

DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

WEDNESDAY, OCTOBER 2, 2024

MINIMUM DAY

STUDENTS OUT AT 12:00

BIRTHDAYS	LUNCH	SENIOR CORNER
No Birthdays Today!	Charcuterie Boxes, Fresh Veggies, Fruit & Milk Variety	Senior Portraits are Monday, October 7.

ACADEMICS	ACTIVITIES	ATHLETICS
<p>This Year's Mantra: Ready to Learn, Level Up, Work Hard, Don't Quit</p> <p>Our focus is on fostering a strong work ethic in all students—key to success in college, career, and life. If you need support or direction, reach out to our staff. We're here to help you stay focused and succeed!</p>	<p>Today is THEME day! Dress as your decade. Float lineup is 5:30 in the bus loop, and the parade starts at 6.</p> <p>Earn points for your class by joining the spirit count in the quad at break.</p> <p>Today is our field day! Grab your lunch out by the Cougar Bistro and earn points for your class by riding the mechanical bull and speed-running the obstacle course. Volleyball will be in the gym with Maria and Figg.</p> <p>Float lineup is 5:30 in the bus loop, and the parade starts at 6 PM.</p> <p>Thursday is Country Club vs. Country.</p> <p>Friday is our Cougar Attack Rally and the mud-pit tug-of-war! Get hype before the big game!</p> <p>If you are interested in mud-pit Tug of War, finalize your sign-ups with Mr. Figg! Mud-pit clean-up is from 3 to 3:10. Prepare to hose off outside because the locker rooms will be closed. Or, just don't lose!</p> <p>Homecoming Dance is Saturday, 10/5, from 7 to 9 PM. Tickets are on sale now! NO EARLY DEPARTURE! 10 with your Cougar Den Pass 15 without</p> <p>Remember, you must have a permission slip for all Homecoming activities. And the non-privileged list will be enforced!</p>	<p>Thursday: Soccer vs Middletown 4:00&6:15 Volleyball @ Fort Bragg Release 1:45 Gate: Decker Cougar Cafe: Ambrosi</p> <p>Friday: Football vs Cloverdale 5&7PM Gate: McLaurin</p>

Wednesday 10/2 MINIMUM DAY	Thursday 10/3	Friday 10/4
DECADES	COUNTRY CLUB VS. COUNTRY	COUGAR ATTACK
Spirit Count at Break Field Day HOMECOMING PARADE 6:00 PM	Spirit Count at Break Lunch Games 4:30 PM Girls' Soccer 6:15 PM Boys' Soccer	Decorate Class Sections Freshmen 8 - 9 Sophomore 9 - 10 Juniors 10 - 11 Seniors 11 - 12:30 RALLY TUG-O-WAR CLEAN UP
Float Building 3:30 - 5:30 PM 11 & 12 CTE Complex Zamudio/ McLaurin 9 & 10 Bus Barn Pritchard/ Gonzales		FOOTBALL GAME JV 5 PM V 7 PM Halftime: King and Queen Reveal

CAMPUS REMINDERS

Each classroom now has a campus pass. In order to use the restroom or travel anywhere on campus, you will need the campus pass. Time out of the classroom should be no more than 5 minutes. Students who are found outside of class without a campus pass will be counseled and returned to their classroom. Students who continue to be out of class without a campus pass and without permission may find their campus movement restricted, may be put on structured day, or perhaps the non-privilege list. Please ask if you have any questions.

Upper Lake High School Bell Schedule

HOMECOMING WEEK 2024

September 30 - October 4

Monday September 30	Tuesday October 1	Wednesday October 2	Thursday October 3	Friday October 4 HOMECOMING ACTIVITIES
1 8:00-8:55 <i>(55 mins)</i>	1 8:00-8:55 <i>(55 mins)</i>	1 8:00 - 8:30 <i>(30 min)</i>	1 8:00-8:55 <i>(55 mins)</i>	1 8:00-8:55 <i>(55 mins)</i>
2 9:00-9:50 <i>(50 mins)</i>	2 9:00-9:50 <i>(50 mins)</i>	2 8:35-9:00 <i>(25 min)</i>	2 9:00-9:50 <i>(50 mins)</i>	2 9:00-9:50 <i>(50 mins)</i>
Break 9:50-10:00 <i>(10 mins)</i>	Break 9:50-10:00 <i>(10 mins)</i>	3 9:05 - 9:30 <i>(25 min)</i>	Break 9:50-10:00 <i>(10 mins)</i>	Break 9:50-10:00 <i>(10 mins)</i>
3 10:05-10:55 <i>(50 mins)</i>	3 10:05-10:55 <i>(50 mins)</i>	4 9:35 - 10:05 <i>(25 min)</i>	3 10:05-10:55 <i>(50 mins)</i>	3 10:05-10:55 <i>(50 mins)</i>
4 11:00-11:50 <i>(50 mins)</i>	4 11:00-11:50 <i>(50 mins)</i>	Break 10:05 - 10:15 <i>(10 min)</i>	4 11:00-11:50 <i>(50 mins)</i>	4 11:00-11:50 <i>(50 mins)</i>
5 11:55-12:45 <i>(50 mins)</i>	5 11:55-12:45 <i>(50 mins)</i>	5 10:20- 10:45 <i>(25 min)</i>	5 11:55-12:45 <i>(50 mins)</i>	5 11:55-12:45 <i>(50 mins)</i>
Lunch 12:45-1:15 <i>(30 mins)</i>	Lunch 12:45-1:15 <i>(30 mins)</i>	6 10:50 - 11:10 <i>(20 min)</i>	Lunch 12:45-1:15 <i>(30 mins)</i>	Lunch 12:45-1:15 <i>(30 mins)</i>
6 1:20-2:15 <i>(55 mins)</i>	6 1:20-2:15 <i>(55 mins)</i>	Lunch 11:10 - 11:40 <i>(30 min)</i>	6 1:20-2:15 <i>(55 mins)</i>	6 1:20-2:15 <i>(55 mins)</i>
7 2:20-3:10 <i>(50 mins)</i>	7 2:20-3:10 <i>(50 mins)</i>	7 11:40-12:00 <i>(20 mins)</i>	7 2:20-3:10 <i>(50 mins)</i>	7 2:20-3:10 <i>(50 mins)</i>
7 2:20-3:10 <i>(50 mins)</i>	7 2:20-3:10 <i>(50 mins)</i>	Minimum Day 12:00-3:20 <i>(Teacher Collaboration)</i>	7 2:20-3:10 <i>(50 mins)</i>	7 2:20-3:10 <i>(50 mins)</i>