

APRIL SNACK



Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
	Crackers & Seed Butter Pouch	Cheese Stick & Fruit	Sunflower Seeds & Juice	Goldfish Pretzels & Fruit
7	8	9	10	11
Spring Break				
14	15	16	17	18
Educational Snacks & Fruit	Crackers & Seed Butter Pouch	Cheese Stick & Fruit	Sunflower Seeds & Juice	Goldfish Pretzels & Fruit
21	22	23	24	25
Cinnamon Grahams & Fruit	Goldfish Cheddars & Juice	Nacho Poptillas & Fruit	Crackers & Seed Butter Pouch	Pizza Crackers & Fruit
28	29	30	1	2
Educational Snacks & Fruit	Crackers & Seed Butter Pouch	Cheese Stick & Fruit		

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apples, Oranges, Pears, 100% Fruit Juice
 *All fruits meet 3/4 cup equivalent
 *All grains are wholegrain rich
Monday: apple **Tuesday:** juice or orange **Wednesday:** Pear **Thursday:** n/a or juice/orange **Friday:** apple

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