		Top Cat Line Weekl	y:	
Monday	Taco Tuesday	Wednesday	Thursday	Friday
Chicken Pasta Bowl (with Marinara or Alfredo Sauce) New Cheese Ravioli (with Marinara or Alfredo Sauce) Fruit & Yogurt Plate Peanut Butter & Jelly or Grilled Cheese Sandwich Garlic Toast Green Beans Carrot Coins Fresh Garden Salad Fresh & Chilled Fruit Milk	Turkey Taco Nacho Bowl or Chicken Fajita Nacho Bowl or Beef Tamales or Chicken Popper Salad or Peanut Butter & Jelly or Grilled Cheese Sandwich Charro Beans Seasoned Rice Fajita Style Peppers & Onions Salsa & Guacamole Fresh Garden Salad Fresh & Chilled Fruit Milk	**Orange Chicken Noodle Bowl **Teriyaki Chicken Noodle Bowl *Chicken Eggroll Noodle Bowl or Fruit & Yogurt Plate or Peanut Butter & Jelly or Grilled Cheese Sandwich Steamed Broccoli Carrot Coins Fresh Garden Salad Fresh & Chilled Fruit Good Fortune Frozen Treat Fortune Cookie Milk	Build a Salad Bowl: Turkey Breast or Cheese Cubes With Lettuce and/or Spinach And Choice of the following: Breadstick, Broccoli, Carrots, Cucumber, Garbanzo Beans, Grape Tomatoes, & Croutons, with your choice of dressing Peanut Butter & Jelly or Grilled Cheese Sandwich Fresh & Chilled Fruit Gelatin Fruit Treat Milk	Chicken Spicy Bites Bowl w/Roll or Steak Finger Bowl w/Roll or Chicken Tender Bowl w/Roll or Fruit & Yogurt Plate or Peanut Butter & Jelly or Grilled Cheese Sandwich Mashed Potatoes Golden Corn Country Gravy Fresh Garden Salad Fresh & Chilled Fruit Pudding Treat Milk
		Italian Line Weekly	7:	
Pizza by the Slice Bosco Sticks & Marinara Fruit & Yogurt Plate Broccoli Florets & Ranch Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	Pizza by the Slice Bosco Sticks & Marinara Chicken Popper Salad Oven Baked Fries Celery Sticks & Hummus Fresh Garden Salad Fresh & Chilled Fruit Milk	Pizza by the Slice Bosco Sticks & Marinara Fruit & Yogurt Plate Broccoli Florets & Ranch Marinara Dip Cup Fresh Garden Salad Fresh & Chilled Fruit Frozen Fruit Treat Milk	Pizza by the Slice Bosco Sticks & Marinara Chicken Popper Salad Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	Pizza by the Slice Bosco Sticks & Marinara Fruit & Yogurt Plate Baby Carrots & Ranch Celery Sticks & Hummus Fresh Garden Salad Fresh & Chilled Fruit Pudding Treat Milk
		Express Line Weekl	y:	
Cheeseburger Chicken Bites w/breadstick Spicy Chicken Bites w/breadstick Fruit & Yogurt Plate Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	Cheeseburger Chicken Sandwich Spicy Chicken Sandwich Chicken Popper Salad Oven Baked Fries Celery Sticks & Hummus Fresh Garden Salad Fresh & Chilled Fruit Milk	Cheeseburger Chicken Bites w/breadstick Spicy Chicken Bites w/breadstick Fruit & Yogurt Plate Broccoli Florets & Ranch Oven Baked Sweet Potato Fries Fresh Garden Salad Fresh & Chilled Fruit Frozen Fruit Treat Milk	Cheeseburger New! Chicken Wings New! Spicy Chicken Wings Chicken Popper Salad Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	Cheeseburger Chicken Bites w/breadstick Spicy Chicken Bites w/breadstick Fruit & Yogurt Plate Oven Baked Fries Celery Sticks & Hummus Fresh Garden Salad Fresh & Chilled Fruit Pudding Treat Milk
		Menu Information		
Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable, Milk	All lunch rolls, tortillas, pastas, and other bread items contain at least 51% whole grain	Our unit lunch offer consists of 3 or more components, one must be a fruit or vegetable. Entrée choices are in bold print	Tomball High School & Tomball Memorial High School Student Lunch: \$3.25 Premium \$3.75 Premium Plus \$4.00	
	Peanut Butter & Jelly Sandwich entrée available daily upon request.	Menus highly subject to change.	Adult Lunch: \$4.60 *\$5.10 Pre	mium **\$5.35 Premium Plus

Tomball ISD Child Nutrition Services is now using bar code scanners at the serving line point of sale!

A bar code can be scanned on the student's I.D. card, or bar code from the SchoolCafe app can be used . Each TISD student is provided a student ID number and badge when enrolled in the district. This number also serves as their meal

account number. Students are required to use their ID number/badge for every cafeteria transaction



Students and Parents can get the SchoolCafe app!

or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety Fruit Variety Milk Variety Fruit Variety Milk Variety or Yogurt Meal Kit or Cereal or Pastry or Yogurt Meal Kit or Cereal or Pastry Breakfast: Student - \$2.00 Our unit breakfast offering includes an entrée (in bold), and (A minimum of 3 menu items must be selected, including 1 Breakfast cereals and pastries contain at least 51% whole grain 1% White Milk & Fat-Free Chocolate Milk Of		Tuesday	Wednesday	Thursday	Friday
Student - \$2.00 Adult - \$3.10 includes an entrée (in bold), and choice of sides must be selected, including 1 serving of fruit; items in bold count towards two items) Streakfast cereals and pastries contain at least 51% whole grain Fat-Free Chocolate Milk Of Daily at Breakfast and Lu n accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, or national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available inter than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), sho ontact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service 800) 877-8339.To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online tt: <u>https://www.usda.gov/sites/default/files/documents/ad-3027.pdf</u> , from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the somplainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) abord	or Yogurt Meal Kit or Cereal or Pastry Fruit Variety	or Yogurt Meal Kit or Cereal or Pastry Fruit Variety	or Yogurt Meal Kit or Cereal or Pastry Fruit Variety	or Yogurt Meal Kit or Cereal or Pastry Fruit Variety	Fruit Variety
ational origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in language there than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), sho ontact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service 300) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online the <u>https://www.usda.gov/sites/default/files/documents/ad-3027.pdf</u> , from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the omplainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) abo	Student - \$2.00	includes an entrée (in bold), and	must be selected, including 1 serving of fruit; items in bold		1% White Milk & Fat-Free Chocolate Milk Offere Daily at Breakfast and Lunch
Civil Rights 400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: Program.Intake@usda.gov This institution is an equal apportunity provider.12/09/2022	ther than English. Persons with dis ontact the responsible state or loca	abilities who require alternative means of c I agency that administers the program or L scrimination complaint, a Complainant sho It/files/documents/ad-3027.pdf, from any L	communication to obtain program inforr JSDA's TARGET Center at (202) 720-2 uld complete a Form AD-3027, USDA JSDA office, by calling (866) 632-9992, the alleged discriminatory action in suff	nation (e.g., Braille, large print, audiotape 2600 (voice and TTY) or contact USDA th Program Discrimination Complaint Form or by writing a letter addressed to USDA icient detail to inform the Assistant Secre	, American Sign Language), should rough the Federal Relay Service at which can be obtained online . The letter must contain the tary for Civil Rights (ASCR) about the Office of the Assistant Secretary f

FREE/REDUCED-PRICE MEAL PROGRAM

We encourage you to complete the USDA free/reduced price meal application if you feel economic hardship exists. Applications expire each year and must be submitted each year. Applications can be submitted online at www.schoolcafe.com or through the SchoolCafe app on your mobile device to determine if you qualify for benefits. Hardcopy applications may be found at the school's front office, if needed, or at the Child Nutrition office located at 1110 Baker Dr. Tomball, TX 77375. Eligibility decisions are based on federally established income and household size guidelines without regard to race, sex, color, national origin, age, or disability.

You can apply to qualify for free or reduced priced meals at <u>https://www.schoolcafe.com/</u>

Tomball ISD offers a la carte choices to purchase. Money may be deposited into student accounts with cash, check, or online at <u>www.schoolcafe.com</u> Advanced payment is not necessary. A la Carte choices are not available for charging. Contact either your school cafeteria manager or the Child Nutrition Department for information or questions regarding the above payment procedures.

Thank you for choosing Tomball ISD Child Nutrition Department to provide nutritious meals for your child. We consider it an honor to serve our students every day and play an active role in their daily nutrition.

Now Hiring! Come Work for Tomball ISD Child Nutrition Department !

Looking for a part-time job with hours that align with the school schedule and also offers benefits? We have 5 hour and 6 hour openings in our school kitchens that allow you to work mornings through early afternoon. Weekends and holidays off just like the school schedule! For more information visit: <u>https://www.tomballisd.net/about-tisd/departments/child-nutrition/child-nutrition-jobs</u>



