

BEACON DISTRICT WELLNESS COMMITTEE AGENDA

Location: **BHS, Community Room**
Date: **1/8/2020**
Time: **4pm**
Facilitator: **William C. Rolón, Assistant Superintendent for Personnel and Policy**

Agenda Items

4pm – 4:05

Meeting Call to Order/Introductions

4:05 – 4:40

Subcommittee Discussions Followed by Reporting Out

Communication (Bill/Flora) -Newsletter -Website	Nutrition(Catie/Karen) -Family Cooking Event -Recipes for Tasting -MV onto Monitors
Physical Fitness and Wellness (John) -Family Fitness Fun Night	Mental Health (Diane/Elisa) -Career Wellness Fair -Restorative Practices

4:40 – 5:00

New Discussion Item(s)

- Wellness Policy Review
- Other

Meeting Adjournment

"The Beacon City School District is committed to the wellness and optimal development of every student. The District believes that all students matter, and for students to have the opportunity to achieve personal, academic, developmental, self-care and social success, we need to create positive, safe and health-promoting learning environments, for all students throughout the school year, by designing programs that will enable our youth to grow into well-rounded, enlightened young adults who are empowered to make healthy and self-supporting choices."