




SCCPSS APRIL 2025: SECONDARY (HIGH SCHOOL) BREAKFAST

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| |  |  |  | |
| <p>7</p> <p>E-LEARNING DAY</p> <p>NO SERVICE.</p> | <p>8</p> <p>Belgian Waffles,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>9</p> <p>Grits Bowl,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>10</p> <p>Chicken & Waffle Sandwich,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>11</p> <p>Honey Bun,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> |
| <p>14</p> <p>Pop Tarts,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>15</p> <p>Scrambled Eggs with Biscuit,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>16</p> <p>Pancake Pup,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>17</p> <p>Lemon Blueberry Scone,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>18</p> <p>SPRING HOLIDAY.</p> <p>NO SERVICE.</p> |



All breakfasts are offered with a choice of 100% Fruit Juice, Cupped or Fresh Fruit. Milks offered include Skim or Low-Fat Plain Milk. Menus subject to change based on availability.

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|---|--|---|---|--|
| <p>21</p> <p>Donut Holes,</p> <p>Or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>22</p> <p>Dunkin Sticks,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>23</p> <p>Hash Brown Bowl,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>24</p> <p>Lemon Bread,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>25</p> <p>Mini Cinni's,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> |
| <p>28</p> <p>Pancakes,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>29</p> <p>Bacon & Cheese Croissant,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>30</p> <p>French Toast Sticks,</p> <p>Or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>1</p> <p>*Breakfast Parfait with Pineapples, Peaches, Blueberries and Mint</p> <p>*Created by Louisa warner, Gabreille Ingram & Alexandria Deleon from Coastal Middle School</p> <p>Or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> | <p>2</p> <p>Breakfast Pizza,</p> <p>or</p> <p>Reduced Sugar Cereal with Graham Crackers</p> |

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SCCPSS APRIL 2025: SECONDARY (HIGH SCHOOL) LUNCH

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| |  | APRIL HARVEST OF THE MONTH: STRAWBERRIES |  | |
| <p>E-LEARNING DAY.</p> <p>NO SERVICE.</p> <p>7</p> | <p>8</p> <p>Spicy Chicken Filet on Bun Or BBQ Pork on Bun, Turnip Greens, Tater Tots, Fruit Cocktail, Cool Tropics Fruit Slush</p> | <p>10</p> <p>Personal Pizza Or Warm Ham & Cheese Croissant, Parsley Carrots, Herb Roasted Broccoli, Peach Crisp, Sliced Pears</p> | <p>10</p> <p>Chicken Wings of Fire Or Grilled Cheese Sandwich, Breadstick, Baked Beans, Garlic Green beans Pineapple, Applesauce</p> | <p>11</p> <p>Seafood Basket with Hush Puppies Or Crispy Buffalo Chicken Wrap, Corn on the Cob, Carrots with Dip Diced Peaches, Sour Raisins, Strawberries with Kiwi</p> |
| <p>14</p> <p>Walking Taco with Beef Or Chicken Fajita Salad with Tortilla Chips, Black Bean Salsa, Whole Kernel Corn, Pineapple, Fruit Cocktail, Fresh Apples</p> | <p>15</p> <p>Oven Fried Chicken Or Turkey & Cheese Sub, Biscuit, Turnip Greens, Mashed Potatoes, Cinnamon Applesauce, Sour Raisins, Fresh Grapefruit</p> | <p>16</p> <p>Pizza Slice Or Warm Turkey & Cheese Croissant, Iceberg Salad, Roasted Baby Peppers, Sliced Pears, Diced Peaches, Fresh Apples</p> | <p>17</p> <p>General Tso's Or Twin Egg Rolls, Fried Rice, Honey Roasted Broccoli, Soy Glazed Carrots, 100% Fruit Juice, Pineapple, Fresh Plum</p> | <p>18</p> <p>SPRING HOLIDAY. NO SERVICE.</p> |

All Lunches are offered with a choice of Skim or Low-Fat Plain Milk. Menus subject to change based on availability.

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| | | | | |
|--|--|---|---|--|
| <p>21</p> <p>Sloppy Joe on Bun Or Ranch Chicken Chef Salad,</p> <p>Buffalo Sidewinders, Roasted Mushrooms,</p> <p>Diced Peaches, Pineapple, Fresh Apples</p> | <p>22</p> <p>Chicken & Waffles Or Turkey & Cheese Sub,</p> <p>Garlic Green Beans, Ranch Beans,</p> <p>Sliced Pears, Holiday Fruit ICE, Fresh Oranges</p> | <p>23</p> <p>Personal Pizza Or Warm Ham & Cheese Croissant,</p> <p>Iceberg Salad, Roasted Butternut Squash,</p> <p>Fruit Cocktail, Blueberry Crisp, Fresh Grapefruit</p> | <p>24</p> <p>Yogurt Parfait with Strawberries & Blueberries Or Penne Alfredo with Chicken,</p> <p>Parsley Carrots, Breadstick, Herb Roasted Broccoli,</p> <p>Diced Peaches, Applesauce, Fresh Pear</p> | <p>25</p> <p>Fish sandwich with Cheese Or Cheesy Pull A-Part</p> <p>Sweet Potato Fries, Spinach & Bacon Salad,</p> <p>Pineapple, Fruit Cocktail, Fresh Strawberries,</p> <p>Chocolate Chip Cookie</p> |
| <p>28</p> <p>Pasta with Meat Sauce Or Caesar Salad with Chicken,</p> <p>Breadstick, Parsley Carrots, Garlic Green Beans,</p> <p>Diced Peaches, 100% Fruit Juice, Fresh Grapefruit</p> | <p>29</p> <p>Beef Philly on Hoagie Or Turkey & Cheese Sub,</p> <p>Black Eyed Peas, Okra with Tomatoes,</p> <p>Sliced Pears, Cool Tropics Fruit Slush, Fresh Oranges</p> | <p>30</p> <p>Pizza Slice Or Warm Ham & Cheese Croissant,</p> <p>Iceberg Salad, Broccoli with Cheese,</p> <p>Pineapple, Fruit Cocktail, Fresh Plums</p> | <p>1</p> <p>Grass-Fed Cheeseburgers Or Yogurt, Cheese & Fruit Plate,</p> <p>Tater Tots, Lettuce, Tomato & Pickle, Carrots with Dip,</p> <p>Sour Raisins, Diced Peaches, Fresh Apple</p> | <p>2</p> <p>Ham & Mac Casserole Or Hot Dog on Bun,</p> <p>Dinner Roll, Turnip Greens, Roasted Baby Peppers,</p> <p>Strawberry Shortcake, Sliced Pears, Fresh Bananas</p> |

