

CCMHG Members come and talk with Health and Benefit Plan Representatives. Learn about the new Wellness Incentives, new EyeMed benefits and enhanced Dental Benefits! Enjoy a healthy treat from our County Nutritionist.

If you'd like to take part in a health screening while you are here: blood pressure, pulse, glucose, cholesterol (non-fasting) bone density, and/or ultraviolet skin assessments please select a ticket for the time that best suits you!

Enjoy this regional event created for you and your family!



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