

# DAILY BULLETIN

*Cougar Family.  
Cougar Pride.*

*Learning & Connecting: Nothing Can Stop Us!*

*THURSDAY, SEPTEMBER 12, 2024*

<i>BIRTHDAYS</i>	<i>LUNCH</i>	<i>SENIOR CORNER</i>
Dayon Rouillard	Grab-N- Go Italian Sandwich Roll-Ups Veggies, Fruit Milk- Variety	We want to hear your voice! Reach out to Hope, Alyson, and Leslie and share your ideas for the senior trip! Be on the lookout for the senior hoodies and Royal Court ballots.

## *CAMPUS REMINDERS*

Please help keep the student bathrooms clean and in good condition. Your cooperation is appreciated!

<i>ACADEMICS</i>	<i>ACTIVITIES</i>	<i>ATHLETICS</i>
<b>READY TO LEARN:</b> Putting cell phones and earbuds away helps students stay focused, engage in meaningful interactions, and develop essential skills for learning, building relationships, and preparing for college and career success.	<b>TUESDAY:</b> Spanish Club in room 8 at lunch. <b>THURSDAY:</b> TCG in Z's room at lunch This is the perfect time to buy your Cougar Den pass and start saving money! Be on the lookout for the Homecoming Royal Court ballot as you vote for your Prince and Princess! Remember: you can be on the Royal Court as a prince or princess only once throughout high school.  The Cougar Den theme for volleyball is red and white on 9/12. The Cougar Den theme for football is red, white, and blue on 9/13.	<b>THURSDAY:</b> Home Volleyball vs Clearlake 5:00 and 6:00 PM THEME: Grunge or Coquette Girls Soccer @ Rohnert Park @ 3:30 <b>FRIDAY:</b> Home Football vs. Clear Lake @ 5:00 and 7:00 PM THEME: RED, WHITE AND BLUE!

## *COUGAR SPIRIT*

Hey Cougars! School spirit is a huge part of what makes our school awesome. When we show up in our red and white, or head to the Cougar Den to get hyped and cheer on the team, we're building something bigger than just cheering—we're building a sense of pride and belonging. It's all about trust, respect, responsibility, and victory with honor. These aren't just words; they're what make our school stronger. And let's be real, it's fun to get loud, show our Cougar pride, and support each other. So, let's keep that spirit going strong!