

DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

FRIDAY, NOVEMBER 22, 2024

BIRTHDAYS

No Birthdays
Over the Break
Destiney Pena
Violet Rodarmel
Darius Cramer
Kian George
Diana Penn
Billy Stillman Jr.
Peyton Johnson
Breanna Mitchell
Connor Vogel
Jeanine England
Aliyah Gozony

LUNCH

Turkey, Mashed Potatoes &
Gravy, Green Bean Casserole,
Dinner Roll, Pumpkin Pie &
Milk Variety

SENIOR CORNER

Mrs. Burke and Mrs. Accurso are here to help you figure out your next steps. Stop by and sign-up to see them for help on what life looks like after high school.

Last day to submit your applications for CSU and UC's is Monday, December 2nd. Try to submit early so you can relax and enjoy your break!

Remember that Scholarship season will be here soon (spring semester). Start obtaining letters of recommendation now! Most scholarship applications will require that you attach 1 to 3 letters of recommendation.

ACADEMICS

The Mendocino College Schedule is now available for Spring Semester. If you would like to see Mrs. Accurso to look at your college class options, please sign up to see her in the office. College Registration starts November 22nd.

ACTIVITIES

Seniors: Hoodies are on sale now in the Cougar webstore. ULHS seniors can purchase one hoodie for \$20. Any additional hoodie will cost \$40. We want every senior to get a hoodie! If you need support purchasing a hoodie, reach out to Hayenga.

Seniors are selling tamales! Place your order with Hope. Pick up is November 22

ATHLETICS

CAMPUS REMINDERS



Yesterday, we talked about our Core Values and how using inappropriate language does not support our values. But sometimes, it can be hard to break a bad habit. One way we can try to swear less is to pretend like our grandma is listening. Sometimes, it's helpful to pretend like a person we would not want to offend is listening to us!

Another tip is to find some replacement words. You can say things like: "What in thunderation," and "Great Odin's Raven!" You'll sound like Ron Burgundy from Anchorman and might even get a few laughs in the process.

A COUGAR THANKSGIVING

On behalf of the Upper Lake High School faculty and staff, we wish all families a Happy Thanksgiving. We hope you enjoy quality time spent with family and friends. We thank our outstanding students, staff, and North Shore community. Have a beautiful week! See you back at school on Monday, December 2nd!



Happy Thanksgiving, Mighty Cougars!