



Downingtown middle school menu

Week of March 24th, 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	Meatball Sub	Sloppy Joe Sandwich	Chicken Dumplings W/ Rice	Beef Totchos	French Toast Sticks & Chicken Sausage
grill	Spicy Chicken Patty	Pizza Max Sticks	Grilled Cheese	Jalapeno Mozz Stick Bites	Fish Sandwich
sandwich / wrap	Ham & Cheese Sandwich (Ham & American Cheese on Pullman Bread) Hummus Pack (Hummus, Bell Peppers, Cucumbers, Carrots & Flatbread)				
Salad	Egg Chef Salad (Romaine salad mix, Shredded Cheese & HB Eggs)				
daily options	<p>Grill Station: Hamburger, Cheeseburger, Chicken Patty, Veggie Burger or Veggie Nuggets, one of the following: Chicken Nuggets, Chicken Tenders, Popcorn Chicken</p> <p>Pizza Station: Cheese Pizza or Pepperoni Pizza</p> <p>Grab & Go: Uncrustable,</p> <p>Fruit: Fresh Apple, Orange Slices, assorted canned fruit, or 100% Fruit Juice</p> <p>Vegetable: Baked Fries, tots or smiles, Fresh Broccoli, Cucumber Slices, Baby Carrots, &</p> <p>Milk: 1% White Milk, Skim Chocolate</p>				
more info	<p>Pricing: Lunch - \$2.80 <u>A la Carte items – Additional charge</u></p> <p>Lunch Meals: Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!</p> <p>Additional options may be offered on a school-by-school basis</p>		<p>Dietary Restrictions? Please contact Connor Cooke at: ccooke@dasd.org</p>		

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Downingtown middle school menu

Week of March 31st, 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	Chicken Patty Parm	Buffalo Chicken Nachos	General Tso Chicken over rice	Penne W/ Marinara	BBQ Chicken Flatbread
grill	Mac & Cheese	Pizza Crunchers	Chicken Corn Dog	Bacon Cheeseburger	Fish Sandwich
sandwich / wrap	Turkey & Cheese Sub (Turkey & American Cheese in a Steak Roll) Hummus Pack (Hummus, HB Egg, Celery Sticks, Carrots & Flatbread)				
Salad	Chicken & Salad (Diced Chicken, Mozzarella & Cheddar Cheeses on a Bed of Romaine mix)				
daily options	<p>Grill Station: Hamburger, Cheeseburger, Chicken Patty, Veggie Burger or Veggie Nuggets, one of the following: Chicken Nuggets, Chicken Tenders, Popcorn Chicken</p> <p>Pizza Station: Cheese Pizza or Pepperoni Pizza</p> <p>Grab & Go: Uncrustable,</p> <p>Fruit: Fresh Apple, Orange Slices, assorted canned fruit, or 100% Fruit Juice</p> <p>Vegetable: Baked Fries, tots or smiles, Fresh Broccoli, Cucumber Slices, Baby Carrots, &</p> <p>Milk: 1% White Milk, Skim Chocolate</p>				
more info	<p>Pricing: Lunch - \$2.80 A la Carte items – Additional charge</p> <p>Lunch Meals: Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!</p> <p>Additional options may be offered on a school-by-school basis</p>		<p>Dietary Restrictions? Please contact Connor Cooke at: ccooke@dasd.org</p>		

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Downingtown Middle school menu

Week of April 7th, 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	Oven Fried Chicken W/ a Biscuit	Beef Walking Tacos	Country Chicken Mashed bowl	Mini Corn Dogs	Sausage Pancake Bites
grill	Pizza Burger	Cheese Quesadilla	Buffalo Chicken Melt	Sweet & Sour Chicken over rice	Fish Sandwich
sandwich / wrap	<u>Cheese Hoagie</u> (American Cheese on a Sub Roll) <u>Hummus Pack</u> (Hummus, HB Egg, Celery Sticks, Carrots & Flatbread)				
Salad	Cheese Salad (Romaine mix, Mozzarella & Cheddar Cheese)				
daily options	<p>Grill Station: Hamburger, Cheeseburger, Chicken Patty, Veggie Burger or Veggie Nuggets, one of the following: Chicken Nuggets, Chicken Tenders, Popcorn Chicken</p> <p>Pizza Station: Cheese Pizza or Pepperoni Pizza</p> <p>Grab & Go: Uncrustable,</p> <p>Fruit: Fresh Apple, Orange Slices, assorted canned fruit, or 100% Fruit Juice</p> <p>Vegetable: Baked Fries, tots or smiles, Fresh Broccoli, Cucumber Slices, Baby Carrots, &</p> <p>Milk: 1% White Milk, Skim Chocolate</p>				
more info	Pricing: Lunch - \$2.80 <u>A la Carte items – Additional charge</u>		Dietary Restrictions? Please contact Connor Cooke at: ccooke@dasd.org		
Lunch Meals: Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more! Additional options may be offered on a school-by-school basis				Scan here for Nutritional Info! 	

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Downingtown Middle school menu

Week of April 14th, 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	Meatball Sub	Southwest Quesadilla	Spicy Ranch Chicken Patty	School Closed	School Closed
grill	BBQ Cheddar Chicken Sandwich	Pizza Max Sticks	Chicken Dumpling & Rice	April 17th, 2025	April 18th, 2025
sandwich / wrap	<u>Turkey & Cheese Sandwich</u> (Turkey & American Cheese on Whole Grain Bread) <u>Hummus Pack</u> (Hummus, Bell Peppers, HB Egg, Celery Sticks & Flatbread)				
Salad	Chicken Caesar Salad (Romaine Lettuce, Diced Chicken, Parmesan cheese, Croutons)				
daily options	<p>Grill Station: Hamburger, Cheeseburger, Chicken Patty, Veggie Burger or Veggie Nuggets, one of the following: Chicken Nuggets, Chicken Tenders, Popcorn Chicken</p> <p>Pizza Station: Cheese Pizza or Pepperoni Pizza</p> <p>Grab & Go: Uncrustable,</p> <p>Fruit: Fresh Apple, Orange Slices, assorted canned fruit, or 100% Fruit Juice</p> <p>Vegetable: Baked Fries, tots or smiles, Fresh Broccoli, Cucumber Slices, Baby Carrots, &</p> <p>Milk: 1% White Milk, Skim Chocolate</p>				
more info	Pricing: Lunch - \$2.80 <u>A la Carte items – Additional charge</u>		Dietary Restrictions? Please contact Connor Cooke at: ccooke@dasd.org		
Lunch Meals: Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more! Additional options may be offered on a school-by-school basis				Scan here for Nutritional Info!	



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Downingtown middle school menu

Week of April 21st, 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	School Closed	Beef Walking Tacos	Orange Chicken & Rice Bowl	BBQ Cheddar Chicken Tender Sub	French Toast Sticks & Chicken Sausage
grill	April 21st, 2025	Chicken, Bacon, Ranch Flatbread	Popcorn Chicken Parm. Sandwich	Bacon Cheeseburger	Spicy Chicken Patty
sandwich / wrap	Turkey Caesar Wrap (Turkey, Caesar Dressing W/ Lettuce & Tomato in a wrap) Hummus Pack (Hummus, Flatbread, Apples, Cucumbers)				
Salad	Popcorn Chicken Salad (Romaine Salad Mix, Popcorn Chicken & Cheddar Cheese)				
daily options	<p>Grill Station: Hamburger, Cheeseburger, Chicken Patty, Veggie Burger or Veggie Nuggets, one of the following: Chicken Nuggets, Chicken Tenders, Popcorn Chicken</p> <p>Pizza Station: Cheese Pizza or Pepperoni Pizza</p> <p>Grab & Go: Uncrustable,</p> <p>Fruit: Fresh Apple, Orange Slices, assorted canned fruit, or 100% Fruit Juice</p> <p>Vegetable: Baked Fries, tots or smiles, Fresh Broccoli, Cucumber Slices, Baby Carrots, &</p> <p>Milk: 1% White Milk, Skim Chocolate</p>				
more info	<p>Pricing: Lunch - \$2.80 <u>A la Carte items – Additional charge</u></p>		<p>Dietary Restrictions? Please contact Connor Cooke at: ccooke@dasd.org</p>		
<p>Lunch Meals: Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!</p> <p>Additional options may be offered on a school-by-school basis</p>					<p>Scan here for Nutritional Info!</p> 

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