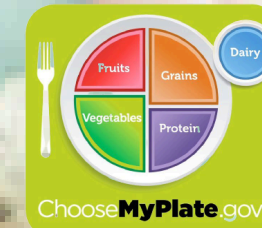


APRIL MIDDLE SCHOOL LUNCH MENU

Student Paid-\$3.25
Student Reduced -Free
Adult Lunch- \$5.50



SERVED DAILY

1% White Milk & 1% Chocolate Milk,

*Hamburger, *Cheeseburger,

*Spicy Chicken Bites,

*Crispy Chicken Sandwich,

*Stromboli with Marinara

*Assorted Salads,

*Fresh Deli Sandwiches,

*PBJ Sandwich

HARVEST OF THE MONTH:

Eat your greens! April is all about dark leafy greens like spinach, kale, romaine, winter greens, Swiss chard, and more.

These dark green veggies are filled with vitamin C and K which are great for healing wounds and building strong teeth and bones.

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON

TUE

WED

THU

FRI

Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

*Chicken Parmesan Sandwich

*Big Daddy's Pizza

French Fries

Steamed Green Beans

Fresh Vegetables with Dip

Assorted Fruit

31

*Grilled Cheese Sandwich

*Grilled Ham & Cheese
Sandwich

*Big Daddy's Pizza

Homemade Chicken Noodle

Soup

Fresh Vegetables with Dip

Assorted Fruit

1

*Pillsbury Cinnamon Roll

with Sausage Links

Hash Brown Patty

*Big Daddy's Pizza

Fresh Vegetables with Dip

Assorted Fruit

2

*Macaroni & Cheese

with Dinner Roll

*Big Daddy's Pizza

Steamed Broccoli

Fresh Vegetables with Dip

Assorted Fruit

Fresh Baked Cookie

3

*Justino's Pizza

Goldfish Crackers

Side Spinach Salad

Fresh Vegetables with Dip

Assorted Fruit

4

*BBQ Rib

Macaroni & Cheese

Baked Beans

*Big Daddy's Pizza

Coleslaw

Fresh Vegetables with Dip

Assorted Fruit

7

*Chicken Bacon Ranch

Sandwich

*Big Daddy's Pizza

Sweet Potato Fries

Steamed Green Beans

Romaine Salad

Fresh Vegetables with Dip

Assorted Fruit

8

*Hot Ham and Cheese on

Pretzel Roll

*Big Daddy's Pizza

Baby Baker Potatoes

Fresh Vegetables with Dip

Assorted Fruit

Fresh Baked Cookie

9

*Beef Taco with Choice of

Tortilla Chips or Soft Shell

*Big Daddy's Pizza

Steamed Rice

Steamed Corn

Fresh Vegetables with Dip

Assorted Fruit

Churro

10

*Tossed Boneless

Chicken Wings

BBQ or Ranch Sauce

Dinner Roll

*Big Daddy's Pizza

French Fries

Steamed Swiss Chard

Fresh Vegetables with Dip

Assorted Fruit

11

*Italian Duo

Stuffed Shells, Meatballs

Garlic Knot

*BBQ Beef Rib Sandwich

*Big Daddy's Pizza

Winter Mix Vegetables

Fresh Vegetables with Dip

Assorted Fruit

14

*Popcorn Chicken

Mashed Potatoes with Gravy

Steamed Corn

Dinner Roll

*Big Daddy's Pizza

Romaine Salad

Fresh Vegetables with Dip

Assorted Fruit

15

*Roast Turkey Dinner

Mashed Potatoes with Gravy

Glazed Baby Carrots

Dinner Roll

*Big Daddy's Pizza

Fresh Vegetables with Dip

Assorted Fruit

Ice Cream Cup

16

*Cheese Steak Sandwich

Potato Wedges

*Big Daddy's Pizza

Romaine Salad

Fresh Vegetables with Dip

Assorted Fruit

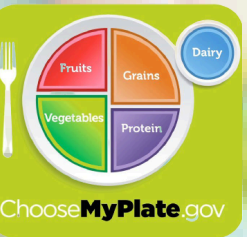
17

NO
School
Today

This institution is an equal opportunity provider. Menus are subject to change.

APRIL MIDDLE SCHOOL LUNCH MENU

Student Paid-\$3.25
Student Reduced -Free
Adult Lunch- \$5.50



SERVED DAILY

1% White Milk & 1% Chocolate Milk,
*Hamburger, *Cheeseburger,
*Spicy Chicken Bites,
*Crispy Chicken Sandwich,
*Stromboli with Marinara
*Assorted Salads,
*Fresh Deli Sandwiches,
*PBJ Sandwich

HARVEST OF THE MONTH:

Eat your greens! April is all about dark leafy greens like spinach, kale, romaine, winter greens, Swiss chard, and more. These dark green veggies are filled with vitamin C and K which are great for healing wounds and building strong teeth and bones.

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MON

TUE

WED

THU

FRI

Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!



*Glazed Cinnamon French Toast or
*Mini Pancakes
*Big Daddy's Pizza
Sausage Links
Mini Potato Rounds
Fresh Vegetables with Dip
Assorted Fruit 22

*Chicken Tenders with Dinner Roll
*Big Daddy's Pizza
Curly Fries
California Blend
Fresh Vegetables with Dip
Assorted Fruit 23

*Chicken Potstickers with Teriyaki Sauce
Egg Roll
Steamed Broccoli
*Big Daddy's Pizza
Side Spinach Salad
Fresh Vegetables with Dip
Assorted Fruit 24

*General Tso's Chicken over Steamed Rice
Fortune Cookie
*Big Daddy's Pizza
Steamed Broccoli
Fresh Vegetables with Dip
Assorted Fruit 25

*Penne Pasta with Meatballs or Grilled Chicken Strips
Red Sauce or Alfredo Sauce
Garlic Knot
*Big Daddy's Pizza
Fresh Vegetables with Dip
Assorted Fruit 28

*Hot Ham and Cheese on Pretzel Roll
*Big Daddy's Pizza
Baby Baker Potatoes
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie 29

*Pillsbury Cinnamon Roll with Sausage Links
*Big Daddy's Pizza
Hash Brown Patty
Fresh Vegetables with Dip
Assorted Fruit 30

*Breaded Chicken Drumstick
Macaroni & Cheese
*Big Daddy's Pizza
Steamed Green Beans
Fresh Vegetables with Dip
Assorted Fruit 1

*Justino's Pizza
Goldfish Crackers
Tossed Salad
Fresh Vegetables with Dip
Assorted Fruit 2

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