alcohol/Drug Treatment) 1013 Delesandri Ln, Kemah, TX 77565 www.kemahpalms.com *Insurance/Self-pay 855.568.0218	Krist Samaritan Counseling Center (Clear Lake) 16441 Space Center Blvd. Building C Ste 100 77058 samaritanhouston.org *Insurance/Sliding scale 281.480.7554
Dr. Doreen Lerner (Psychologist) 2225 CR 90, Suite 201-A Pearland www.doreenlernerphd.com *Insurance 281.412.7231	Lifeway International (in-patient facility, substance abuse) 12955 Memorial Drive, Houston, TX 77099 *Insurance/Self-pay 1.877.270.6753
Memorial Heights Counseling 720 N Post Oak Road Suite 280 Houston, TX 77024 Individual outpatient counseling and psychotherapy www.memorialheightscounseling.com 713-701-9794	Memorial Hermann Hospital (PaRC) Intervention, Prevention and Recovery Center (adolescent alcohol and drug program) 3043 N. Gessner, Houston 77080 parcbh.com/locations/houston/ 832.706.2497
The Menninger Clinic (Baylor College of Medicine) 12301 Main Street Houston, TX 77035 Outpatient services and assessments www.menningerclinic.org 713-275-5400	MYS Counseling & Assessments 20351 Highway 6, Suite B Manvel, TX 77578 myscounseling.com *Insurance/Self-pay 979.233.1584
NAMI Gulf Coast (Education and family support) 2206 N. Gordon, Alvin, TX 77511 namigulfcoast.org *Insurance/Free programs 281-585-3100	New Dimensions Day Treatment Center 1345 Space Park Dr. Suite C, Houston, TX 77058 nddtreatment.com *Insurance/Sliding scale/Bilingual 281.333.2284
Pathways Behavioral Health, Inc. 440 Louisiana St. Set 803, Houston, TX 77002 www.pbhinc.org *insurance, All Texas Medicaid/Medicare Plans 346.624.4946	Pearland Counseling Center 2217 Park Avenue, Pearland 77581 www.pearlandcounselingcenter.com *Insurance/Sliding scale/Bilingual 281.886.7309

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Peacemakers Counseling & EMDR Therapy PLLC 207 Edens Avenue League City, TX 77573 469.431.2794	Premier Psychological Services 3730 Kirby Drive, Suite 800 Houston, TX 77098 premierpsychservices.com *Insurance/Sliding scale 713.521.7575
The PsyClinic 330 East Medical Center Blvd. Webster, TX 77598 thepsyclinic.com *Bilingual/Insurance 281.837.6463	Psych+ (Psychiatric services) psychplus.com Houston: 832.869.4818 *Insurance/Sliding scale
Dr. Jennifer Rothfleisch (Psychologist) 2225 CR 90 Suite 221 Pearland 713.338.9121	Texas Children's Hospital (Psychiatry/Psychology) 6621 Fannin St. Houston, TX 77030 www.texaschildrens.org *Insurance 832.824.1900
Teen & Family Services (Substance abuse) 2504 Almeda-Genoa, Houston 77047 www.tafs.org *Sliding scale/Financial aid available 713.464.3950	UTMB – Psychiatry and Behavioral Sciences 400 Texas Avenue, Webster www.utmb.edu/psychiatry/child-and-adolescent-psychiatry *Insurance 800.772.2222
Texas NeuroRehab Center (Neuropsychiatric treatment) 1106 W Dittmar Rd, Austin, TX 78745 texasneurorehab.com *Insurance 1.800.252.5151	University of Houston Psychological Services Dept. (Clear Lake) www.uhcl.edu/psychological-services-clinic *Sliding scale 281.283.3330
Youth and Family Counseling 2335 Texas Street Pearland yfcs.org *Sliding scale or free – no insurance accepted 979.849.7751	Brazoria County Mental Health Phone: (979) 864-2277 Central & West: (979) 849-2441 South: (979) 265-9310 North: (281) 331-9000

Additional resources can also be found at

www.211texas.org

namigulfcoast.org/resources/resource-and-crisis-manual/

or contact a School Counselor.

National Suicide Prevention Lifeline	988
24/7 Crisis TEXT line	Text "GO" to 741741
Harris County Mobile Crisis Unit	713-970-4621
National Runaway Switchboard	1.800.RUNAWAY
Disability Rights	713.974.7691
Harris County Psychiatry Center	713.741.5000
Mental Health America of Greater Houston	713.522.5161
Shelter Information	211

Service providers - Please contact Dr. Chenda Moore, Coordinator of Guidance Services, at 281.485.3203, for additions, deletions, or changes to information.

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