

# DAILY BULLETIN

*Cougar Family.  
Cougar Pride.*

*Learning & Connecting: Nothing Can Stop Us!*

*FRIDAY, SEPTEMBER 27, 2024*

<i>BIRTHDAYS</i>	<i>LUNCH</i>	<i>SENIOR CORNER</i>
No Birthdays Today	Grab-N-Go Chef's Salad Fresh Veggies and Fruit Variety of Milk	Seniors, as you prepare for life after high school, remember that it's okay to ask for guidance and help along the way. Whether you're exploring college, trade school, or career options, we're here to support you in making a plan that works for you. Don't hesitate to reach out—we want to see you succeed in whatever path you choose!

<i>ACADEMICS</i>	<i>ACTIVITIES</i>	<i>ATHLETICS</i>
<p>Research shows that the presence of cell phones in the classroom can significantly disrupt focus, reduce academic performance, and lower student engagement. Studies have found that even when phones are not in use, their mere presence can be a distraction. That's why we show up ready to learn with cell phones in backpacks—ensuring our attention is fully on the task at hand.</p> <p>Seniors: Mark your calendars for CSU Application Day. This will be held on Tuesday, October 8th from 8am-12:45pm. Mrs. Accurso will be in the student center ready to help you with your CSU Applications. Come in anytime between 1st and 5th period. Mrs. Accurso will take your attendance.</p>	<p><b>Homecoming Dress-Up Days &amp; Events</b></p> <ul style="list-style-type: none"><li>● <b>Monday:</b> Anything But A Backpack</li><li>● <b>Tuesday:</b> Teen Beach Movie</li><li>● <b>Wednesday:</b> Decades Day</li><li>● <b>Thursday:</b> Country Club vs. Country</li><li>● <b>Friday:</b> Cougar Attack</li></ul> <p>◆ <b>Spirit Count</b> happens every day at break! ◆ <b>Lunch Games</b> hosted daily by each grade level—don't miss out!</p> <p><b>Mark your calendars:</b></p> <ul style="list-style-type: none"><li>● <b>Wednesday, October 2:</b> Field Day at lunch and Homecoming Parade at 6:00 PM!</li><li>● <b>Friday, October 4:</b> Rally &amp; Tug-o-War, followed by the big Football Game!</li><li>● <b>Saturday, October 5:</b> Homecoming Dance!</li></ul> <p>All students must submit a signed Homecoming Permission Slip—available starting tomorrow! Don't wait!</p>	<p><b>TODAY:</b> Football @ Lower Lake JV 5 and Varsity 7</p> <p><b>Saturday:</b> Volleyball at Brookings Harbor High School</p>

## *GENTLE REMINDERS*

Stay eligible for sports and extra-curricular activities by maintaining a 2.0 GPA, good attendance and good Behavior. Those who struggle with being trustworthy, respectful, and responsible may be added to the non-privilege list and miss out on games, field trips, and other activities.

Beginning on Wednesday, students who have cell phones confiscated after lunch will be required to bring their cell into the office the next morning and will be held for the day. Avoid this situation by keeping your cell phone in your backpack or the pouch in the classroom.

## *COUGAR PRIDE - ROTARY TOP 40 STUDENTS OF THE MONTH*

**COUGAR PRIDE** recognition acknowledges positive character growth in our Core Values and development and/or growth and improvement in one of the 4 As: Academics, Activities, Arts, and Athletics.

**ROTARY TOP 40** recognition acknowledges students who have shown perseverance, growth and a commitment to continuous improvement. Rotary Top 40 is sponsored by Lakeport Rotary.

If you hear your name ~ CONGRATULATIONS! You can make your way to the cafeteria at 9:00 am for the celebration!

COUGAR PRIDE			
9th	10th	11th	12th
Isaac Caballero Lilly Lando Samuel Ambrecht Sofia Calvillo Gabiella Colcleaser Zoey Wing-Helton	Kelis Anderson Carey Swaney Jacob Weldon Carlos Navares Zoey Boyce Gaige Hulbert Ava Witter Angelina Bendure Shaun Wojcieszak Sarah Compton Paige Kent	Jonathan Ruiz-Carrillo Tracey Walker Gerber Monzon-Lopez Kiana Guzman Leo Jimenez- Lopez Sofia Figueroa-Lopez Baylee Poplin Lailani Tapia Barriga Grace Gard Jakob Estrada	Mario Naranjo Connor Wynacht Tillie Grant Cheyanne O'Sullivan Chyanne Walch Erick Silvan Rivera Jerod Rosales Jack DeMunck
Rotary Top 40			
9th	10th	11th	12th
<b><u>August</u></b> Ryan Young <b><u>September</u></b> Karime Martin	<b><u>August</u></b> Ava Witter <b><u>September</u></b> Christian Aparicio-De Los Santos	<b><u>August</u></b> Sofia Figueroa-Lopez <b><u>September</u></b> Leo Contreras	<b><u>August</u></b> Frankie Kavanaugh <b><u>September</u></b> Emily Henebury

# HOMECOMING WEEK 2024

Monday 9/30	Tuesday 10/1	Wednesday 10/2 MINIMUM DAY	Thursday 10/3	Friday 10/4
<b>ANYTHING BUT A BACKPACK</b>	<b>TEEN BEACH MOVIE</b>	<b>DECADES</b>	<b>COUNTRY CLUB VS. COUNTRY</b>	<b>COUGAR ATTACK</b>
<p>Spirit Count at Break</p> <p>Lunch Games</p>	<p>Spirit Count at Break</p> <p>Lunch Games</p> <p>5 PM JV Volleyball 6 PM V Volleyball</p>	<p>Spirit Count at Break</p> <p style="text-align: center; color: red;"><b>Field Day</b></p> <p style="text-align: center; color: red;"><b>HOMECOMING PARADE</b> 6:00 PM</p>	<p>Spirit Count at Break</p> <p>Lunch Games</p> <p>4:30 PM Girls' Soccer 6:15 PM Boys' Soccer</p>	<p style="text-align: center;"><b>Decorate Class Sections</b></p> <p>Freshmen 8 - 9 Sophomore 9 - 10 Juniors 10 - 11 Seniors 11 - 12:30</p> <p style="text-align: center; color: red;"><b>RALLY</b></p> <p style="text-align: center; color: red;"><b>TUG-O-WAR</b></p> <p style="text-align: center; color: red;"><b>CLEAN UP</b></p>
<p style="text-align: center;"><b>Float Prep</b> 3:30 - 7 PM</p> <p>9: Cafeteria Stage Figg 10: Woodshop Bjur 11: Old Metal Shop Boomer 12: Ag Metals Decker</p>	<p style="text-align: center;"><b>Float Building</b> 4:00 - 9 PM</p> <p>11 &amp; 12 CTE Complex Bommer/Decker 9 &amp; 10 Bus Barn Hay/ Bjur</p>	<p style="text-align: center;"><b>Float Building</b> 3:30 - 5:30 PM</p> <p>11 &amp; 12 CTE Complex Zamudio/ McLaurin</p> <p>9 &amp; 10 Bus Barn Pritchard/ Gonzales</p>		<p style="text-align: center; color: red;"><b>FOOTBALL GAME</b></p> <p>JV 5 PM V 7 PM</p> <p><b>Halftime:</b> King and Queen Reveal</p>