

April 2025 |

Intermediate Breakfast



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

Our unit priced breakfast consists of 3 or more food components, at least one must be a fruit or vegetable

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen

Monday	Tuesday	Wednesday	Thursday	Friday
Student Breakfast: \$1.50 Adult Breakfast: \$3.10 1% White Milk and Fat-Free Chocolate Milk are offered daily.	1 Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	2 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	3 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	4 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
7 Cinnamon Maple Sausage Rolled Taco or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	8 Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	9 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	10 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	11 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
14 Cinnamon Maple Sausage Rolled Taco or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	15 Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	16 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	17 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	18 Good Friday Holiday
21 Cinnamon Maple Sausage Rolled Taco or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	22 Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	23 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	24 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	25 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
28 Cinnamon Maple Sausage Rolled Taco or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	29 Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	30 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk		

Broccoli

Season in Texas: October - May

Did you know?

Because there are no machines capable of picking broccoli, it must be harvested by hand, with a knife



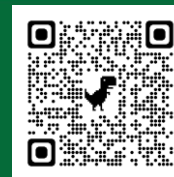
Menus are Subject to Change

Food and Nutrition Division
www.SquareMeals.org



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COMMISSIONER SID MILLER

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Updated 6/6/2024
National School Lunch Program

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Intermediate Lunch



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Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

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Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Student Lunch: \$2.75 Adult Lunch: \$4.60</p> <p>1% White Milk and Fat-Free Chocolate Milk are offered daily.</p>	<p>1</p> <p>Bean & Cheese Pupusa or Crispy Chicken Tacos or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>2</p> <p>Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk</p>	<p>3</p> <p>Stuffed Crust Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>4</p> <p>Cheeseburger or Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!</p>
<p>7</p> <p>Orange Chicken or Eggroll, w/ Stir Fry Rice or Fruit & Yogurt Plate Vegetables, Fruits Milk</p>	<p>8</p> <p>New Cheese Quesadilla or New Beef & Cheese Rolled Taco or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>9</p> <p>Mac & Cheese or Chicken Nuggets or Fruit & Yogurt Plate Tomato Soup, Fruits Vegetables, Milk</p>	<p>10</p> <p>Stuffed Crust Pizza (Cheese & Pepperoni) or Steak Fingers or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>11</p> <p>Cheeseburger or Corn Dog or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!</p>
<p>14</p> <p>New Beef Ravioli & Marinara and Garlic Toast Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits, Milk</p>	<p>15</p> <p>Bean & Cheese Pupusa or Crispy Chicken Tacos or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>16</p> <p>Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk</p>	<p>17</p> <p>Stuffed Crust Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>18</p> <p>Good Friday Holiday</p>
<p>21</p> <p>Breakfast for Lunch! Pancakes, Chicken Patty & Egg Patty Hash Browns, Fruit Pink Milk Monday!</p>	<p>22</p> <p>New Cheese Quesadilla or New Beef & Cheese Rolled Taco or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>23</p> <p>Mac & Cheese or Chicken Nuggets or Fruit & Yogurt Plate Tomato Soup, Fruits Vegetables, Milk</p>	<p>24</p> <p>Stuffed Crust Pizza (Cheese & Pepperoni) or Steak Fingers or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>25</p> <p>Cheeseburger or Corn Dog or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!</p>
<p>28</p> <p>New Beef Ravioli & Marinara and Garlic Toast Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits, Milk</p>	<p>29</p> <p>Bean & Cheese Pupusa or Crispy Chicken Tacos or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>30</p> <p>Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk</p>		

Broccoli

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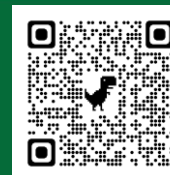
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7 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	8 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	9 Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	10 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	11 Cheeseburger or Fruit & Yogurt Plate Vegetables, Fruits Milk
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21 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Pink Milk Monday!	22 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	23 Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	24 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	25 Cheeseburger or Fruit & Yogurt Plate Vegetables, Fruits Milk
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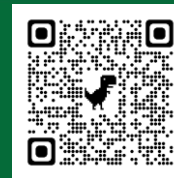
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