APRIL INTERMEDIATE LUNCH MENU

Student Lunch-\$3.05 Student Reduced-Free Adult Lunch - \$5.50



SERVED DAILY

1% White Milk & 1% Chocolate Milk *Yogurt Meal with String Cheese, *Assorted Salads, *Fresh Deli Sandwich, *PBJ Sandwich

HARVEST OF THE

Eat your greens! April is all about dark eafy greens like spinach, kale, romaine, winter greens, Swiss chard, and more. These dark green veggies are filled with vitamin C and K which are great for healing wounds and building strong teeth and bones.

For more information, menus, payment options, <u>SchoolCafe.com</u>, and more, please visit elcosd.org and follow the tabs to Food Services

WED MON

THU

FRI

Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

*Chicken Nuggets

*Chicken Patty on Bun *Cheese Pizza **French Fries Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**



*Grilled Cheese Sandwich Homemade Chicken Corn **Noodle Soup** *French Bread Pizza **Goldfish Crackers** Fresh Vegetables with Dip **Assorted Fruit**

Dinner Roll *Cheese Pizza **Mashed Potatoes Steamed Green Beans** Fresh Vegetables with Dip **Assorted Fruit**

*Chicken Parmesan over Rotini *French Bread Pizza **Garlic Knot** Steamed Broccoli **Romaine Salad** Fresh Vegetables with Dip **Assorted Fruit**

*Pizza Sticks with Dipping Sauce *Cheeseburger on Bun Steamed Carrots Fresh Vegetables with Dip **Assorted Fruit** Fresh Baked Cookie

*Cheeseburger or Bacon Cheeseburger on Bun *Hot Dog on Bun **Sweet Potato Fries Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**

*Mini Pancakes with Syrup Sausage Links *Stuffed Crust Pizza **Hash Brown Patty** Fresh Vegetables with Dip **Assorted Fruit**



*Chicken Tenders with **Dinner Roll** *Hot Dog on Bun **French Fries** Steamed Corn Fresh Vegetables with Dip **Assorted Fruit**



*Sweet & Sour Chicken over Steamed Rice *Stuffed Crust Pizza Steamed Broccoli Fresh Vegetables with Dip **Assorted Fruit** Mini Ice Cream Sandwich

*Taco with **Tortilla Chips** *Cheese Pizza Shredded Lettuce & Diced **Tomatoes** Steamed Corn Fresh Vegetables with Dip Churro

*Macaroni & Cheese *Hot Dog on Bun Steamed Green Beans Spinach Salad Fresh Vegetables with Dip Assorted Fruit



*Corn Dog Nuggets with Cheez It Crackers *Cheese Pizza **Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**



*Roast Turkey Dinner **Mashed Potatoes with Gravy Sweet Potatoes Glazed Baby Carrots Dinner Roll** *Cheeseburger on Bun **Assorted fruit** Ice Cream Cup

*Pillsbury Cinnamon Roll with Yogurt Cup and Mozzarella Stick *Cheese Pizza **Hash Brown Patty** Fresh Vegetables with Dip **Assorted Fruit**



This institution is an equal opportunity provider. Menus are subject to change.

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*Chicken Patty on Bun *Cheese Pizza **French Fries Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**



*Glazed Cinnamon French Toast Sausage Links *Cheese Pizza **Hash Brown Patty** Fresh Vegetables with Dip **Assorted Fruit**

*Dutch Waffle with Sausage Links *Cheese Pizza **Hash Brown Patty** Fresh Vegetables with Dip **Assorted Fruit**



*Popcorn Chicken with **Dinner Roll** *Cheeseburger on Bun **Mashed Potatoes Steamed Corn** Fresh Vegetables with Dip **Assorted Fruit**

*Chicken Nuggets **Dinner Roll** *Cheese Pizza **Mashed Potatoes** Steamed Green Beans Fresh Vegetables with Dip **Assorted Fruit**



Tortilla Chips *Cheese Pizza Shredded Lettuce & Diced **Tomatoes** Steamed Corn Fresh Vegetables with Dip Churro

*Chicken Parmesan

over Rotini

Garlic Knot

Steamed Broccoli

Romaine Salad

Assorted Fruit

*Taco with

*French Bread Pizza Fresh Vegetables with Dip

*Pepperoni or Cheese Pizza *Cheeseburger on Bun Steamed Broccoli **Side Spinach Salad** Fresh Vegetables with Dip Assorted fruit



*Pizza Sticks with Dipping Sauce *Cheeseburger on Bun **Steamed Carrots** Fresh Vegetables with Dip **Assorted Fruit** Fresh Baked Cookie

