

# DAILY BULLETIN

*Cougar Family.  
Cougar Pride.*

*Learning & Connecting: Nothing Can Stop Us!*

**THURSDAY, SEPTEMBER 26, 2024**

<i>BIRTHDAYS</i>	<i>LUNCH</i>	<i>SENIOR CORNER</i>
No Birthdays Today	Grab_N-Go Italian Sando Roll Ups Fresh Veggies and Fruit Variety of Milk	

<i>ACADEMICS</i>	<i>ACTIVITIES</i>	<i>ATHLETICS</i>
<p>Research shows that the presence of cell phones in the classroom can significantly disrupt focus, reduce academic performance, and lower student engagement. Studies have found that even when phones are not in use, their mere presence can be a distraction. That's why we show up ready to learn with cell phones in backpacks—ensuring our attention is fully on the task at hand.</p> <p>Seniors: Mark your calendars for CSU Application Day. This will be held on Tuesday, October 8th from 8am-12:45pm. Mrs. Accurso will be in the student center ready to help you with your CSU Applications. Come in anytime between 1st and 5th period. Mrs. Accurso will take your attendance.</p>	<p><b>Remember: wear Red and White on Fridays!</b></p> <p><b>Homecoming Dress-Up Days &amp; Events</b></p> <ul style="list-style-type: none"> <li>● <b>Monday:</b> Anything But A Backpack</li> <li>● <b>Tuesday:</b> Teen Beach Movie</li> <li>● <b>Wednesday:</b> Decades Day</li> <li>● <b>Thursday:</b> Country Club vs. Country</li> <li>● <b>Friday:</b> Cougar Attack</li> </ul> <ul style="list-style-type: none"> <li>◆ <b>Spirit Count</b> happens every day at break!</li> <li>◆ <b>Lunch Games</b> hosted daily by each grade level—don't miss out!</li> </ul> <p><b>Mark your calendars:</b></p> <ul style="list-style-type: none"> <li>● <b>Wednesday, October 2:</b> Field Day at lunch and Homecoming Parade at 6:00 PM!</li> <li>● <b>Friday, October 4:</b> Rally &amp; Tug-o-War, followed by the big Football Game!</li> <li>● <b>Saturday, October 5:</b> Homecoming Dance!</li> </ul> <p>All students must submit a signed Homecoming Permission Slip—available starting tomorrow! Don't wait!</p>	<p><b>TODAY:</b> Soccer vs. Lower Lake Girls 4:30 Boys 6:15 Volleyball vs. Middletown JV 5 Varsity 6:15 Theme for Cougar Den is Pajamas!</p> <p><b>Friday:</b> Football @ Lower Lake JV 5 and Varsity 7</p> <p><b>Saturday:</b> Volleyball at Brookings Harbor High School</p>

## GENTLE REMINDERS

Stay eligible for sports and extra-curricular activities by maintaining a 2.0 GPA, good attendance and good Behavior. Those who struggle with being trustworthy, respectful, and responsible may be added to the non-privilege list and miss out on games, field trips, and other activities.

Beginning on Wednesday, students who have cell phones confiscated after lunch will be required to bring their cell into the office the next morning and will be held for the day. Avoid this situation by keeping your cell phone in your backpack or the pouch in the classroom.

## HOMECOMING WEEK 2024

Monday 9/30	Tuesday 10/1	Wednesday 10/2 MINIMUM DAY	Thursday 10/3	Friday 10/4
<b>ANYTHING BUT A BACKPACK</b>	<b>TEEN BEACH MOVIE</b>	<b>DECADES</b>	<b>COUNTRY CLUB VS. COUNTRY</b>	<b>COUGAR ATTACK</b>
Spirit Count at Break  Lunch Games	Spirit Count at Break  Lunch Games  5 PM JV Volleyball 6 PM V Volleyball	Spirit Count at Break  <b>Field Day</b>  <b>HOMECOMING PARADE</b> 6:00 PM	Spirit Count at Break  Lunch Games  4:30 PM Girls' Soccer 6:15 PM Boys' Soccer	Decorate Class Sections Freshmen 8 - 9 Sophomore 9 - 10 Juniors 10 - 11 Seniors 11 - 12:30 <b>RALLY</b>  <b>TUG-O-WAR</b>  <b>CLEAN UP</b>
<b>Float Prep</b> 3:30 - 7 PM  9: Cafeteria Stage Figg 10: Woodshop Bjur 11: Old Metal Shop Boomer 12: Ag Metals Decker	<b>Float Building</b> 4:00 - 9 PM  11 & 12 CTE Complex Bommer/Decker 9 & 10 Bus Barn Hay/ Bjur	<b>Float Building</b> 3:30 - 5:30 PM  11 & 12 CTE Complex Zamudio/ McLaurin  9 & 10 Bus Barn Pritchard/ Gonzales		<b>FOOTBALL GAME</b>  JV 5 PM V 7 PM  <b>Halftime:</b> King and Queen Reveal