

DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

MONDAY, OCTOBER 7, 2024

<i>BIRTHDAYS</i>	<i>LUNCH</i>	<i>SENIOR CORNER</i>
No birthdays today.	Chef's Choice, Veggies, Fruit & Milk Variety	<p><u>SENIOR PORTRAITS TODAY!</u> Senior Portraits are Monday, October 7 Last Name A-G report to gym at 8:00 am Last Name H -M report to gym at 9:00 am Last Name N - Z report to gym at 10:00 am</p> <p><u>ALL JUNIORS AND SENIORS</u> Lake County Campus of Woodland Community College College and Transfer Fair 2024 Thursday, October 17, 2024 9:00 AM - 11:00 AM PERMISSION SLIPS ARE IN THE OFFICE - SPACE LIMITED! DEADLINE FOR PERMISSION SLIPS IS FRIDAY, OCTOBER 11TH</p> <p>SENIORS - COLLEGE APPLICATION DAY is TOMORROW in the Student Center!</p>

<i>ACADEMICS</i>	<i>ACTIVITIES</i>	<i>ATHLETICS</i>
AVID Field Trip to Sacramento State and UC Davis this Wednesday! Eligible AVID students must submit their permission slips to Mr. Sombs or Ms. O. Remember to wear comfortable shoes and arrive at school by 5:15 a.m.	<p>Stay tuned for information on Club Rush.</p> <p>Wear Red and White on Fridays and get a treat from the Mighty Cougar!</p> <p>Music and games in the quad on Fridays at lunch.</p> <p>Upcoming: Halloween Grams and Costume Contest</p> <p>Cougar Den theme 10/11 PINK OUT</p> <p>Volleyball Senior night 10/17 PINK OUT</p>	<p>Tuesday: Volleyball @ Clear Lake 5&7pm Soccer @ Willits 4:30 & 6:15pm (Release at 2:45pm)</p> <p>Thursday: Soccer vs Clear Lake 4:30/6:15 Gate: Hay Cougar Cafe: Zamudio</p> <p>Friday: Football vs Kelseyville 5 & 7PM Gate: McLaurin THEME: PINK OUT</p>

CAMPUS REMINDERS: PUBLIC DISPLAY OF AFFECTION

Students are expected to be reasonable in their display of affection on campus. Anything considered in poor taste will be addressed by staff members. Tier One and Two interventions may be applied in an effort to help the students grow in their understanding of what is appropriate behavior at school and in public.

Please use the Campus Pass when leaving the classroom. Those without the pass may find themselves being escorted to use the restroom and to go in between classes, also known as structured days.

CORE VALUE - RESPECT



In Cougar Country, we take pride in our Core Values, and one of the most important is RESPECT.

Respect means feeling positive toward someone because of their impact on others. It's something we can extend to others, and it's something we show toward ourselves. Self-respect is about feeling good about who you are, the choices you make, and the effect you have on those around you. Being respectful means considering how your actions affect others and behaving in a way that shows care and consideration.

We can show respect for people, places, and things. Examples include using kind or polite words, even when we're upset, and practicing good manners like sharing, waiting our turn, and saying "please" and "thank you."

Thank you for being respectful!