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CHRISTIAN SCHOOL
FLEXIBLE LEARNING

# NEWSLETTER

ISSUE.....2
2025

## PRINCIPAL'S MESSAGE

We've had a great start here at FFL for Term 1 2025! Students are settled into classes and lessons, participating in afternoon sports activities on Tuesdays and Thursdays, and elective subjects on Monday and Wednesday afternoons. Some of our senior students are venturing out into traineeships and certificate courses which is very exciting!!

Thank you to all our parents who are supporting us by getting kids to bed early, sending back permission notes, and getting kids to get to school every day!! Your support is very much appreciated and needed as it helps us to continue to provide pathways for our students.

If you are concerned about the amount of time your young person is on screens or devices, there is a free parent webinar through Independant Schools Queensland that may support you through or give you strategies. Details are at the end of this newsletter.

Enjoy the items in our second newsletter & please feel free to arrange a time to come in to meet with your child's teacher, to discuss their learning progress and future pathways.

Blessings,
Sulata Pop
Principal FFL

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## CLASSROOM ONE

## CLASSROOM UPDATE

As we look towards the year ahead in classroom one we see opportunities galore! But with great opportunity comes great difficulty...is that right?
This year is a time of growth and challenge for our students as they embark on their individual pathways. We have budding young Barbers, a Nurse, a Scientist, an IT expert, and more all moving towards their goals, each capable of success! It is an exciting time to be in classroom one.

As each of our student's progress, I want to encourage them that although the path will at times be difficult, it will also be exciting, full of new experiences and as always staff and family are here to support them along the way.

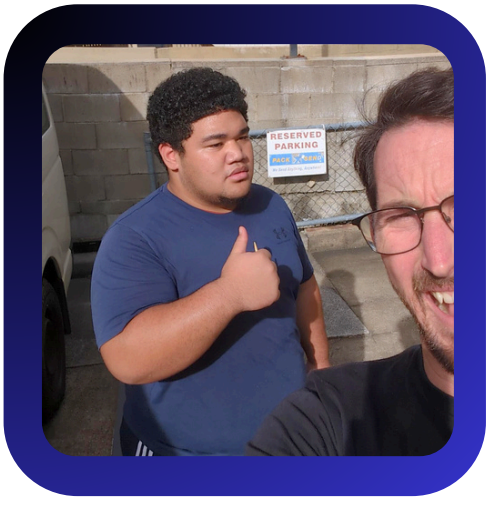
I want to thank all our families for supporting the students' pathways, getting documents and answering phone calls, so our students could start this pilgrimage on the right foot. Speaking of pilgrims.....We are reading The Pilgrim's Progress! So I will leave you with this:

*"This hill, though high, I covet to ascend;*
*The difficulty will not me offend,*
*For I perceive the way to life lies here:*
*Come, pluck up, heart, let's neither faint nor fear!*
*Better, though difficult, the right way to go,*
*Than wrong, though easy, where the end is woe."*
**John Bunyan, The Pilgrim's Progress**

**Luke Jones - Classroom 1 Teacher**







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## CLASSROOM TWO

This year promises to be an exciting and dynamic journey for our Classroom 2 students as we embrace new opportunities for learning and creativity. In this term, we are diving deep into the power of poetry, rhythm, and song—exploring the rich connections between rap, classic poetry, and lyrics. Through this journey, students will reflect on what has shaped them, celebrating their personal stories and identities through poetry. All of this builds towards our highly anticipated end-of-term Poetry Slam, where students will showcase their unique voices and creativity.

For our Year 10 students, this year is all about forging their own paths and setting goals for the future. They are actively exploring their career aspirations and personal interests through their SETP with Mr Luke, that will help shape their next steps. Alongside this, they are making significant progress in their short courses in numeracy and literacy, sharpening the essential skills that will support them in their future studies and careers.

Our Year 9 students are also in for a year filled with growth and discovery as they extend and refine their problem-solving and literary skills, with a focus on critical thinking, creativity. It's such an honour for Mr Lance and I to support and champion all our C2 students as they develop the skills they need to thrive in both their personal growth and their learning journey.

**Miss Nyree Inoke**
**Classroom 2 Teacher**

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## CLASSROOM THREE







Week 5 already? Time is flying in our 'pretty chill' classroom, where hard work meets creativity, curiosity, and the occasional well-earned break!

Poetry took an exciting turn as students became the experts, sharing their unique knowledge—Ms. Mandy dazzled us with her artistic insights, Bella schooled us on injuries, and Hezekiah revvvelled in with all things cars. Who knew our classroom was filled with so many specialists?

Maths has been all about numbers—cracking the code of factors and divisibility like true detectives. Meanwhile, our Bible reading from Genesis led to deep discussions about Joseph. The students explored a powerful question: Was he going to choose life or misery? They came to a wise realization—our circumstances don't define us, but our choices do.

With minds buzzing and hearts engaged, it's been an inspiring start to the year. Here's to more discoveries, discussions, and maybe even a few more surprise experts among us!

**Miss Amanda O'Sullivan**
**Classroom 3 Teacher**

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## ART

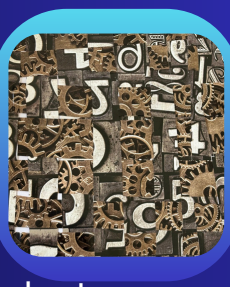
*Our classroom has been a hive of creativity as students dive into the fascinating world of tessellations—a perfect warm-up for our next artistic adventure: weaving! But not the kind you might be picturing with fibers and looms.*
*Instead, we're starting with paper, weaving vibrant patterns to create eye-catching artworks. This hands-on exploration is just the beginning, leading us toward our major project—bringing weaving to canvas in a whole new way. Threads may be absent for now, but the creativity is already interlacing beautifully!*






## BSEM - Berry Street Educational Model






As Term 1 of 2025 begins, we're focusing on ensuring students are prepared for optimal learning. We're assessing their readiness and setting them up for success. Following the Berry Street Education Model (BSEM), we've established consistent routines in classrooms to create a stable learning environment. Regular brain breaks are emphasised to help students recharge and stay focused.

A special highlight this term has been the introduction of a fun new card game called Chop, brought to us by Mr. Lance. The students have enthusiastically embraced Chop during their brain breaks. The game offers a fun pause while promoting teamwork and problem-solving skills in an interactive way.
Our BSEM diaries remain a key resource for student growth. They help students track learning goals, reflect on successes and challenges, and plan for upcoming tasks. The diaries also include important dates and events to keep students organised and on top of their schedules.

We are excited to see how these practices continue to help our students thrive throughout the term and look forward to the progress ahead. – **Ms. Anne**

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## ELECTIVES

### ZONE 1 FITNESS

"Float like a butterfly, sting like a bee." What a fantastic way to start this year than uniting with one of our favourite and passionate instructors, Matt, who has included his brother, Nise, as a support staff to assist in delivering the best and most simplistic boxing program to cater to our students. Matt has also incorporated other techniques and exercises that are used in other forms of martial arts this term, such as kicking, and will introduce basic mat wrestling skills. It is such a joy to have a trainer like Matt who has a great rapport with the students, motivates them, and includes the staff to bring out their absolute best, but he also knows their limits. Most students who attended this sports elective last year have jumped up another level, and this term, they have noticed improvement and have gradually refined their form, passing on their knowledge to the new recruits.

**Mr Lance**



Zac practicing his jab on Mr Lance

### GOLF FEVER HITS!

Term 1 of 2025 has kicked off with a swing! Our students are having a blast in their sports electives as they dive into the world of golf. From mini golf to the driving range, it's been a term full of energy, skill-building, and some seriously friendly competition.

⛳ Mini Golf Madness - We've been hitting the greens in a fun-filled mini golf challenge that's got everyone aiming for that perfect hole-in-one. Whether it's the tricky curves or the tricky obstacles, everyone has brought their A-game, and the laughs have been endless!

💥 Driving Range Showdown - But that's not all! The real action has been at the driving range, where students have been putting their swinging skills to the test. The competition is fierce as everyone competes to see who can hit the ball the furthest. The energy is high, and each swing brings us closer to a new champion!

🏌️ Mastering the Swing with Mr. Alan.

A huge shout-out to Mr. Alan, who's been absolutely amazing at showing the students the ropes! His expert tips and technique demonstrations have helped everyone fine-tune their swings, making sure we're hitting the ball farther and with more precision. His passion for golf is contagious, and it's been so inspiring to see the students learning from the best!

As we move through the term, we can't wait to see how much more we can improve and who will come out on top in the ultimate driving range challenge. It's safe to say, we're all hooked on golf! - **Ms. Anne**

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## DESIGN TECHNOLOGY



My Times Are In Your Hands!
Psalm 31:15

Students this term are putting their creative hands to Clock design. Learning new skills - using power tools to make the clock, designing an individualised clock face using wood burning tools, adding hands and the mechanism...is time well spent!!











## GOLF FEVER HITS!









## CHAPPY CHAT

1 Thessalonians 5:18
*18* give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

As a Christian school we recognise the importance of gratitude and begin each day with thanks to God.

"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life." John 3:16

It is a truth that considering more our blessings than our curses, relates directly to a healthier physical, mental, emotional and spiritual existence. Less stress and better coping.

Choose Christ, choose life and be grateful.

**Chappy**

parents network
QUEENSLAND INDEPENDENT SCHOOLS

# Screens, Social Media & Our Kids



## Parent webinar.

If you feel overwhelmed by your child's screen time, you are not alone.



Michelle Mitchell
Tween/teen expert and parenting educator



Dr Matt O'Connor
Clinical and school psychologist

Today's parents report that excessive screen time is the top health concern they have for their children.

In this parent webinar, tween/teen champion Michelle Mitchell and Clinical and school psychologist Dr Matt O'Connor will discuss some practical strategies, tips and insights for helping your child foster a healthy relationship with technology and unpack some ways to help your family prepare for the upcoming social media ban.

Register for this free webinar:

| | |
|---|---|
| **DATE** | Thursday 13 March |
| **TIME** | 7.00pm – 8.30pm |
| **MODE** | Online |
| **COST** | Free |

**REGISTER**

QIS Parents Network Partners

cybernetic shield
countering the impacts of cyberbullying and cyberthreats

Compass

compnow