

DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

MONDAY, SEPTEMBER 9, 2024

BIRTHDAYS	LUNCH	SENIOR CORNER
Jonathan Golden	Hamburgers & French Fries Fresh, Veggies & Fruit Milk- Variety	We want to hear your voice! Reach out to Hope, Alyson, and Leslie and share your ideas for the senior trip! Be on the lookout for the senior hoodies and Royal Court ballots.

ACADEMICS	ACTIVITIES	ATHLETICS
<p>Back to School Night is Wednesday, Sept.11th. Hope to see you there!</p> <p>READY TO LEARN: Being ready to learn when you walk into the classroom means arriving prepared, focused, and fully engaged, ready to participate and take on new challenges.</p>	<p>TUESDAY: Spanish Club in room 8 at lunch.</p> <p>THURSDAY: TCG in Z's room at lunch</p> <p>Don't forget to NOMINATE for Homecoming Royal Court!</p> <p><i>Remember: You can be on the Royal Court as Prince of Princess only once throughout high school.</i></p> <p>If you come to the games dressed in the THEME or in RED & WHITE AND you sit in the COUGAR DEN, you get in for FREE!</p>	<p>MONDAY: Wrestling sign-up during lunch @ 12:45</p> <p>TUESDAY: Home Volleyball vs Fort Bragg @ 5:00 PM and 6:00 PM Home Girls Soccer vs Tomales @ 4:30 Home Boys Soccer vs Geyserville @6:15</p> <p>THURSDAY: Home Volleyball vs Clearlake 5:00 and 6:00 PM THEME: Grunge or Coquette Girls Soccer @ Rohnert Park @ 3:30</p> <p>FRIDAY: Home Football vs. Clear Lake @ 5:00 and 7:00 PM THEME: RED, WHITE AND BLUE!</p>

BACK TO SCHOOL NIGHT THIS WEDNESDAY!

Wednesday, September 11, 2024 5:30 - 7:03

- ✓ View student schedule in AERIES
- ✓ Grab and Go Dinner will be served in our cafeteria
- ✓ Cougar Maul will be OPEN in Cafeteria Sponsored by the Booster Club
- ✓ Lake County Public Health and Healthy Start Mini Health Fair
- ✓ Site Council Members and Student Ambassadors Ready to Assist



CAMPUS REMINDERS

Please help keep the student bathrooms clean and in good condition. Your cooperation is appreciated!

HOMECOMING: UPPER LAKE THROUGH THE DECADES

HOMECOMING is always a fun tradition at ULHS. As we plan for our Homecoming Week (9/26-10/5), we encourage everyone in our community to honor our past and reflect on OUR ROLE in shaping the future.

We will enforce the non-privilege list for students who struggle to follow our school rules and will work with each individual student and their family as needed.

Some fun traditions during Homecoming Week include spirit days, rallies, games, a parade, a football game, and a dance. I hope that every member of our Upper Lake Community finds a way to enjoy and celebrate each other as we engage in this timeless tradition. Visit our website for details about Upper Lake High Homecoming 2024!

A PERMISSION SLIP IS REQUIRED TO PARTICIPATE IN HOMECOMING ACTIVITIES!