


DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

THURSDAY, OCTOBER 24, 2024

<i>BIRTHDAYS</i>	<i>LUNCH</i>	<i>SENIOR CORNER</i>
Karley Young	Chef's Choice, Fresh Veggies, Fruit & Milk Variety	Senior year is an important time to make memories and spend time with the people (and pets!) you love. Regardless of whether or not you decide to go to college, or move away from your hometown, senior year is a big transition. Rely on your loved ones for support as you navigate your senior year.

<i>ACADEMICS</i>	<i>ACTIVITIES</i>	<i>ATHLETICS</i>
 <p>FFA Monthly Chapter Meeting TODAY at Lunch in Boomer's Room.</p> <p>Let's show up ready to learn every day by focusing on what matters. Cell phones should remain in backpacks, no exceptions.</p> <p>At the beginning of each unit, each teacher will give you a list of the most important things you will need to learn. (Essential Standards)</p> <p>During each unit, you'll keep track of how well you are learning each standard, and you'll get specific help and feedback to get better and better along the way. (Progress Chart)</p> <p>Your class grade will be based on how well you learn each standard. (Rubric Score)</p>	<p>Halloween Costume Contest 10/31</p> <p>Sophomores are selling Halloween grams!</p> <p>Stay tuned for more information on Halloween-themed lunch time activities!</p> <p>Day of the Dead celebration on 11/1</p> <p>Every Friday we wear RED and WHITE! Wear Cougar Colors and show off your school spirit!</p>	<p>Thursday: Soccer vs Willits 5:00 & 6:45 Gate: O'Rourke Cafe: Duncan</p> <p>Winter sports practice begins on November 4th! All athletes must be cleared with Arbiter Sports. For more information, visit our website under Athletics!</p>

CAMPUS REMINDERS

The weather is getting colder and some students might not have warm clothing. If this is you, come see Ms. Toback or speak to any of the instructional aides on campus. We can hook you up with what you

need. No need to shiver or suffer. Reach out for help, or tell a friend and have them connect with a campus adult today.

RESTORATIVE PRACTICES

Restorative approaches address the underlying reasons for students' hurtful behavior and nurture their intrinsic desire to treat others with care and respect.

1. Restorative approaches are all about building community and strengthening relationships.

Restorative approaches are based on the idea that when we feel part of a supportive community, we respect others in that community and become accountable to it.

2. Circles are powerful, if you respect the process. Circles borrow traditions from indigenous peoples: You sit in a circle around an object that has meaning for the group.