



Department of:
Secondary Education
Manteca Unified School District

Student name _____

MUSD Athletic Social Media Contract

Social media can be a useful tool to communicate with teammates, fans, friends, coaches and more. Social media can also be dangerous if you are not careful. Every picture, link, quote, tweet, status, or post that you or your friends put online is forever part of your digital footprint. You never know when that will come back to hurt or help your reputation during the recruiting process, a new job, or other important areas of your life.

Failure to abide by this contract may result in removal of extracurricular activities including athletics.

Recognizing the above:

- I take responsibility for my online profile, including my posts and any photos, videos or other recordings posted by others in which I appear.
- I recognize Social Media platforms include Instagram, SnapChat, Facebook, Twitter, blogs and other programs that are or can become highly public and have permanent effects.
- I will not degrade my opponents before, during, or after games.
- I will post only positive things about my teammates, coaches, opponents and officials.
- I will use social media to purposefully promote abilities, team, community, and social values.
- I will consider "Is this the me I want you to see?" before I post anything online.
- I will ignore any negative comments about me and will not retaliate.
- If I see a teammate post something potentially negative online, I will have a conversation with that teammate. If I do not feel comfortable doing so, I will talk to the team captain, or a coach.
- I am aware that I represent my sport(s), school, team, family, and community at all times, and will do so in a positive manner.

Student-Athlete Signature Date

Parent Signature Date

Coach Signature Date

Eric Reis 6/1/25
Athletic Director Date

