

Daily Milk Offerings 1% Low-Fat (V) (D) Fat Free(V)(D) Fat free Chocolate milk(V) Daily Seasonal Fresh & Canned Fruit: apples, banana, grapes, oranges, applesauce, diced pears, pineapple, peaches Gluten Free Items are Available daily Grass Fed Beef Cross the District (Ground Beef)

Vegan Item (VE)- A plant-based food that consists of whole grains/vegetable/legumes and fruit. Vegetarian Item (V) - a food that consists of whole grains, vegetables, legumes, nuts, fruit, eggs, dairy excludes animal products Gluten Free Item (GF)- a food that con-tains no gluten, or flour Dairy (D) - all items contains, milk/eggs, butter Attention: Pre-K Students CANNOT be offered Chocolate Milk or Cookies