



This institution is an equal opportunity providers



April 2025

Rye Neck Middle/High School LUNCH MENU

March 31 - April 4

Powering
potential.

ENTREE

PASTA

Offered with Fresh Breads

GRILL

PIZZA

SIDE

	MON	TUES	WED	THURS	FRI
ENTREE	Roasted Bone in Chicken with Dipping Sauces Baked Dinner Roll	Chicken Fajitas Whole Grain Tortilla, Seasoned Chicken, Peppers & Onions, Salsa	Baked Potato Bar with White or Sweet Potato Sour Cream, Cheddar & Chili	Curry Chicken with Rice and Warmed Pita Bread	Fish Tacos Soft Shell Taco with Sriracha Coleslaw
PASTA	Mac & Cheese	Buttered Pasta with or without Grilled Chicken	Penne Vodka with or without Grilled Chicken	Pasta Primavera with or without Grilled Chicken	Pasta with Choice of Bolognese or Marinara Sauce
GRILL	Cheese or Pepperoni Calzone	Chicken Caesar Salad Wrap (Served Cold)	Buffalo Chicken & Cheese Wrap	Provolone & Mozzarella Cheese Panini	Philly Cheese Steak with Peppers & Onions
PIZZA	Chicken Ranch	Veggie	Mushroom & Onion	Buffalo Chicken	Pepperoni
SIDE	Sautéed Spinach & Local Mushrooms Butternut Squash French Fries	Seasoned Black Beans Steamed Green Beans French Fries	Steamed Broccoli Grilled Zucchini French Fries	Curry Chickpeas Fresh Spinach Salad French Fries	Seasoned Black Beans 3 Blend Veg Mix French Fries Mandarin Orange



All Lunches Include Choice of:
Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate (no high fructose corn syrup)

Available Daily

Made To Order Deli Bar

All Natural Boar's Head Turkey, Ham, Buffalo Chicken, Grilled Chicken, Assorted Cheese & Toppings
Served on Choice of Breads, Rolls & Wraps
\$4.00

Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings
\$4.00

Pizza/Burgers/Pasta/Daily Features

\$3.00

Fresh Made Parfaits/Smoothies/Fruit Cups

\$3.00

Self Serve Salads & Grab and Go Sandwiches

Rotating Seasonal Fresh Fruit Selection

Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon

Additional Daily Vegetable Options May Include

Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

For any questions contact the Food Service Department at 914-777-4845

Director- Kaycee Czyzak
kczynzak@ryeneck.org



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April 2025

Rye Neck Middle/High School LUNCH MENU

April 7-11

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	MON	TUES	WED	THURS	FRI
ENTREE	Teriyaki Chicken with Vegetable Fried Rice & Scallion	Brunch for Lunch French Toast, Turkey Sausage, Warm Berry Compote	Soft Shell Taco Seasoned Ground Beef, Shredded Cheddar, Salsa, Guacamole, Sour Cream	Burger Bar Beef, Turkey, or Veggie with Bacon, Cheese, Lettuce, Tomato, Onion, Pickle on a Whole Grain Bun	Chicken Parmesan with Garlic Bread
PASTA <small>Offered with Fresh Breads</small>	Pasta with Garlic & Oil with or without Grilled Chicken	Pasta with Choice of Bolognese or Marinara Sauce	Penne A La Vodka with or without Grilled Chicken	Buttered Pasta with or without Grilled Chicken	Alfredo Pasta with or without Chicken Strips
GRILL	Corn & Black Bean Quesadilla	Meatball Parmesan Grinder	Toasted Ham & Cheese Bagel Melt	Chicken Caesar Salad Wrap (Cold)	Tuscan Grill Flatbread
PIZZA	Buffalo Chicken	Pepperoni	Pepperoni Pinwheels	Chicken Bacon Ranch	Pepper & Onion
SIDE	Sautéed Mushrooms Sauteed Peas French Fries	Hash Browns Steamed Broccoli French Fries	Seasoned Black Bean Roasted Brussel Sprout French Fries	BBQ Vegetarian Beans Steamed Broccoli Sweet Potato Fries	Steamed Green Beans Mixed Vegetable Blend French Fries



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 Served on Choice of Breads, Rolls & Wraps
 \$4.00
Made To Order Salad Bar
 Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings
 \$4.00

Pizza/Burgers/Pasta/Daily Features
 \$3.00
Fresh Made
Parfaits/Smoothies/Fruit Cups
 \$3.00
Self Serve Salads & Grab and Go Sandwiches

Rotating Seasonal Fresh Fruit Selection
 Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon
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 Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

All Lunches Include Choice of:
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate
 (no high fructose corn syrup)
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 kczyzak@ryeneck.org

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April 2025

Rye Neck Middle/High School LUNCH MENU

April 14-18

ENTREE

PASTA

Offered with Fresh Breads

GRILL

PIZZA

SIDE

MON

TUES

WED

THURS

FRI



Spring Recess



aramark
STUDENT
NUTRITION

Available Daily

Made To Order Deli Bar

All Natural Boar's Head Turkey, Ham, Buffalo Chicken,
Grilled Chicken, Assorted Cheese & Toppings
Served on Choice of Breads, Rolls & Wraps
\$4.00

Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies,
Choice of Proteins, Toppings and Dressings
\$4.00

Pizza/Burgers/Pasta/Daily Features

\$3.00

Fresh Made

Parfaits/Smoothies/Fruit Cups

\$3.00

Self Serve Salads & Grab and Go Sandwiches

Rotating Seasonal Fresh Fruit Selection

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Orange, Grapefruit,
Strawberries, Grapes, Melon

Additional Daily Vegetable Options May Include

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Baby Carrots, Bean Salads

All Lunches Include Choice of:
Whole Grains, Meat/Meat
Alternative, Vegetables, Fresh
Fruit, 100% Juice and 1%
White, Skim White or Skim
Chocolate
(no high fructose corn syrup)

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Food Service Department at
914-777-4845
Director- Kaycee Czyzak
kczynak@ryeneck.org



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April 2025

Rye Neck Middle/High School LUNCH MENU

April 21-25

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	MON	TUES	WED	THURS	FRI
ENTREE		Chicken and Cheese Quesadilla Salsa, Sour Cream, Guacamole	Boneless Wing Bar Plain, BBQ, or Spicy Southern Biscuit	Tostitos Nachos Seasoned Ground Beef, Tortilla Chips, Shredded Cheddar, Lettuce, Pico de Gallo, Mexicali Rice	Vegetable Eggroll with Fried Rice & Beef and Broccoli
PASTA Offered with Fresh Breads		Spaghetti & Meatballs	Mac & Cheese	Pasta with Vodka Sauce with or without Grilled Chicken	Baked Ziti
GRILL		Pepperoni Stromboli	Sausage, Peppers & Onions on Whole Grain Club Roll	Toasted Ham & Cheese Bagel Melt	Beef Burrito with Rice, Beans & Cheese
PIZZA		Chicken Ranch	Meat Lovers	Pepperoni	Buffalo Chicken
SIDES		Sautéed Corn Butternut Squash French Fries	Carrot & Celery Sticks Steamed Broccoli French Fries	Seasoned Black Beans Roasted Brussel Sprouts French Fries	Steamed Edamame Sauteed Carrots French Fries

aramark
STUDENT
NUTRITION

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Choice of Proteins, Toppings and Dressings
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Pizza/Burgers/Pasta/Daily Feature

\$3.00

Fresh Made Parfaits/Smoothies/Fruit

Cups

\$3.00

Self Serve Salads & Grab and Go

Sandwiches

Rotating Seasonal Fresh Fruit
Selection

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Fruit, 100% Juice and 1%
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Chocolate
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Director- Kaycee Czyzak
kczynak@ryneack.org



This institution is an equal opportunity providers



April 2025

Rye Neck Middle/High School LUNCH MENU

April 28-30

Powering
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ENTREE

PASTA

Offered with Fresh Breads

GRILL

PIZZA

SIDE

	MON	TUES	WED	THURS	FRI
ENTREE	Brunch For Lunch Pancakes, Turkey Sausage	Chicken Tikka Masala with Rice & Warm Pita	Greek Gyro Bar: Chicken or Beef with Pita, Lettuce, Tomato, Onion, Tzatziki, Hummus		
PASTA	Pasta with Garlic & Oil With or without Grilled Chicken	Pasta Bolognese or Marinara	Penne A La Vodka with or without Grilled Chicken		
GRILL	Vegetarian Burger	Pepperoni & Cheese Stromboli	Meatball Parmesan Grinder		
PIZZA	Pepper & Onion	Buffalo Chicken	Chicken Bacon Ranch		
SIDE	Hash Browns Roasted Brussel Sprouts French Fries	Quinoa Tabbouleh Sauteed Spinach Roasted Cauliflower French Fries	Roasted Garbanzo Beans Steamed Green Beans French Fries		

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STUDENT NUTRITION

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Sandwiches

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