ALL STUDENTS EAT AT NO COST!!

NUTRITIONAL INFORMATION AVAILABLE FROM DISTRICT NURSE OR DISTRICT OFFICE, FOOD SERVICE

Buckeye School Of The Arts Menu

Gateway Unified School District

Adult Lunch \$5.75 Adult Breakfast \$4.25 \$0.50 Milk

(IE. PROTEIN, GRAIN, VEGETABLE, FRUIT, MILK)

(IE. PROTEIN/GRAIN)

AN ENTREE' ITEM MAY ENCOMPASS 2 COMPONENTS

STUDENTS CHOOSE MINIMUM OF 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST

(IE. PROTEIN, GRAIN, FRUIT/VEGETABLE, MILK) 2 GRAIN COMPONENTS MAY BE TAKEN 2 FRUIT COMPONENTS MAY BE TAKEN ANY ITEM MAY BE 2 COMPONENTS

(IE. PROTEIN/GRAIN = 2 GRAIN)

STUDENTS MUST TAKE 1/2 CUP OF FRUIT OR VEGETABLE BREAKFAST INCLUDES FRESH FRUIT and/or JUICE (CANNED FRUIT MAY ALSO BE A VAILABLE)

(VEGETABLES ARE INCLUDED IN THIS GROUPING) GRAIN Item/s;

PLEASE COME AND JOIN US FOR A NUTRITIOUS, HEALTHY BREAKFAST AND LUNCH! WE PROUDLY SERVE FRANZ

DAIRY Item/s (MILK)



SERVING FIVE STAR MEALS

LUNCH INCLUDES FRESH FRUIT

(CANNED MAY BE AVAILABLE); FRESH SALAD and/or FRESH VEGETABLE(S)

STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH

FLAVORS ARE SEASONAL (no high fructose corn syrup in chocolate milk)

Monday	Tuesday	Wednesday	Thursday	Friday
DRINK MILK!	1 COLD CEREAL CHOICES 1/2 ENGLISH MUFFIN LUNCH ENCHILLADAS	2 CHEESE OMELET CINNAMON TOAST SLICE LUNCH HOT DOG W/BUN TOTS	3COLD CEREAL CHOICES 1/2 BAGEL LUNCH CHICKEN PORTIONS MASHED POTATOES ROLL, CORN	4PANCAKE SAUS. ON A STICK LUNCH FRENCH BREAD PIZZA
7 FRENCH TOAST STICKS <u>LUNCH</u> POPCORN CHICKEN CURLY NOODLES	8 OATMEAL 1/2 ENGLISH MUFFIN LUNCH CHICKEN FAJITA SEASONED RICE	9 BREAKFAST WRAP <u>LUNCH</u> CORN DOG POTATO WEDGES	10cold cereal choices 1/2 bagel LUNCH MEATLOAF MASHED POTATOES ROLL, CORN	11 YOGURT PARFAITS (FRT.&GRAN.) LUNCH ORANGE CHICKEN RICE
14	15	16	17	18
	SPF	RING REC	<u>ESS</u>	
FRENCH TOAST STICKS LUNCH CHICKEN PATTY SAND. STEAMED CARROTS	22 COLD CEREAL CHOICES 1/2 ENGLISH MUFFIN LUNCH SOFT TACO	23 _{EGGSTRAVAGANZA} CINNAMON TOAST SLICE LUNCH HAMBURGER W/BUN CRINKLE CUT FRIES	24 COLD CEREAL CHOICES 1/2 BAGEL LUNCH MAC N CHEESE GREEN BEANS	25 CINNAMON ROLL LUNCH FRENCH BREAD PIZZA
28 FRENCH TOAST LUNCH CHICKEN TENDERS STEAMED BROCCOLI	29 COLD CEREAL CHOICES 1/2 ENGLISH MUFFIN LUNCH BEEFY NACHOS RICE	30 BREAKFAST BURRITO LUNCH SUB SANDWICH SUN CHIPS	CHILLED 1% WHITE MLK	AND NONFAT CHOCOLATE MILK & OTHER

BREAD ITEMS THAT ARE WHOLE WHEAT AND WHOLE GRAIN WE ALSO PROUDLY SERVE PRODUCER'S MILK AND DAIRY ALL MENU'S SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY