

Peace

Love

Understand

Accept

APRIL

Monday

Tuesday

Wednesday

Thursday

Friday

NWCHS

FOOD & NUTRITIONAL DIVISION
NATIONAL SCHOOL BREAKFAST & LUNCH PROGRAMS

CHOCOLATE MUFFIN 1

- ASADO W/TOSTADAS
- SPANISH RICE
- REFRIED PINTO BEANS
- SHREDDED SALAD

LEMON BAR 2

- CHICKEN PARMESAN W/SPAGHETTI
- GARLIC BREADSTICK
- CHOPPED SALAD
- MIX VEGGIES

BREAKFAST WRAP 3

- BONELESS CHICKEN WINGS
- SWEET POTATO FRIES
- CARROTS & CELERY STICKS
- COOKIE

WHOLE GRAIN CONCHA 4

- MAC N CHEESE
- SMILEY FRIES
- CUCUMBERS

CEREAL 7

- HOT DOG
- TATER TOTS
- CARROTS & CELERY STICKS

CHICKEN SAUSAGE PANCAKE SANDWICH 8

- ASIAN PLATE W/ DUMPLINGS
- MIXED VEGGIES
- JICAMA

STRAWBERRY MINI BAGELS 9

- BEEFARONI W/ROLL
- STEAMED CARROTS
- CHOPPED SALAD

WHOLE GRAIN MARRANITO 10

- CHICKEN & WAFFLES
- WAFFLE FRIES
- PEAS & CARROTS

BANANA BREAD 11

- CHEESE NACHOS
- PINTO BEANS
- SHREDDED SALAD
- OATMEAL COOKIE

CEREAL 14

- BACON CHEESEBURGER
- POTATO WEDGES
- BURGER SALAD

BREAKFAST PIZZA 15

- TACOS
- CRINKLE FRIES
- SHREDDED SALAD

WHOLE GRAIN CINNAMON BAR 16

- LASAGNA W/MEAT & GARLIC BREADSTICK
- STEAMED CARROTS
- CUCUMBERS

MINI WAFFLES or MINI PANCAKES 17

- PAPA ASADA BOAT W/ROLL
- CHARRO BEANS
- CUCUMBERS

No School! 18

CEREAL 21

- MINI CORNDOGS
- SWEET POTATO FRIES
- CUCUMBERS

WHOLE GRAIN TARTS 22

- CHICKEN TAMALES W/CHILE CON QUESO
- REFRIED PINTO BEANS
- CHOPPED SALAD

FRENCH TOAST 23

- CHICKEN ALFREDO PASTA W/GARLIC BREAD STICK
- CHOPPED SALAD
- SEASONED CORN
- STEAMED BROCCOLI

APPLE BREAKFAST BITES 24

- LOADED POTATO BOAT
- JICAMA
- CUCUMBERS
- CHIPS & OATMEAL COOKIE

CINNAMON ROLL 25

- PAPA PIZZA
- ELEPHANT EAR
- BABY CARROTS
- CELERY STICKS

CEREAL 28

- SPICY CHICKEN SANDWICH
- SMILEY FRIES
- BURGER SALAD

CHOCOLATE MUFFIN 29

- ASADO W/TOSTADAS
- SPANISH RICE
- REFRIED PINTO BEANS
- SHREDDED SALAD

LEMON BAR 30

- CHICKEN PARMESAN W/SPAGHETTI
- GARLIC BREADSTICK
- CHOPPED SALAD
- MIX VEGGIES

Menu Subject to Change

2025

Fresh Fruit & Milk Served Daily

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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NWCHS Alternative Menu 2025

Monday

Tuesday

Wednesday

Thursday

Friday

ITALIAN COLD CUT SUB SANDWICH
 SPICY BUFFALO RANCH CHICKEN SALAD
 PEPPERONI PIZZA

SPICY CHICKEN BUFFALO WRAP
 CRISPY ORIENTAL SALAD
 BUFFALO CHICKEN PIZZA

DELI SANDWICH
 GRILLED CHICKEN CAESAR SALAD
 CHEESE PIZZA

TURKEY BACON WRAP
 MEXI-RANCH CHICKEN SALAD
 MEGA MEATS PIZZA

PEPPERONI PIZZA

Fill the boxes with the words below:



Educate Love Support Advocate Peace Strength

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