

Theonna Hill
Graduation year: 2006

Immediately after graduation I attended California State University, Fresno and began my cheer coaching journey as Sunnyside High JV Cheer Coach, while employed with two jobs. Let's face it life isn't always a walk in the park or a stroll on the beach! I then decided to shift my focus and took a break from my studies to pursue my career. I needed to support individual development and growth.

Knowing I wanted to make an impact and support individual development. I worked for an organization that supported individuals with developmental disabilities. During this time, my career goals included me taking a break from cheer coaching.



Through a five-year break from coaching. I stepped away from pursuing my career, building someone's vision and decided to focus on building my vision. Entrepreneurial mindset, I opened a small business, Keeping It Kleen LLC. Employed staff, gained accounts, of which California State University, Fresno, River Park businesses and Build- A- Bear were of the larger accounts. I knew then, I was living the American Dream! Life was good.

Something was missing, I made the decision to return to Sunnyside and volunteered my time to coach in 2017. The very next season, I earned, Cheer Director. Running both traditional and competitive programs. The gleaming satisfaction was well deserved.

Life took a turn for the worst! I lost both parents just six months apart in 2021. Devastated, I continued my coaching journey. I made the hard, necessary decision to close my business. It was during this time I needed to reflect, take a step back and focus on family. My cheer family, unknowingly, gave me strength and smiles that kept me going.

Gaining undeniable strength, courage and determination. I couldn't settle, I needed to do something larger than myself. This is where the true journey began. I shifted all my energy into opening Inspired Success LLC, Coaching and Training Mentorship Program.

Providing students with a customized academic success plan with focus on raising self-awareness, social integration, deepen self-reflection and delivering the most effective progress and results of personal growth, and individual development. All a while working towards my Bachelor of Psychology, it's never too late to further your education. My heart is filled, and I am proud of who I am and what I represent.

Reflection on time at SHS:

I absolutely had an incredible experience and some of the best memories were made, while attending Sunnyside High School. The culture, events, activities, sports and family environment were simply unmatched.

Being involved in softball, cheer and a few clubs (S.W.A.T, BSU, Link Crew, Leadership, Drama) was too a highlight while being in high school. As well as being nominated and winning sophomore Princess and first runner up for homecoming queen.

My coaches and teachers all played a role in impacting the path I've chosen today. Pushing me, while speaking life into me, truly made all the difference. It's said, "it takes a village." The support and encouragement I received during my four years of high school, is part of my why, today!

Advice or guidance to current SHS students:

Know there's no "right way," to high school, the world will change around you, some friends



may come and go. You may even desire to cut or change your hair. You may not understand it now, high school is a place where you can learn, dream and evolve into the various versions of yourself.

Most importantly, it's a place where you can make lifetime memories and connections, through your peers, coaches or staff that will shape and mold the future version of who you are and what you represent!

Always let your "Why," lead you. – Coach T