

MENTAL HEALTH SPECIALIST II

DEFINITION:

Under the direction of the Director of Strategic Initiatives and Support Services or Designee, the Mental Health Specialist II provides mental health services for individuals and families including counseling, consultation, mental health evaluations, case management, and other duties as required. Assist with program planning, assessment, feedback, supervision, mentoring, report writing, and contract administration. Mental health services may be provided at various sites within the district and surrounding community.

QUALIFICATIONS:

Experience:

- A minimum of five (5) years of experience working in a school setting (preferred) or related experience working with individuals ages 3 – 21.

Education:

- A Master's degree from an accredited university or college in the field of psychology, social work, counseling education, or related field.
- Licensed through the State of California Board of Behavioral Sciences to provide mental health services (i.e., LMFT, LCSW, LPCC, or Licensed Clinical Psychologist).
- As described by the state licensing board, be actively qualified to supervise associates, interns, (i.e., MSW, MFT , LPCC, etc.)

DISTINGUISHING CHARACTERISTICS

The Mental Health Specialist II is a mental health and well-being subject matter expert supporting integrated efforts to engage students and families into positive educational experiences. Case assignments in this role are generally among the most complex in the department requiring considerable judgement and discretion. The need to deliver services in these cases is sometimes unscheduled and crisis oriented. The Mental Health Specialist II works as part of a parent engagement team to identify, facilitate, and provide services to small and large groups and individuals as needed. Advancement to the Mental Health Specialist II role requires licensure, minimum (5) years experience as a Mental Health Specialist I and advanced knowledge in the area of mental health diagnosis, intervention and consultation. Mental Health Specialist requires a minimum of (4) years of experience working as a Mental Health Associate/Intern or related experience working with individuals ages 3-21.

ESSENTIAL DUTIES AND RESPONSIBILITIES:

- Provide a variety of mental health services to students, including Educationally related Mental Health Services (ERMHS).
- Develop, create and provide training to FCUSD in their path to obtaining Wellness Coach Certifications through the State of California
- Provide, individual counseling, small group counseling, and whole class social skills program implementation to support school wide mental health goals
- Work as part of a team to develop appropriate educationally related mental health goals, monitor progress toward those goals, and report out on progress in regularly-scheduled meetings
- Facilitate empirically supported prevention programs within the classroom
- Participate in district-wide PBIS/MTSS implementation system and support school-based implementation
- Collaborate with public and private agencies to coordinate services for students and families
- Participate in a variety of meetings, including staff training (both as a participant as well as presenter)
- Assist in transitioning students from alternative programs to comprehensive school programs within district

- Provide measurable mental health goals, collection methods, interpret and report out on data related to individual, small or large group progress toward educationally related mental health development
- Document and report student progress following district guidelines and directives
- Complete reports and billing information as it relates to mental health wellness services provided.
- Provide clinical supervision of up to six (6) Mental Health Specialists including Associates and/or Interns
- Perform related duties as reasonably assigned

PHYSICAL REQUIREMENTS:

Physical Abilities include the usual and customary methods of performing the job's functions require the following physical demands: occasional lifting, carrying, pushing and/or pulling; some climbing and balancing, some stooping, kneeling, crouching; reaching, handling, touching and/or feeling; manual dexterity to operate a telephone and enter data into a computer.

Significant physical abilities include ability to sit at a desk, conference table, or in meetings of various configurations for extended periods of time; see and read, with or without visual aids, laws and codes, rules, policies and other printed matter, computer screens and printouts; hear and understand speech at normal room levels and hear and understand speech on the telephone; speak in audible tones so that others may understand clearly in normal conversations.

WORK ENVIRONMENT:

- The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.
- The noise level in the work environment is usually moderate.
- Employee in this position will be required to work indoors in a standard office environment and come in direct contact with district staff and the public.