

APRIL HIGH SCHOOL LUNCH MENU

Student Paid- \$3.25
Student Reduced- Free
Adult Lunch- \$5.50



SERVED DAILY

1% White Milk & 1% Chocolate Milk,
*Assorted Pizza, *Hamburger,
*Cheeseburger, *Fresh Deli
Sandwiches
*Fresh Salads, *PBJ Sandwich

HARVEST OF THE MONTH:

Eat your greens! April is all about dark leafy greens like spinach, kale, romaine, winter greens, Swiss chard, and more. These dark green veggies are filled with vitamin C and K which are great for healing wounds and building strong teeth and bones.

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON

TUE

WED

THU

FRI

Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

* Buffalo Chicken Dip
Tortilla Chips
*Hot Ham & Cheese on
Pretzel Roll
*White Pizza
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie 31

*Chicken Tenders/Dinner Roll
*Cheese Calzone
*Hot Ham & Cheese
on Pretzel Roll
*BBQ Chicken Pizza
Potato Wedges
Fresh Vegetables with Dip
Assorted Fruit 1

*Pillsbury Cinnamon Roll with
Sausage Links
Tater Tots
*Chicken Bacon Ranch
Sandwich
*Taco Pizza
Fresh Vegetables with Dip
Assorted Fruit 2

*Chicken Parmesan Sandwich
*Hot Ham & Cheese
on Pretzel Roll
French Fries
*BBQ Chicken Pizza
Fresh Vegetables with Dip
Assorted Fruit 3

*Fire Cracker Chicken
over Rice
Steamed Broccoli
Egg Roll
*Crispy Chicken Sandwich
*Taco Pizza
Fresh Vegetables with Dip
Assorted Fruit 4

*Pizza Sticks
with Dipping Sauce
Romaine Salad
*Crispy Chicken Sandwich
*BBQ Beef Rib Sandwich
*Meat Lovers Pizza
Fresh Vegetables with Dip
Assorted Fruit 7

*Beef Tacos with
Tortilla Chips
*Spicy Chicken Bites
*Chicken Bacon Ranch Pizza
Steamed Rice/Black Beans
Fresh Vegetables with Dip
Assorted Fruit
Churro 8

*Popcorn Chicken
Mashed Potatoes
Steamed Corn
*Chicken Bacon Ranch
Sandwich
*Meat Lovers Pizza
Fresh Vegetables with Dip
Assorted Fruit 9

*Tossed Boneless
Chicken Wings/Dinner Roll
*Hot Ham & Cheese
on Pretzel Roll
*BBQ Chicken Pizza
Curly Fries
Steamed Swiss Chard
Fresh Vegetables with Dip 10

*Penne Pasta with Meatballs
or Grilled Chicken Strips
Garlic Knot
*BBQ Beef Rib Sandwich
*White Pizza
Fresh Vegetables with Dip
Assorted Fruit 11

*Chicken Parmesan Sandwich
*Hot Ham & Cheese
on Pretzel Bun
French Fries
*BBQ Chicken Pizza
Fresh Vegetables with Dip
Assorted Fruit 14

*Chicken Potstickers with
Sweet Red Chili Sauce
Steamed Broccoli/Fried Rice
*Chicken Bacon Ranch
Sandwich
*Meat Lovers Pizza
Fresh Vegetables with Dip
Assorted Fruit 15

*Roast Turkey Dinner
Mashed Potatoes with Gravy
Sweet Potatoes
Glazed Baby Carrots
*Hot Ham & Cheese Sandwich
Dinner Roll
Fresh Vegetables with Dip
Ice Cream Cup 16

*Mozzarella Cheese Sticks
with Marinara Sauce
Garlic Knot
*Spicy Chicken Bites
*Chicken Bacon Ranch Pizza
Fresh Vegetables with Dip
Side Spinach Salad
Assorted Fruit 17

NO
School
Today

This institution is an equal opportunity provider. Menus are subject to change.

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MON

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School
Today

*Chicken & Cheese Quesadilla
Steamed Rice
Taco Fiesta Beans
*Crispy Chicken Sandwich
*Taco Pizza
Fresh Vegetables with Dip
Assorted Fruit

28

TUE

*Glazed Cinnamon
French Toast
Sausage Links
Hash Brown Patty
Crispy Chicken Sandwich
*Chicken Bacon Ranch Pizza
Fresh Vegetables with Dip
Assorted Fruit

22

*Popcorn Chicken
Mashed Potatoes
Steamed Corn
*Chicken Bacon Ranch
Sandwich
*Meat Lovers Pizza
Fresh Vegetables with Dip
Assorted Fruit

29

WED

*Tempura Chicken Nuggets
with Dinner Roll
*BBQ Beef Rib Sandwich
*White Pizza
French Fries
Fresh Vegetables with Dip
Assorted Fruit

23

*Pillsbury Cinnamon Roll with
Sausage Links
Tater Tots
*Spicy Chicken Bites
*Taco Pizza
Fresh Vegetables with Dip
Assorted Fruit

30

THU

*Meat Lovers Stromboli with
Marinara Sauce
*Spicy Chicken Bites
*White Pizza
Green Beans
Fresh Vegetables with Dip
Assorted Fruit
Mini Ice Cream Sandwich

24

*Chicken Parmesan Sandwich
*Hot Ham & Cheese
on Pretzel Roll
French Fries
*BBQ Chicken Pizza
Fresh Vegetables with Dip
Assorted Fruit

1

FRI

*Italian Duo
Meatballs, Stuffed Shells
Garlic Knot
*Crispy Chicken Sandwich
*Chicken Bacon Ranch Pizza
Fresh Vegetables with Dip
Assorted Fruit

25

*General Tso's Chicken
over Rice
Steamed Broccoli
Egg Roll
*Crispy Chicken Sandwich
*Taco Pizza
Fresh Vegetables with Dip
Assorted Fruit

2

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