



EVENT NOTICE – Wednesday, March 12, 2025
Fargo Public School District #1

The following information is for media outlets for the purpose of assigning staff coverage to the event.

**JEFFERSON ELEMENTARY SCHOOL TO HOST FITNESS AND HEALTH
ASSEMBLY**

Jefferson Elementary School is inviting special guests to the school to help inspire its students to make healthy choices and lead an active life.

WHAT: Jefferson Fitness and Health Assembly
WHEN: **Friday, March 14** at 8:20 a.m.
WHERE: Jefferson Elementary School, 1701 4th Avenue South, Fargo
CONTACT: **Beth Olson**, Jefferson Principal, olsone@fargo.k12.nd.us or 701.446.4704 for more information.

Athletes and leaders in training and fitness will visit Jefferson Elementary School to present at an all-school Fitness and Health Assembly to highlight the importance of physical activity and promote healthy lifestyles among its students.

The assembly will feature special guests, including members of the South High School Dance Team, South High School coaches and athletes, North Dakota State University basketball players, an NDSU professor, and a personal trainer. The guests will share their experiences and encourage students to embrace physical fitness as a lifelong habit.

[END]