

# ILLNESS POLICY

Dear Parent/Guardian,

The health and safety of our students is of utmost importance therefore we request the following of all our families.

To minimize the spread of contagious disease we ask that each morning prior to bringing your student to school you do the following: Take your child's temperature, look for signs of being ill such as: being more tired than usual, sluggish, fever, chills, headache, complaints of sore throat, congestion or runny nose, new onset of cough, shortness of breath or difficulty breathing, nausea, vomiting or diarrhea, chest pain, aching joints and/or muscles, loss or change in smell and taste, and any new unidentified rashes. Please do not send your student to school if they have any of these symptoms.

We also ask that if you are contacted to pick your child up from school for any of the listed ailments, you or a designated emergency contact pick your student up as soon as possible but no more than 1 hour after being notified.

- **Fever/Temperature:** Your child has a temperature of 100 degrees or higher. They may return to school **AFTER** being symptom and fever-free for at least 24 hours **without** the use of fever reducing medication such as Tylenol or Motrin.
- **Vomiting and/or Diarrhea:** Please keep your child home until they are symptom free without medication for at least 24 hours. Your child must be able to consume his/her regular diet without any problems.
- **Pink eye:** Your child may return to school **AFTER** a full 24 hours of antibiotics or a doctor's note.
- **Strep-throat:** Your child may return to school **AFTER** antibiotic treatment has been initiated and symptom-free for 24 hours.
- **Chicken Pox:** Please keep your child home until all blisters have formed scabs. Typically, children miss 5-6 days of school for the disease to run its course. Please notify the front office if your child has been diagnosed with Chicken Pox.
- **Lice:** Students with lice should NOT attend school until they have been treated. Before returning to class, the student along with the parent must do a lice check with the Health Staff.
- **Respiratory viruses (Covid 19, Flu, RSV):** Students with new onset of symptoms or who have been sent home from school for symptoms consistent with COVID-19, RSV, Influenza, or other respiratory illnesses should stay home until all symptoms have improved for at least 24 hours and they have been fever free without the use of fever reducing medications for 24 hours. A negative test is not required to return to school.

Please contact the attendance line promptly if your child is being treated for any contagious illness. With your partnership, we commits to providing an alternative instructional plan for your student(s) during this time. Please reach out to your campus administration and teachers to discuss options. As a team you will be able to determine the most appropriate plan.

Thank you for doing your part in preventing the spread of illness throughout our community.

Sincerely,

Health Staff: \_\_\_\_\_ Campus: \_\_\_\_\_ Phone: \_\_\_\_\_