



Sandra Day O'Connor High School

2025-2026 Athletic Clearance

The AIA requires all athletes to have athletic clearance for each school year prior to participating in tryouts/practices. All registrations must be completed through [RegisterMyAthlete.com](https://www.registermyathlete.com)

Required Documentation

- Proof of Insurance (must be uploaded each school year)
- Brainbook Concussion **AND** Opioid Education completion certificate - These are online courses that can be found at academy.azpreps365.com (once uploaded, remains valid for each year of high school)
- Preparticipation Physical Forms- Student physicals must be completed on or after March 1, 2025 and **on the 2025-2026 AIA forms. NO EXCEPTIONS. All 6 pages of the physical must be uploaded to the student's Register My Athlete account.** Physical paperwork can be found at <https://www.dvusd.org> , at [AIAonline.org](https://www.AIAonline.org) or students may pick up a paper copy at the SDOHS Athletic Office.

Instructions For Returning Users:

If you already have a Register My Athlete account do not create a new one. Login to existing account

If you have never created an account:

- **Create an account:** Go to <https://www.registermyathlete.com> and then select "Create Account"

Register My Athlete Tech Support
Email Support: support@registermyathlete.com
Phone Support: 435-213-1601

<u>FALL</u>	Badminton (Girls)	<u>SPRING</u>
Tryouts/Practice Start Dates: 08/11/2025	*Spiritle (07/28/2025)	Tryouts/Practice Start Date: TBD
*See below for Football, Spiritle	<u>Beach(Boys) TBD</u>	
<u>Dates</u>	<u>WINTER</u>	
*Football (08/04/2025)	Tryouts/Practice Start Date: TBD	
Flag Football (Girls)		Baseball
Cross Country	Basketball	Softball
Golf	Soccer	Tennis
Girls Volleyball	Wrestling	Track & Field
Swim & Dive		Boys Volleyball
		Beach Volleyball (Girls)

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