

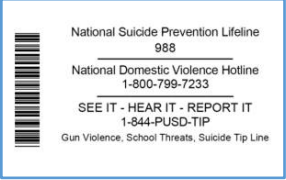
Suicide Prevention and Mental Health Legislation for K-12 LEAs

Quick Guide



SUICIDE PREVENTION

Abbreviated Legislation	Effective	Requirements	Best Practices	Resources
<p><u>AB1767</u> Amends Section 215 of Ed. Code</p> <p><i>Requires the governing board or body of a LEA that serves pupils in kindergarten and grades 1 to 6 to adopt, and update as prescribed, a policy on pupil suicide prevention</i></p>	<p>January 2020</p>	<p>The policy <u>must</u>:</p> <ul style="list-style-type: none"> ✓ be age-appropriate and delivered and discussed in a manner that is sensitive to the needs of young pupils ✓ be developed in consultation with school and community stakeholders, school-employed mental health professionals and suicide prevention experts ✓ specifically address the needs of high-priority youth groups ✓ address any training on suicide awareness and prevention to be provided to teachers of pupils in grades K-6 ✓ ensure proper coordination and consultation with the county mental health plan if a referral is made for mental health or related services on behalf of a pupil who is a Medi-Cal beneficiary ✓ be updated every five years 	<ul style="list-style-type: none"> • Reference the AB1767 Suicide Prevention Resource Guide for Elementary Schools for evidence-based curriculum, programming and training • Train <u>all</u> school staff in suicide prevention and mental health awareness 	<ul style="list-style-type: none"> • AB1767 Suicide Prevention Resource Guide for Elementary Schools • Suicide Prevention Guide for High Priority Youth Groups • CDE Model Policy

<p>SB972 Adds Section 215.5 to Ed. Code</p> <p><i>Requires any public or private school that issues student ID cards and serves pupils in grades 7-12 to print the phone number for the National Suicide Prevention Lifeline (988) on the ID cards.</i></p>	<p>January 2019</p>	<ul style="list-style-type: none"> ✓ Print the National Suicide Prevention Lifeline (988) on student ID cards for grades 7-12. ✓ Schools may also print the Crisis Text Line (741-741) and a local suicide prevention hotline on either side of the ID cards. 	<ul style="list-style-type: none"> • Teach students how and why to use the hotline numbers. 	<ul style="list-style-type: none"> • 988 Suicide and Crisis Lifeline • National Domestic Violence Hotline 1-800-799-7233 • Sample Student ID Card: <div data-bbox="1623 440 1906 618" style="border: 1px solid black; padding: 5px; text-align: center;">  </div>
<p>AB2639 Amends Section 215 of Ed. Code</p> <p><i>Requires LEAs to review their suicide prevention policies at least every five years.</i></p>	<p>September 2018</p>	<ul style="list-style-type: none"> ✓ Suicide prevention policies must be reviewed and updated, if necessary, at least every five years. 	<ul style="list-style-type: none"> ✓ Review and update your policy annually. 	<ul style="list-style-type: none"> • AB1767 • AB2246
<p>AB2246 Adds Article 2.5 commencing with Section 215 Ed. Code</p> <p><i>Requires LEAs serving students in grades 7-12 to adopt a policy on</i></p>	<p>July 2017</p>	<p>The policy must:</p> <ul style="list-style-type: none"> ✓ be developed in consultation with school and community stakeholders, the county mental plan, school-employed mental health professionals and suicide prevention experts ✓ specifically address the needs of high-priority youth groups (see Suicide 	<ul style="list-style-type: none"> • Train all school staff in suicide prevention and mental health awareness. • Train multiple staff members in suicide intervention. 	<ul style="list-style-type: none"> • CDE Model Policy • Suicide Prevention Guide for High Priority Youth Groups

<p><i>student suicide prevention, intervention, and postvention with specified components</i></p>		<p>Prevention Guide for High Priority Youth Groups)</p> <ul style="list-style-type: none"> ✓ include procedures relating to suicide prevention, intervention, and postvention ✓ include suicide awareness and prevention training for teachers that includes how to identify appropriate mental health services, both at the school site and within the larger community, and when and how to refer youth and their families to those services ✓ ensure that a school employee acts only within the authorization and scope of the employee’s credential or license 		
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MENTAL HEALTH

<p>Abbreviated Legislation</p>	<p>Effective</p>	<p>Requirements</p>	<p>Best Practices</p>	<p>Resources</p>
<p><u>SB224</u> Adds Article 6 commencing with Section 51925 Ed. Code</p> <p><i>Requires each LEA that serves middle and/or high school students to include mental health curriculum and</i></p>	<p>January 2022</p>	<p>Mental health curriculum and instruction must include:</p> <ul style="list-style-type: none"> ✓ overarching themes and core principles of mental health ✓ defining signs and symptoms of common mental health challenges ✓ evidence-based and culturally responsive supports, services and practices that help to manage mental health challenges ✓ promotion of wellness and protective factors 	<ul style="list-style-type: none"> • Incorporate mental health curriculum and instruction into one class per year for all students. • Decrease stigma by normalizing conversations about mental health in all classes and among staff. 	<ul style="list-style-type: none"> • Wellness Education Lab

<p><i>instruction as a part of health education classes</i></p>		<ul style="list-style-type: none">✓ ability to identify warning signs of common mental health problems✓ how to look for and find assistance from the LEA✓ connection between mental health and academic success and co-occurring conditions✓ awareness and appreciation for the prevalence of mental health challenges across social groups✓ definition of and strategies to overcome stigma including increasing awareness and promoting acceptance (should include peer narratives from those with lived experience) <p>Instruction and materials must:</p> <ul style="list-style-type: none">• be appropriate and accessible for all students• not reflect or promote bias• be coordinated with on-campus mental health providers		
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<p><u>AB748</u> Adds Section 49428.5 to Ed. Code</p> <p><i>Requires each school site serving students in grades 6 to 12, inclusive, to create a poster that identifies approaches and shares resources regarding student mental health</i></p>	<p>Beginning of the 2023-24 school year</p>	<p>The poster must be prominently and conspicuously displayed in appropriate public areas that are accessible to, and commonly frequented by, students at each school site.</p> <p>Poster shall be no smaller than 8.5” by 11” with at least 12-point font and shall display, at a minimum, all the following:</p> <ul style="list-style-type: none"> ✓ common behaviors of those struggling with mental health or who are in a mental health crisis ✓ contact information for school site-specific and community resources ✓ positive coping strategies ✓ negative coping strategies to avoid 	<ul style="list-style-type: none"> • Share the posters digitally. • Consider displaying inside bathroom stalls. 	<ul style="list-style-type: none"> • SDCOE Mental Health Assistance Posters
<p><u>SB1063</u> Amends, repeals, and adds EC 215.5</p> <p><i>Requires public or private school that serve students in grades 7 to 12, and that issues student identification cards to include a QR code that links to the mental health resources internet website of the county in which the school is located</i></p>	<p>July 1, 2025</p>	<ul style="list-style-type: none"> ✓ Student ID cards need to include a QR code that links to the mental health resources internet website of the county in which the school is located ✓ A school that has a supply of unissued ID cards that do not comply with this requirement, can issue those cards until they are depleted 	<ul style="list-style-type: none"> • COEs should collaborate with their county’s Behavioral Health Services to identify or create an appropriate webpage where students ages 13+ can access services. • Inform students on why the QR code is on their ID and how to access services. 	