

DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

TUESDAY, NOVEMBER 12, 2024

| BIRTHDAYS | LUNCH | SENIOR CORNER |
|------------------|---|---|
| No Birthday | Beef Enchilada, Fresh Veggies, Fruit & Milk Variety | <p>Mrs. Accurso is helping students with their CSU/UC applications. Stop by and sign-up for more help .</p> <p>A SHEET WITH THE PERSONAL INSIGHT QUESTIONS ARE ON THE FRONT DESK!</p> <p>BACK BY POPULAR DEMAND! Seniors, mark your calendars for our FINAL 4-year University Application Day. Mrs. Accurso will be in the student center from 8:00 am- 12:45 pm on Thursday, November 14th. This will be your final opportunity to have time at school to work on your 4-year university applications!</p> |

| ACADEMICS | ACTIVITIES | ATHLETICS |
|--|---|--|
| <p>Today- Upward Bound is on campus today</p> <p>Congratulations Mock Trial for attending the scrimmage this last weekend!</p> <p>We are now in the last five weeks of the Fall semester. These are the grades that stick on your transcript. Take action now. Talk to your teacher, know what you need to do to level up!</p> | <p>Silent Disco dance tickets are on sale now on Go Fan!</p> <p>\$10 with your Cougar Den pass \$15 without</p> <p>Tickets are LIMITED so get yours today. When they sell out they are GONE! Permission slip is required and the non-privilege list is in effect. Friday, 11/15 7 to 9 PM Theme is Glow Out</p> <p>Seniors: your hoodies are available for purchase on the ULHS webstore. For a current ULHS senior, the cost of ONE is \$20 and \$8 to personalize it. Any additional hoodie purchases cost \$40 and \$8 to personalize it.</p> <p>Senior t-shirts are also available!</p> <p>Hope is taking orders for the tamale feed senior fundraiser. 15 half dozen 30 dozen Pick up is 11/22</p> | <p>Winter sports practice is in session. Check with your coach to see when practice is scheduled.</p> <p>Remember, you must be eligible to play in games. Check with Ms. Toback if you have any questions.</p> <p>Fall Sports Awards Night is TOMORROW in the cafeteria from 6 to 7 pm. A grab and go dinner will be provided.</p> |

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CAMPUS REMINDERS

If you are out without a class pass, you might find yourself on Structured Day.

No DoorDash or other types of food delivery is allowed. If something is delivered, we will hold it until the end of the day.

NATIVE AMERICAN HISTORY

John Ross, principal chief and national council president of the Cherokee, devoted his life to resisting the U.S. government's seizure of his people's land. Born to a Scottish father and Cherokee mother and educated in a white school, he straddled both worlds, helping draft a constitution and start a tribal newspaper. After rival Cherokee leaders signed a fraudulent treaty giving away ancestral homelands, Ross fought Washington for two years against his people's removal, being imprisoned in the process. President Andrew Jackson refused his petitions, leading to the brutal forced migration known as the Trail of Tears; thousands died, including Ross' wife. He served as chief of the new United Cherokee Nation for the remainder of his life, continuing to actively fight for his people's needs in Washington.

How Can We Help?

During the holidays, some families struggle with making ends meet. If you need food, warm clothing, or someone to help you problem-solve some difficult issues of life, Please reach out to any adult on campus so we can help,