APRIL **ELEMENTARY LUNCH MENU**

SERVED DAILY

1% White Milk & 1% Chocolate Milk *Yogurt Meal with String Cheese, *Assorted Salads *Fresh Deli Sandwich

HARVEST OF THE MONTH

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Eat your greens! April is all about dark eafy greens like spinach, kale, romaine winter greens, Swiss chard, and more. These dark green veggies are filled with vitamin C and K which are great for healing wounds and building strong teeth and bones.

For more information, menus, payment options, <u>SchoolCafe.com</u>, and more, please visit elcosd.org and follow the tabs to Food Services

MON

TUE

WED

Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

*Chicken Patty on Bun *Ham & Cheese Deli Sandwich **French Fries Baked Beans** Fresh Vegetables with Dip Assorted Fruit



*Cheeseburger or **Bacon Cheeseburger on Bun** *Turkey & Cheese Sandwich **Sweet Potato Fries Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**

*Macaroni & Cheese *Turkey & Cheese Sandwich **Steamed Green Beans Romaine Salad** Fresh Vegetables with Dip **Assorted Fruit**

*Grilled Cheese Sandwich Homemade Chicken Noodle Soup *Ham & Cheese Deli Sandwich **Goldfish Crackers** Fresh Vegetables with Dip **Assorted Fruit**

*Chicken Nuggets with Dinner Roll *Ham & Cheese Deli Sandwich **Mashed Potatoes Steamed Green Beans** Fresh Vegetables with Dip **Assorted Fruit**

Dinner Roll

French Fries

*Mini Pancakes with Sausage Links *Turkey & Cheese Sandwich Hash Brown Patty Fresh Vegetables with Dip **Assorted Fruit**

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*Corn Dog Nuggets with Cheez it Crackers *Ham & Cheese Deli Sandwich **Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**

*Turkey & Cheese Sandwich Steamed Corn Fresh Vegetables with Dip **Assorted Fruit** *Turkey & Gravy **Dinner Roll**

Mashed Potatoes Sweet Potatoes Steamed Baby Carrots Fresh Vegetables with Dip Assorted fruit Ice Cream Cup

This institution is an equal opportunity provider. Menus are subject to change.

Student Paid-\$3.05 Student Reduced- Free Adult Lunch- \$5.50



THU

FR

*Chicken Tenders with

*Chicken Parmesan over Rotini **Garlic Knot** *Ham & Cheese Sandwich **Steamed Broccoli Romaine Salad** Fresh Vegetables with Dip **Assorted Fruit**

*Sweet & Sour Chicken over Steamed Rice *Turkey & Cheese Sandwich **Steamed Broccoli Fresh Vegetables with Dip Assorted Fruit** Mini Ice Cream Sandwich

*Pillsbury Cinnamon Roll with Yogurt Cup and Mozzarella Stick *Ham & Cheese Deli Sandwich Hash Brown Patty Fresh Vegetables with Dip **Assorted Fruit**

*Pizza Sticks with Dipping Sauce *Ham & Cheese Deli Sandwich **Steamed Carrots** Fresh Vegetables with Dip Assorted Fruit Fresh Baked Cookie

*Taco with **Tortilla Chips** *Cheese Pizza Shredded Lettuce & Diced Tomatoes Steamed Corn Fresh Vegetables with Dip Churro

School Today

APRIL **ELEMENTARY LUNCH MENU** WED MON TUE

SERVED DAILY

1% White Milk & 1% Chocolate Milk *Yogurt Meal with String Cheese, *Assorted Salads *Fresh Deli Sandwich

HARVEST OF THE MONTH:

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*Glazed Cinnamon **French Toast** with Sausage Links *Turkey & Cheese Deli Sandwich Hash Brown Patty Fresh Vegetables with Dip

*Dutch Waffle with Sausage Links *Cheese Pizza **Hash Brown Patty** Fresh Vegetables with Dip **Assorted Fruit**

*Popcorn Chicken with Dinner Roll *Turkey & Cheese Deli Sandwich **Mashed Potatoes Steamed Corn** Fresh Vegetables with Dip

*Chicken Nuggets with Dinner Roll *Ham & Cheese Deli Sandwich **Mashed Potatoes Steamed Green Beans** Fresh Vegetables with Dip **Assorted Fruit**

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*Chicken Patty on Bun *Ham & Cheese Deli Sandwich **French Fries Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**

Student Paid-\$3.05 Student Reduced- Free Adult Lunch- \$5.50



THU

FRI

*Taco with **Tortilla Chips** *Turkey & Cheese Deli Sandwich Lettuce & Diced Tomatoes Steamed Corn Fresh Vegetables with Dip Churro

*Chicken Parmesan over Rotini **Garlic Knot** *Ham & Cheese Sandwich **Steamed Broccoli** Side Spinach Salad Fresh Vegetables with **Dip Assorted Fruit**

*Big Daddy's Cheese Pizza *Turkey & Cheese Deli Sandwich Steamed Broccoli **Romaine Salad** Fresh Vegetables with Dip

*Pizza Sticks with Dipping Sauce *Ham & Cheese Deli Sandwich **Steamed Carrots Fresh Vegetables with Dip Assorted Fruit** Fresh Baked Cookie