


DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

WEDNESDAY, OCTOBER 23, 2024

<i>BIRTHDAYS</i>	<i>LUNCH</i>	<i>SENIOR CORNER</i>
Giovanni Ulloa	Charcuterie Boxes, Fresh Veggies, Fruit & Milk Variety	<p>It's time to start the FAFSA Process!</p> <p>STEP 1: Create an FSA ID</p> <p>STEP 2: Start the FAFSA® form at fafsa.gov.</p> <p>See Mrs. Accurso or Mrs. Burke for more information or help</p>

<i>ACADEMICS</i>	<i>ACTIVITIES</i>	<i>ATHLETICS</i>
<p>FFA Monthly Chapter Meeting tomorrow at Lunch in Boomer's Room.</p> <p>Cougar Pride and Rotary Top 40 celebration is next Friday! We are striving for excellence in Academics, Activities, Arts, and Athletics!</p>  <p>Upper Lake High School LEVEL UP</p> <p>Last week some of our teachers and our principal participated in learning walks. Learning walks help us learn and get better!</p> <p>We want students to be able to answer these 3 questions:</p> <ol style="list-style-type: none"> 1. What are you getting good at today? 2. What does good look like? 3. What level are you on & what do you need to do to get to the next level? 	<p>Halloween Costume Contest 10/31</p> <p>Sophomores are selling Halloween grams!</p> <p>Stay tuned for more information on Halloween-themed lunch time activities!</p> <p>Day of the Dead celebration on 11/1</p> <p>Every Friday we wear RED and WHITE! Wear Cougar Colors and show off your school spirit!</p>	<p>Wednesday: Volleyball @ St. Helena 5&7pm Release @ 2:15</p> <p>Thursday: Soccer vs Willits 5:00 & 6:45 Gate: O'Rourke Cafe: Duncan</p>

CAMPUS REMINDERS

The weather is getting colder and some students might not have warm clothing. If this is you, come see Ms. Toback or speak to any of the instructional aides on campus. We can hook you up with what you need. No need to shiver or suffer. Reach out for help, or tell a friend and have them connect with a campus adult today.

Eligibility for all extracurricular activities is determined by your grades from the last grading period, weekly period attendance, and behavior. Keep yourself eligible for activities by leveling up in academics, being in class every period every day, and upholding our core values of Trust, Respect, and Responsibility.

SAFE AND WELCOMING SCHOOL

Student safety is always our #1 priority. It goes without saying but nevertheless a good reminder for all students: Alcohol, Tobacco, Marijuana, or Illegal Drugs are **absolutely prohibited**. Students may not be in possession of paraphernalia associated with drugs. Examples of such paraphernalia include rolling papers, pipes, vape pens, hypodermic needles, etc. Students will be searched upon entry and if you see something, say something. **THANK YOU FOR STAYING SAFE!**