# APRIL **ELEMENTARY LUNCH MENU**

### SERVED DAILY

1% White Milk & 1% Chocolate Milk \*Yogurt Meal with String Cheese, \*Assorted Salads \*Fresh Deli Sandwich

#### **HARVEST OF THE** MONTH

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Eat your greens! April is all about dark eafy greens like spinach, kale, romaine winter greens, Swiss chard, and more. These dark green veggies are filled with vitamin C and K which are great for healing wounds and building strong teeth and bones.

For more information, menus, payment options, <u>SchoolCafe.com</u>, and more, please visit elcosd.org and follow the tabs to Food Services

#### MON

#### TUE

#### WED

Select one \*lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

\*Chicken Patty on Bun \*Ham & Cheese Deli Sandwich **French Fries Baked Beans** Fresh Vegetables with Dip Assorted Fruit



\*Cheeseburger or **Bacon Cheeseburger on Bun** \*Turkey & Cheese Sandwich **Sweet Potato Fries Baked Beans** Fresh Vegetables with Dip **Assorted Fruit** 

\*Macaroni & Cheese \*Turkey & Cheese Sandwich **Steamed Green Beans Romaine Salad** Fresh Vegetables with Dip **Assorted Fruit** 

\*Grilled Cheese Sandwich Homemade Chicken Noodle Soup \*Ham & Cheese Deli Sandwich **Goldfish Crackers** Fresh Vegetables with Dip **Assorted Fruit** 

\*Chicken Nuggets with Dinner Roll \*Ham & Cheese Deli Sandwich **Mashed Potatoes Steamed Green Beans** Fresh Vegetables with Dip **Assorted Fruit** 

**Dinner Roll** 

**French Fries** 

\*Mini Pancakes with Sausage Links \*Turkey & Cheese Sandwich Hash Brown Patty Fresh Vegetables with Dip **Assorted Fruit** 

#### 8

\*Corn Dog Nuggets with Cheez it Crackers \*Ham & Cheese Deli Sandwich **Baked Beans** Fresh Vegetables with Dip **Assorted Fruit** 

\*Turkey & Cheese Sandwich Steamed Corn Fresh Vegetables with Dip **Assorted Fruit** \*Turkey & Gravy **Dinner Roll** 

**Mashed Potatoes Sweet Potatoes Steamed Baby Carrots Fresh Vegetables with Dip** Assorted fruit Ice Cream Cup

#### This institution is an equal opportunity provider. Menus are subject to change.

Student Paid-\$3.05 Student Reduced- Free Adult Lunch- \$5.50



#### THU

#### FR

\*Chicken Tenders with

\*Chicken Parmesan over Rotini **Garlic Knot** \*Ham & Cheese Sandwich **Steamed Broccoli Romaine Salad** Fresh Vegetables with Dip **Assorted Fruit** 

\*Sweet & Sour Chicken over Steamed Rice \*Turkey & Cheese Sandwich **Steamed Broccoli Fresh Vegetables with Dip Assorted Fruit** Mini Ice Cream Sandwich

\*Pillsbury Cinnamon Roll with Yogurt Cup and Mozzarella Stick \*Ham & Cheese Deli Sandwich Hash Brown Patty Fresh Vegetables with Dip **Assorted Fruit** 

\*Pizza Sticks with Dipping Sauce \*Ham & Cheese Deli Sandwich **Steamed Carrots** Fresh Vegetables with Dip Assorted Fruit Fresh Baked Cookie

\*Taco with **Tortilla Chips** \*Cheese Pizza Shredded Lettuce & Diced Tomatoes Steamed Corn Fresh Vegetables with Dip Churro

School Today

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\*Glazed Cinnamon **French Toast** with Sausage Links \*Turkey & Cheese Deli Sandwich Hash Brown Patty Fresh Vegetables with Dip

\*Dutch Waffle with Sausage Links \*Cheese Pizza **Hash Brown Patty** Fresh Vegetables with Dip **Assorted Fruit** 

\*Popcorn Chicken with Dinner Roll \*Turkey & Cheese Deli Sandwich **Mashed Potatoes Steamed Corn** Fresh Vegetables with Dip

\*Chicken Nuggets with Dinner Roll \*Ham & Cheese Deli Sandwich **Mashed Potatoes Steamed Green Beans** Fresh Vegetables with Dip **Assorted Fruit** 

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\*Chicken Patty on Bun \*Ham & Cheese Deli Sandwich **French Fries Baked Beans** Fresh Vegetables with Dip **Assorted Fruit** 

Student Paid-\$3.05 Student Reduced- Free Adult Lunch- \$5.50



#### THU

#### FRI

\*Taco with **Tortilla Chips** \*Turkey & Cheese Deli Sandwich Lettuce & Diced Tomatoes Steamed Corn Fresh Vegetables with Dip Churro

\*Chicken Parmesan over Rotini **Garlic Knot** \*Ham & Cheese Sandwich **Steamed Broccoli** Side Spinach Salad Fresh Vegetables with **Dip Assorted Fruit** 

\*Big Daddy's Cheese Pizza \*Turkey & Cheese Deli Sandwich Steamed Broccoli **Romaine Salad** Fresh Vegetables with Dip

\*Pizza Sticks with Dipping Sauce \*Ham & Cheese Deli Sandwich **Steamed Carrots Fresh Vegetables with Dip Assorted Fruit** Fresh Baked Cookie