



NUTRITIONAL INFORMATION AVAILABLE FROM
DISTRICT NURSE OR DISTRICT OFFICE, FOOD

Gateway Unified School District

ALL STUDENTS EAT AT NO COST!!

Central Valley High School

Adult Breakfast \$4.25

**STUDENTS CHOOSE MINIMUM OF 3 OF THE 4 ITEMS OFFERED FOR
BREAKFAST**

(IE. PROTEIN, GRAIN, FRUIT/VEGETABLE, MILK)

2 GRAIN COMPONENTS MAY BE TAKEN

2 FRUIT COMPONENTS MAY BE TAKEN

ANY ITEM MAY BE 2 COMPONENTS

SERVING FIVE STAR MEALS



BREAKFAST INCLUDES FRESH FRUIT and/or JUICE (CANNED FRUIT MAY ALSO BE AVAILABLE)

Monday

Tuesday

Wednesday

Thursday

Friday

	1 CINNAMON ROLL CHOICES OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN, BLUEBERRY, CIN. RAISIN) OR	2 FRENCH TOAST STICKS OR BAGEL SAND. CHOICES BAGEL CHOICES, (PLAIN, BLUEBERRY, CIN. RAISIN) OR ASSRTD. COLD CEREALS	3 BREAKFAST WRAP OR BAGEL SAND. CHOICES OR BAGEL (PLAIN, BLUEBERRY, CIN. RAISAN) OR ASSRTD. CEREAL CHOICES CINNAMON TOAST	4 BISCUITS & GRAVY OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN, BLUEBERRY, CIN. RAISIN)
7 CHURROS OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN BAGEL, BLUEBERRY, CIN. RAISIN BAGEL) OR ASSRTD. COLD CEREALS	8 CINNAMON ROLL CHOICES OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN, BLUEBERRY, CIN. RAISIN) OR ASSRTD. COLD CEREALS	9 FRENCH TOAST STICKS OR BAGEL SAND. CHOICES OR BAGEL CHOICES OR PARFAIT ASSORTED COLD CEREALS	10 EGGSTRAVAGANZA CINNAMON TOAST SLICE OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN, BLUEBERRY, CIN. RAISIN) OR ASRTD. COLD CEREALS	11 PANCAKE SAUSAGE ON A STICK OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN BAGEL, BLUEBERRY, CIN.
14	15	16	17	18
<div style="display: flex; align-items: center; justify-content: space-between;">  <div style="text-align: center;"> <h1 style="color: purple;">-----SPRING RECESS-----</h1> </div>  </div>				
21 CHURROS OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN BAGEL, BLUEBERRY, CIN. RAISIN BAGEL)	22 CINNAMON ROLL CHOICES OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN, BLUEBERRY, CIN. RAISIN) OR ASSRTD. COLD CEREALS	23 FRENCH TOAST STICKS OR BAGEL SAND. CHOICES BAGEL CHOICES, (PLAIN, BLUEBERRY, CIN. RAISIN) OR ASSRTD. COLD CEREALS	24 BREAKFAST WRAP OR BAGEL SAND. CHOICES OR BAGEL (PLAIN, BLUEBERRY, CIN. RAISAN) OR ASSRTD. CEREAL CHOICES CINNAMON TOAST	25 BISCUITS & GRAVY OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN, BLUEBERRY, CIN. RAISIN) OR ASSRTD. COLD CEREALS
28 CHURROS OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN BAGEL, BLUEBERRY, CIN. RAISIN BAGEL) OR ASSRTD. COLD CEREALS	29 CINNAMON ROLL CHOICES OR BAGEL SAND. CHOICES OR BAGEL CHOICES (PLAIN, BLUEBERRY, CIN. RAISIN) OR ASSRTD. COLD CEREALS	30 FRENCH TOAST STICKS OR BAGEL SAND. CHOICES OR BAGEL CHOICES OR PARFAIT ASSORTED COLD CEREALS		

CHILLED 1% WHITE MILK AND NONFAT CHOCOLATE MILK & OTHER FLAVORS ARE
SEASONAL (no high fructose corn syrup in chocolate milk)
ALL MENU'S SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

PLEASE COME AND JOIN US FOR A NUTRITIOUS, HEALTHY BREAKFAST AND LUNCH! WE PROUDLY SERVE
FRANZ BREAD ITEMS THAT ARE WHOLE WHEAT AND WHOLE GRAIN WE ALSO PROUDLY SERVE

