



## ST. JOHN BOSCO HIGH SCHOOL SALESIAN COLLEGE PREPARATORY



# St. John Bosco High School Sports Medicine Pathway Now Offering Dual Enrollment Courses through Cerritos College

Bellflower, CA – St. John Bosco High School is expanding opportunities for students in its Sports Medicine Pathway by launching Dual Enrollment courses through Cerritos College. After successfully piloting two Dual Enrollment courses for freshmen and seniors, the college preparatory school will offer all Pathway students the chance to earn college credits while still in high school, beginning in the fall.

The Sports Medicine Pathway was designed for students interested in fields such as athletic training, physical therapy, kinesiology, nutrition, orthopedics, and other sports medicine-related disciplines. This comprehensive program includes both academic coursework and practical, hands-on experience. Students gain knowledge in essential areas such as nutrition, injury prevention and evaluation, therapeutic rehabilitation, on-field first aid, and emergency situation management. Additionally, students have access to valuable internship opportunities with St. John Bosco High School's Certified Athletic Training Staff, gaining real-world experience through practice and game coverage. They may also choose to intern at any other Athletic Training facilities under the supervision of a Certified Athletic Trainer.

"It's been rewarding to share my expertise with our students as they dive deep into the field of athletic training. Seeing them engage with the curriculum, develop hands-on skills, and apply their knowledge in real-world situations has been very exciting," said Ms. Daisy Martinez, Lead Sports Medicine Pathway Teacher.

Starting in the 2025-2026 school year, all courses in the Sports Medicine Pathway will be Dual Enrollment courses through Cerritos College. This means that students will receive college-level instruction and Honors credit for each course taken. Upon successful completion of all seven courses, students will earn an Exercise Science: Athletic Injury Management Certificate from Cerritos College and receive a Distinction of Completion of the Sports Medicine Pathway on their St. John Bosco High School diploma.

Ms. Melody Mohebbi, Head Athletic Trainer and Director of the Sports Medicine Pathway at St. John Bosco High School, is excited about the new opportunity for students. "We are thrilled to be launching Dual Enrollment for our Sports Medicine Pathway students in partnership with Cerritos College. This awesome opportunity gives our students a head start on their future careers while potentially reducing the time and cost of earning a degree. Through hands-on experience in anatomy, injury evaluation, rehabilitation, taping techniques, CPR, and first aid,

our students are gaining invaluable real-world skills. Completing their clinical hours at Bosco or Cerritos College will further provide them with direct exposure to a variety of sports and athletes, helping them build connections in the field and stand out in college applications and beyond."



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“Don Bosco’s dream for his Oratory centered on guiding young people to success, shaping them as good Christians and contributing members of society. By expanding academic opportunities, we continue his mission — helping our students find purpose and share their gifts with their community and the world,” added Mr. Derrick A. Fernando, Assistant Principal of Academic Affairs.

### Course Progression & Sequencing

The following is the structured pathway of courses, ensuring students receive progressive and comprehensive instruction:

#### Freshman Year:

- **Fall Semester:** SM150X - Sports Med 1A: Introduction to Kinesiology (10 credits)
- **Spring Semester:** KIN207SM - Sports Med 1B: Athletic Injury Taping, Bandaging, and Immobilization (10 credits)

#### Sophomore Year:

- **Fall Semester:** KIN102SM - Sports Med 2A: Introduction to Athletic Training (10 credits)
- **Spring Semester:** KIN205SM - Sports Med 2B: Anatomical Movement Analysis (10 credits)

#### Junior Year:

- **Fall Semester:** KIN206ASM - Sports Med 3A: Lower Extremity Injury Assessment and Reconditioning (10 credits)
- **Spring Semester:** KIN206BSM - Sports Med 3B: Upper Extremity Injury Assessment and Reconditioning (10 credits)

#### Senior Year:

- **Fall Semester:** KIN110SM - Sports Med 4A: Community First Aid and CPR (10 credits)
- **Spring Semester:** KIN271ASM - Sports Med 4B: Work Experience in Athletic Training (10 credits)

Each of these courses carries Honors credit (5 GPA points) and college credit through Cerritos College, preparing students for future academic and professional success in the field of sports medicine.

### What is Dual Enrollment?

Dual Enrollment allows high school students to enroll in college courses and earn credits while still completing their K-12 education. This unique program provides students with an early introduction to higher education and prepare them for academic success at the collegiate level.

### Benefits for Students:

- Increased likelihood of graduating high school and continuing post-secondary education.
- Introduction to the rigor of college coursework, building confidence in academic abilities.
- Low-cost or no-cost college credit opportunities.



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- Flexible course offerings: in-person at St. John Bosco High School, in-person at Cerritos College, or through asynchronous online courses.
- Access to Cerritos College's library, student resource center, and counseling services.
- Exposure to specialized courses that may not be available at the high school level.

### **About St. John Bosco High School:**

St. John Bosco High School, located in Bellflower, CA, is a premier college preparatory institution committed to providing students with an academically rigorous and values-based education. Through innovative programs such as the Sports Medicine Pathway and Dual Enrollment partnerships, St. John Bosco equips students with the knowledge and experience needed for success in higher education and beyond.

### **About Cerritos College:**

Cerritos College is a leading community college serving the greater Los Angeles area, providing students with opportunities for academic advancement, career training, and workforce development. The Dual Enrollment program is part of Cerritos College's commitment to supporting students in achieving their educational goals while still in high school.