



MINUTES

SCOTTSDALE UNIFIED SCHOOL DISTRICT WELLNESS COMMITTEE

MONDAY, MARCH 24, 2025

3:30-4:30 PM

Committee Members

Patti Bilbrey, Director of Nutritional Services
Shannon Cronn, Director of Support Services
Laurn Pilato, Prevention Coordinator
Renee Tosto, District Lead Nurse
Will Graham, School Nurse
Sheri Bieberle, Parent
Jan Dubauskas, Parent
Kim Fowlston, Social Worker

Absent

Kat Hughes, Principal
Lisa Kanarish, Parent
Laura Weeshoff, Parent
Michael Maske, Parent
~~Susan Leonard, Lead Physical Education Teacher~~ – will no longer be an active member

Purpose: The purpose of the Wellness Committee is to review and update district-level wellness guidelines and to help promote physical, social, and mental health initiatives and support for our students and staff as well as provide updates and recommend changes to the district Governing Board.

Objectives: This will be accomplished by engaging a Wellness Committee composed of parents and caregivers, students, the school nutrition staff, school curriculum specialist, physical education teachers, school nurses, mental health and social services staff, school administrators and health professionals.

Agenda

- **Welcome**
- **Roll Call-Establish a Quorum**
 - Established
- **Overview of 2024-2025 Wellness Committee**
 - Our overall goal, purpose and objective is to review and update wellness guidelines to support SUSD students.
- **WellSAT Implementation Updates**
 - Reviewed ADE School and District Assessment Tool
 - Committee agreed the ADE assessment tool is a better assessment instrument and to move to that format, rather than the WellSAT
 - Document will help identify areas of improvement, as well as show areas of strength

- Patti Bilbrey will be sending out the survey within the week to schools, giving one month for administrators to fill out then presenting the information gathered to the SUSD Governing Board.
 - The data gathered will provide the necessary information needed for the Wellness Committee to update any district policies on Wellness.
- Patti Bilbrey will be putting together a Wellness web page to provide information that will include what and whys of what the Wellness Committee does as house all wellness documentation and information in one, concise landing page. - Patti Bilbrey.
- Reviewed ADE Comparison to Model Policy Tool - Patti Bilbrey will input data to present to the committee, which will be used to potentially form clear language and clarity for our LWP
- **Blue Zone Collaboration**
 - How do we increase vaping awareness?
 - Support Services partnered with Blue Zones, HonorHealth and SUSD students to form a committee.
 - Elementary is the time to share the message on the dangers of vaping.
 - The dangers of vaping should be shared 3 to 5 years before the onset of use.
 - The Blue Zone Committee wants to see more prevention. The Blue Zone has recommended Catch My Breath curriculum, and this is what SUSD uses to get information out to students. The prevention curriculum is for grades 5-12. Students can have a better understanding of how to make better and healthy decisions.
 - We need to get this information out during the school day.
 - Does the Wellness Committee want to focus on vape prevention as part of Tier I curriculum- Wellness committee is in support.
 - 8 votes for Yes/ 0 votes for no
- **Arizona Healthy School Act (HB2164)**
 - HB 2164 document reviewed by Patti Bilbrey.
 - Discussed how this will impact foods on campus during the regular school day
- **Discuss Meeting Dates & Future Topics**
 - Language for Wellness policy.
 - Discuss foods brought on to campuses for classroom parties -foods and snack policy.
 - Next meeting on April 21, 2025 will be on Teams.

Location/Meeting Dates

March 24, 2025	TEAMS MEETING	3:30-4:30 PM
April 21, 2025	TEAMS MEETING	3:30-4:30 PM
May 15, 2025	TBD	3:30-4:30 PM