

APRIL 2025



GRADES 9-12 LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 31 Eid al-Fitr No School	1 Beef Taco Salsa Seasoned Corn Whole Grain Tortilla Scoops	2 Teriyaki Meatballs California Blend Vegetables Rice, Fresh Baby Carrots Ranch Dressing Whole Grain Dinner Roll	3 Chicken & Waffles Roasted Maple Sweet Potatoes Fresh Cole Slaw Syrup	4 4x6" Cheese Pizza Fresh Chopped Romaine Fresh Cherry Tomatoes Assorted Dressing
7 Cheese Quesadilla Black Bean Salad Sour Cream Scoops	8 Rotini with Meatsauce Seasoned Peas Beet Salad Garlic Stick	9 Early Dismissal Grilled Turkey Ham & Cheese Fresh Celery Sticks Fresh Carrot Sticks Ranch	10 Salisbury Steak Mashed Potatoes Whole Grain Hamburger Bun Green Bean Salad	11 Cheese Pizza Bagel Fresh Chopped Romaine Fresh Cherry Tomatoes Assorted Dressing Spring Cookie, Bloom Icy

SPRING RECESS - NO SCHOOL

April 14 - 18



21 Beef & Cheese Taco Stick Salsa Fiesta Beans	22 EARTH DAY Chik'n Nuggets Seasoned Peas & Corn Beet Salad, Doritos BBQ Sauce, Ketchup	23 Early Dismissal Turkey on a Kaiser Roll Fresh Celery Sticks Fresh Shredded Lettuce Mayo, Mustard, Ranch Green Beans	24 Twin Cheeseburgers Waffle Fries Fresh Carrot Salad Ketchup	25 5" Round Cheese Pizza Fresh Chopped Romaine Fresh Red Pepper Strips Assorted Dressing Brownie with Sprinkles
28 Popcorn Chicken Glazed Carrots Honey Mustard, Ketchup Sunset Sips Veggie Juice Pretzel Goldfish Crackers	29 Mac & Cheese Broccoli Fresh Cherry Tomatoes Biscuit	30 CN Early Dismissal Turkey Hot Dog Whole Grain Hot Dog Bun Crinkle Fries Vegetarian Baked Beans Ketchup, Mustard		

SCHOOL LUNCH

Consists of a Meat/Meat Alternate, Grains, Vegetables, Fruits, and Milk offered daily.

Students are encouraged to choose all components, but must select at least three, including a fruit or vegetable and at least two other full components.

Thanks to the Community Eligibility Program (CEP), all our complete and nutritious meals are served at **NO CHARGE** to all students, with no need to apply!

Every day, students have the choice of **MILK: Low-Fat White, Lactose-Free / Fat-Free Chocolate, Fat-Free Strawberry & Lactose-Free White Milk** **FRUIT: Fresh Fruit, Chilled Fruit Cup, 100% Fruit Juice**

Waterbury Public Schools Food Service is "Pork-Free" No pork is served or sold by our Child Nutrition Program

Second Choice Meals are Offered Daily

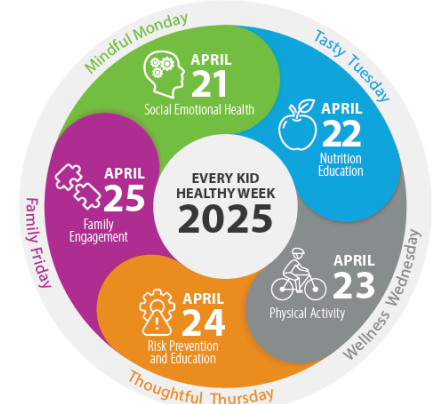


Brand Spotlight

NUTRITION CORNER

April 21 - April 25 is Every Kid Healthy Week

This annual celebration is dedicated to promoting health and wellness among children in schools across the USA, emphasizing the importance of nutrition, physical activity, and social-emotional well-being



MENU IS SUBJECT TO CHANGE 3/26/25
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER