

April 2025 Dysphagia Breakfast and Lunch Menu

All Breakfasts include Applesauce, Juice, and Milk

April 1

Breakfast: Chicken and Waffles

Lunch: Mashed Potato Bowl with Cheese and Chicken, Glazed Carrots, Green Beans, Spiced Applesauce

April 2

Breakfast: Cinnamon Roll with Sausage, Pureed Fruit and Yogurt

Lunch: Turkey Alfredo, Green Beans, Glazed Carrots, Fruit Cobbler

April 3

Breakfast: Cream of Wheat with Fruit Compote

Lunch: Chili, Mashed Potatoes with Gravy, Glazed Carrots, Fruit Cocktail

April 4

Breakfast: Pancakes and Sausage, Pureed Yogurt Meal

Lunch: Green Chili Cheese Burrito with Nacho Cheese, Mixed Vegetables, Green Beans, Mandarin Oranges

April 7

Breakfast: Fruit and Yogurt Parfait

Lunch: Cheese Enchiladas, Seasoned Black Beans, Green Beans, Canned Peaches

April 8

Breakfast: Sausage Biscuit, Pureed Yogurt

Lunch: Spaghetti, Glazed Carrots, Green Beans, Canned Pears

April 9

Breakfast: French Toast with Fruit Compote, Cream of Wheat

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Fruit Cobbler

April 10

Breakfast: Chicken Biscuit with Gravy

Lunch: Chicken Nugget, Green Beans, Mashed Potatoes with Gravy, Fruit Cobbler

April 11

Breakfast: Blueberry Muffin with Fruit Compote, Pureed Yogurt Meal

Lunch: Macaroni and Cheese, Tomato Soup, Creamed Spinach, Fruit Cobbler

April 14

Breakfast: Oatmeal with Fruit Compote

Lunch: Beef and Cheese Nachos, Seasoned Black Beans, Cauliflower, Sliced Peaches

April 15

Breakfast: Chicken and Waffles

Lunch: Mashed Potato Bowl with Cheese & Chicken, Glazed Carrots, Green Beans, Spiced Applesauce

April 16

Breakfast: Cinnamon Roll with Sausage, Pureed Fruit and Yogurt

Lunch: Turkey Alfredo, Green Beans, Glazed Carrots, Fruit Cobbler

April 17

Breakfast: Cream of Wheat with Fruit Compote

Lunch: Chili, Mashed Potatoes with Gravy, Glazed Carrots, Fruit Cocktail

April 22

Breakfast: Holiday Meal

Lunch: Spaghetti, Glazed Carrots, Green Beans, Canned Pears

April 23

Breakfast: French Toast with Fruit Compote, Cream of Wheat

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Fruit Cobbler

April 24

Breakfast: Chicken Biscuit with Gravy

Lunch: Chicken Nugget, Green Beans, Mashed Potatoes with Gravy, Fruit Cobbler

April 25

Breakfast: Blueberry Muffin with Fruit Compote, Pureed Yogurt Meal

Lunch: Macaroni and Cheese, Tomato Soup, Creamed Spinach, Fruit Cobbler

April 28

Breakfast: Oatmeal with Fruit Compote

Lunch: Beef and Cheese Nachos, Seasoned Black Beans, Cauliflower, Sliced Peaches

April 29

Breakfast: Chicken and Waffles

Lunch: Mashed Potato Bowl with Cheese and Chicken, Glazed Carrots, Green Beans, Spiced Applesauce

April 30

Breakfast: Cinnamon Roll with Sausage, Pureed Fruit and Yogurt

Lunch: Turkey Alfredo, Green Beans, Glazed Carrots, Fruit Cobbler